PERSONAL PROTECTIVE EQUIPMENT (PPE) REQUIRED WHEN CARING FOR A COVID-19 CASE IN HEALTH AND DISABILITY CARE SETTINGS INCLUDING CARE PROVIDED IN PLACE OF RESIDENCE

This is intended as a high level reference document when caring for a probable or confirmed COVID-19 case. Refer to local Infection Prevention and Control (IPC) guidance also. Visiting is restricted except for exceptional circumstances. Refer to visiting policy of health care setting.

<table>
<thead>
<tr>
<th>HEALTH AND DISABILITY WORKERS²</th>
<th>PATIENTS</th>
<th>FAMILY CARERS</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Note:</strong> Staff should be fully vaccinated</td>
<td></td>
<td>Caring for own family members as per health care setting policy or in the persons own home.</td>
</tr>
<tr>
<td>When providing care in hospital or community based healthcare settings, including a persons place of residence³</td>
<td>Aerosol generating procedures²</td>
<td></td>
</tr>
</tbody>
</table>

**HAND HYGIENE**

- [x] HEALTH AND DISABILITY WORKERS²
- [x] PATIENTS
- [x] FAMILY CARERS

**MEDICAL MASKS**

- [x] HEALTH AND DISABILITY WORKERS²
- [x] PATIENTS
- [x] FAMILY CARERS

**P2/N95⁵ Particulate respirators**

- [x] HEALTH AND DISABILITY WORKERS²
- [✓] PATIENTS
- [x] FAMILY CARERS

**GOWNS/APRONS**

- [x] HEALTH AND DISABILITY WORKERS²
- [✓] PATIENTS
- [x] FAMILY CARERS

**GLOVES**

- [✓] HEALTH AND DISABILITY WORKERS² Single use
- [✓] PATIENTS Single use
- [x] FAMILY CARERS

**EYE PROTECTION**

- [✓] HEALTH AND DISABILITY WORKERS² Disposable or reusable whenever available
- [✓] PATIENTS
- [x] FAMILY CARERS

**OTHER MEASURES**

- [✓] HEALTH AND DISABILITY WORKERS²
- [✓] PATIENTS
- [✓] FAMILY CARERS

As a close contact of a COVID-19 case, additional precautions will be advised that should be adhered to.

Always apply Standard Precautions according to care required.³ Minimise number of people in room at one time and maintain physical distancing where able.

**Notes:**

3. Includes all health care team. For example: nurses, medical team, cleaners, orderlies, healthcare assistants, home and disability support worker.
4. Minimise number of people in the room at one time, or in a transfer team.

For Primary Care please refer to Primary Care Quick Reference Guide www.health.govt.nz/covid-19-primary-care#quickref