## Auckland disability respite market

Auckland at a glance (Taikura Trust region)

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| Number of people receiving DSS support in region  | **10,141** |
| Number of people allocated respite in region (includes Carer Support) | **6,725** |
| % people allocated respite who are Māori | **14%** |
| % people with respite allocation aged 21 years or under | **73%** |

## Current respite allocations

* 485 people are allocated facility-based respite (63% are aged under 21 years). The total annual value of the facility-based respite allocation in Auckland is currently almost $6 million per year.
* 656 people are currently allocated contracted in-home respite, at a total value of approx. $5.7 million per year.
* 6400 people are allocated Carer Support, at a total value of around $14.6 million per year.
* 475 people in Auckland use IF Respite at a value of $3.3 million.

## Current respite options available

### Overnight respite options

* A dedicated five-bed, facility-based respite service for infants and young children aged zero to five operates in South Auckland. This service is operates at about 30% occupancy.
* A 15-bed specialist respite centre for children and young people aged 5 to 21 who have disabilities, are medically fragile and have high support needs, operates from the North Shore. This service is has around 70% occupancy.
* There are 26 respite beds for children and young people aged 5 to 21. The beds are located in five dedicated respite houses in Pukekohe, North Shore, Mangere, Henderson and Howick. Two beds are with host-families. These beds are around 50% occupied.
* There are five dedicated respite houses/facilities for adults, two that are available for people with a physical disability, and three for people with intellectual and/or physical disabilities. These services offer 35 beds per night and average an occupancy of around 60% (range 36-90%).
* Some disability-specific community residential providers in Auckland at times may have the capacity to offer respite for adults. There are few vacancies.
* There are 13 aged care facilities in the Auckland region that currently offer overnight respite for adults with disabilities.

### Daytime respite options

* There are around 50 services that offer weekday activity options for adults. These include community participation, employment related activities, day services, day trips, and art and social activity programmes.
* Disability-specific after-school care programmes are run from Pukekohe, Highland Park and Mount Wellington. There are many mainstream out-of-school care programmes.
* Disability-specific school holiday programme options include Highland Park, New Lynn, Mt Roskill, Three Kings, Pukekohe, Pakuranga, Papakura, Panmure, North Shore, Glendene and South Auckland.
* There are three organisations that offer disability-specific weekend activities, two of which also offer disability-specific holiday camps/school holiday programmes.
* There are several mainstream holiday camps that operate in the school holidays and have experience in supporting children and young people with disabilities.
* Sporting activities available for people with disabilities in the region include Riding for the Disabled, swimming lessons, gymnastics, sailing lessons, Boccia, Special Olympics, Parafed and Halberg All Sports.
* There are a number of organisations that provide music, dance, computer skills, and drama and art classes for children and/or adults with disabilities.
* Social clubs for teens and adults with disabilities operate in several locations across the region.

## Gaps in the Auckland respite market

* It is likely that there is demand for additional after-school care and school holiday programmes that cater for children with disabilities.
* Disabled people and their families report significant difficulty in finding and retaining support workers who have the skills to care for their disabled family member.
* Taikura Trust staff report that disabled people and their families would like:
* more respite options of all kinds, in locations closer to where they live
* respite/transition services specifically for younger adults (17-35 years)
* specialist respite services for adults who leave the Wilson Centre
* weekday respite options for adults while their parents work
* more choices for facility-based respite providers
* more well-trained support workers.