OBSESSIVE-COMPULSIVE DISORDER SECTION – NZ SECTION 19

*O1.	Some people have repeated unpleasant thoughts or impulses that they can't get out of their heads that make these people feel compelled to behave in repetitive ways. For example, some people have the idea that their hands are dirty no matter how much they wash them. This often leads these people to wash their hands again and again many times a day. (READ SLOWLY.) Did you ever have a period of time in your life lasting two weeks or longer when most days you experienced any of the following unpleasant thoughts, images, or impulses, or repeated behaviours that you felt compelled to do:							
		YES (1)	NO (5)	DK (8)	RF (9)			
*O1a.	A recurrent concern about dirt, germs, contamination, or feeling compelled to repeatedly wash, clean, or decontaminate things? (Did you ever have any of these experiences?) (KEY PHRASE: concerns about germs or contamination)	1	5	8	9			
*O1b.	A recurrent impulse either to check things like locks or stoves, or to go back over things in your mind to make sure that a mistake was not made? (KEY PHRASE: impulses to check things)	1	5	8	9			
*O1c.	A recurrent impulse either to line things up, to order or arrange things, to touch things, to count things, or to do things in an exactly defined order? (KEY PHRASE: impulses to order things)	1	5	8	9			
*O1d.	A compulsion to save things or being unable to throw things away that you no longer need? (KEY PHRASE: impulses to save things)	1	5	8	9			
*O1e.	Recurrent sexual or religious thoughts, images, or impulses that you found unpleasant, intrusive, and disturbing? (KEY PHRASE: unpleasant thoughts about sexual or religious things)	1	5	8	9			
*O1f.	Recurrent unpleasant thoughts about right and wrong, or a compulsion to pray over and over to ask forgiveness? (KEY PHRASE: unpleasant thoughts about morality or sin)	1	5	8	9			
*O1g.	Impulses to do terrible things to people or recurrent concerns that you might do something terrible? (KEY PHRASE: concerns that you might do something terrible)	1	5	8	9			
*O1h.	A recurrent concern that you or someone close to you had a terrible illness that hadn't yet caused any symptoms? (KEY PHRASE: concerns about terrible illness)	1	5	8	9			
*O1i.	Any other recurrent and bothersome thoughts, images, impulses, or compulsions to do certain things over and over that are excessive or unrealistic? (KEY PHRASE: (and other) recurrent thoughts or compulsions to do things over and over)	1	5	8	9			

*O2. INTERVIEWER CHECKPOINT: (SEE *O1a - *O1i)

	life when these experiences were most frequent. On the days you had them, about how many minutes or hours each day did you spend either with these unpleasant thoughts, images, or impulses on your mind, or carrying out repeated behaviours or repeated mental acts that you felt compelled to do?
	PROBE FINAL DK: Was it at least 60 minutes a day?
	NUMBER
	CIRCLE UNIT OF TIME: MINUTES1 HOURS2
	DON'T KNOW
*O4.	INTERVIEWER CHECKPOINT: (SEE *O3)
	LESS THAN 60 MINUTES
*O5.	You mentioned a number of the experiences I just listed. Think of the time in your life when these experiences were most frequent. On the days you had them, about how many minutes or hours each day did you spend either with these unpleasant thoughts, images, or impulses on your mind, or carrying out repeated behaviours or repeated mental acts that you felt compelled to do?
	PROBE FINAL DK: Was it at least 60 minutes a day?
	NUMBER
	CIRCLE UNIT OF TIME: MINUTES1 HOURS2
	DON'T KNOW98 REFUSED99
*O6.	INTERVIEWER CHECKPOINT: (SEE *O5)
	LESS THAN 60 MINUTES
*O7.	How much of that (TIME FROM *O3 OR *O5) did you usually spend with unpleasant thoughts, images, or impulses on your mind – all, most, some, a little, or none of that time?
	ALL

You mentioned (KEY PHRASES OF ALL 'YES' RESPONES IN *O1 SERIES). Think of the time in your

*O3.

