**Ringworm**

Flat, ring-shaped infection.

Ringworm on the scalp can cause round, painful red patches and make hair fall out.

**What to do**
- Check and clean skin everyday.
- See your doctor if the ringworm is on your child’s scalp as this needs to be treated with medicine.
- For ringworm on other parts of the body, a public health nurse, pharmacist or doctor can show you which cream to use to kill the infection.
- Go to the doctor if your child has a fever OR their skin becomes swollen, warm or is leaking fluid.
- Check other children for ringworm.
- Treat any animals or pets with ringworm.

**What to do if ringworm gets worse**

Go to the doctor if any of these things happen:
- the infection lasts more than 2 weeks
- the ringworm is on the scalp
- skin becomes red and swollen
- there is some pus in the infection
- your child has a fever

**How is ringworm spread?**
Contact with infected skin, clothes, personal items or surfaces.

**Time off from kura or school**
Stop your child from doing things where their skin touches other children’s skin such as wrestling and swimming, until the ringworm goes away.