Bethesda Care Limited - Bethesda Care

Introduction

This report records the results of a Certification Audit of a provider of aged residential care services against the Health and Disability Services Standards (NZS8134.1:2008; NZS8134.2:2008 and NZS8134.3:2008).

The audit has been conducted by The DAA Group Limited, an auditing agency designated under section 32 of the Health and Disability Services (Safety) Act 2001, for submission to the Ministry of Health.

The abbreviations used in this report are the same as those specified in section 10 of the Health and Disability Services (General) Standards (NZS8134.0:2008).

You can view a full copy of the standards on the Ministry of Health's website by clicking here.

The specifics of this audit included:

Legal entity: Bethesda Care Limited

Premises audited: Bethesda Care

Services audited: Hospital services - Medical services; Hospital services - Geriatric services (excl. psychogeriatric); Rest

home care (excluding dementia care)

Dates of audit: Start date: 26 September 2017 End date: 27 September 2017

Proposed changes to current services (if any): None

Total beds occupied across all premises included in the audit on the first day of the audit: 67

Executive summary of the audit

Introduction

This section contains a summary of the auditors' findings for this audit. The information is grouped into the six outcome areas contained within the Health and Disability Services Standards:

- consumer rights
- organisational management
- continuum of service delivery (the provision of services)
- safe and appropriate environment
- restraint minimisation and safe practice
- infection prevention and control.

As well as auditors' written summary, indicators are included that highlight the provider's attainment against the standards in each of the outcome areas. The following table provides a key to how the indicators are arrived at.

Key to the indicators

Indicator	Description	Definition
	Includes commendable elements above the required levels of performance	All standards applicable to this service fully attained with some standards exceeded
	No short falls	Standards applicable to this service fully attained
	Some minor shortfalls but no major deficiencies and required levels of performance seem achievable without extensive extra activity	Some standards applicable to this service partially attained and of low risk

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Indicator	Description	Definition
	A number of shortfalls that require specific action to address	Some standards applicable to this service partially attained and of medium or high risk and/or unattained and of low risk
	Major shortfalls, significant action is needed to achieve the required levels of performance	Some standards applicable to this service unattained and of moderate or high risk

General overview of the audit

Bethesda Care provides rest home and hospital level care for up to 72 residents. The service is operated by Bethesda Care Limited which is a charitable company owned by the North New Zealand Conference of Seventh Day Adventist Church. There is a board of seven directors, one is the Chief Executive Officer (CEO) who manages and oversees all services offered at Bethesda Care. He is supported by a director of nursing (DON) and a clinical care manager (CCM) who are both registered nurses. Residents and families spoke positively about the care provided.

This certification audit was conducted against the Health and Disability Services Standards and the service's contract with the district health board. The audit process included review of policies and procedures, review of residents' and staff files, observations and interviews with residents, family, management, staff and a general practitioner.

This audit has resulted in a continuous improvement in quality improvement data and identified one area requiring improvements relating to overdue interRAI assessments.

Consumer rights

Includes 13 standards that support an outcome where consumers receive safe services of an appropriate standard that comply with consumer rights legislation. Services are provided in a manner that is respectful of consumer rights, facilities, informed choice, minimises harm and acknowledges cultural and individual values and beliefs.



Residents and their families are provided with information about the Health and Disability Commissioner's Code of Health and Disability Services Consumers' Rights (the Code) and these are respected. Services are provided that support personal privacy, independence, individuality and dignity. Staff interact with residents in a respectful manner.

Open communication between staff, residents and families is promoted and was confirmed to be effective. There is access to interpreting services if required. Staff provide residents and families with the information they need to make informed choices and give consent.

At the time of audit there were no residents who identified with their Māori culture. Residents who identify as Māori have their needs met in a manner that respects their cultural values and beliefs. There is no evidence of abuse, neglect or discrimination.

The service has linkages with a range of specialist health care providers to support best practice and meet residents' needs.

A complaints register is maintained with complaints resolved promptly and effectively.

Organisational management

Includes 9 standards that support an outcome where consumers receive services that comply with legislation and are managed in a safe, efficient and effective manner.



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Business and quality and risk management plans include the scope, philosophy, direction, goals, values and mission statement of the organisation. Monitoring of the services provided to the governing body is regular and effective. Experienced and suitably qualified staff manage the facility. The management team consist of the CEO who has been in the role eight years, the DON who has held the position for over four years, and the CCM who has been in the role for 12 months and has past experience in aged care management.

The quality and risk management system includes collection and analysis of quality improvement data, identifies trends and leads to improvements. Staff are involved and feedback is sought from residents and families. Adverse events are documented with corrective actions implemented. Actual and potential risks, including health and safety risks, are identified and mitigated. Policies and procedures support service delivery and are current and reviewed regularly.

The appointment, orientation and management of staff is based on current good practice. A systematic approach to identify and deliver ongoing training supports safe service delivery, and includes regular individual performance review. Staffing levels and skill mix meet the changing needs of residents.

Residents' information is accurately recorded, securely stored and is not accessible to unauthorised people.

Continuum of service delivery

Includes 13 standards that support an outcome where consumers participate in and receive timely assessment, followed by services that are planned, coordinated, and delivered in a timely and appropriate manner, consistent with current legislation.

Some standards applicable to this service partially attained and of low risk.

Access to the facility is appropriate and efficiently managed with relevant information provided to the potential resident and family.

The multidisciplinary team, including a registered nurse and general practitioner, assess residents' needs on admission. Care plans are individualised, based on a comprehensive range of information and accommodate any new problems that might arise.

Files reviewed demonstrated that the care provided and needs of residents are reviewed and evaluated on a regular and timely basis. Residents are referred or transferred to other health services as required.

The planned activity programme provides residents with a variety of individual and group activities and maintains their links with the community.

Medicines are administered by staff who are competent to do so.

The food service meets the nutritional needs of the residents with special needs catered for. Food is safely managed. Residents verified satisfaction with meals.

Safe and appropriate environment

Includes 8 standards that support an outcome where services are provided in a clean, safe environment that is appropriate to the age/needs of the consumer, ensure physical privacy is maintained, has adequate space and amenities to facilitate independence, is in a setting appropriate to the consumer group and meets the needs of people with disabilities.