*O8.	And how much of that (TIME FROM *O3 OR *O5) did you usually spend carrying out repetitive behaviours or mental acts – all, most, some, a little, or none of that time?								
	ALL								
*O9.	INTERVIEWER CHECKPOINT: (SEE *O7)								
	*O7 EQUALS 1-41 ALL OTHERS2 GO TO *O21								
*O10.	The next few questions are about the thoughts, images, and impulses. How often did you ever consider these things to be excessive or unreasonable – all the time, most of the time, sometimes, only rarely, or never?								
	ALL								
	*O10a. Did you ever pay more attention to these thoughts, images, or impulses than they deserved?								
	YES								
*O11.	Did these thoughts, images, or impulses ever make you very upset or anxious? YES								

*O12.	How much did these thoughts, images, or impulses ever interfere with either your work, your social life, or your personal relationships not at all, a little, some, a lot, or extremely?						
	NOT AT ALL 1 A LITTLE 2 SOME 3 A LOT 4 EXTREMELY 5 DON'T KNOW 8 REFUSED 9	GO TO *013					
*O13.	Some people try to get unpleasant things like this out of their mind by ignoring them, by thinking of other things, by staying busy, or by acting on the impulses. How often did you do things like this in an effort to get the thoughts, images, or impulses out of your mind – often, sometimes, only rarely, or never?						
	OFTEN1 SOMETIMES2						
	ONLY RARELY3						
	NEVER4 DON'T KNOW8	GO TO *015					
	REFUSED9	GO TO *015 GO TO *015					
*O14.	Were the thoughts, images, or impulses ever so strong that you could not get them out of your mind no matter how hard you tried?						
	YES1	GO TO *O16					
	NO5						
	DON'T KNOW8 REFUSED9						
*O15.	INTERVIEWER CHECKPOI	NT: (SEE * O8)					
	* 08 EQUALS 1-41	GO TO *O22					
	ALL OTHERS2	GO TO *071					

*O16.	Did you have two weeks or longer in the past 12 months when you had these thoughts, images, or impulses most days?							
	YES	1						
		5 GO TO *O16c						
		KNOW8 GO TO *O16c						
	REFUSED							
	*O16a.	How recently? Was it:						
		during the past month? more than a month to six months ago? or more than six months ago?						
		PAST MONTH						
		MORE THAN A MONTH TO SIX MONTHS AGO						
		DON'T KNOW						
		REFUSED9						
	*O16b.	About how many weeks altogether in the past 12 months did you have these experiences <u>most days</u> ?						
		WEEKS GO TO *O17						
		DON'T KNOW998 GO TO *O17						
		REFUSED999 GO TO *O17						
	*O16c.	How old were you the last time you had a period of time lasting two weeks or longer when you had these experiences most days?						
		YEARS OLD GO TO *O21						
		DON'T KNOW						
*O17.		ast 12 months, on average about how many minutes or hours each day were you occupied by these s, images, or impulses on the days you had them?						
	PROBE	FINAL DK: Was it at least 60 minutes a day?						
		NUMBER						
	CIRCLI	E UNIT OF TIME: MINUTES1 HOURS2						
		KNOW98 ED99						
*O18.		n the past 12 months, how much did these thoughts, images, or impulses upset you or make you not at all, a little, some, a lot, or extremely?						
		Γ ALL1						
		LE2						
		3						
		4 MELY5						
		MELY8						
		ED9						

*O19.	During the past 12 months, how much of an effort did you make to resist these thoughts, images, or impulses - none, a little, some, a lot, or an extreme effort?							
	NONE 1 GO TO *O21 A LITTLE 2 SOME 3 A LOT 4 EXTREME 5 DON'T KNOW 8 REFUSED 9							
*O20.	And when you tried to resist them, how much control did you have over these thoughts, images, or impulses - none, a little, some, a lot, or total control? NONE							
*O21.	INTERVIEWER CHECKPOINT: (SEE *08) *08 EQUALS 1-4							
*O22.	The next few questions are about the repeated behaviours or repeated mental acts that you felt compelled to do. Did you ever consider these behaviours excessive or unreasonable? YES							
	*O22a. Did you ever think these behaviours were useless or unnecessary, or that you overdid them? YES							
*023.	Did you ever feel that something bad might happen if you did not carry out these behaviours? YES							

