

**MANIA (M) NZ SECTION 3**

**\*M1.** Earlier in the interview you mentioned having an episode lasting four days or longer when you felt much more excited and full of energy than usual and your mind went too fast. (READ SLOWLY) People who have episodes like this often have changes in their thinking and behaviour at the same time, like being more talkative, needing very little sleep, being very restless, going on buying sprees, and behaving in ways they would normally think are inappropriate. Did you ever have any of these changes during your episodes of being excited and full of energy?

- YES..... 1 **GO TO \*M3**
- NO ..... 5
- DON'T KNOW..... 8
- REFUSED..... 9

**\*M2.** INTERVIEWER CHECKPOINT: (SEE \*SC25)

- \*SC25 EQUALS '1' .....1 **GO TO \* M54**
- ALL OTHERS.....2 **GO TO \*M54**

**\*M3.** Please think of the one episode when you were very excited and full of energy and you had the largest number of changes like these at the same time. Is there one episode of this sort that stands out in your mind?

- YES..... 1
- NO ..... 5 **GO TO \*M3c**
- DON'T KNOW..... 8 **GO TO \*M3c**
- REFUSED..... 9 **GO TO \*M3c**

**\*M3a.** How old were you when that episode occurred?

- \_\_\_\_\_ YEARS OLD
- DON'T KNOW .....998
- REFUSED .....999

**\*M3b.** How long did that episode last?

- \_\_\_\_\_ NUMBER **GO TO \*M4**
- CIRCLE UNIT OF TIME: HOURS... 1 DAYS....2 WEEKS ...3 MONTHS .... 4 YEARS...5
- DON'T KNOW ..... 9998 **GO TO \*M4**
- REFUSED ..... 9999 **GO TO \*M4**

**\*M3c.** Then think of the most recent time you had an episode like this. How old were you when that most recent episode occurred?

- \_\_\_\_\_ YEARS OLD
- DON'T KNOW .....998
- REFUSED .....999

**\*M3d.** How long did that episode last?

- \_\_\_\_\_ NUMBER
- CIRCLE UNIT OF TIME: HOURS... 1 DAYS....2 WEEKS ...3 MONTHS .... 4 YEARS...5
- DON'T KNOW ..... 9998
- REFUSED ..... 9999

\*M4. During that episode, which of the following behaviour changes did you experience: were you so irritable or grouchy that you started arguments, shouted at people, or hit people?

- YES.....1
- NO .....5
- DON'T KNOW.....8
- REFUSED.....9

INTERVIEWER INSTRUCTION: USE THE PHRASE “EXCITED AND FULL OF ENERGY” THROUGHOUT THIS SECTION

**GO TO \*M7a**

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\*M5. Earlier in the interview you mentioned having episodes lasting four days or longer when you became so irritable or grouchy that you started arguments, shouted at people, or hit people.  
(READ SLOWLY) People who have episodes of irritability like this often have changes in their thinking and behaviour at the same time, like being more talkative, needing very little sleep, being very restless, going on buying sprees and behaving in ways they would normally think are inappropriate. Did you ever have any of these changes during your episodes of being very irritable or grouchy?

- YES.....1
- NO .....5 **GO TO \* M54**
- DON'T KNOW.....8 **GO TO \* M54**
- REFUSED.....9 **GO TO \* M54**

\*M6. Please think of the episode of four days or more when you were very irritable or grouchy and you had the largest number of changes like these at the same time. Is there one episode of this sort that stands out in your mind?

- YES.....1
- NO .....5 **GO TO \*M6c**
- DON'T KNOW.....8 **GO TO \*M6c**
- REFUSED.....9 **GO TO \*M6c**

\*M6a. How old were you when that episode occurred?

\_\_\_\_\_ YEARS OLD

- DON'T KNOW .....998
- REFUSED .....999

\*M6b. How long did that episode last?

\_\_\_\_\_ NUMBER **GO TO \*M7**

CIRCLE UNIT OF TIME: HOURS...1 DAYS....2 WEEKS ...3 MONTHS .....4 YEARS...5

- DON'T KNOW ..... 998 **GO TO \*M7**
- REFUSED ..... 999 **GO TO \*M7**

INTERVIEWER INSTRUCTION: USE THE PHRASE “IRRITABLE OR GROUCHY” THROUGHOUT THIS SECTION

**\*M6c.** Then think of the most recent time you had an episode like this. How old were you when that most recent episode occurred?