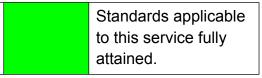
The facility meets the needs of residents and was clean and well maintained. There is a current building warrant of fitness. Electrical equipment is tested as required. Medical equipment is checked annually. Communal and individual spaces are maintained at a comfortable temperature. External areas are accessible, safe and provide shade and seating.

Waste and hazardous substances are well managed. Staff use protective equipment and clothing. Chemicals, soiled linen and equipment are safely stored. Laundry is undertaken onsite and evaluated for effectiveness.

Staff are trained in emergency procedures, use of emergency equipment and supplies and attend regular fire drills. Fire evacuation procedures are regularly practised. Residents reported a timely staff response to call bells. Security is maintained.

Restraint minimisation and safe practice

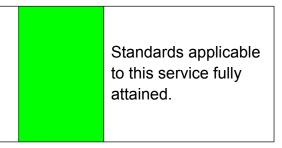
Includes 3 standards that support outcomes where consumers receive and experience services in the least restrictive and safe manner through restraint minimisation.



The organisation has implemented policies and procedures that support a restraint free environment. No enablers and no restraints were in use at the time of audit. A comprehensive assessment, approval and monitoring process is documented in policy and the DON stated these would be implemented should restraint be required. Policy states the use of enablers is voluntary for the safety of residents in response to individual requests. Staff confirmed there is no restraint in use and they demonstrated a sound knowledge and understanding of the restraint and enabler processes.

Infection prevention and control

Includes 6 standards that support an outcome which minimises the risk of infection to consumers, service providers and visitors. Infection control policies and procedures are practical, safe and appropriate for the type of service provided and reflect current accepted good practice and legislative requirements. The organisation provides relevant education on infection control to all service providers and consumers. Surveillance for infection is carried out as specified in the infection control programme.



The infection prevention and control programme, led by an experienced and trained infection control coordinator, aims to prevent and manage infections. The programme is reviewed annually. Specialist infection prevention and control advice is accessed when needed.

Staff demonstrated good principles and practice around infection control, which is guided by relevant policies and supported with regular education.

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Aged care specific infection surveillance is undertaken, and results reported through all levels of the organisation. Follow-up action is taken as and when required.

Summary of attainment

The following table summarises the number of standards and criteria audited and the ratings they were awarded.

Attainment Rating	Continuous Improvement (CI)	Fully Attained (FA)	Partially Attained Negligible Risk (PA Negligible)	Partially Attained Low Risk (PA Low)	Partially Attained Moderate Risk (PA Moderate)	Partially Attained High Risk (PA High)	Partially Attained Critical Risk (PA Critical)
Standards	0	44	0	1	0	0	0
Criteria	1	91	0	1	0	0	0

Attainment Rating	Unattained Negligible Risk (UA Negligible)	Unattained Low Risk (UA Low)	Unattained Moderate Risk (UA Moderate)	Unattained High Risk (UA High)	Unattained Critical Risk (UA Critical)
Standards	0	0	0	0	0
Criteria	0	0	0	0	0

Attainment against the Health and Disability Services Standards

The following table contains the results of all the standards assessed by the auditors at this audit. Depending on the services they provide, not all standards are relevant to all providers and not all standards are assessed at every audit.

Please note that Standard 1.3.3: Service Provision Requirements has been removed from this report, as it includes information specific to the healthcare of individual residents. Any corrective actions required relating to this standard, as a result of this audit, are retained and displayed in the next section.

For more information on the standards, please click <u>here</u>.

For more information on the different types of audits and what they cover please click here.

Standard with desired outcome	Attainment Rating	Audit Evidence
Standard 1.1.1: Consumer Rights During Service Delivery Consumers receive services in accordance with consumer rights legislation.	FA	The facility has developed policies, procedures and processes to meet its obligations in relation to the Code of Health and Disability Services Consumers' Rights (the Code). Staff interviewed understood the requirements of the Code and were observed demonstrating respectful communication, encouraging independence, providing options, and maintaining dignity and privacy. Training on the Code is included as part of the orientation process for all staff employed and in ongoing training, as was verified in training records.
Standard 1.1.10: Informed Consent Consumers and where appropriate their family/whānau of choice are provided with the information they need to make informed choices and give informed consent.	FA	Nursing and care staff interviewed understood the principles and practice of informed consent. Informed consent policies provide relevant guidance to staff. Clinical files reviewed show that informed consent has been gained appropriately using the organisation's standard consent form. Advance care planning, establishing and documenting enduring power of attorney requirements and processes for residents unable to consent is defined and documented, as relevant, in the resident's record. At the time of audit 25 of 67 residents have an advance care plan. Staff were also observed to gain consent for day to day care.

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Standard 1.1.11: Advocacy And Support Service providers recognise and facilitate the right of consumers to advocacy/support persons of their choice.	FA	During the admission process, residents are given a copy of the Code, which also includes information on the Advocacy Service. Posters and brochures related to the Advocacy Service were also displayed and available in the facility. Family members and residents spoken with were aware of the Advocacy Service, how to access this and their right to have support persons. The clinical care manager was able to provide examples of the involvement of Advocacy Services.
Standard 1.1.12: Links With Family/Whānau And Other Community Resources Consumers are able to maintain links with their family/whānau and their community.	FA	Residents are assisted to maximise their potential for self-help and to maintain links with their family and the community by attending a variety of organised outings, visits, shopping trips, activities, and entertainment. The facility has developed and incorporates into their care a philosophy called 'Bethesda's Sense of Mastery' involving six principles; Leadership and team work, Engagement, Positive relationships, Thriving, Mastery and follow up and Follow through. The philosophy promotes a 'client centred approach'. Staff training encourages resident choice, communication and independent with support available as required. Residents and family interviewed stated that the care provided promotes 'a sense of family'. The facility has unrestricted visiting hours and encourages visits from residents' family and friends. Family members interviewed stated they felt welcome when they visited and comfortable in their dealings with staff.
Standard 1.1.13: Complaints Management The right of the consumer to make a complaint is understood, respected, and upheld.	FA	The complaints policy and associated forms meet the requirements of Right 10 of the Code. Information on the complaint process is provided to residents and families on admission and those interviewed knew how to do so. Complaints forms are located at reception and in the nurses' stations. All complaints and concerns are documented in the complaints register and followed up within stated timelines. The complaints register reviewed showed that there were 39 complaints and concerns in 2016 and that there have been 28 complaints and concerns investigated during 2017. Corrective actions have been taken, through to an agreed resolution, are documented and signed off as completed by the DON. Action plans showed any required follow up and improvements have been made where possible. One example relates to residents' teeth now being named. The CCM and the DON are responsible for complaints management and follow up. At the time of audit there were two complaints of a minor nature waiting to be closed off. All staff interviewed confirmed a sound understanding of the complaint process and what actions are required. There have been no complaints received from external sources since the previous audit.

