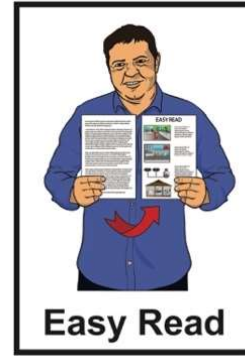




Te Kāwanatanga o Aotearoa
New Zealand Government



MINISTRY OF HEALTH



Te Aka Whai Ora
Māori Health Authority

Summary of Pae Tū – Hauora Māori Strategy 2023



Published: January 2024

What you will find in this document

Page number:



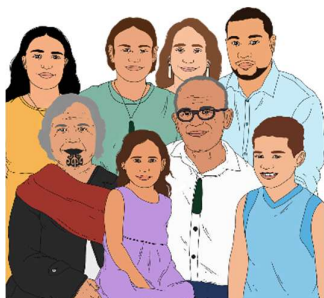
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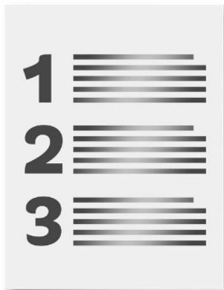


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What is this document about?



This Easy Read document is a **summary** of **Pae Tū – Hauora Māori Strategy 2023**.



A **summary** is:

- shorter than the main report
- tells you the main ideas.



Hauora Māori means Māori health.



A **strategy** is a plan to make things happen over a long time.

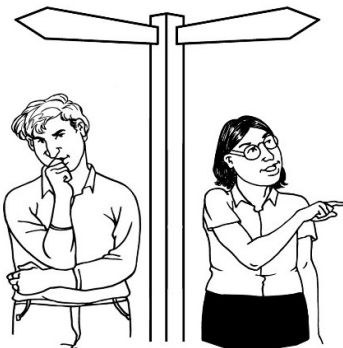


In this document **Pae Tū – Hauora Māori Strategy** will be called **Pae Tū**.

Pae Tū carries on from the work done by:



- **He Korowai Oranga – Māori Health Strategy**
- **Whakamaua – Maori Health Action Plan.**



He Korowai Oranga – Māori Health Strategy was made in 2014 to guide the Government to get the best health care for Māori.

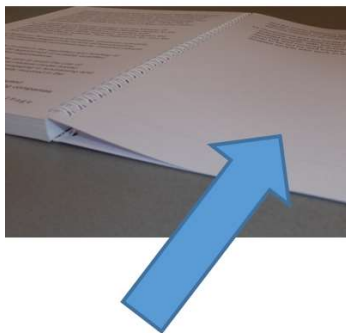


You can find more information about He Korowai Oranga – Māori Health Strategy at this **website**:

tinyurl.com/2tzj74tx



This website is not in Easy Read.



You will find more information about **Whakamaua – Maori Health Action Plan** on pages 11 to 13.

This document has been put together with information from:



- Manatū Hauora – Ministry of Health
- Te Aka Whai Ora – Māori Health Authority.

Te Aka Whai Ora
Māori Health Authority

What is Pae Tū?



Pae Tū is:

- a report
- a **karanga**.



Here **karanga** means asking to talk about things.



Pae Tū asks everyone working in the health system to be **committed** to:

- working together
- **Te Tiriti o Waitangi** / The Treaty of Waitangi.





Committed means:

- caring about something
- working hard to make it happen.



Te Tiriti o Waitangi / The Treaty of Waitangi is a legal document that was signed in 1840.



Te Tiriti / The Treaty is important to Aotearoa New Zealand.



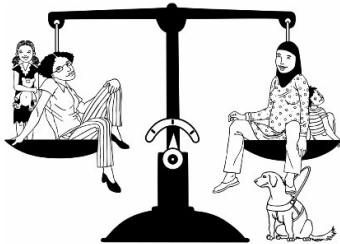
It is about Māori and the New Zealand Government:

- making decisions together
- protecting things that are important to Māori.



Pae Tū also asks everyone working in the health system to be committed to:

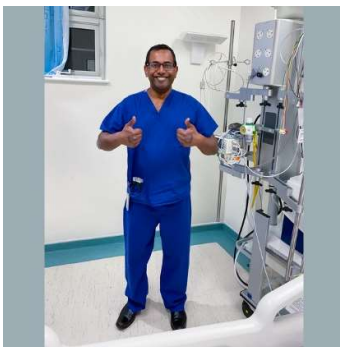
- getting health **equity** for Māori
- working harder on healthy **futures** for Māori.



Equity means everyone gets what they need to live a good life.



The **future** is a time that is going to happen.



Pae Tū talks about what people working in the health system should be doing to improve Māori:

- health
- **wellbeing**.



Wellbeing means things like:

- how we feel about ourselves
- looking after our bodies with good food and exercise
- getting support when we are feeling sad or worried.