*O24.	How much did doing these things over and over ever interfere with either your work, your social life, or your personal relationships not at all, a little, some, a lot, or extremely?							
	NOT AT ALL							
	*O24a. How often were you unable to carry out your daily activities because of these behaviours often, sometimes, only rarely, or never?							
	OFTEN							
*O25.	Did you ever try to resist doing these things over and over?							
	YES							
	*O25a. Were the impulses or urges to carry out these behaviours ever so strong that you could not resist them no matter how hard you tried?							
	YES							
*O26.	Did you ever get very upset when you were prevented from carrying out these behaviours?							
	YES							
	GO TO *O28							
*O27.	INTERVIEWER CHECKPOINT: (SEE *O14)							
	*O14 EQUALS 'YES'1 GO TO *O34 ALL OTHERS2 GO TO *O71							

*O28.	Did you have two weeks or longer in the past 12 months when you carried out these repeated behaviours or mental acts <u>most days</u> ?								
	YES1								
		5 GO TO *O28c							
	DON'T	KNOW8 GO TO *O28c							
	REFUSED9 GO TO *O28c								
	*O28a. How recently?								
		Was it:							
		during the past month?							
		more than a month to six months ago? or more than six months ago?							
		of more than six months ago:							
		PAST MONTH 1							
		MORE THAN A MONTH TO SIX MONTHS AGO2							
		MORE THAN SIX MONTHS AGO							
		DON'T KNOW 8							
		REFUSED 9							
	*O28b.	About how many weeks in the past 12 months did you carry out these repeated behaviours or mental acts?							
		WEEKS GO TO *O29							
		DON'T KNOW998 GO TO *O29							
		REFUSED							
	*O28c.	How old were you the last time you had a period of time lasting two weeks or longer when you carried out these repeated behaviours or mental acts <u>most days</u> ?							
		YEARS OLD GO TO *O33							
		DON'T KNOW998 GO TO *O33 REFUSED999 GO TO *O33							
*O29.	In the past 12 months, on average, about how many minutes or hours each day did you spend carrying out these behaviours or mental acts during the days you did them?								
		NUMBER							
	CIRCLE UNIT OF TIME: MINUTES1 HOURS2								
	DON'T KNOW98								
	REFUSED99								
*O30.	Again, in the past 12 months, how much did these behaviours or mental acts upset you or make you anxious not at all, a little, some, a lot, or extremely?								
	NOT A	T ALL1							
		LE2							
		3							
		4							
		EMELY5 GO TO *O31							
	DON I	KNOW8 FD 9							

*O30a.	In the past 12 months, how upset did you get when something prevented you from performing these behaviours or mental acts when you felt compelled to do so – not at all, a little, some, a lot, or extremely?
	NOT AT ALL
*O31.	During the past 12 months, how much of an effort did you make to resist doing these things none, a little, some, a lot, or an extreme effort?
	NONE 1
*O32.	And when you tried to resist them, how much control did you have over doing them none, a little, some, a lot, or total control? NONE
*O33.	INTERVIEWER CHECKPOINT: (SEE *O14) *O14 EQUALS 'YES'1 GO TO *O35 ALL OTHERS2 GO TO *O36
*O34.	INTERVIEWER INSTRUCTION: USE THE PHRASE "THOUGHTS, IMAGES OR IMPULSES" FOR THE REMAINDER OF THE SECTION. DO NOT REFER TO BEHAVIORS. GO TO *O37a
*035.	INTERVIEWER INSTRUCTION: USE THE PHRASE "THOUGHTS, IMAGES, IMPULSES OR BEHAVIORS" FOR THE REMAINDER OF THE SECTION. GO TO *O37a
*O36.	INTERVIEWER INSTRUCTION: USE THE PHRASE "BEHAVIORS" FOR THE REMAINDER OF THE SECTION. DO NOT REFER TO THOUGHTS, IMAGES, OR IMPULSES.