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Standard 1.1.2: Consumer Rights During Service Delivery Consumers are informed of their rights.	FA	Residents interviewed reported being made aware of the Code and the Nationwide Health and Disability Advocacy Service (Advocacy Service) through the admission information provided which includes a 'meet and greet' with the director of nursing and/or registered staff prior to admission, and in further discussions with staff. The Code is displayed in the main foyer areas together with information on advocacy services, how to make a complaint and feedback forms.
Standard 1.1.3: Independence, Personal Privacy, Dignity, And Respect Consumers are treated with respect and receive services in a manner that has regard for their dignity, privacy, and independence.	FA	Residents and families confirmed that they receive services in a manner that has regard for their dignity, privacy, sexuality, spirituality and choices. Staff were observed to maintain privacy throughout the audit. All residents have a private room, or share a room with their spouse. Residents are encouraged to maintain their independence by attending community activities, participation in clubs of their choosing. Care plans included documentation related to the resident's abilities, and strategies to maximise independence. Records reviewed confirmed that each resident's individual cultural, religious and social needs, values and beliefs had been identified, documented and incorporated into their care plan. Staff understood the service's policy on abuse and neglect, including what to do should there be any signs. Education on abuse and neglect was confirmed to occur during orientation and annually.
Standard 1.1.4: Recognition Of Māori Values And Beliefs Consumers who identify as Māori have their health and disability needs met in a manner that respects and acknowledges their individual and cultural, values and beliefs.	FA	Staff support residents in the service who identify as Māori to integrate their cultural values and beliefs. The principles of the Treaty of Waitangi are incorporated into day to day practice, as is the importance of whānau. There is a current Māori health plan developed with input from cultural advisers. Guidance on tikanga best practice is available and is supported by staff who identify as Māori in the facility. At the time of audit there were no residents who affiliated with their Māori culture.
Standard 1.1.6: Recognition And Respect Of The Individual's Culture, Values, And Beliefs	FA	Residents verified that they were consulted on their individual culture, values and beliefs and that staff respected these. Resident's personal preferences, required interventions and special needs were included in care plans reviewed and in interviews with residents and family. The resident satisfaction

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Consumers receive culturally safe services which recognise and respect their ethnic, cultural, spiritual values, and beliefs.		survey confirmed that individual needs are being met.
Standard 1.1.7: Discrimination Consumers are free from any discrimination, coercion, harassment, sexual, financial, or other exploitation.	FA	Residents and family members interviewed stated that residents were free from any type of discrimination, harassment or exploitation and felt safe. The induction process for staff includes education related to professional boundaries, expected behaviours and the Code of Conduct. All registered nurses have records of completion of the required training on professional boundaries. Staff are guided by policies and procedures and demonstrated a clear understanding of the process they would follow, should they suspect any form of exploitation.
Standard 1.1.8: Good Practice Consumers receive services of an appropriate standard.	FA	The service encourages and promotes good practice through evidence based policies, input from external specialist services and allied health professionals, for example, hospice/palliative care team, diabetes nurse specialist, wound care specialist, psychogeriatrician and mental health services for older persons, and education of staff. The general practitioner (GP) confirmed the service sought prompt and appropriate medical intervention when required and were responsive to medical requests. Staff reported they receive management support for external education and access their own professional networks to support contemporary good practice. Other examples of good practice observed during the audit included knocking before entering resident's rooms and staff providing resident centred care.
Standard 1.1.9: Communication Service providers communicate effectively with consumers and provide an environment conducive to effective communication.	FA	Residents and family members stated they were kept well informed about any changes to their relative's status, were advised in a timely manner about any incidents or accidents and outcomes of regular and any urgent medical reviews. This was supported in residents' records reviewed. Staff understood the principles of open disclosure, which is supported by policies and procedures that meet the requirements of the Code. Staff know how to access interpreter services, although reported this was rarely required due to all residents able to speak English, staff able to provide interpretation as and when needed, and the use of family members.
Standard 1.2.1: Governance	FA	The business plan, health and safety and the quality plans, which are reviewed annually, outline the

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The governing body of the organisation ensures services are planned, coordinated, and appropriate to the needs of consumers.		philosophy, values, scope, mission, direction and goals of the organisation. The documents describe annual and longer term objectives and the associated operational plans. A sample of quarterly reports completed by the DON to the CEO and minutes of the board of directors' meetings showed adequate information to monitor performance is reported including financial performance, clinical quality data, staffing, emerging risks and issues. The CEO confirmed that issues arising are discussed at board meetings.
		The service is managed by a CEO who holds relevant qualifications and has been in the role for eight years. The DON (RN-PhD,) who has been in the role for over four years, and the CCM (RN), who is experienced in aged care and has been in the current role for 12 months, oversee clinical services and report to the CEO. Responsibilities and accountabilities are defined in a job description and individual employment agreement. All three members of the management team confirmed their knowledge of the sector, regulatory and reporting requirements and maintain currency through ongoing education related to their roles.
		The service holds contracts with Counties Manukau District Health Board (CMDHB) for Age Related Residential Care (ARRC) and Long Term Support for Chronic Health Conditions Residential and Respite (LTSC). Sixty-five residents were receiving services under the ARRC contract and two residents were under the LTSC contract at the time of audit.
Standard 1.2.2: Service Management The organisation ensures the day- to-day operation of the service is managed in an efficient and effective manner which ensures the provision of timely, appropriate, and safe services to consumers.	FA	When the CEO is unavailable, the DON steps up to this role with input from board members if required. If the DON is absent, the CCM carries out all the required duties under delegated authority. During absences of key clinical staff, the clinical management is overseen by RNs who are experienced in the sector and able to take responsibility for any clinical issues that may arise. Staff reported the current arrangements work well.
Standard 1.2.3: Quality And Risk Management Systems The organisation has an established, documented, and maintained quality and risk management system that reflects continuous quality improvement	FA	The organisation has a planned quality and risk system that reflects the principles of continuous quality improvement. The risk management plan includes financial, resident and family, and clinical outcomes and staff. Quality data collected, reviewed and analysed includes complaints management, incidents and accidents, audit activities, infection control, health and safety, falls, wounds and pressure injuries. The quality care improvement plan sighted lists key strategic principles, such as, Bethesda's Sense of Mastery development and progress, measurements of outcomes and teamwork. (The Sense of Mastery model of care is a resident directed model of care which is being introduced into clinical services at Bethesda). Quality improvement projects listed include falls prevention,

