



# **SHOWCARDS**

Confidential

- 1. New Zealand European
- 2. Māori
- 3. Samoan
- 4. Cook Island Māori
- 5. Tongan
- 6. Niuean
- 7. Chinese
- 8. Indian
- 9. Other (such as Dutch, Japanese, Tokelauan etc.)

# Was there ever a time in your life when you had a strong fear of...

#### **GROUP 1: Animals**

- Insects
- · Snakes or dogs
- Any other animals

#### **GROUP 2: Natural Environment**

- Still water, like a swimming pool or a lake
- Storms
- Thunder or lightning

#### **GROUP 3: Medical Settings**

- Going to the dentist
- Going to the doctor
- · Having an injection
- Seeing blood
- Seeing injury
- Being in a hospital or doctor's office

#### **GROUP 4: Closed Spaces**

- Caves
- Tunnels
- Wardrobes
- Lifts

#### **GROUP 5: High Places**

- Roofs
- Balconies
- Bridges
- High staircases

#### **GROUP 6: Flying**

- Flying
- Aeroplanes

# Was there ever a time in your life when you felt very afraid or really really shy with people like ...

- Meeting new people
- · Going to parties
- · Going on a date
- Using a public toilet

# Was there ever a time in your life when you felt very afraid or uncomfortable when you had to do something in front of a group of people like...

- Giving a speech
- Speaking in class

# Was there ever a time in your life when you felt very afraid of...

- Being in crowds
- Going to public places
- Travelling by yourself
- Travelling away from home

### Did you have 2 or more of the following problems?

- Heart pounding or racing
- Sweating
- Trembling
- Feeling sick to your stomach
- Having a dry mouth
- Having chills or hot flushes
- Feeling numbness or tingling sensations
- Having trouble breathing
- Feeling as if you were choking
- Having pain or discomfort in your chest
- · Feeling dizzy or faint
- · Afraid you might die
- · Fear of losing control, going crazy, or passing out
- Feeling that you were "not really there," as if you were watching a movie of yourself
- Feeling that things around you were unreal or like in a dream

#### Did you ever strongly fear...

- Meeting new people
- Talking to people in authority
- Speaking up in a meeting or class
- Going to parties or other social gatherings
- Acting, performing, or giving a talk in front of an audience
- Taking an important exam or interviewing for a job
- Working while someone watches
- Entering a room when others are already present
- Talking with people you don't know very well
- Expressing disagreement to people you don't know very well
- Writing or eating or drinking while someone watches
- Urinating in a public toilet or using a toilet away from home
- Going out with someone in a dating situation
- Any other social or performance situation where you could be the centre of attention or where something embarrassing might happen

# Did you ever have 2 or more of the following reactions?

- Heart pounding or racing
- Sweating
- Trembling
- Feeling sick to your stomach
- Having a dry mouth
- Having chills or hot flushes
- Feeling numbness or tingling sensations
- Having trouble breathing
- · Feeling as if you were choking
- Having pain or discomfort in your chest
- Feeling dizzy or faint
- Afraid you might die
- Fear of losing control, going crazy, or passing out
- Feeling that you were "not really there," as if you were watching a movie of yourself
- Feeling that things around you were unreal or like in a dream

### Did you ever strongly fear...

- Being home alone
- Being in crowds
- Travelling away from home
- Travelling alone or being alone away from home
- Using public transport
- Driving a car
- Standing in a queue in a public place
- Being in a department store, shopping mall, or supermarket
- Being in a movie theatre, large hall, lecture hall, or church
- Being in a restaurant or any other public place
- Being in a wide, open field or street

# Did you have 1 or more of the following reactions?

•	Having trouble breathing normally
•	Feeling as if you were choking
•	Having pain or discomfort in your chest
•	Feeling sick to your stomach
•	Feeling dizzy or faint
•	Fear of losing control, going crazy, or passing out
•	Afraid that you might die
•	Having chills or hot flashes
•	Feeling numbness or tingling sensations
•	Feeling that you were "not really there," as if you were watching a movie of yourself
•	Feeling that things around you were not real or like a dream