\_\_\_\_\_ YEARS OLD

DON'T KNOW .....998

REFUSED .....999

**\*M6d.** How long did that episode last?

\_\_\_\_\_ NUMBER

CIRCLE UNIT OF TIME: HOURS... 1 DAYS.....2 WEEKS ...3 MONTHS ..... 4 YEARS...5

DON'T KNOW ..... 998

REFUSED ..... 999

INTERVIEWER INSTRUCTION: USE THE PHRASE "IRRITABLE OR GROUCHY" THROUGHOUT THIS SECTION

<b>*M7.</b> During that episode, which of the following changes did you experience:	<b>YES (1)</b>	<b>NO (5)</b>	<b>DK (8)</b>	<b>RF (9)</b>
<b>*M7a.</b> Did you become so restless or fidgety that you paced up and down or couldn't stand still?  (KEY PHRASE: being restless)	1	5	8	9
<b>*M7b.</b> Were you a lot more interested in sex than usual, or did you want to have sexual encounters with people you wouldn't ordinarily be interested in?  (KEY PHRASE: having a lot more interest in sex than usual)	1	5	8	9
<b>*M7c.</b> Did you become overly friendly or outgoing with people?	1	5	8	9
<b>*M7d.</b> Did you behave in any other way that you would ordinarily think is inappropriate - maybe talking about things you would normally keep private, or acting in ways that you'd usually find embarrassing?  (KEY PHRASE: behaving inappropriately)	1	5	8	9
<b>*M7e.</b> Did you try to do things that were impossible to do, like taking on large amounts of work?  (KEY PHRASE: trying to accomplish unrealistic goals)	1	5	8	9
<b>*M7f.</b> Did you talk a lot more than usual or feel a need to keep talking all the time?  (KEY PHRASE: talking a lot more than usual)	1	5	8	9
<b>*M7g.</b> Did you constantly keep changing your plans or activities?  (KEY PHRASE: constantly changing plans)	1	5	8	9
<b>*M7h.</b> Were you so easily distracted that any little interruption could get your thinking 'off track'? (KEY PHRASE: easily distracted)	1	5	8	9
<b>*M7i.</b> Did your thoughts seem to jump from one thing to another or race through your head so fast you couldn't keep track of them?  (KEY PHRASE: thoughts racing)	1	5	8	9
<b>*M7j.</b> Did you sleep far less than usual and still not get tired or sleepy?  (KEY PHRASE: sleeping far less than usual)	1	5	8	9
<b>*M7k.</b> Did you get involved in foolish investments or schemes for making money?  (KEY PHRASE: getting involved in foolish schemes)	1	5	8	9

	<b>YES (1)</b>	<b>NO (5)</b>	<b>DK (8)</b>	<b>RF (9)</b>
*M7l. Did you spend so much more money than usual that it caused you to have financial trouble?  (KEY PHRASE: getting into financial trouble)	1	5	8	9
*M7m. Were you interested in seeking pleasure in ways that you'd usually consider risky – like casual or unsafe sexual activity, buying sprees, or reckless driving?  (KEY PHRASE: doing risky things)	1	5	8	9
*M7n. Did you have a greatly exaggerated sense of self-confidence or believe you could do things you really couldn't do?  (KEY PHRASE: having too much self-confidence)	1	5	8	9
*M7o. Did you have the idea that you were actually someone <u>else</u> , or that you had a special connection with a famous person that you really <u>didn't</u> have?  (KEY PHRASE: believing you were someone else or somehow connected to a famous person)	1	5	8	9

\*M8. INTERVIEWER CHECK POINT: (SEE \*M7a-o)

THREE OR MORE RESPONSES CODED '1' ..... 1

ALL OTHERS ..... 2      **GO TO \*M54**

**\*M9.** Let me review. You had episodes when you were very (excited and full of energy/irritable or grouchy) and also had some problems like (KEY PHRASE OF 3 “YES” RESPONSES IN \*M7 SERIES). How much did these episodes ever interfere with either your work, your social life, or your personal relationships – not at all, a little, some, a lot, or extremely?