*O37a.	Experiences of this sort sometimes occur as a result of physical causes such as physical illness or injury or the use of medication, drugs, or alcohol. Do you think your (unpleasant thoughts, images or impulses/ unpleasant thoughts, images, impulses or repeated behaviours/ repeated behaviours) ever occurred as a result of such physical causes?
	YES
*O37b.	Do you think they were <u>always</u> the result of physical causes?
	YES
*O37c.	What were these physical causes?
	CHECK ALL MENTIONS
	PHYSICAL ILLNESS/INJURY EXHAUSTION
	ALCOHOL12
	OTHER NO DEFINITIVE DIAGNOSIS 81 OTHER (SPECIFY BELOW) 82 DON'T KNOW 98 REFUSED 99
	SPECIFY

*O45.	Think of the very first time in your life you had a period of time lasting two weeks or longer when most days you experienced (unpleasant thoughts, images or impulses/ unpleasant thoughts, images, impulses or repeated behaviours you felt compelled to do/ repeated behaviours you felt compelled to do). Can you remember your exa age?								
	YES								
	*O45a. (IF NEC: How old were you?)								
	YEARS OLD GO TO *O46								
	DON'T KNOW998 GO TO *O46 REFUSED999 GO TO *O46								
	*O45b. About how old were you (the first time you had a period of time of this sort)?								
	IF "ALL MY LIFE" OR "AS LONG AS I CAN REMEMBER," PROBE: Was it before you first started school?								
	IF NOT YES, PROBE: Was it before you were a teenager?								
	YEARS OLD								
	BEFORE STARTED SCHOOL								
*O46.	How many different years in your life did you have a period of time lasting two weeks or longer when you had these experiences most days?								
	YEARS								
	DON'T KNOW998 REFUSED999								
*O47.	What is the longest continuous number of weeks, (or) months, (or years) in a row when you had these experiences most days?								
	NUMBER								
	CIRCLE UNIT OF TIME: WEEKS1 MONTHS2 YEARS 3								
	DON'T KNOW								
*O48.	INTERVIEWER CHECKPOINT: (SEE *O16, *O28)								
	*O16 OR *O28 EQUAL 'YES'1 ALL OTHERS2 GO TO *O52								

No Interference Mild				Moderate				Severe	Very Severe Interference	
0	1	2	3	4	5	6	7	8	9	10

*O49. (Showcard 40) Think about the month or longer in the past 12 when your (unpleasant thoughts, images or impulses/ unpleasant thoughts, images, impulses or repeated behaviours/ repeated behaviours) were most severe. Using a 0 to 10 scale on your showcard 40, where 0 means no interference and 10 means very severe interference, what number describes how much these (unpleasant thoughts, images or impulses/ unpleasant thoughts, images, impulses or repeated behaviours/ repeated behaviours) interfered with each of the following activities during that time? Please tell me if any of these do not apply to you.

(IF NEC: How much did these (unpleasant thoughts, images or impulses/ unpleasant thoughts, images, impulses or repeated behaviours/ repeated behaviours) interfere with (ACTIVITY) during that time?)

(IF NEC: You can use any number between 0 and 10 to answer.)

*O49a.	Your home responsibilities, like cleaning, shopping, and taking care of the (house/flat/apartmen	t)?
		DOES NOT APPLY .97 DON'T KNOW .98 REFUSED .99
*O49b.	Your ability to work or study?	
		DOES NOT APPLY
*O49c.	Your ability to form and maintain <u>close</u> relationships with other people?	
		DOES NOT APPLY.97DON'T KNOW.98REFUSED.99
*O49d.	Your social life?	
		DOES NOT APPLY 97 DON'T KNOW 98 REFUSED 99

	`		,		
A	LL FOUR RESPONSES	TO * O 49a - * O 49d	SERIES EQUAL '	0' OR '97' 1	GO TO *O52
	LL OTHERS				

*O50. INTERVIEWER CHECKPOINT: (SEE *O49a - *O49d)

NUMBER (0-10)