# Examples of commonly mentioned reasons for being anxious:

#### Diffuse worries, such as:

- 1. Everything
- 2. Nothing in particular

#### Personal problems, such as:

- 3. Finances
- 4. Success at school or work
- 5. Social life
- 6. Love life
- 7. Relationships at school or work
- 8. Relationships with family
- 9. Physical appearance
- 10. Physical health
- 11. Mental health
- 12. Alcohol and drug use
- 13. Other personal problems

#### Fears, obsessions and compulsions

- 14. Social fears (e.g., meeting people after moving to a new town)
- 15. Fear of crowds, public places or travelling away from home
- 16. Specific fears (e.g., fears of insects, heights, or closed spaces)
- 17. Obsessions (e.g., worry about germs)
- 18. Compulsions (e.g., repetitive hand washing)

#### Network problems, such as:

- 19. Being away from home or apart from loved ones
- 20. The health or welfare of loved ones problem 1
- 21. The health or welfare of loved ones problem 2
- 22. The health or welfare of loved ones problem 3
- 23. Other network problems

#### Social problems, such as:

- 24. Crime/violence
- 25. The economy
- 26. The environment (e.g. global warming, pollution)
- 27. Moral decline of society (e.g. commercialism, decline of the family)
- 28. War/revolution
- 29. Other social problems

#### Other problems

- 30. Other problem 1
- 31. Other problem 2
- 32. Other problem 3

# Did any of these 3 experiences ever happen to you?

- A. You seriously thought about committing suicide
- B. You made a plan for committing suicide
- C. You attempted suicide

# Which of these 3 statements best describes your situation?

- I made a serious attempt to kill myself and it was only chance that I did not succeed.
- 2. I tried to kill myself, but knew that the method was not certain to work.
- 3. I did not intend to die; my attempt was a cry for help.

## What method did you use?

- A. Gun
- B. Razor, knife or other sharp instrument
- C. Overdose of prescription medications
- D. Overdose of over-the-counter medications
- E. Overdose of other drug (e.g. heroin, crack,)
- F. Overdose of alcohol
- G. Poisoning, such as car or vehicle exhaust
- H. Other poisoning, such as rat poison, agricultural poison, arsenic
- I. Hanging, strangulation, suffocation
- J. Drowning
- K. Jumping from a high place
- L. Motor vehicle crash
- M. Other

# **Alcohol equivalents:**

Spirits			
Shot glass 30ml	=	1 drink	
Mixed drink	=	1 drink	
Ready to drink bottle	=	1 drink	
375ml bottle	=	11 drinks	
750ml bottle	=	22 drinks	
1125ml bottle	=	33 drinks	
Wine			
200ml glass	=	1.5 drinks	
750ml bottle	=	6.5 drinks	
3 litre cask	=	26 drinks	
Beer or Ale			
1 12 oz/340ml bottle	=	1 drink	
600ml handle	=	2 drinks	
1 litre jug	=	3 drinks	
340ml bottle/can	=	1 drink	
2 litre flagon/rigger	=	6 drinks	
Six pack	=	6 drinks	
Case/slab	=	24 drinks	

### How Often Do You Have a Drink Containing Alcohol?

- 1. Monthly or less
- 2. Up to 4 times a month
- 3. Up to 3 times a week
- 4. 4 or more times a week

#### **Showcard 16**

# How Many Drinks Containing Alcohol Do You Have on a Typical Day When You Are Drinking?

- 1. One or two
- 2. Three or four
- 3. Five or six
- 4. Seven to nine
- 5. Ten or more

# Frequency:

Showcard 18		
5.	Daily or almost daily	
4.	Weekly	
3.	Monthly	
2.	Less than monthly	
1.	Never	

