### New Zealand’s Maternity and Child Health Services | Preconception to 6 years

#### Preconception
- 1st trimester
- 2nd trimester
- 3rd trimester

#### Antenatal
- 6 weeks
- 8 weeks
- 10 weeks

#### Labour and birth
- 7 to 10 weeks
- 5 to 8 weeks
- 3 to 7 weeks

#### Postnatal
- 5 to 7 weeks
- 9 to 12 weeks
- 13 to 18 months

#### Child
- 2 to 3 years
- 3 to 4 years
- 4 to 5 years
- 5 to 6 years

### Services
- **Universal Services**
  - Primary health care (primary health organisation, general practitioner, practice nurse)
  - Primary maternity care (lead maternity carer or district health board services) including primary radiology
  - Well Child/Tamariki Ora (Incl Plunket)
  - HIV, Down-syndrome and other conditions
  - Maternal and Infant Mental Health/Alcohol and other drugs
  - Smoking cessation (pregnancy/postnatal)
  - Obstetrics

- **Targeted Services**
  - Public Health Programmes and Violence Intervention Programme, Overweight and Obese and Nutrition programmes
  - Maternal and Infant Mental Health/Alcohol and other drugs
  - Tobacco (pregnancy/postnatal)
  - Paediatrics

- **Referred Services**
  - Adult Mental Health/Alcohol and other drugs
  - Maternal and Infant Mental Health/Alcohol and other drugs
  - Child disability support services
  - Emergency department/Medical and surgical inpatient and outpatient

### Immunisation
- Core 1
- Core 2
- Core 3
- Core 4
- Core 5
- Core 6
- Core 7
- Core 8 (B4 School Check)
- Well Child Tamariki Ora Early additions
- Well Child Tamariki Ora Additions

### Other
- Family Start (MSD funded)
- Vision and hearing testing
- Imms (Immunisation) outreach
- High needs oral health

**New Zealand Government**

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