	(IF NEC: You can use any number between 0 and 365 to answer.)				
	NUMBER OF DAYS				
	DON'T KNOW				
•	NTERVIEWER CHECKPOINT: (SEE RESPONDENT'S ID NUMBER)				
	R'S ID NUMBER ENDS IN XX YY (31-50) **	6c)			
	INTERVIEWER CHECKPOINT: (SEE *O37)				
	"YES" RESPONSE IN *O37a				
	O53a. Did you ever in your life talk to a medical doctor or other professional about these (unpleasant thoughts,	_			
	images or impulses/unpleasant thoughts, images, impulses or repeated behaviours/repeated behaviours)? (By other professional we mean psychologists, counsellors, spiritual advisors, herbalists, naturopaths, homeopaths, acupuncturists, and other healing professionals).				
	(By other professional we mean psychologists, counsellors, spiritual advisors, herbalists, naturopaths, homeopaths, acupuncturists, and other healing professionals). YES1				
	(By other professional we mean psychologists, counsellors, spiritual advisors, herbalists, naturopaths, homeopaths, acupuncturists, and other healing professionals). YES				
	(By other professional we mean psychologists, counsellors, spiritual advisors, herbalists, naturopaths, homeopaths, acupuncturists, and other healing professionals). YES1				
	(By other professional we mean psychologists, counsellors, spiritual advisors, herbalists, naturopaths, homeopaths, acupuncturists, and other healing professionals). YES	-			
-	(By other professional we mean psychologists, counsellors, spiritual advisors, herbalists, naturopaths, homeopaths, acupuncturists, and other healing professionals). YES	 ?			
-	(By other professional we mean psychologists, counsellors, spiritual advisors, herbalists, naturopaths, homeopaths, acupuncturists, and other healing professionals). YES	- ?			

*O67.	Did you ever get treatment for these (unpleasant thoughts, images or impulses/ unpleasant thoughts, images, impulses or repeated behaviours/ repeated behaviours) that you considered helpful or effective ?				
	YES	1			
		5 GO TO *O67c			
		NOW 8 GO TO *O67c			
	REFUSEI	9 GO TO *O67c			
	*O67a.	How old were you the <u>first time</u> (you got <u>helpful</u> treatment for these [unpleasant thoughts, images or impulses/ unpleasant thoughts, images, impulses or repeated behaviours/ repeated behaviours])? YEARS OLD			
		DON'T KNOW998 REFUSED999			
	*O67b.	How many professionals did you <u>ever</u> talk to about these (unpleasant thoughts, images or impulses/unpleasant thoughts, images, impulses or repeated behaviours/ repeated behaviours), up to and including the first time you got helpful treatment?			
		NUMBER OF PROFESSIONALS GO TO *O69			
		DON'T KNOW			
	*O67c.	How many professionals did you <u>ever</u> talk to about these (unpleasant thoughts, images or impulses/unpleasant thoughts, images, impulses or repeated behaviours/repeated behaviours)?			
		NUMBER OF PROFESSIONALS			
		DON'T KNOW98 REFUSED99			
*O69.		eceive professional treatment for these (unpleasant thoughts, images or impulses/ unpleasant thoughts, impulses or repeated behaviours/ repeated behaviours) at any time in the past 12 months?			
	YES	1			
		5			
		NOW8			
	REFUSEL)9			
*O70.		ever hospitalised overnight for these (unpleasant thoughts, images or impulses/ unpleasant thoughts, impulses or repeated behaviours/ repeated behaviours)?			
	YES	1			
		5 GO TO *O71			
		NOW			
		ow old were you the first time (you were hospitalised overnight because of these [unpleasant thoughts, ages or impulses/ unpleasant thoughts, images, impulses or repeated behaviours/ repeated behaviours])?			
		YEARS OLD			
		ON'T KNOW998 EFUSED999			

	unpleasant thoughts, images, impulses or repeated behaviours/ repeated behaviours)?
	NUMBER OF TIMES
	DON'T KNOW998 REFUSED999
O71.	INTERVIEWER CHECKPOINT: (SEE RESPONDENT'S ID NUMBER)
	ALL

END OF SECTION