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principles.		continence management, review of staff rostered working hours per shift and shift handover procedures. These are undertaken to a very high standard and have gained a continuous improvement rating.
		Meeting minutes reviewed confirmed regular review and analysis of quality indicators and that related information is reported and discussed at the management team meeting/quality and risk team meetings, staff meetings and are reported at board level as appropriate. Staff reported their involvement in quality and risk management activities through project development and implementation and audit activities. Relevant corrective actions are developed and implemented to address any shortfalls. One example related to an audit identifying that gloves worn by staff were are poor fit. Investigation and analysis findings indicated this occurred due to historical purchasing and the supplier was changed. Once the gloves were changed this was re-audited and results showed that staff were happy with the new gloves.
		Resident and family satisfaction surveys are completed six monthly. Issues raised by the satisfaction surveys are addressed using corrective action processes as required. Issues raised around food in the September 2017 survey have been documented and are to be addressed by the chef. The March audit related to call alarm response time has resulted in ongoing staff education and the purchase of more staff pagers. The four-minute response time is closely monitored by the DON with staff being made aware of the findings.
		Policies reviewed cover all necessary aspects of the service and contractual requirements, including reference to the interRAI Long Term Care Facility (LTCF) assessment tool and process. Policies are based on best practice and are current. The document control system ensures a systematic and regular review process, referencing of relevant sources, approval, distribution and removal of obsolete documents.
		The DON described the processes for the identification, monitoring, review and reporting of risks and development of mitigation strategies. The management team are familiar with the Health and Safety at Work Act (2015) and has implemented requirements. New risks are reported to the board and the health and safety team ensure they are documented in the risk register with mitigating actions shown.
Standard 1.2.4: Adverse Event Reporting All adverse, unplanned, or untoward events are systematically recorded by the service and reported to affected consumers and where	FA	Staff document adverse and near miss events on a specific accident/incident forms. A sample of incidents forms reviewed showed these were fully completed, incidents were investigated, action plans developed and actions followed-up in a timely manner. Adverse event data is collated, analysed and reported to the CEO who then reports to the board. One quality improvement from the analysis of incidents and accidents has resulted in a two weekly RN meeting being introduced to discuss any issues and to look at resident falls analysis and review the actions taken to prevent falls, such as the introduction of wireless pendants and the use of bedside laser alarms for high risk fallers.

appropriate their family/whānau of choice in an open manner.		This is an ongoing project. Falls documentation also includes an indicator of the resident's wellness level at the time the fall is recorded. This project has yet to be fully reviewed. RNs confirmed it has improved team communication and awareness to date. The DON and CCM described essential notification reporting requirements, including for pressure injuries. They advised there have been three section 31 reports since the previous audit. One relating to pressure injury (5 April 2017), one police investigation (August 2016) involving missing items which is ongoing, and one fall with a fracture in August 2016. There have been no coroner's inquests, issues based audits or infectious outbreak reported.
Standard 1.2.7: Human Resource Management Human resource management processes are conducted in accordance with good employment practice and meet the requirements of legislation.	FA	Human resources management policies and processes are based on good employment practice and relevant legislation. The recruitment process includes referee checks, police vetting and validation of qualifications and practising certificates (APCs), where required. A sample of staff records reviewed confirmed the organisation's policies are being consistently implemented and records are maintained. Staff orientation includes all necessary components relevant to the role. Staff reported that the orientation process prepared them well for their role. Staff records reviewed show documentation of completed orientation and a performance review after a three-month period. Continuing education is planned on a biannual basis, including mandatory training requirements. Care staff have either completed or commenced a New Zealand Qualification Authority education programme to meet the requirements of the provider's agreement with the DHB. (HCA qualifications: 13 staff hold level two, seven level 3 and 17 level 4). The service uses an off-site staff member as the assessor for the New Zealand Qualifications Authority programme. Staff training is offered both onsite and off-site. Staff are made aware of available off site training electronically via an electronic system. There are four trained and competent registered nurses who are maintaining their annual competency requirements for interRAI. Three RNs undertake interRAI assessments (refer comments in criterion 1.3.3.3.) and the DON has management access. Records reviewed demonstrated completion of the required training and completion of annual performance appraisals.
Standard 1.2.8: Service Provider Availability Consumers receive timely, appropriate, and safe service from	FA	There is a documented and implemented process for determining staffing levels and skill mixes to provide safe service delivery, 24 hours a day, seven days a week (24/7). The facility adjusts staffing levels to meet the changing needs of residents. An afterhours on call roster is in place, with staff reporting that good access to advice is available when needed. The DON, CCM and GP are on call afterhours. Care staff reported there were adequate staff available to complete the work allocated to