Pae Tū has been done so people have information about what is happening with Māori health now.

The information in Pae Tū was needed before a full **review** of He Korowai Oranga – Māori Health Strategy is done.



A **review** is when:

- you check how things are going
- see if anything needs to change.



The review of He Korowai Oranga – Māori Health Strategy will happen when:

- all the new rules are in place
- Whakamaua – Maori Health Action Plan is working as it should.



What is Whakamaua – Māori Health Action Plan?



Whakamaua – Māori Health Action Plan runs for 5 years.



It supports people working in the health system to reach the **goals** of He Korowai Oranga – Māori Health Strategy.

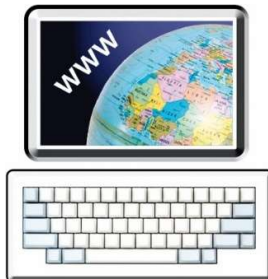
A **goal** is something important you want to make happen.



Whakamaua – Māori Health Action Plan includes what the Government chose to do with the advice from the **Waitangi Tribunal Hauora** report.



The **Waitangi Tribunal Hauora** report told the Government all the ways the health system was not working for Māori.



You can read more about the Waitangi Tribunal Hauora report at this **website**:

tinyurl.com/yc7y27ct



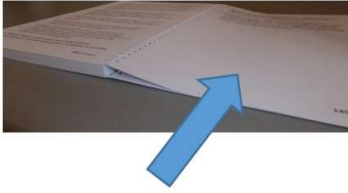
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Whakamaua – Māori Health Action Plan talks about:

- the important parts of the health system that need changing
- what is being done to support **pae ora** for Māori.





You can find out what **pae ora** is on pages 14 to 15.



These changes to the health system get good support from:

- Māori
- people working in Māori health.



You can read more about Whakamaua – Māori Health Action Plan at this **website**:

tinyurl.com/3vevxhck



This website is not in Easy Read.

What is pae ora?



Pae ora is the ideas people have about Māori health.

They are ideas that are:

- important to Māori
- connected to everything that happens in life
- about what Māori want
- about what works best for Māori.





Pae ora imagines all the ways Maori can:

- have good health
- have good wellbeing
- be supported to live good lives.

Pae ora means everyone working in health should:

- work together on hauora Māori / Maori health
- think harder about what hauora Māori / Māori health means
- provide very good health services for Māori that work well.

What did Māori say they need?



Pae Tū talks about the very important things Māori say they need to make changes in the health system.



Māori said the changes were urgent because of things like:

- what was learned from dealing with COVID-19
- whānau / families having many different health needs.



Māori said the health system must:



- recognise tino rangatiratanga / Māori control over Māori life.
- support Māori to have control over their wellbeing.

Māori said they want health services that:



- are easy to get
- are there when when they need them



- make changes to fit in with what they need
- fit in with te ao Māori / Māori way of looking at the world.



Health services being easier to get is very important to Māori living in **rural** areas.

Rural means places not in the city where not many people live.



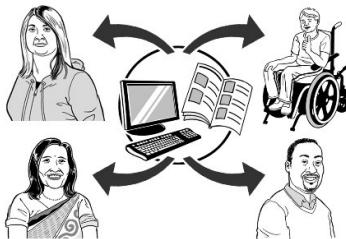
Māori said many Māori still do not get basic health care.

Māori said they want other parts of the government to:



- work together

- take action



- share **resources**

- make good use of resources.



Here **resources** means all the things used to give health care like:

- hospitals
- medical centres
- information
- people working in health care.



Māori said it was very important to put more effort into looking after Māori children.



Māori said they want the Government to keep:

- watching what happens about Māori health
- being responsible for what happens.



What are the priorities?



Pae Tū sets out 5 **priorities**.

Priorities are things that are very important to do.



The 5 priorities will support the changes being made to the health system:

- now
- and
- in the future.



Priority 1

Priority 1 is about giving Māori control over their health care.



This includes who:

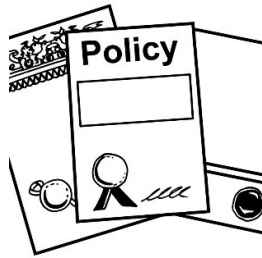
- leads it
- makes the decisions.



Māori having this control will support making better health:

- **policies**
- service.

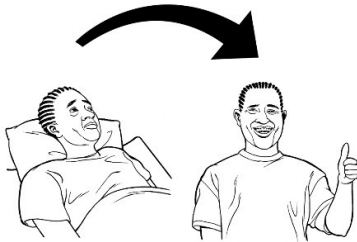




A **policy** is set of rules that supports the decisions being made by:

- the Government
- an organisation.

