

Contacts

Applications for admission will be accepted from any referral agency nationwide, subject to the referral meeting the SA(CAT) criteria. For enquiries about the SA(CAT) application process and other queries, please contact the Referrals & Admissions team at Nova STAR.

Nova STAR

(Supported Treatment and Recovery)

Physical address

43 Newtons Road
Templeton
Christchurch 7676
New Zealand

Postal address

PO Box 23010
Hornby
Christchurch 8441
New Zealand

Referrals & Admissions Team

email: admissions@novatrust.org.nz
phone: 03 349 2053 fax: 03 349 2054

Whānau Involvement and visits

Nova STAR seeks to actively engage with whānau throughout a service-users journey, as they are a key component of the pathway to recovery. Weekend visits to Nova STAR and phone calls can be arranged through Nova STAR staff.



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Novatrust



Making Life Better

www.novatrust.org.nz

Welcome to Nova STAR

Nova Trust is a leading New Zealand NGO and Social Enterprise, supporting those affected by alcohol, drugs and other life challenges since 1981. Our skilled and compassionate people work closely with service users, their whānau, families and communities to change and save lives.

Nova STAR is part of the national implementation of the SA(CAT) legislation [the Substance Addiction (Compulsory Assessment & Treatment) Act 2017]. The service is designed specifically to support those affected by severe dependence and who have a cognitive impairment affecting their capacity to seek help.



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The Place

Nova is situated in Templeton, on the outskirts of Christchurch. We currently offer 9 beds, within Nova Lodge, in a safe & secure, designated unit, funded by the Ministry of Health. We offer our service users a private bedroom in a new facility on the Nova Trust site. We encourage the service-users to socialise across each of Nova's residential programmes, and to take part in the various evening and weekend events and activities, outside of the intensive treatment programme.

The Programme

STAR service offers an intensive programme of interventions to improve health, wellbeing and cognitive functioning (i.e. capacity to make informed decision about onward voluntary treatment). The Nova STAR programme incorporates medical & nursing care, occupational therapy support, cognitive assessment, rehabilitation & remediation interventions, harm reduction & relapse prevention and regular social interaction with the wider Nova Recovery service users. We will always endeavour to engage with and involve the family/whānau of our service-users, and to enhance and respect their mana.



The People

The multi-disciplinary team includes: Management, Responsible clinician (Psychiatrist), GP / medic, Nursing team, Occupational Therapist, Case Managers, Support Workers and additional support team. Our nursing and support staff are on hand 24 hours a day and able to provide support when needed.