

**30-DAY FUNCTIONING AND DISABILITY (FD) NZ SECTION 16**

\*FD1. The next questions are about your health in the past 30 days. Was your overall physical health during the past 30 days better, worse, or about the same as usual for you?

BETTER .....	1	
WORSE .....	2	
ABOUT THE SAME.....	3	<b>GO TO *FD2</b>
DON'T KNOW .....	8	<b>GO TO *FD2</b>
REFUSED .....	9	<b>GO TO *FD2</b>

\*FD1a. A lot (better/worse), somewhat, or only a little (better/worse) than usual?

A LOT .....	1
SOMEWHAT .....	2
A LITTLE .....	3
DON'T KNOW .....	8
REFUSED .....	9

\*FD2. How often did you experience physical discomfort, such as pain, nausea, or dizziness in the past 30 days – all the time, most of the time, some of the time, a little of the time, or none of the time?

ALL .....	1	
MOST .....	2	
SOME .....	3	
A LITTLE.....	4	
NONE .....	5	<b>GO TO *FD3</b>
DON'T KNOW .....	8	<b>GO TO *FD3</b>
REFUSED .....	9	<b>GO TO *FD3</b>

\*FD2a. On average, how severe was your physical discomfort during the time you experienced it in the past 30 days – mild, moderate, severe, or very severe?

MILD.....	1
MODERATE.....	2
SEVERE.....	3
VERY SEVERE .....	4
DON'T KNOW .....	8
REFUSED .....	9

**\*FD3.** Was your overall mental health during the past 30 days better, worse, or about the same as usual for you?

- BETTER ..... 1
- WORSE ..... 2
- ABOUT THE SAME ..... 3 **GO TO \*FD4**
- DON'T KNOW ..... 8 **GO TO \*FD4**
- REFUSED ..... 9 **GO TO \*FD4**

\*FD3a. Was that a lot (better/worse), somewhat, or only a little (better/worse) than usual?

- A LOT ..... 1
- SOMEWHAT ..... 2
- A LITTLE ..... 3
- DON'T KNOW ..... 8
- REFUSED ..... 9

	NUMBER OF DAYS (0-30)	YES (1)	NO (5)	DK (8)	RF (9)
<b>*FD4.</b> Beginning yesterday and going back 30 days, how many days out of the past 30 were you <u>totally unable</u> to work or carry out your normal activities?	_____ DAYS			998 <b>GO TO *FD4b</b>	999 <b>GO TO *FD5</b>
<b>*FD4.1. INTERVIEWER CHECKPOINT: (SEE *FD4)</b>					
<ul style="list-style-type: none"> <li><b>*FD4</b> EQUALS '0' ..... 1 <b>GO TO *FD5</b></li> <li><b>*FD4</b> EQUALS '1' ..... 2 <b>GO TO *FD4a</b></li> <li><b>*FD4</b> EQUALS '2' - '30' ..... 3 <b>GO TO *FD4b</b></li> </ul>					
<b>*FD4a.</b> Was that due to your emotions, nerves, mental health, or your use of alcohol or drugs?		1 <b>GO TO *FD5</b>	5 <b>GO TO *FD5</b>	998 <b>GO TO *FD5</b>	999 <b>GO TO *FD5</b>
<b>*FD4b.</b> How many of these (NUMBER) days were due to your emotions, nerves, mental health, or your use of alcohol or drugs?	_____ DAYS			998	999
<b>*FD5.</b> How many days out of the past 30 did you stay in bed more than half the day because of problems with either your physical health, your mental health, or your use of alcohol or drugs?	_____ DAYS			998	999