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suitably qualified/skilled and/or experienced service providers.		them. Residents and family interviewed supported this. Observations and review of a four-week roster confirmed adequate staff cover has been provided, with staff replaced in any unplanned absence. At least one staff member on duty has a current first aid certificate and there is 24//7 RN coverage in the hospital. The DON stated that bureau staff are seldom used with no bureau staff in the last 12 months. Where possible the same bureau nurse is obtained to allow continuity of resident care.
		There is no requirement for the staff to attend to village residents and there is no alarm system in village units. Most village residents have St John alarms and use the St John ambulance in emergencies.
		A physiotherapist works six hours a week and a physio aide works four days a week. An occupational therapist works four hours a week, activities staff cover six days a week and this is overseen by a diversional therapist. There are dedicated laundry, kitchen and cleaning staff seven days a week. There is a chaplain whose services are shared with the church.
Standard 1.2.9: Consumer Information Management Systems Consumer information is uniquely identifiable, accurately recorded, current, confidential, and accessible	FA	All necessary demographic, personal, clinical and health information was fully completed in the residents' files sampled for review. Clinical notes were current and integrated with GP and allied health service provider notes. This includes interRAI assessment information entered into the Momentum electronic database. Records were legible with the name and designation of the person making the entry identifiable.
when required.		Archived records are held securely on site and are readily retrievable using a cataloguing system.
		Residents' files are held for the required period before being destroyed. No personal or private resident information was on public display during the audit.
Standard 1.3.1: Entry To Services Consumers' entry into services is facilitated in a competent, equitable, timely, and respectful manner, when their need for services has been identified.	FA	Residents enter the service when their required level of care has been assessed and confirmed by the local Needs Assessment and Service Coordination (NASC) Service. A registered staff member will visit the prospective resident prior to admission and residents and their families are encouraged to visit the facility prior to admission and are provided with written information about the service and the admission process. The organisation seeks updated information from for residents accessing respite care.
identified.		Family members interviewed stated they were satisfied with the admission process and the information that had been made available to them on admission. Files reviewed contained completed demographic detail, assessments and signed admission agreements in accordance with contractual

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		requirements. Service charges comply with contractual requirements.
Standard 1.3.10: Transition, Exit, Discharge, Or Transfer Consumers experience a planned and coordinated transition, exit, discharge, or transfer from services.	FA	Exit, discharge or transfer is managed in a planned and co-ordinated manner, with an escort as appropriate. The service uses the DHBs 'yellow envelope' system to facilitate transfer of residents to and from acute care services. There is open communication between all services, the resident and the family/whānau. At the time of transition between services, appropriate information is provided for the ongoing management of the resident. All referrals are documented in the progress notes. An example reviewed of a patient recently transferred to the local acute care facility showed required documentation and communication between the hospital, family and facility. Family of the resident reported being kept well informed during the transfer of their relative.
Standard 1.3.12: Medicine Management	FA	The medication management policy is current and identifies all aspects of medicine management in line with the Medicines Care Guide for Residential Aged Care.
Consumers receive medicines in a safe and timely manner that complies with current legislative requirements and safe practice guidelines.		A safe system for medicine management (using an electronic system) was observed on the day of audit. The staff observed demonstrated good knowledge and had a clear understanding of their roles and responsibilities related to each stage of medicine management. All staff who administer medicines are competent to perform the function they manage.
		Medications are supplied to the facility in a pre-packaged format from a contracted pharmacy. The RN checks medications against the prescription. All medications sighted were within current use by dates. Clinical pharmacist input is provided weekly.
		Controlled drugs are stored securely in accordance with requirements and checked by two staff for accuracy when administering. The controlled drug register provided evidence of weekly and sixmonthly stock checks and accurate entries.
		The records of temperatures for the medicine fridge and the medication room reviewed were within the recommended range.
		Good prescribing practices noted include the prescriber's signature and date recorded on the commencement and discontinuation of medicines and all requirements for pro re nata (PRN) medicines met. The required three-monthly GP review is consistently recorded on the medicine chart.
		There were two residents who self-administered medications at the time of audit. All appropriate documentation was completed; however, medications were not observed in the provided locked draw; this was rectified at the time of audit.
		The facility has a pharmaceutical refrigerator storing influenza vaccines. The clinical care manager is

Standard 1.3.13: Nutrition, Safe Food, And Fluid Management A consumer's individual food, fluids and nutritional needs are met where this service is a component of service delivery.	FA	an authorised vaccinator. Documentation, planning and service delivery in relation to cold chain management processes was thorough and consistent with best practice and meets the required standards. There is an implemented process for comprehensive analysis of any medication errors. The food service is provided on site by a chef and kitchen team, and is in line with recognised nutritional guidelines for older people. The menu follows summer and winter patterns and has been reviewed by a qualified dietitian within the last two years. Recommendations made at that time have been implemented. All aspects of food procurement, production, preparation, storage, transportation, delivery and disposal comply with current legislation and guidelines. Food temperatures, including for high risk items, are monitored appropriately and recorded as part of the plan. Eight residents have fridges in their rooms and fridge temperatures were recorded and meet requirements. The chef has undertaken a safe food handling qualification, with kitchen assistants completing relevant food handling training. A nutritional assessment is undertaken for each resident on admission to the facility and a dietary profile developed. The personal food preferences, any special diets and modified texture requirements are made known to kitchen staff and accommodated in the daily meal plan. Evidence of resident satisfaction with meals was verified by resident and family interviews, satisfaction surveys and resident meeting minutes. Residents were given sufficient time to eat their meal in an unhurried fashion which included quiet time for prayer prior to the meal. Those requiring assistance had this provided, which included assisting in the filling out of the individual resident menu selection card.
Standard 1.3.2: Declining Referral/Entry To Services Where referral/entry to the service is declined, the immediate risk to the consumer and/or their family/whānau is managed by the organisation, where appropriate.	FA	If a referral is received but the prospective resident does not meet the entry criteria or there is currently no vacancy, the local NASC is advised to ensure the prospective resident and family are supported to find an appropriate care alternative. If the needs of a resident change and they are no longer suitable for the services offered, a referral for reassessment to the NASC is made and a new placement found, in consultation with the resident and whānau/family. Examples of this occurring were discussed. There is a clause in the access agreement related to when a resident's placement can be terminated.
Standard 1.3.4: Assessment Consumers' needs, support	FA	Information is documented using validated nursing assessment tools such as pain scale, falls risk, skin integrity, nutritional screening and depression scale, as a means to identify any deficits and to