- 1. No
- 2. Yes, but not in the last year
- 3. Yes, during the last year

# Cocaine:

Powder	Free base	Paste
Crack	Coca leaves	

# Sedatives and tranquillisers (sleeping pills, "downers," "nerve pills"), such as:

Amobarbital	Dalmane	Limbitrol	Paxipam	Sk-Lygen
Amytal	Deprol	Mebaral	Pentobarbital	Sopor
Ativan	Diazepam	Meprobamate	Phenobarbital	Tranxene
Barbiturate	Doriden	Methaqualone	Placidyl	Tuinal
Buticap	Durax	Menrium	Restoril	Valium
Butisol	Equanil	Miltown	Secobarbital	Xanax
Centrax	Halcion	Nembutal	Seconal	
Chloral Hydrate	Librium	Noludar	Serax	

# Stimulants (amphetamines, "uppers," "speed," "ice," "crack," "P"), such as:

Benzedrine ("bennies")	Ecstasy	Plegine
Biphetamine	Eskatrol	Pondomin
Cylert	Fastin	Preludin
Desoxyn	Ionamin	Ritalin
Dexamyl	Mazanor	Sanorex
Dexedrine ("dexies")	Methamphetamine	Tenuate
Dextroamphetamine	Methedrine	Tepanil
Didrex	Obredrin-L.A	Voranil

## Analgesics (painkillers), such as:

Anileridine Levo-Dromoran Stadol
Buprenex Methadone Talacen
Codeine Morphine Talwin
Darvon Percodan Talwin NX

Demerol Phenaphen with codeine Tylenol with codeine

Dilaudid Propoxyphene Wygesic

Dolene SK-65

### Opiates, such as:

HeroinOpiumMethadoneHomebakePoppiesMorphine

### Other drugs, such as:

Glue Datura Magic Mushrooms

Petrol GHB (fantasy) Mescalin

Other solvents LSD (acid, white lightning) Peyote

# Did you ever in your lifetime go to see any of these professionals for problems with your emotions or nerves or your use of alcohol or drugs?

- A. A psychiatrist
- B. General practitioner or family doctor
- C. Any other medical doctor, like a cardiologist, gynaecologist or urologist
- D. Psychologist
- E. Social worker, youth aid worker, child welfare officer, school counsellor, teacher
- F. Counsellor (other than school counsellor)
- G. Any other mental health professional, such as a psychotherapist or a psychiatric nurse
- H. A general nurse, occupational therapist, or other health professional
- I. A religious or spiritual advisor like a minister, priest, tohunga
- J. Any other healer, like an herbalist, homeopath, naturopath, chiropractor, spiritualist, traditional healer, or energy healer.

# In which of these locations did you see the professional?

- A. Hospital emergency department
- B. Psychiatric outpatient clinic, sector base or community mental health service
- C. Drug or alcohol outpatient clinic
- D. Private rooms
- E. Social service agency or department
- F. Programme in jail or prison
- G. Drop-in centre or programme for people with emotional problems with alcohol or drugs
- H. Church or other religious building
- I. Other

# Which of these four statements best describes why you didn't want to see a professional?

- 1. I didn't have a problem
- 2. I didn't think I had a problem
- 3. I had a problem, but thought I could handle it on my own
- 4. I thought that I needed help but didn't believe professional treatment would be helpful
- 5. Other

# Which of these were the main things you were hoping to get from treatment?

- A. To help with your emotions (e.g., sadness, anger)
- B. To control problem behaviours (e.g., drinking problems, gambling)
- C. To deal with general body complaints (e.g., tiredness, headaches)
- D. To help make a life decision (e.g., to get married or change jobs)
- E. To cope with ongoing stress (e.g., job stress, marital problems)
- F. To cope with recent stressful events (e.g., divorce, death of a loved one)
- G. To come to terms with your past (e.g., feelings about your childhood)
- H. Other reasons