- NOT AT ALL ..... 1    **GO TO \*M54**
- A LITTLE ..... 2    **GO TO \*M54**
- SOME ..... 3
- A LOT ..... 4
- EXTREMELY ..... 5
- DON’T KNOW ..... 8
- REFUSED ..... 9

**\*M9a.** How often during these episodes were you unable to carry out your normal daily activities – often, sometimes, only rarely, or never?

- OFTEN ..... 1
- SOMETIMES ..... 2
- ONLY RARELY ..... 3
- NEVER ..... 4
- DON’T KNOW ..... 8
- REFUSED ..... 9

**\*M9b.** Did other people say anything or worry about the way you were acting?

- YES ..... 1
- NO ..... 5
- DON’T KNOW ..... 8
- REFUSED ..... 9

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**\*M10a.** Episodes of this sort sometimes occur as a result of physical causes such as physical illness or injury or the use of medication, drugs, or alcohol. Do you think your episodes ever occurred as the result of such physical causes?

- YES ..... 1
- NO ..... 5    **GO TO \*M18**
- DON’T KNOW ..... 8    **GO TO \*M18**
- REFUSED ..... 9    **GO TO \*M18**

**\*M10b.** Do you think all of your episodes were the result of physical causes?

- YES ..... 1
- NO ..... 5    **GO TO \*M18**
- DON’T KNOW ..... 8    **GO TO \*M18**
- REFUSED ..... 9    **GO TO \*M18**

**\*M10c.** Briefly, what were the physical causes?

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**\*M18.** Think of the very first time in your life you had an episode lasting four days or longer when you became very (excited and full of energy/irritable or grouchy) and also had some of the behaviour changes you just reported. Can you remember your exact age?

YES..... 1  
NO ..... 5 **GO TO \*M18b**  
DON'T KNOW..... 8 **GO TO \*M18b**  
REFUSED..... 9 **GO TO \*M18b**

\*M18a. (IF NEC: How old were you?)

\_\_\_\_\_ YEARS OLD **GO TO \*M18c**

DON'T KNOW .....998  
REFUSED .....999

**\*M18b.** About how old were you the first time you had an episode of this sort?

IF "ALL MY LIFE" OR "AS LONG AS I CAN REMEMBER,"  
PROBE: Was it before you first started school?

IF NOT YES, PROBE: Was it before you were a teenager?

\_\_\_\_\_ YEARS OLD

BEFORE STARTED SCHOOL .....4  
BEFORE TEENAGER .....12  
NOT BEFORE TEENAGER.....13  
WHOLE LIFE OR DON'T KNOW .....998  
REFUSED .....999

**\*M18c.** Was that episode brought on by some stressful experience? Or did it happen out of the blue, for no obvious reason?

BROUGHT ON BY STRESS ..... 1  
OUT OF THE BLUE, FOR NO OBVIOUS REASON ..... 2  
DON'T REMEMBER ..... 5  
DON'T KNOW ..... 998  
REFUSED ..... 999

\*M18d. About how long did that episode go on?

\_\_\_\_\_ NUMBER

CIRCLE UNIT OF TIME: HOURS... 1 DAYS.....2 WEEKS ...3 MONTHS ..... 4 YEARS...5

DON'T KNOW ..... 998  
REFUSED ..... 999

**\*M19.** Did you have one of these episodes at any time in the past 12 months?

YES.....1  
NO .....5     **GO TO \*M19d**  
DON'T KNOW.....8     **GO TO \*M19d**  
REFUSED.....9     **GO TO \*M19d**

**\*M19a.** How recently?

Was it:

during the past month?

more than a month to six months ago?

more than six months ago?

