Key findings: Patterns of Alcohol Consumption (2012/13)

79% of adults aged 15 + years drank alcohol in the past 12 months

1/4 of adults who have ever drunk describe themselves as a ‘social drinker’

872,000 drinkers drank at least 3 times a week

1 in 10 male drinkers drank to intoxication once a week

17% of drinkers drove while under the influence of alcohol

228,000 drinkers experienced harm to physical health from their drinking

70% of drinkers made a point of eating while drinking
Key findings: Alcohol use by pregnant women (2012/13)

Among women who had been pregnant in the last 12 months

- **1 in 5** drank at some point during their pregnancy
- **15 – 24** year olds were mostly likely to drink during pregnancy
- **31%** stopped drinking before pregnancy
- **55%** stopped when they became aware of their pregnancy
- **15%** continued to drink during pregnancy
- **68%** were advised not to drink - half were advised by a GP
Key findings: Alcohol availability and use: a geospatial analysis (2012/13)

85% of adults in urban areas live within 2 minutes drive of an alcohol outlet

2 in 3 live within 2 minutes’ drive from an off-license

Off-license density is greatest in the most deprived areas

Hazardous drinking levels are higher in the most deprived areas

Hazardous drinkers who live in the most deprived urban areas are more likely to live within 2 minutes’ drive of multiple off-licenses