# Did you use any of these therapies in the past 12 months?

- 1. Acupuncture
- 2. Biofeedback
- 3. Chiropractic care
- 4. Energy healing
- 5. Exercise or movement therapy
- 6. Herbal therapy (eg St. John's wort, chamomile), and/or Māori Rongoaa.
- 7. High dose mega-vitamins
- 8. Homeopathy
- 9. Hypnosis
- 10. Imagery techniques
- 11. Massage therapy
- 12. Prayer or other spiritual practices
- 13. Relaxation or meditation techniques
- 14. Special diets
- 15. Spiritual healing by others
- 16. Any other alternative therapies or remedies

# What types of herbal medicines did you use?

1.	Cnamomile
2.	Kava
3.	Lavender
4.	St. John's wort
5.	Valerian
6.	Chasteberry
7.	Black cohosh
8.	Other (including Rongoaa)

# What kind of self-help group did you go to in the past 12 months?

- A. Groups for people with substance problems (such as Alcoholics Anonymous or Rational Recovery or Narcotics Anonymous)
- B. Groups for people with emotional problems (such as Grow, The Manic Depressive Society or an anxiety disorder support group)
- C. Groups for people with eating problems
- D. Groups for dealing with the death of a loved one (such as The Compassionate Friends, Bereaved Parents or Bereaved by Suicide)
- E. Groups for people making other life transitions (such as Parenting Alone, new mothers support groups, separated and divorced support groups)
- F. Groups for survivors (such as Adult Children of Alcoholics or Survivors of Childhood Sexual Abuse)
- G. Groups for people with physical disabilities or illnesses (such as cancer support groups, or groups for chronic conditions like arthritis or Aids)
- H. Parent support groups (such as Toughlove or Parent to Parent)
- Groups for the families of people with a physical illness (such as Child Cancer Foundation)
- J. Groups for the families of people with emotional or substance problems (such as a Schizophrenia Fellowship support group or Al Anon)
- K. Any other self-help group, mutual help group, or support group

# Which of the following statements best describes the relationship between your participation in the self-help group and your seeing a professional?

- 1. A professional ran the group
- A professional asked me to attend the group as part of my treatment, but the group was not run by a professional
- 3. You attended the self-help group at the same time you saw a professional, but the two were not related
- 4. You attended the self-help group at a different time than when you saw a professional
- 5. Other

- 1. A Māori mental health service providing specifically to Māori
- 2. A Māori health service providing specifically to Māori
- 3. A Māori social service agency providing specifically to Māori
- 4. A priest or minister of the church
- 5. A tohunga or Māori healer
- 6. None of these

- 1. Hospital-based
- 2. Iwi or community based
- 3. Other

### **Showcard 31**

- 1. lwi/marae-based
- 2. Community based
- 3. Other

2.	Presbyterian
3.	Catholic
4.	Methodist
5.	Ringatū
6.	Ratana
7.	Latter day saints
8.	Baptist
9.	Pentecostal
10.	Other

1.

Anglican

- 1. A tohunga wairua/spiritual Tohunga
- 2. An expert in mirimiri/traditional Māori massage
- 3. Other

# Which conditions resulted from that injury?

- 1. Broken or dislocated bones
- 2. Sprain, strain, or pulled muscle
- 3. Cuts, scrapes, or puncture wounds
- 4. Head injury, concussion
- 5. Bruise, contusion, or internal bleeding
- 6. Burn, scald
- 7. Poisoning from chemicals, medicines, or drugs
- 8. Respiratory problem such as breathing, cough, pneumonia
- 9. Other

## Where did the injury occur?

- 1. Your home or section
- 2. Someone else's home or section
- 3. School (including playground) or other educational institution
- 4. Workplace
- 5. Travelling to or from work or as part of work
- 6. Street or road (not travelling for work)
- 7. Public space (e.g., footpath or building
- 8. Farm or agricultural area
- 9. Place of recreation or sports (except at school)
- 10.Other

- 1. None
- 2. Mild difficulty
- 3. Moderate difficulty
- 4. Severe difficulty
- 5. Cannot do

# How often did you have the following feelings in the past 30 days?

- 1. All the time
- 2. Most of the time
- 3. Some of the time
- 4. A little of the time
- 5. None of the time

