

# Te wero ārai mate KOWHEORI-19: Whāia te mahi Kaiwhakahaere Haumanu Wero Ārai Mate KOWHEORI-19

## He aha te take he mea nui te tūranga a te Kaiwhakahaere Haumanu Wero Ārai Mate?

Kei te whakahaere mātou i te hōtaka arainga mate, wero ārai mate nui rawa i te hītori o Aotearoa. Kei te whakawhānui i tō mātou ohu wero ārai mate ki te whakatutuki haumaruru ai, kia whai hua ai hoki te whakahaerenga o te kaupapa rongoā ārai mate KOWHEORI-19 me te āwhina i te hapori o Aotearoa kia eke ki te taumata mō te taha ki te ārainga mate.

I te tūranga o te Kaiwhakahaere Haumanu Wero Ārai Mate ka noho koe hei kaiārahi haumanu hei tautoko, hei tohutohu hoki i ngā Kaiwero ārai mate KOWHEORI-19. He ara mō te ārahitanga whai hua me te whakawhanake mō te ngaio hauora whai tohu, whai wheako hoki.

## He aha te Kaiwero Ārai Mate, he aha hoki ō rātou haepapa?

Ko tā te Kaiwero KOWHEORI-19 he tuku i te rongoā ārai mate KOWHEORI-19 ki ngā kiritaki hauora kua arotake-ke, kua whakaae-kē hoki, kua āhei hoki te whai wāhi atu ki ngā mahi torotiro i muri i te werohanga, i raro i te tirohanga me ngā tohutohu o tētahi ngaio hauora whai tohu, whai wheako hoki.

Ka whiwhi ngā Kaiwero KOWHEORI-19 i te whakangungu whānui ki runga ipurangi, ki ngā wāhanga kanohi ki te kanohi anō hoki. Me whakatutuki e rātou tētahi aromatawai i tōna mātau ki te tuku i te rongoā ārai mate KOWHEORI-19 i te whare haumanu.

Ko te mahi whakangungu:

- He kōwae whakangungu ā-ipurangi mō te rongoā ārai mate KOWHEORI-19, ka whāia e tētahi aromatawai ariā ā-koeke
- He whakangungu kanohi ki te kanohi me ngā kaiwhakangungu o IMAC
- He aromatawai tirohanga, mātau hoki i te wāhi mahi i raro i te ārahitanga o tētahi kaiwhakahaere.
- Ka āta whakaaturia ai te pae mahi kia waia ki tōna āhua

Te Kāwanatanga o Aotearoa

- Te whakamahi CIR me ngā tuhinga whakamārama
- Te whakangungu mō te CPR me te anaphylaxis.

## Ko wai te hunga e taea ai te whai i te mahī Kaiwhakahaere Haumanu Wero Ārai Mate?

He mea nui kia whakarite tāngata/tangata rānei ngā ngaio hauora whai rēhita, whai wheako hoki hei whakahaere i ngā mahi, hei whakatakoto tohutohu hoki ki ngā kaiwero KOWHEORI-19 kia mātua whakarite he mātau rātou ki ngā tikanga.

Ko ngā Kaiwhakahaere Haumanu Wero Ārai Mate he:

- Kaiwero Ārai Mate whai mana katoa, ko te painga atu mehemea e rua ōna ōnā noa nei e mahi ana i tētahi āhuatanga hauora;
- He ngaio hauora whai rēhita e whai mana ana ki te tuku wero ārai mate, he wheako ōna ōnā noa nei e whai pānga ana ki te hōtaka wero āra mate, hei tauira, ko te hauora arainga mate me te wero ārai mate, te hauora whawhati tata rānei.
- Tōna tikanga kua oti tahi i ngā Kaiwhakahaere Haumanu KOWHEORI-19 ngā kōwae whakangungu mō te Kaiwero KOWHEORI-19 (ā-ipurangi) me te Rēhita Ārainga Mate KOWHEORI-19 (CIR) o IMAC.

## He rā i te ao o te Kaiwhakahaere Haumanu Wero Ārai Mate

Hei Kaiwhakahaere Haumanu KOWHEORI-19 me mārara koe ki te mahi me ngā haepapa o te Kaiwero KOWHEORI-19. Heoi anō tāu me:

- Whakarite he ngaio te whakahaere, he haumanu ngā tohutohu mō tētahi ohu o ngā Kaiwero KOWHEORI-19 e 6 iti ake rānei kia haumaruru, kia tika ai te whakahaerenga o te kaupapa rongoā ārai mate KOWHEORI-19.
- Whakarite he ngaio, he haumanu ngā tohutohu me te whakahaerenga kia tino pai ai te manaakitanga o te kiritaki hauora.



