A Commissioning Framework for Mental Health & Addiction

Consultation workshop

October 2015
Welcome

**Purpose:** to discuss the Commissioning Framework for Mental Health and Addiction: Consultation document, provide feedback and/or ask questions to inform a written submission.

Written submissions close on **Friday, 13 November 2015 at 5.00 pm.**

**Agenda**

- Welcome
- The Commissioning Framework: why we need it and what it is
- Workshop sessions
- Come back together
- What happens next
Whole of government policy position

• On 22 April 2014, the Minister of State Services and the Minister of Finance issued directions to apply whole of government approaches to Procurement, ICT and Property

• Strong focus on government agencies working together towards shared outcomes

• Need for a better understanding of investment in services that contribute to government priority areas such as Better Public Services Targets

• Ministry of Business Innovation and Employment (MBIE) is leading the Streamlined Contracting project to develop and implement a Contracting Framework for government agencies and NGOs to work together

• One of the key findings of the Productivity Commission report on more effective social services is that government agencies need to take a more structured and consistent approach to commissioning
Better Public Services

Result 1: Reducing long-term welfare dependence

Result 2-4: Supporting vulnerable children

Result 5-6: Boosting skills and employment

Result 7-8: Reducing crime

Result 9-10: Improving interaction with government
Rising to the Challenge

*Rising to the Challenge* sets the strategic direction for mental health and addiction service delivery until 2017. It sets a clear direction to planners, funders and providers of mental health and addiction services on Government priority areas for service development over the next five years.

The plan identifies four overarching goals:

- **Actively using our current resources more effectively**
- **Building infrastructure for integration between primary and specialist services**
- **Cementing and building on gains in resilience and recovery for identified groups**
- **Delivering increased access for identified groups.**
An outcomes-focused approach
Health outcomes

Health system outcomes

New Zealanders live longer, healthier, more independent lives
The health system is cost-effective and supports a productive economy

High level outcomes

New Zealanders are healthier and more independent
Health services are delivered better, sooner and more conveniently
The future sustainability of the health system is assured

Mental health and wellbeing - contribution to high level outcomes

National population outcomes framework under development

Regional and district outcomes

Regional and local outcomes
Service level outcomes
Focusing on outcomes

In health, we often focus on what can be counted, need to shift our focus to outcomes- what difference did it make?
How the frameworks align

• The Commissioning Framework, together with the National Population Outcome Framework will contribute to a better understanding of activity and investment in services that contribute government priority areas such as Better Public Services Targets, and vulnerable and priority populations notably vulnerable children.

• These frameworks will guide service investment decisions and support the strategic direction for the health system as set out in the currently draft Health Strategy.
Why develop a Commissioning Framework?

• The development of the Commissioning Framework is an action from Rising to the Challenge, the Mental Health and Addiction Service Development Plan 2012-2017 (Rising to the Challenge)

• The Commissioning Framework and the national Population Outcomes Framework (currently under development) are both part of an outcome-focused approach to shift the focus from ‘how’ things are done to outcomes that will make a real difference for people

• The Mental Health and Addiction sector is shaped by the types of services purchased and how these are purchased

• Innovative and integrated responses are needed that are better matched to those who need them
Definition of commissioning

To ensure a shared understanding, the following definition has been used:

*Commissioning is the process of continuously developing services and committing resources to enable the best health outcomes to be achieved for individuals and the population, equity to be assured and experience enhanced within the resources available.*
Commissioning Framework for Mental Health & Addiction

‘People are at the centre of commissioning for equitable outcomes, wherever they live and whatever their circumstances’.

The Commissioning Framework:

• takes into account the social determinants of health by taking a much broader health and wellbeing approach

• provides a nationally consistent approach to commissioning and supports innovative commissioning practices

• supports the re-focusing of resource to achieve the goals of delivering care closer to home and provide a national infrastructure that supports new and innovative ways of working

• ensures accountability for public funds and continuous quality improvement to improve outcomes for investment
Commissioning Framework for Mental Health & Addiction

• The Commissioning Framework provides guidance and direction for those who are responsible for commissioning care to improve outcomes for mental health and addiction

• It pulls together relevant information from a range of sources that are important for commissioning to ensure that an outcome-focused approach is supported by the national infrastructure and contracting systems

• It is for all publicly funded mental health and addiction care including health promotion, primary, specialist, DHB and NGO

• The Ministry aims to have the final Commissioning Framework available for use from July 2016
Intervention logic

Outcomes: What are our goals for New Zealanders?