	NUMBER OF DAYS (0-30)	YES (1)	NO (5)	DK (8)	RF (9)
*FD6. INTERVIEWER CHECKPOINT: (SEE *FD4)  *FD4 EQUALS '30' ..... 1 GO TO *FD10 ALL OTHERS ..... 2					
*FD7. How many days out of the past 30 were you able to work and carry out your normal activities, but had to cut down on what you did or not get as much done as usual?	_____ DAYS			998 GO TO *FD7b	999 GO TO *FD8
*FD7.1. INTERVIEWER CHECKPOINT: (SEE *FD7)  *FD7 EQUALS '0' ..... 1 GO TO *FD8 *FD7 EQUALS '1' ..... 2 GO TO *FD7a *FD7 EQUALS '2' – '30' ..... 3 GO TO *FD7b					
*FD7a. Was that due to your emotions, nerves, mental health, or your use of alcohol or drugs?		1 GO TO *FD8	5 GO TO *FD8	998 GO TO *FD8	999 GO TO *FD8
*FD7b. How many of these (NUMBER) days were due to your emotions, nerves, mental health, or your use of alcohol or drugs?	_____ DAYS			998	999
*FD8. How many days out of the past 30 did you cut back on the <u>quality</u> of your work or how <u>carefully</u> you worked because of problems with either your physical health, your mental health, or your use of alcohol or drugs?	_____ DAYS			998	999
*FD9. How many days out of the past 30 did it take an extreme effort to perform up to your usual level at work or at your other normal daily activities because of problems with either your physical health, your mental health, or your use of alcohol or drugs?	_____ DAYS			998 GO TO *FD9b	999 GO TO *FD10
*FD9.1. INTERVIEWER CHECKPOINT: (SEE *FD9)  *FD9 EQUALS '0' ..... 1 GO TO *FD10 *FD9 EQUALS '1' ..... 2 GO TO *FD9a *FD9 EQUALS '2' – '30' ..... 3 GO TO *FD9b					
*FD9a. Was that due to your emotions, nerves, mental health, or your use of alcohol or drugs?		1 GO TO *FD10	5 GO TO *FD10	998 GO TO *FD10	999 GO TO *FD10
*FD9b. How many of these (NUMBER) days were due to your emotions, nerves, mental health, or your use of alcohol or drugs?	_____ DAYS			998	999

**\*FD10.** Was there ever a time in the past 30 days when health-related problems caused difficulties with either (READ SLOWLY) your concentration, memory, understanding, or ability to think clearly?

- YES ..... 1
- NO ..... 5 **GO TO \*FD12**
- DON'T KNOW ..... 8 **GO TO \*FD12**
- REFUSED ..... 9 **GO TO \*FD12**

\*FD10a. How many days did you have these difficulties during the past 30 days?

\_\_\_\_\_ DAYS

- DON'T KNOW ..... 998
- REFUSED ..... 999

**\*FD11.** ( Showcard 36) (Look at your showcard 36.) During (that/those NUMBER FROM **\*FD10a**) day(s), how much difficulty did you have in each of the following areas:

(IF NEC: None, mild, moderate, severe difficulty or cannot do?)	NONE (1)	MILD (2)	MOD (3)	SEV (4)	(IF VOL) CANNOT DO (5)	DK (8)	RF (9)
*FD11a. Concentrating on doing something for ten minutes – none, mild, moderate, or severe difficulty?	1	2	3	4	5	8	9
*FD11b. Understanding what was going on around you?	1	2	3	4	5	8	9
*FD11c. Remembering to do important things?	1	2	3	4	5	8	9
*FD11d. Learning a new task – for example, learning how to get to a new place?	1	2	3	4	5	8	9

**\*FD12.** Was there ever a time in the past 30 days when health-related problems caused you difficulties with mobility, such as standing for long periods, moving around inside your home, or getting out of your home?

- YES ..... 1
- NO ..... 5 **GO TO \*FD14**
- DON'T KNOW ..... 8 **GO TO \*FD14**
- REFUSED ..... 9 **GO TO \*FD14**

\*FD12a. How many days did you have these difficulties during the past 30 days?

\_\_\_\_\_ DAYS

- DON'T KNOW ..... 998
- REFUSED ..... 999

\*FD13. ( Showcard 36) (Look at your showcard 36.) During (that/those NUMBER FROM \*FD12a) day(s), how much difficulty did you have in each of the following areas:

(IF NEC: none, mild, moderate, severe difficulty or cannot do?)	NONE (1)	MILD (2)	MOD (3)	SEV (4)	(IF VOL) CANNOT DO (5)	DK (8)	RF (9)
*FD13a. Standing for long periods, such as 30 minutes?	1	2	3	4	5	8	9
*FD13b. Moving around inside your home?	1	2	3	4	5	8	9
*FD13c. Walking a long distance such as (a kilometre, that is half a mile)?	1	2	3	4	5	8	9

\*FD14. Was there ever a time in the past 30 days when health-related problems caused you difficulties with self care, such as washing your whole body, getting dressed, or feeding yourself?

- YES ..... 1  
 NO ..... 5 **GO TO \*FD16**  
 DON'T KNOW ..... 8 **GO TO \*FD16**  
 REFUSED ..... 9 **GO TO \*FD16**

\*FD14a. How many days did you have these difficulties during the past 30 days?

\_\_\_\_\_ DAYS

- DON'T KNOW ..... 998  
 REFUSED ..... 999

\*FD15. ( Showcard 36) (Look at your showcard 36.) During (that/those NUMBER FROM \*FD14a) day(s), how much difficulty did you have in each of the following areas:

(IF NEC: None, mild, moderate, severe difficulty or cannot do?)	NONE (1)	MILD (2)	MOD (3)	SEV (4)	(IF VOL) CANNOT DO (5)	DK (8)	RF (9)
*FD15a. Washing your whole body?	1	2	3	4	5	8	9
*FD15b. Getting dressed?	1	2	3	4	5	8	9
*FD15c. Staying by yourself for a few days?	1	2	3	4	5	8	9

\*FD16. Was there ever a time in the past 30 days when health-related problems caused you difficulties either getting along with people, maintaining a normal social life, or participating in social activities?