Māori having control over their health will mean better:



- use of resources
- health / wellbeing being better for Māori.

Priority 2.



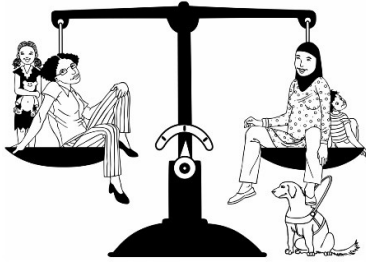
Priority 2 is about making sure all parts of the Government take part in hauora Māori / Māori health.



The health system will work with other parts of the Government to create health services for Māori that:

- work with what whānau / family want
- are led by people locally.





Doing this will:

- work towards making health care good for everyone
- make sure Māori get health care faster
- support Māori communities to be stronger.
- work on things that will mean there will be less Māori with not enough money
- work on getting better houses for Māori.

Priority 3.

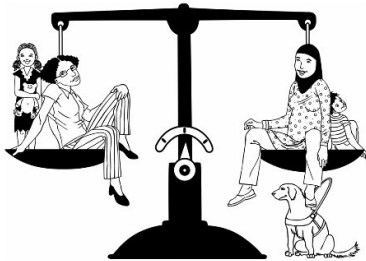


Priority 3 is about getting more Māori to work in the health system.



Having Māori working in the health system means there will be people who:

- understand Māori culture
- know what Māori need faster
- make sure Māori get treatment as good as everyone else.



Having Māori working in the health system means plans can be made to:

- get even more Māori working in health care as the number of Māori in Aotearoa New Zealand gets bigger
- think about Māori health needs in the future.





Priority 4.

Priority 4 is about creating good **primary health care** for Māori.



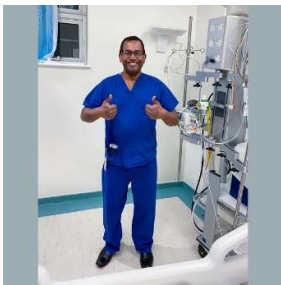
Primary health care is where you go first when you need health care like:

- visiting your family doctor
- going to your local medical centre.

It is important to have primary health care for Māori that:



- understands Māori culture
- works with what the whānau / family wants

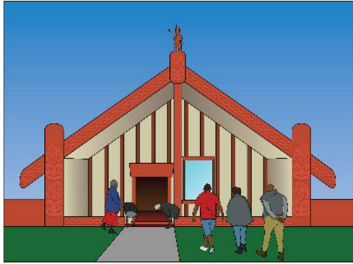


Primary health care for Māori needs to be:

- very good
- part of the community
- easy to get
- fast
- safe.

Things need to be done in primary health care for Māori that:

- use **kaupapa Māori**
- are new ideas
- can change easily.



Kaupapa Maori is the use of Māori:

- ideas
- knowledge
- skills
- values.



Priority 5.

Priority 5 is about making sure everyone knows what is going on in Māori health.



The health system must do what is right under Te Tiriti / The Treaty to make sure Māori get treatment as good as everyone else.



This will be:

- watched
- talked about.

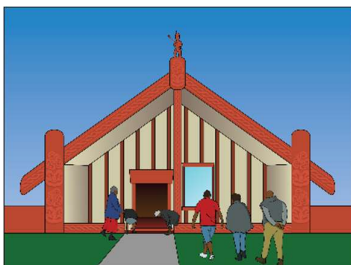


This will be done:

- in different places in Aotearoa
New Zealand
- across the whole country.



Iwi-Māori partnership boards will be a way Māori can better share information with the Government about what is going on.

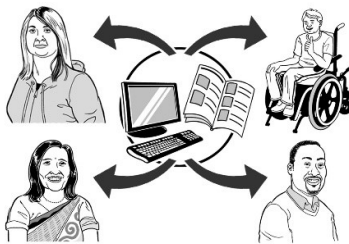


Iwi-Māori partnership boards are groups who support hauora Māori / Māori health in Māori communities.



Iwi-Māori partnership boards:

- find out information about hauora Māori / Māori health from their communities
- share hauora Māori / Māori health information with health services
- support health services in their communities.



The health system will give information to:

- whānau / families
- hapū / sub tribes
- iwi / tribes
- Māori communities.





This information will support Māori to:

- make the changes to health services they want
- improve their wellbeing.

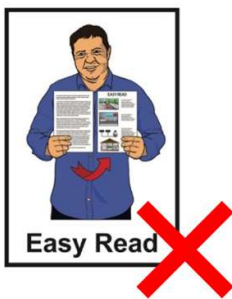


Where you can find more information



You can read the full version of Pae Tū – Hauora Māori Strategy 2023 at this **website**:

tinyurl.com/39asrtck



This website is not in Easy Read.



Te Aka Whai Ora
Māori Health Authority

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