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requirements, and preferences are gathered and recorded in a timely manner.		inform care planning. The sample of care plans reviewed had an integrated range of resident-related information. Residents have interRAI assessments completed (Refer criterion 1.3.3.3), by one of three trained interRAI assessors on site, with one staff member booked for upcoming training. Residents and families confirmed their involvement in the assessment process.
Standard 1.3.5: Planning Consumers' service delivery plans are consumer focused, integrated, and promote continuity of service delivery.	FA	Plans reviewed reflected the support needs of residents, and the outcomes of the integrated assessment process and other relevant clinical information. The needs identified by the interRAI assessments were reflected in care plans reviewed. Care plans evidence service integration with progress notes, activities notes, medical and allied health professionals' notations clearly written, informative and relevant. Any change in care required is documented and verbally passed on to relevant staff. Residents and families reported participation in the development and ongoing evaluation of care plans.
Standard 1.3.6: Service Delivery/Interventions Consumers receive adequate and appropriate services in order to meet their assessed needs and desired outcomes.	FA	Documentation, observations and interviews verified the provision of care provided to residents was consistent with their needs, goals and the plan of care. The attention to meeting a diverse range of resident's individualised needs was evident in all areas of service provision. The GP interviewed, verified that medical input is sought in a timely manner, that medical orders are followed, and care is excellent. Care staff confirmed that care was provided as outlined in the documentation. A range of equipment and resources was available, suited to the level of care provided and in accordance with the residents' needs.
Standard 1.3.7: Planned Activities Where specified as part of the service delivery plan for a consumer, activity requirements are appropriate to their needs, age, culture, and the setting of the service.	FA	The activities programme is provided by an occupational therapist, a recently trained diversional therapist holding the national Certificate in Diversional Therapy and two supporting staff. A social assessment and history is undertaken on admission to ascertain residents' needs, interests, abilities and social requirements. Activities assessments are regularly reviewed to help formulate an activities programme that is meaningful to the residents. The resident's activity needs are evaluated three monthly and as part of the formal six- monthly care plan review. Activities reflect residents' goals, ordinary patterns of life and include normal community activities. Individual, group activities and regular events are offered. Residents and families/whānau are involved in evaluating and improving the programme through residents' meetings, satisfaction surveys. Residents interviewed confirmed they find the programme interactive and meaningful.

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Standard 1.3.8: Evaluation	FA	Resident care is evaluated on each shift and reported in the progress notes. If any change is noted, it
Consumers' service delivery plans are evaluated in a comprehensive and timely manner.		is reported to the RN. Formal care plan evaluations, occur every six months in conjunction with the six-monthly interRAI reassessment, or as residents' needs change. Where progress is different from expected, the service responds by initiating changes to the plan of care. Examples of short term care plans being consistently reviewed and progress evaluated as clinically indicated were noted for infections and wounds. When necessary, and for unresolved problems, long term care plans are added to an updated. Residents and families/whānau interviewed provided examples of involvement in evaluation of progress and any resulting changes.
Standard 1.3.9: Referral To Other Health And Disability Services (Internal And External) Consumer support for access or referral to other health and/or disability service providers is appropriately facilitated, or provided to meet consumer choice/needs.	FA	Residents are supported to access or seek referral to other health and/or disability service providers. Although the service has a 'house doctor', residents may choose to use another medical practitioner. If the need for other non-urgent services are indicated or requested, the GP or RN sends a referral to seek specialist input. Copies of referrals were sighted in residents' files, including to dieticians, mental health services for older persons, and the geriatrician. The resident and the family/whānau are kept informed of the referral process, as verified by documentation and interviews. Any acute/urgent referrals are attended to immediately, such as sending the resident to accident and emergency in an ambulance if the circumstances dictate.
Standard 1.4.1: Management Of Waste And Hazardous Substances Consumers, visitors, and service providers are protected from harm as a result of exposure to waste, infectious or hazardous substances, generated during service delivery.	FA	Bethesda Care staff follow documented processes for the management of waste and infectious and hazardous substances. The rubbish collection is contracted and yellow shapes bins are used and disposed of to meet legislative requirements. Appropriate signage is displayed where necessary. An external company is contracted to supply and manage all chemicals and cleaning products and they also provide relevant training for staff and monitoring of chemical usage. Material safety data sheets were available where chemicals are stored and staff interviewed knew what to do should any chemical spill/event occur. There is provision and availability of protective clothing and equipment and staff were observed using this.
Standard 1.4.2: Facility	FA	A current building warrant of fitness (expiry date 26 September 2017) is publicly displayed. Documentation sighted identified that processes have been completed for the updated building

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Specifications		warrant of fitness and the service is waiting for the new warrant to arrive.
Consumers are provided with an appropriate, accessible physical environment and facilities that are fit for their purpose.		Appropriate systems are in place to ensure the residents' physical environment and facilities are fit for their purpose and maintained. The testing and tagging of electrical equipment (July 2017) and calibration of bio medical equipment (April 2017) is current as confirmed in documentation reviewed, interview with the CEO and observation of the environment. Efforts are made to ensure the environment is hazard free, that residents are safe and independence is promoted.
		External areas are safely maintained and are appropriate to the resident groups and setting. There is an internal courtyard as well as large grounds and garden areas. They all have appropriate seating and sun shade as required with easy access for residents. The external doors are ramped for ease of access. There is construction occurring at the time of audit and this is managed according to health and safety regulations. Resident safety and awareness is maintained.
		Residents and families confirmed they report if any repairs or maintenance is required, any requests are appropriately actioned and that they are happy with the environment.
Standard 1.4.3: Toilet, Shower, And Bathing Facilities Consumers are provided with adequate toilet/shower/bathing facilities. Consumers are assured privacy when attending to personal hygiene requirements or receiving assistance with personal hygiene requirements.	FA	There are adequate numbers of accessible bathroom and toilet facilities throughout the facility. This includes 19 bedrooms with full ensuites and 17 bedrooms with toilet ensuites. All bedrooms have hand basins. Appropriately secured and approved handrails are provided in the toilet/shower areas, and other equipment/accessories are available to promote resident independence.
Standard 1.4.4: Personal Space/Bed Areas Consumers are provided with adequate personal space/bed areas appropriate to the consumer group and setting.	FA	Adequate personal space is provided to allow residents and staff to move around within their bedrooms safely. All but three bedrooms provide single accommodation. Where rooms are shared, this is only on request from couples. Of the three double bedrooms, two have couples in them and one is single occupancy. Rooms are personalised with furnishings, photos and other personal items displayed. There is room to store mobility aids, wheel chairs and mobility scooters. Staff and residents reported the adequacy of bedrooms.

