

## **Table 2: Providing midwifery care to women who have no new or worsening respiratory symptoms, but in the last 14 days have travelled overseas or had close contact with someone else who has recently travelled overseas or are a close contact of someone who is a probable or confirmed COVID-19 case**

14 AUGUST 2020

Please refer to the table below.

- In all cases where a woman has been contact traced and is awaiting COVID-19 test results or has confirmed COVID-19, register the woman with the DHB for coordinated care and support.
- The DHB is responsible for supplying PPE and education on its use to community-based midwives as indicated below.
- Consult the advice on the use of PPE and the guidance for PPE use in maternity settings ([www.health.govt.nz/ppe-health](http://www.health.govt.nz/ppe-health)) on the Ministry's website.

Less than 36w6d	Greater than 37w0d	Labour and birth	Postnatal
<p>Reschedule face to face antenatal visits for once the woman has fulfilled the criteria outlined by the local PHU, BUT only if the midwife assesses that care can safely be deferred and the woman is &lt;36+6 for the whole period. The most appropriate place for an urgent assessment to take place may be your local DHB.</p> <p>If the woman requires a visit, ensure she wears a surgical face mask. Note: PPE is required when caring for these women in-person. See recommendations on the PPE required for maternity at <a href="http://health.govt.nz/ppe-health">health.govt.nz/ppe-health</a></p> <p>Care plan developed in collaboration with the multi-disciplinary DHB team.</p>	<p>Weekly visits from 37 weeks or according to usual schedule. The most appropriate place for an urgent assessment to take place may be your local DHB.</p> <p>If the woman requires a visit, ensure she wears a surgical face mask. Note: PPE is required when caring for these women in-person. See recommendations on the PPE required for maternity at <a href="http://health.govt.nz/ppe-health">health.govt.nz/ppe-health</a></p> <p>The midwife should wear a surgical mask and other PPE as appropriate for the clinical procedures being undertaken.</p> <p>Provide advice on basic hygiene measures (refer to Ministry of Health website).</p>	<p>Labour and birth take place at home or at a secondary or tertiary maternity hospital, as per the woman's preference.</p> <p>Midwife to advise hospital of COVID-19 status prior to admission.</p> <p>Primary maternity facilities are not equipped for the birth care of women who have been contact traced and so should be avoided.</p> <p>The LMC midwife remains responsible for labour and birth care. Consultations and transfers occur as per normal according to Referral Guidelines criteria.</p> <p>Midwife to wear appropriate PPE.</p> <p>Maintain physical distancing except when required for clinical care.</p>	<p>Home visits according to clinical need, specifically but not limited to:</p> <ul style="list-style-type: none"> <li>✓ Newborn metabolic screen</li> <li>✓ Breastfeeding support</li> <li>✓ Full top-to-toe clinical baby examination and weight within 7 days</li> </ul> <p>The community-based midwife remains responsible for postnatal care.</p> <p>The woman should wear a surgical face mask while breastfeeding and having skin to skin.</p> <p>If the woman requires a visit, ensure she wears a surgical face mask. Note: PPE is required when caring for these women in-person. See recommendations on the PPE required for maternity at <a href="http://health.govt.nz/ppe-health">health.govt.nz/ppe-health</a></p>

<p>Provide advice on basic hygiene measures (refer to Ministry of Health website).</p> <p>If the woman becomes unwell, advise her to call Healthline, follow advice and inform midwife of advice. See Table 1 for care recommendations.</p> <p>Advise women to inform their midwife if the situation changes, for example if the woman or a family member becomes unwell.</p> <p>If the woman is anxious, undertake phone and video consultations.</p>	<p>Advise women to inform their midwife if the situation changes, for example if the woman or a family member becomes unwell.</p> <p>Minimise time spent undertaking physical assessments.</p> <p>Provide phone and video consultations for time specific pregnancy education and information.</p> <p>If the woman becomes unwell, advise her to call Healthline, follow advice and inform midwife of advice. See Table 1 for care recommendations.</p>	<p>If the woman becomes unwell see Table 1 for care recommendations.</p>	<p>Provide postnatal care, breastfeeding and parenting advice over the phone as much as possible.</p> <p>If the woman becomes unwell, advise her to call Healthline, follow advice and inform midwife of advice. See Table 1 for care recommendations.</p>
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