

Table 1: Advice for community-based midwives caring for women who are probable, confirmed COVID-19 cases, or under investigation for COVID-19

14 AUGUST 2020

Please refer to the table below.

- In all cases when a woman has been contact traced, is awaiting COVID-19 test results or has confirmed COVID-19, register the woman with the DHB for coordinated care and support.
- The DHB is responsible for supplying PPE and education on its use to community-based midwives as indicated below.
- Consult the advice on the use of PPE and the guidelines for PPE in maternity settings (www.health.govt.nz/ppe-health) on the Ministry's website for up to date information on PPE.

Less than 36w6d	Greater than 37w0d	Labour and birth	Postnatal
<p>Reschedule face to face antenatal visits for once the woman has fulfilled the criteria outlined by the local PHU, BUT only if the midwife assesses that care can safely be deferred and the woman is <36+6 for the whole period.</p> <p>If the woman requires a visit, ensure she wears a surgical face mask. Note: full PPE is required when caring for these women in-person. See recommendations on the PPE required for maternity at health.govt.nz/ppe-health</p> <p>Care plan developed in collaboration with the multi-disciplinary DHB team.</p> <p>Phone and video consultations for time specific pregnancy education and information.</p> <p>Minimise time spent undertaking physical assessments if an antenatal visit is required.</p> <p>Provide advice on basic hygiene measures (refer to Ministry of Health</p>	<p>Care to remain with midwife in the community.</p> <p>If the woman requires a visit, ensure she wears a surgical face mask. Note: full PPE is required when caring for these women in-person. See recommendations on the PPE required for maternity at health.govt.nz/ppe-health</p> <p>Care plan developed in collaboration with the multi-disciplinary DHB team.</p> <p>Phone and video consultations for time specific pregnancy education and information.</p> <p>Minimise time spent undertaking physical assessments.</p> <p>Provide advice on basic hygiene measures (refer to Ministry of Health website) including hand hygiene and cough etiquette.</p> <p>If hospitalised due to COVID-19, care transferred to DHB maternity service until the point of discharge home.</p>	<p>Clinical responsibility to be transferred to the DHB maternity service for labour and birth care (follow established DHB pandemic protocols).</p> <p>Care plan developed in collaboration with the woman, the multi-disciplinary DHB team and the LMC.</p> <p>Once clinical transfer of care to the DHB maternity service has occurred, the community-based midwife does not attend the labour and birth.</p> <p>The community-based midwife does not provide any face-to-face visits while the woman is an in-patient during the antenatal, labour and birth, or postnatal periods.</p>	<p>Home visits according to clinical need, specifically but not limited to:</p> <ul style="list-style-type: none"> ✓ Newborn metabolic screen ✓ Breastfeeding support ✓ Full top-to-toe clinical baby examination and weight within 7 days <p>Encourage the woman to continue breastfeeding her newborn baby.</p> <p>The woman should wear a surgical face mask while breastfeeding and having skin to skin.</p> <p>If the woman requires a visit, ensure she wears a surgical face mask. Note: full PPE is required when caring for these women in-person. See recommendations on the PPE required for maternity at health.govt.nz/ppe-health</p> <p>Provide postnatal care and parenting advice over the phone as much as possible.</p> <p>Provide advice on basic hygiene measures (refer to Ministry of Health</p>

COVID-19

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