DURING THE PAST MONTH ..... 1  
MORE THAN A MONTH TO SIX MONTHS AGO ..... 2  
MORE THAN SIX MONTHS AGO..... 3  
DON'T KNOW ..... 8  
REFUSED ..... 9

**\*M19b.** How many episodes did you have in the past 12 months?

\_\_\_\_\_ NUMBER

DON'T KNOW ..... 998

REFUSED ..... 999

**\*M19c.** How many weeks in the past 12 months were you in (this episode/one of these episodes)

\_\_\_\_\_ NUMBER     **GO TO \*M20**

DON'T KNOW ..... 998     **GO TO \*M20**

REFUSED ..... 999     **GO TO \*M20**

**\*M19d.** How old were you the last time you had one of these episodes?

\_\_\_\_\_ YEARS OLD

DON'T KNOW ..... 998

REFUSED ..... 999

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**\*M20.** How many episodes lasting a full week or longer have you ever had in your life?

\_\_\_\_\_ NUMBER

DON'T KNOW.....998

REFUSED.....999

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**\*M21.** How many episodes lasting less than one week have you ever had in your life?

\_\_\_\_\_ NUMBER

DON'T KNOW.....998

REFUSED.....999



\*M21a. Interviewer Checkpoint: (SEE \*M20, \*M21)

SUM OF EPISODES IN \*M20 AND \*M21 EQUALS ONE ..... 1    **GO TO \*M26**  
ALL OTHERS ..... 2

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\*M21.1. How many of your episodes were brought on by some stressful experience?

\_\_\_\_\_ NUMBER

DON'T KNOW.....998

REFUSED.....999

\*M22. How long was the longest episode you ever had?

\_\_\_\_\_ NUMBER

CIRCLE UNIT OF TIME:    HOURS ..... 1    DAYS..... 2    WEEKS..... 3    MONTHS..... 4    YEARS...5

DON'T KNOW.....99998

REFUSED.....99999

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\*M23. How many different years in your life did you have at least one episode?

\_\_\_\_\_ YEARS

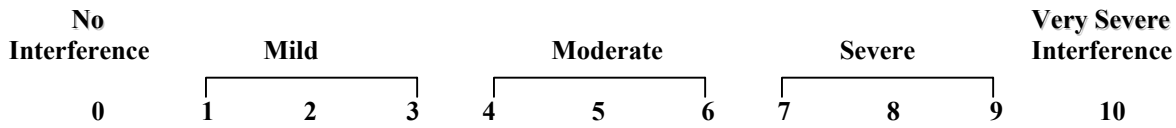
DON'T KNOW.....998

REFUSED.....999

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\*M26. INTERVIEWER CHECKPOINT: (SEE \*M19)

\*M19 EQUALS '1' ..... 1  
ALL OTHERS ..... 2    **GO TO \*M33**



\*M27. ( Showcard 40) Think about the month or longer in the past 12 when your episode(s) of being very (excited and full of energy/ irritable or grouchy) (was/were) most severe. Using the 0 to 10 scale on your showcard 40, where 0 means no interference and 10 means very severe interference, what number describes how much your episode(s) of being very (excited and full of energy/ irritable or grouchy) interfered with each of the following activities during that time? Please tell me if any of these things do not apply to you.

(IF NEC: How much did your episode(s) of being very (excited and full of energy/ irritable or grouchy) interfere with (ACTIVITY) during that time?)  
 (IF NEC: You can use any number between 0 and 10 to answer.)

NUMBER (0-10)

\*M27a. Your home responsibilities, like cleaning, shopping, and taking care of the (house/flat apartment)? \_\_\_\_\_

DOES NOT APPLY ..... 97  
 DON'T KNOW ..... 98  
 REFUSED ..... 99

\*M27b. Your ability to work or study? \_\_\_\_\_

DOES NOT APPLY ..... 97  
 DON'T KNOW ..... 98  
 REFUSED ..... 99

\*M27c. Your ability to form and maintain close relationships with other people? \_\_\_\_\_

DOES NOT APPLY ..... 97  
 DON'T KNOW ..... 98  
 REFUSED ..... 99

\*M27d. Your social life? \_\_\_\_\_

DOES NOT APPLY ..... 97  
 DON'T KNOW ..... 98  
 REFUSED ..... 99

\*M28. INTERVIEWER CHECKPOINT: (SEE \*M27a - \*M27d)

ALL RESPONSES EQUAL '0' OR '97' ..... 1    **GO TO \*M33**  
 ALL OTHERS..... 2

\*M29. During the past 12 months, about how many days out of those 365 were you totally unable to work or carry out your normal activities because of your episode(s) of being very (excited and full of energy/ irritable or grouchy)?