- YES ..... 1
- NO ..... 5 **GO TO \*FD17.1**
- DON'T KNOW ..... 8 **GO TO \*FD17.1**
- REFUSED ..... 9 **GO TO \*FD17.1**

\*FD16a. How many days did you have these difficulties during the past 30 days?

\_\_\_\_\_ DAYS

- DON'T KNOW ..... 998
- REFUSED ..... 999

\*FD17. ( Showcard 36) (Look at your showcard 36.) During (that/those NUMBER FROM \*FD16a) day(s), how much difficulty did you have in each of the following areas:

(IF NEC: None, mild, moderate, severe difficulty or cannot do?)	NONE (1)	MILD (2)	MOD (3)	SEV (4)	(IF VOL) CANNOT DO (5)	DK (8)	RF (9)
*FD17a. Starting and maintaining a conversation?	1	2	3	4	5	8	9
*FD17b. Dealing with people you did not know well?	1	2	3	4	5	8	9
*FD17c. Maintaining friendships?	1	2	3	4	5	8	9
*FD17d. Making new friends?	1	2	3	4	5	8	9
*FD17e. Controlling your emotions when you were around people?	1	2	3	4	5	8	9

\*FD17.1. INTERVIEWER CHECKPOINT: (SEE \*FD2, \*FD2a, \*FD4, \*FD5, \*FD11a-d, \*FD13a-b, \*FD15a-b, \*FD17a-d)

- (\*FD2 EQUALS '1' - '2' AND \*FD2a EQUALS '3') OR \*FD4 EQUALS '3' - '30' OR
- \*FD5 EQUALS '3' - '30' OR (TWO OR MORE RESPONSES CODED '3' - '5' IN \*FD11a-d,
- \*FD13a-c, \*FD15a-c, \*FD17a-e)..... 1
- ALL OTHERS ..... 2 **GO TO NZNSD4.1**

*FD18.( Showcard 36) (Look at your showcard 36) (IF NEC: None, mild, moderate, severe difficulty or cannot do?)	NONE (1)	MILD (2)	MOD (3)	SEV (4)	(IF VOL) CANNOT DO (5)	DK (8)	RF (9)
*FD18a. During the past 30 days, how much health-related difficulty did you have in taking care of your household responsibilities – none, mild, moderate, or severe difficulty?	1	2	3	4	5	8	9
*FD18b. How much were you emotionally affected by your health during the past 30 days?	1	2	3	4	5	8	9
*FD18c. How much was your health a drain on the financial resources of you or your family during the past 30 days?	1	2	3	4	5	8	9
*FD18d. During the past 30 days, how much of a problem did you have in joining in community activities for example, festivities, religious or other activities in the same way as anyone else can because of your health?	1	2	3	4	5	8	9

**\*FD19. INTERVIEWER CHECKPOINT: (SEE \*FD11a-d, \*FD13a-c, \*FD15a-c, \*FD17a-c, \*FD18a-d)**

TWO OR MORE RESPONSES CODED '3' OR '4' OR '5'.....1  
 ALL OTHERS .....2 **GO TO NZNSD4.1**

**\*FD20.** How much embarrassment did you experience because of your health problems during the past 30 days – none, a little, some, a lot, or extreme embarrassment?

NONE.....1  
 A LITTLE .....2  
 SOME.....3  
 A LOT .....4  
 EXTREME .....5  
 DON'T KNOW.....8  
 REFUSED .....9

**\*FD21.** How much discrimination or unfair treatment did you experience because of your health problems during the past 30 days – none, a little, some, a lot, or extreme unfair treatment?

- NONE..... 1
  - A LITTLE ..... 2
  - SOME..... 3
  - A LOT ..... 4
  - EXTREME..... 5
  - DON'T KNOW..... 8
  - REFUSED ..... 9
- 

**\*FD22.** How much did your health-related difficulties interfere with the life and activities of your close friends and family members during the past 30 days – not at all, a little, some, a lot, or extremely?

- NONE..... 1
  - A LITTLE ..... 2
  - SOME..... 3
  - A LOT ..... 4
  - EXTREMELY ..... 5
  - DON'T KNOW..... 8
  - REFUSED ..... 9
- 

**\*FD23.GO TO \*NZNSD4.1, NEXT SECTION**