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Standard 1.4.5: Communal Areas For Entertainment, Recreation, And Dining Consumers are provided with safe, adequate, age appropriate, and accessible areas to meet their relaxation, activity, and dining needs.	FA	Communal areas are available for residents to engage in activities. The dining and lounge areas are spacious and enable easy access for residents and staff. Residents can access areas for privacy, if required. Furniture is appropriate to the setting and residents' needs. There are areas where furniture is planned to give residents quiet areas of their choosing. Outdoor tables and chairs also allow residents to dine outdoors if they wish.
Standard 1.4.6: Cleaning And Laundry Services Consumers are provided with safe and hygienic cleaning and laundry services appropriate to the setting in which the service is being provided.	FA	Laundry is undertaken on site in by dedicated laundry staff. There is also a small laundry area for resident use should they choose to so some personal washing. Laundry staff demonstrated a sound knowledge of the laundry processes, dirty/clean flow and handling of soiled linen. Residents interviewed reported the laundry is managed well and their clothes are returned in a timely manner. There is a small designated cleaning team who have received appropriate training which includes safe chemical handling and manual handling as confirmed during interview and in staff training files reviewed. Chemicals were stored in a lockable cupboard and were in appropriately labelled containers. Cleaning and laundry processes are monitored through the internal audit programme, resident feedback and the offsite company who provides chemicals checks that the washing machines are using the correct amount of chemicals to ensure all wash cycles are meeting requirements.
Standard 1.4.7: Essential, Emergency, And Security Systems Consumers receive an appropriate and timely response during emergency and security situations.	FA	Policies and guidelines for emergency planning, preparation and response are displayed and known to staff. Disaster and civil defence planning guides direct the facility in their preparation for disasters and described the procedures to be followed in the event of a fire or other emergency. The current fire evacuation plan was reviewed and approved by the New Zealand Fire Service on the 24 July 2012. Fire equipment is checked by an approved provided annually. A trial evacuation takes place six-monthly with a copy sent to the New Zealand Fire Service, the most recent being on 26 June 2017. The orientation programme includes fire and security training. Staff confirmed their awareness of the emergency procedures. Adequate supplies for use in the event of a civil defence emergency, including food, water, blankets, mobile phones and gas BBQ's were sighted and meet the requirements for 72 residents. Water storage tanks are located in the basement. An uninterrupted power supply (UPS) unit is in place for emergency power and there is a generator available to the facility if required. Emergency lighting is regularly tested.

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		Call bells are alerted to staff via pagers. Call system audits are completed on a regular basis and residents and families reported staff respond promptly to call bells. Any unexplainable response time over four minutes is investigated by management. Residents who wander or are at high risk of falls have personal alarms and laser warning systems to alert staff to movement. Appropriate security arrangements are in place. Doors and windows are locked at a predetermined time by the afternoon staff. The premises are within a gated community and the gates are closed from 7.30 pm to 7.00 am. There is CCTV around the perimeter of the facility and at entrances. This can be monitored by the CEO and DON. (There are signs to alert visitors that CCTV is in place. Residents have this identified as part of the admission process). Staff and residents confirmed during interviews that they feel safe at all times.
Standard 1.4.8: Natural Light, Ventilation, And Heating Consumers are provided with adequate natural light, safe ventilation, and an environment that is maintained at a safe and comfortable temperature.	FA	All residents' rooms and communal areas are heated and ventilated appropriately. Rooms have natural light and opening external windows. Heating is provided by underfloor gas fired central heating and heat pumps. Areas were warm and well ventilated throughout the audit and residents and families confirmed the facilities are maintained at a comfortable temperature.
Standard 3.1: Infection control management There is a managed environment, which minimises the risk of infection to consumers, service providers, and visitors. This shall be appropriate to the size and scope of the service.	FA	The service implements an infection prevention and control (IPC) programme to minimise the risk of infection to residents, staff and visitors. The programme is guided by a comprehensive and current infection control manual, with input from the infection control team at the DHB as required. The infection control programme and manual are reviewed annually. The registered nurse has recently been designated as the IPC coordinator, whose role and responsibilities are defined in a job description. This RN is currently supported by the director of nursing and clinical care manager. Infection control matters, including surveillance results, are reported monthly to the director of nursing and CEO, and tabled at the quality/risk committee meeting. This committee includes the director of nursing, clinical care manager, IPC coordinator, the health and safety officer, and representatives from food services and household management. Signage at the main entrance to the facility requests anyone who is, or has been unwell in the past 48 hours, not to enter the facility. The infection control manual provides guidance for staff about how long they must stay away from work if they have been unwell. Staff interviewed understood these responsibilities.

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Standard 3.2: Implementing the infection control programme There are adequate human, physical, and information resources to implement the infection control programme and meet the needs of the organisation.	FA	The IPC coordinator has been in this role for three months and has appropriate skills and knowledge for the role and is booked to undertake infection prevention and control training and attend relevant study days. Additional support and information is accessed from the infection control team at the DHB, the community laboratory, the GP and public health unit, as required. The coordinator has access to residents' records and diagnostic results to ensure timely treatment and resolution of any infections. The director of nursing confirmed the availability of resources to support the programme and any outbreak of an infection.
Standard 3.3: Policies and procedures Documented policies and procedures for the prevention and control of infection reflect current accepted good practice and relevant legislative requirements and are readily available and are implemented in the organisation. These policies and procedures are practical, safe, and appropriate/suitable for the type of service provided.	FA	The infection prevention and control policies reflect the requirements of the infection prevention and control standard and current accepted good practice. Policies were last reviewed in February 2016 and include appropriate referencing. Care delivery, cleaning, laundry and kitchen staff were observed following organisational policies, such as appropriate use of hand-sanitisers, good hand-washing technique and use of disposable aprons and gloves. Hand washing and sanitiser dispensers are readily available around the facility. Staff interviewed verified knowledge of infection control policies and practices.
Standard 3.4: Education The organisation provides relevant education on infection control to all service providers, support staff, and consumers.	FA	Interviews, observation and documentation verified staff have received education in infection prevention and control at orientation and ongoing education sessions. Education is provided by suitably qualified RNs. Content of the training is documented and evaluated to ensure it is relevant, current and understood. A record of attendance is maintained. When an infection outbreak or an increase in infection incidence has occurred, there is evidence that additional staff education has been provided in response.
		Education with residents is generally on a one-to-one basis and has included reminders about handwashing, advice about remaining in their room if they are unwell, and increasing fluids during how weather.