(IF NEC: You can use any number between 0 and 365 to answer.)

\_\_\_\_\_ NUMBER OF DAYS

DON'T KNOW.....998  
REFUSED.....999

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\*M33. Did you ever in your life talk to a medical doctor or other professional about your episode(s) of being very (excited and full of energy/irritable or grouchy)? (By professional we mean psychologists, counsellors, spiritual advisors, herbalists, naturopaths, homeopaths acupuncturists, and other healing professionals.)

YES..... 1  
NO ..... 5 **GO TO \*M54**  
DON'T KNOW..... 8 **GO TO \*M54**  
REFUSED..... 9 **GO TO \*M54**

\*M33a. How old were you the first time [you talked to a professional about your episode(s) of being very (excited and full of energy/ irritable or grouchy)]?

\_\_\_\_\_ YEARS OLD

DON'T KNOW ..... 998  
REFUSED ..... 999

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\*M45. Did you ever get treatment for your episode(s) of being very (excited and full of energy/ irritable or grouchy) that you considered helpful or effective?

YES..... 1  
NO ..... 5 **GO TO \*M45c**  
DON'T KNOW..... 8 **GO TO \*M45c**  
REFUSED..... 9 **GO TO \*M45c**

\*M45a. How old were you the first time [you got helpful treatment for your episode(s) of being very (excited and full of energy/ irritable or grouchy)]?

\_\_\_\_\_ YEARS OLD

DON'T KNOW ..... 998  
REFUSED ..... 999

\*M45b. How many professionals did you ever talk to about your episode(s) of being very (excited and full of energy/ irritable or grouchy), up to and including the first time you got helpful treatment?

\_\_\_\_\_ NUMBER OF PROFESSIONALS **GO TO \*M47**

DON'T KNOW ..... 98 **GO TO \*M47**  
REFUSED ..... 99 **GO TO \*M47**

**\*M45c.** How many professionals did you ever talk to about your episode(s) of being very (excited and full of energy/ irritable or grouchy)?

\_\_\_\_\_ NUMBER OF PROFESSIONALS

DON'T KNOW ..... 98

REFUSED ..... 99

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**\*M47.** Did you receive professional treatment for your episode(s) of being very (excited and full of energy/ irritable or grouchy) at any time in the past 12 months?

YES..... 1

NO ..... 5

DON'T KNOW..... 8

REFUSED..... 9

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**\*M48.** Were you ever hospitalised overnight for your episode(s) of being very (excited and full of energy/irritable or grouchy)?

YES..... 1

NO ..... 5 **GO TO \*M54**

DON'T KNOW..... 8 **GO TO \*M54**

REFUSED..... 9 **GO TO \*M54**

**\*M48a.** How old were you the first time [you were hospitalised overnight because of your episode(s) of being very (excited and full of energy/ irritable or grouchy)]?

\_\_\_\_\_ YEARS OLD

DON'T KNOW ..... 998

REFUSED ..... 999

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**\*M54.** INTERVIEWER CHECKPOINT: (SEE \*SC20, \*SC20a, \*SC26, \*SC26a, \*SC26b, \*SC28, \*SC29.4, \*SC30.4)

FOLLOW SKIP FOR FIRST ENDORSED ITEM.

**\*SC20** EQUALS '1' ..... 1 **GO TO \*PD1 INTRO 1**

**\*SC20a** EQUALS '1' ..... 2 **GO TO \*PD1 INTRO 2**

**\*SC28** EQUALS '1' ..... 3 **GO TO \*SP1**

**\*SC29.4** EQUALS '1' ..... 4 **GO TO \*SO1**

**\*SC30.4** EQUALS '1' ..... 5 **GO TO \*AG1**

**\*SC26** EQUALS '1' ..... 6 **GO TO \*G1 INTRO 1**

**\*SC26a** EQUALS '1' ..... 7 **GO TO \*G1 INTRO 2**

**\*SC26b** EQUALS '1' ..... 8 **GO TO \*G1 INTRO 3**

ALL OTHERS..... 9 **GO TO \*SD1**