#### **Showcard 38**

# How often did you have the following feelings in the worst month in the last 12 months

- 1. All the time
- 2. Most of the time
- 3. Some of the time
- 4. A little of the time
- 5. None of the time

# Did you ever take any of these medications?

Acetophenazine	Perphenazine
Centrax	Pimozide
Chlorpromazine	Prazepam
Clorprothixene	Prolixin
Clozapine	Quetiapine
Clozaril	Risperdal
Droperidol	Risperidone
Fluphenazine	Serentil
Haldol	Seroquel
Haloperidol	Stelazine
Inapsine	Taractan
Loxapine	Thioridazine
Loxitane	Thiothixene
Mellaril	Thorazine
Mesoridazine	Tindal
Moban	Trifluoperazine
Molindone	Triflupromazine
Navane	Trilafon
Olanzapine	Vesprin
Orap	Zyprexa
Permitil	

None	Mild			Moderate			Severe			Very Severe		
0	1	2	3	4	5	6	7	8	9	10		
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- 1. Looked at advertisements in newspapers
- 2. Wrote, phoned, or applied in person to an employer
- 3. Placed advertisements about a job
- Contacted Work & Income's NZ employment service to look for a job
- 5. Contacted friends or relatives for help in finding a job
- 6. Contacted careers advisers or vocational guidance officers
- 7. Took steps to set up your own business
- 8. Other methods

Α	Less than \$0 (Loss)	М	\$10,000 - \$10,999	Υ	\$30,000 - \$34,999
B.	\$0 (None)	N.	\$11,000 - \$11,999	Z	\$35,000 - \$39,999
С	\$1 - \$999	0	\$12,000 - \$12,999	AA	\$40,000 - \$44,999
D	\$1,000 - \$1,999	Р	\$13,000 - \$13,999	BB	\$45,000 - \$49,999
E	\$2,000 - \$2,999	Q	\$14,000 - \$14,999	СС	\$50,000 - \$74,999
F	\$3,000 - \$3,999	R	\$15,000 - \$15,999	DD	\$75,000 - \$99,999
G	\$4,000 - \$4,999	S	\$16,000 - \$16,999	EE	\$100,000 - \$149,000
Н	\$5,000 - \$5,999	Т	\$17,000 - \$17,999	FF	\$150,000 - \$199,999
I	\$6,000 – \$6,999	U	\$18,000 - \$18,999	GG	\$200,000 - \$299,999
J	\$7,000 - \$7,999	V	\$19,000 - \$19,999	НН	\$300,000 - \$499,999
K	\$8,000 - \$8,999	W	\$20,000 - \$24,999	П	\$500,000 - \$999,999
L	\$9,000 - \$9,999	Х	\$25,000 - \$29,999	JJ	\$1,000,000 or more

## Which of the following best describes your sexual orientation?

A Heterosexual Primarily attracted to members of the

opposite sex - straight

B Homosexual Primarily attracted to members of

your own sex - gay

C Bisexual Attracted to both men and women

D Something else

E Not sure

1.	None
2.	NZ school certificate in one or more subjects or national certificate level 1
3.	NZ sixth form certificate in one or more subjects, or national certificate level 2
4.	NZ university entrance before 1986 in one or more subjects
5.	NZ higher school certificate, or higher leaving certificate
6.	University entrance qualification from NZ university bursary
7.	NZ A or B bursary, scholarship, or national certificate level 3
8.	Other NZ secondary school qualification
9.	Overseas secondary school qualification

1.	Bachelors degree, e.g. BA, BSc, LLB
2.	Bachelors degree, with honours
3.	Masters degree, e.g. MA, MSc
4.	PhD
5.	Diploma (not post graduate)
6.	Diploma - post graduate
7.	Trade or technical certificate which took more than 3 months full time study
8.	Professional qualifications like ACA, teachers, nurses
9.	Other