People are at the centre of commissioning for equitable outcomes, wherever they live and whatever their circumstances

Impacts: What difference does the Commissioning framework make?

- Effective models inform service delivery
- A range of well-integrated services are available
- Funding decisions are transparent and align with population need
- System performance is determined by agreed measures

Outputs: What activities are we undertaking?

- Model of care
  Expectation is clear that every service is based on an evidence-informed model of care and effectiveness is regularly reviewed.
- Service configuration
  Expectations are clear at the national, regional and local levels and allow room for local variation.
- Planning methods
  A clearly defined methodology is outlined to support good funding decisions.
- Based on results
  Service agreements measure and incentivise achievement of measurable results that support better health outcomes.
Development of the framework

- The draft Commissioning Framework has been co-designed with the sector through a broad initial workshop and representation throughout the co-design process.

- Sector representation has included Consumers of mental health and addiction services, Māori, Pacific, DHB General Managers of Planning and Funding, Primary Care, Clinical Directors, DHB General Managers, Non-Government Organisations (NGOs) and family/whānau. We have also worked across the Ministry of Health to ensure alignment with other key work programmes.

![Diagram showing the roles of Sponsor, Steering Group, Advisory Group, Project Manager, and Ministry Working Group]
Scope

In-scope

• Full range of publicly funded mental health and addiction services including health promotion, primary, specialist, DHB and NGO. It also takes into account physical health and equitable access.

Out of scope

• Development of an Outcomes framework, accountability measures or models of care. These are key pieces of work that will enable the implementation of the framework and will be led as separate projects.
• The mental health ring-fenced funding, how this is calculated and distributed.
Plan

Procure & contract

Monitor & evaluate

Revise & adapt

Understand needs & opportunities

Person-centred

Community served

Planning methods

Model of Care

Service configuration

Based on results

National expectations & requirements
- Vision
- Key principles & values
- Principles of models of care
- Legislation & quality standards
- Overall outcomes & KPIs
- Individual, family, whānau & population needs & expectations
- Government priorities

Were national expectations & requirements met?
- Outcomes - individual, family, whānau, service & population
- Service specific outputs
- KPIs (both service specific & overall)
- Equity of outcomes
- Government priorities

Who for?

Did it work?
Table discussions

• What do you think about the Commissioning Framework?
• Are there any other further refinements needed?
• Any points for clarification?
• General comments/ feedback
Consultation discussion

General questions
1. Do you think the Commissioning Framework achieves its purpose of providing a national commissioning approach to enable an outcomes-focused approach to Mental Health and Addiction?
2. Do you think the Commissioning Framework will result in a better understanding of the needs of communities and a broader focus on health and wellbeing?
Consultation discussions

Section specific

3. Does Chapter One clearly describe a nationally consistent approach to commissioning care that will not only support the achievement of Rising to the Challenge: The Mental Health and Addiction Service Development Plan 2012–2017 but also shapes the system into the future?

4. Are the benefits of the commissioning approach clearly described?

5. Do you think that the Commissioning Frameworks purpose, principles, values and scope are clearly described?

6. Are the essential features (national expectations and requirements, who for, person-centred, community served, five phases of the cycle, four key components and did it work?) of the Commissioning Framework clearly articulated?

7. Does the commissioning cycle capture the dynamic nature of commissioning and how activity flows?

8. Are the five phases of the commissioning cycle clear?

9. Are the four key components that will support a shift towards an outcomes-focused approach to mental health and addiction clearly described?
Next steps

- Regional workshops and stakeholder meetings planned until end of October
- Written submissions close 13 November at 5pm
- Consultation feedback reviewed and key themes analysed
- Consultation report considered and discussed by Steering and Advisory groups to determine what actions needs to be taken
- Update Commissioning Framework and complete Ministry sign off process
- Final Commissioning Framework available for use from July 2016

http://www.health.govt.nz/about-ministry/consultations