- Whakarato i te ārahitanga, te tautoko hoki e hāngai ana ā-ahurea me te hāpai hoki i ngā mātāpono o Te Tiriti o Waitangi.
- Wātea kia taea ai te tautoko inamata te Kaiwero KOWHEORI-19 mō te tūpono ka raru tētahi i te rongoā.
- Whakapiki i ngā āwangawanga i tua atu i tō mōhio, te whānui rānei o tāu mahi, ki ngā kaimahi matua ā-haumanu, ā-whakahaere rānei.
- Whakarato tautoko mō te whakangungu me te aromatawai mātau ki te wāhi mahi o ngā Kaiwero KOWHEORI-19 kātahi anō ka whakangungua.

## Te Haepapa o te Kaitukumahi

Kei ngā kaitukumahi ake te haepapa mō te whakatutukinga, te kounga me te haumarua o te ratonga.

Tae atu tēnei ki:

- Tētahi ohu mahi whai whakangungu tōtika, whai rauemi hāngai hoki, he mea whakaata i tōna hapori
- Te mātua whakatau kua whakaritea, kua whakahaeretia hoki e ngā kaimahi whai whakangungu tōtika, whai tohu hoki, me
- Te whai tukanga hei tautohu, hei urupare atu, hei akoranga mai hoki i ngā tū āhuatanga kua huri kōaro.

Me whakarite e ngā kaitukumahi he tika te āhua o te ohu ā-wheako, ā-pūkenga, ā-tohu, ka mutu, e hāngai ana ki ngā takune o te kiritaki me ngā herenga o ngā whakaritenga pae.

E tika ana kia mātua whakarite ngā kaitukumahi e whai inihua ana ngā Kaiwero KOWHEORI-19, me ngā Kaiwhakahaere Haumanu KOWHEORI-19 katoa ka hiahia whakarite hoki pea rātou i tēnei momo inihua mā ō rātou kaimahi.

## Te Haepapa a te Kaimahi

### Ngā Kaiwhakahaere Haumanu Wero Ārai Mate

Ko te mahi a te Kaiwhakahaere he whakahaere, he ārahi hoki i te mahi me te whakahaerenga o te kaupapa wero ārai mate, tae atu ki te tiroiro i muri i te werohanga. He tukanga ōkawa o te tautoko ā-ngaio, ā-haumanu hoki e taunaki ana i te Kaiwero KOWHEORI-19 kia mātua mōhio he mātau ia ki ngā tikanga.

Me wātea mai, me tata mai ngā kaiwhakahaere kia āhua māmā te tiki atu, arā, kaua e puta atu i te wāhi mahi.

Ko te haepapa i runga i a koe kia mau ki ngā ture o tō kirimana mahi, tae atu ki ngā pūnaha, ngā kaupapahere, ngā tukanga me ngā pou tarāwaho kua whakaritea mai e tō kaitukumahi. Tae atu tēnei ki ngā kaimahi e whakahaeretia ana e koe.

### Kaiwero KOWHEORI-19

He haepapa tā ngā Kaiwero KOWHEORI-19 ki te mahi i roto i te whānuitanga o tō rātou mātau i a rātou e mahi ana i ngā mahi i raro i ngā Regulations 44(AB), me te whai i ngā tohutohu o tō rātou Kaiwhakahaere Haumanu KOWHEORI-19.

Ko te haepapa i runga i a rātou kia mau ki ngā ture o tā rātou kirimana mahi, tae atu ki ngā pūnaha, ngā kaupapahere, ngā tukanga me ngā pou tarāwaho kua whakaritea mai e tō rātou kaitukumahi.

## Te whakamarumarua kiritaki

Ki te whara te kiritaki hauora nā te werohanga o te rongoā ārai mate KOWHEORI-19 e te Kaiwero KOWHEORI-19 e mahi ana i raro i ngā tohutohu o tētahi ngaio hauora whai rēhita e ai ki ngā ture, e manaakitia ai te kiritaki i raro i ngā tikanga whakatika whara a ACC.

## Kei te hiahia whai wāhi mai?

Mehemea kei te hiahia whai koe i tēnei ara kaiārahi nui whakahaeraha me kōrero ki tō kaitukumahi.

E rite ana te utu ki ngā tūranga ōrite i roto i ngā Whakaaetanga Whakakotahitanga Kaitukumahi Takitini (MECA's), i ngā Whakaaetanga Mahi Takitahi (IEAs).

Ka whakahaeretia ngā huinga ā-ipurangi hei whakaputa pārongo mā te hunga e hiahia ana ki te whakahaere i ngā Kaiwero KOWHEORI-19. Ka pānuitia ēnei huinga ā-ipurangi mā roto i ngā kaitukumahi.