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Standard 3.5: Surveillance Surveillance for infection is carried out in accordance with agreed objectives, priorities, and methods that have been specified in the infection control programme.	FA	Surveillance is appropriate to that recommended for long term care facilities and includes infections of the urinary tract, soft tissue, fungal, eye, gastro-intestinal, the upper and lower respiratory tract and scabies. The IPC coordinator reviews all reported infections and these are documented. New infections and any required management plan are discussed at handover, to ensure early intervention occurs. Monthly surveillance data is collated and analysed to identify any trends, possible causative factors and required actions. Results of the surveillance programme are shared with staff via regular staff meetings and at staff handovers. Graphs are produced that identify trends for the current year, and comparisons against previous years and this is reported to the clinical manager/Director of nursing/quality, IPC committee and CEO. Data is benchmarked externally with other aged care providers. Benchmarking has provided assurance that infection rates in the facility are below average for the sector. A summary report for a recent gastrointestinal infection outbreak in September 2016 was reviewed and demonstrated a thorough process for investigation and follow up. Learnings from the event have now been incorporated into practice, with additional staff education implemented.
Standard 2.1.1: Restraint minimisation Services demonstrate that the use of restraint is actively minimised.	FA	Policies and procedures meet the requirements of the restraint minimisation and safe practice standards and provide guidance on the safe use of both restraints and enablers. The restraint coordinator would provide support and oversight for enabler and restraint management in the facility, should they be required. Enablers are described in policy as the least restrictive and used voluntarily at the resident's request. The restraint coordinator demonstrated a sound understanding of the organisation's policies, procedures and practice and their role and responsibilities. On the day of audit, no residents were using restraint and no residents were using enablers. The facility has remained restraint free for the past two years. This was evident by review of the restraint approval group minutes, board meeting minutes, observation and staff interviews. Staff confirmed they have bi-annual education related to restraint and challenging behaviours and that both topics are included in the orientation process.

Specific results for criterion where corrective actions are required

Where a standard is rated partially attained (PA) or unattained (UA) specific corrective actions are recorded under the relevant criteria for the standard. The following table contains the criterion where corrective actions have been recorded.

Criterion can be linked to the relevant standard by looking at the code. For example, a Criterion 1.1.1.1: Service providers demonstrate knowledge and understanding of consumer rights and obligations, and incorporate them as part of their everyday practice relates to Standard 1.1.1: Consumer Rights During Service Delivery in Outcome 1.1: Consumer Rights.

If there is a message "no data to display" instead of a table, then no corrective actions were required as a result of this audit.

Criterion with desired outcome	Attainment Rating	Audit Evidence	Audit Finding	Corrective action required and timeframe for completion (days)
Criterion 1.3.3.3 Each stage of service provision (assessment, planning, provision, evaluation, review, and exit) is provided within time frames that safely meet the needs of the consumer.	PA Low	All residents admitted to the facility had written initial assessments, short term and long-term care plans and evaluations provided with in required timeframes. It was evident from staff interviewed that they knew and understood the residents well. Family/whanau interviewed stated that they were happy with the care and communication provided. On the day of audit, three residents are awaiting file transfer to the facility and were admitted within the last 21 days. A further four of 67 residents were inactive on the interRAI database thus the assessments did not show as out of date. This was rectified at the time of audit. The residents were admitted to the facility between 2008 and 2014. An email showed the facility had only requested transfer of the four resident's files in August of this year. The clinical care manager stated that these resident interRAI assessments were on hold to support the trainee interRAI registered nurse to meet requirements of interRAI training.	Four of 67 residents did not have an up to date interRAI assessment.	Provide evidence that all residents have an interRAI assessment to meet contractual requirements.

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Specific results for criterion where a continuous improvement has been recorded

As well as whole standards, individual criterion within a standard can also be rated as having a continuous improvement. A continuous improvement means that the provider can demonstrate achievement beyond the level required for full attainment. The following table contains the criterion where the provider has been rated as having made corrective actions have been recorded.

As above, criterion can be linked to the relevant standard by looking at the code. For example, a Criterion 1.1.1.1 relates to Standard 1.1.1: Consumer Rights During Service Delivery in Outcome 1.1: Consumer Rights

If, instead of a table, these is a message "no data to display" then no continuous improvements were recorded as part of this audit.

Criterion with desired outcome	Attainment Rating	Audit Evidence	Audit Finding
Criterion 1.2.3.6 Quality improvement data are collected, analysed, and evaluated and the results communicated to service providers and, where appropriate, consumers.	CI	In all quality improvement projects reviewed at Bethesda there are clearly documented findings, evidence of actions taken based on the findings and the improvements made to the service provision and resident safety or satisfaction is measurable. This was supported during staff, resident and family interviews and in the resident satisfaction survey results sighted gaining an overall higher satisfaction result for overall care services. All benefits gained and outcomes achieved have either a resident safety or satisfaction component.	In all quality improvement projects reviewed at Bethesda there are clearly documented findings, evidence of actions taken based on the findings and the improvements made to the service provision and resident safety or satisfaction is measurable. This was supported during staff, resident and family interviews and in the resident satisfaction survey results sighted gaining an overall higher satisfaction result for overall care services. All benefits gained and outcomes achieved have either a resident safety or satisfaction component.

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End of the report.