- English
   Māori
   Samoan
- 4. New Zealand sign language
- 5. French
- 6. Cantonese
- 7. German
- 8. Dutch
- 9. Tongan
- 10. Japanese
- 11. Mandarin
- 12. Hindi
- 13. Korean
- 14. Spanish
- 15. Cook Island Maori
- 16. Tuvalu
- 17. Tokelauan
- 18. Niuean
- 19. Fijian
- 20. Kirribati
- 21. Other

# 1. Te Taitokerau/Tāmaki Makau Rau (Northland/Auckland) Regions

- 1.1 Te Aupōuri
- 1.2 Ngāti Kahu
- 1.3 Te Kawerau
- 1.4 Ngāti Kuri
- 1.5 Ngā Puhi
- 1.6 Ngā Puhi ki Whäingaroa-Ngāti Kahu ki Whāingaroa
- 1.7 Te Rarawa
- 1.8 Te Roroa
- 1.9 Ngāi Takoto
- 1.10 Te Uri-o Hau
- 1.11 Ngāti Wai
- 1.12 Ngāti Whātua

# 2. Hauraki (Coromandel) Region

2.1	Ngāti Hako
2.2	Ngāti Hei
2.3	Ngāti Maru (Marutuahu)
2.4	Ngāti Paoa
2.5	Patukirikiri
2.6	Ngāti Porou ki Harataunga ki Mataora
2.7	Ngāti Pūkenga ki Waiau
2.8	Ngāti Rahiri Tumutumu
2.9	Ngāti Tai
2.10	Ngāti Tamaterā
2.11	Ngāti Tara Tokanui

# 3. Waikato/Te Rohe Potae (Waikato/King Country) Region

3.1 Ngāti Haua (Waikato)

Ngāti Whanaunga

- 3.2 Ngāti Maniapoto
- 3.3 Ngāti Raukawa (Waikato)
- 3.4 Waikato

2.12

## 4. Te Arawa/Taupo (Rotorua/Taupo) Region

- 4.1 Ngāti Pikiao (Te Arawa)
- 4.2 Ngāti Rangiteaorere (Te Arawa)
- 4.3 Ngāti Rangitihi (Te Arawa)
- 4.4 Ngāti Rangiwewehi (Te Arawa)
- 4.5 Ngāti Tahu (Te Arawa)
- 4.6 Tapuika (Te Arawa)
- 4.7 Tarāwhai (Te Arawa)
- 4.8 Tūhourangi (Te Arawa)
- 4.9 Tūwharetoa
- 4.10 Uenuku-Kōpako (Te Arawa)
- 4.11 Waitaha (Te Arawa)
- 4.12 Ngāti Whakaue (Te Arawa)

## 5. Tauranga Moana/Mataatua (Bay of Plenty) Region

- 5.1 Ngāti Awa
- 5.2 Ngāti Manawa
- 5.3 Ngāti Pukenga
- 5.4 Ngāi-te-Rangi
- 5.5 Ngāti Ranginui
- 5.6 Ngāti Tai
- 5.7 Tūhoe
- 5.8 Whakatōhea
- 5.9 Whānau-a-Apanui
- 5.10 Ngāti Whare

## 6. Taranaki Region

- 6.1 Te Atiawa (Taranaki)
- 6.2 Ngāti Maru (Taranaki)
- 6.3 Ngāti Mutunga (Taranaki)
- 6.4 Ngā Rauru
- 6.5 Ngā Ruahine
- 6.6 Pakakohi
- 6.7 Ngāti Ruanui
- 6.8 Ngāti Tama (Taranaki)
- 6.9 Tangāhoe
- 6.10 Taranaki

## 7. Te Tairawhiti (East Coast) Region

- 7.1 Te Aitanga-a-Māhaki
- 7.2 Ngāti Porou
- 7.3 Rongowhakaata
- 7.4 Ngāi Tāmanuhiri

