## Wellington/Kāpiti disability respite market

Wellington region at a glance (Capital Support NASC region)

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| Number of people receiving DSS support in region | **1,568** |
| Number of people allocated respite in region (includes Carer Support) | **967** |
| % people allocated respite who are Māori | **14%** |
| % people with respite allocation aged 21 years or under | **72%** |

## Current respite allocations

* 81 people are allocated facility-based respite (52% are aged 21 years or less). The total annual value of the facility-based respite allocation in the Wellington region is currently $745,000.
* 132 people are allocated contracted in-home respite, at a total value of approx. $1.1 million per year.
* 844 people are allocated Carer Support, at a total value of around $2.2 million per year.
* 101 people in the Wellington region use IF Respite at a value of $766,000.

## Current respite options available

### Overnight respite options

* There is one dedicated facility-based respite service for children and young adults aged 5 to 21 in Porirua. This service is building its client base after transferring to a new provider. Families can also use the overnight respite services available for children and young adults in Lower Hutt.
* There are three respite facilities for adults with physical disabilities in Karori, Porirua and Lower Hutt.
* There are nine contracted aged care facilities who can support adults with disabilities for respite across Wellington.

### Daytime respite options

* There are around 18 services that offer weekday activity options for adults. These include community participation programmes, employment-related activities and day services.
* There are currently no disability-specific out-of-school care programmes. Mainstream out-of-school care programmes operate, including two that we are aware of that have experience in supporting children with disabilities.
* Sporting options include Riding for the Disabled, Boccia, Halberg Allsports, Parafed and Special Olympics.
* Two organisations offer drama classes/productions for people with disabilities in Wellington. There is a social club for blind adults.
* We have been unable to identify any other social or recreational options available in the region for children or adults.

## Gaps in the Wellington/Kāpiti respite market

* There are no dedicated facility-based respite services for adults with intellectual disabilities or autism.
* There are no age appropriate facilities in the Kāpiti Coast.
* Scope exists to develop disability-accessible out-of-school care options, and social, recreational or sporting options for children and adults across the region.