

## Warmer, drier toolkit quiz: answers (for trainer only)

Write down the warmer tips in the toolkit.

- Open curtains day and night.
- Stop cold air getting into your home.
- Check you have best heating option.
- Find out if your home is insulated.

Write down the drier tips in the toolkit.

- Open your windows (ventilate) for at least a few minutes every day (20 minutes in summer).
- Open windows in kitchen and bathroom to let steam out.
- Wipe off any water (condensation) on windows.
- Dry your washing outside or in the garage or carport.

Write down the sleeping space tips in the toolkit.

- Create as much space as possible between the heads of sleeping children.
- Use top and tailing (top and toeing) to create space if children share bed or mattress.