# 8. Te Matau a Māui/Wairarapa (Hawke's Bay/Wairarapa) Region

8.1	Ngāti Kahungunu ki Heretaunga
8.2	Ngāti Kahungunu ki Tāmakinui-a-Rua
8.3	Ngāti Kahungunu ki Tamatea
8.4	Ngāti Kahungunu ki Te Wairoa
8.5	Ngāti Kahungunu ki Wairarapa
8.6	Ngāti Kahungunu ki Whanganui-a-Orotū
8.7	Rangitāne (Hawke's Bay/Wairarapa)
8.8	Rongomaiwahine (Mahia)

# 9. Whanganui/ Rangītikei Regions

- 9.1 Ngāti Apa (Rangitīkei)
- 9.2 Te Ati Hau Nui-a-Pāpārangi
- 9.3 Ngāti Haua (Taumaranui)
- 9.4 Ngāti Hauiti

# 10. Manawatū/Horowhenua/Te Whanganui-a-Tara (Manawatū/Horowhenua/Wellington) Region

- 10.1 Te Atiawa (Wellington)
- 10.2 Te Atiawa ki Whakarongotai
- 10.3 Muaūpoko
- 10.4 Rangitāne (Manawatū)
- 10.5 Ngāti Raukawa (Horowhenua/Manawatū)
- 10.6 Ngāti Toarangatira (Wellington)

# 11. Te Waipounamu/Wharekauri (South Island/Chatham Islands) Region

- 11.1 Ngāti Apa ki Te Wai Pounamu
- 11.2 Te Atiawa (South Island)
- 11.3 Ngāti Koata
- 11.4 Ngāti Kuia
- 11.5 Kati Mamoe
- 11.6 Moriori
- 11.7 Ngāti Mutunga (Chatham Islands)
- 11.8 Rangitāne (South Island)
- 11.9 Ngāti Rārua
- 11.10 Ngāi Tahu/Kai Tahu
- 11.11 Ngāti Tama (South Island)
- 11.12 Ngāti Toarangatira (South Island)
- 11.13 Waitahā

- 1. Aotea
- 2. Kurahaupo
- 3. Mataatua
- 4. Tainui
- 5. Takitimu
- 6. Te Arawa
- 7. Horouta
- 8. Tokomaru
- 9. Other

- 1. One generation (parents)
- 2. Two generations (grandparents)
- 3. Three generations (great grandparents)
- 4. More than three generations

No Part 0	Very Small Part		Small Part			Large Part			Very Large Part	
	1	2	3	4	5	6	7	8	9	10

- 1. Very strong links with each other
- 2. Strong links with each other
- 3. Weak links with each other
- 4. Very weak links with each other

- 1. **Very well** (I can talk about almost anything in Māori)
- 2. **Well** (I can talk about many things in Māori)
- 3. Fairly Well (I can talk about some things in Māori)
- Not Very Well (I can only talk about simple/basic things in Māori)
- 5. No more than a few words or phrases

- 1. Very well (I can read about almost anything in Māori)
- 2. **Well** (I can read many things in Māori)
- 3. **Fairly Well** (I can read some things in Māori)
- 4. Not Very Well (I can read only simple/basic things in Māori)
- 5. No more than a few words or phrases

- 1. **Very well** (I can write almost anything in Māori)
- 2. **Well** (I can write many things in Māori)
- 3. **Fairly Well** (I can write some things in Māori)
- 4. Not Very Well (I can only write simple/basic things in Māori)
- 5. No more than a few words or phrases

- 1. **Very well** (I can understand almost anything said in Māori)
- 2. **Well** (I can understand many things said in Māori)
- 3. **Fairly well** (I can understand some things said in Māori)
- 4. **Not very well** (I can understand only simple/basic things said in Māori)
- 5. No more than a few words or phrases

# Which of these people live in the same household as you?

- 1. My legal husband or wife
- 2. My partner or de facto, boyfriend or girlfriend
- 3. My son(s) and/or daughter(s), or partner's son(s)/daughter(s)
- 4. My mother and/or father, or parent's spouse or partner
- 5. My sister(s) and/or brother(s)
- 6. My flatmates
- 7. Cousins by marriage or blood
- 8. Boarders
- 9. Others (specify)
- 10. None of the above, live alone