

Healthy Ageing Strategy

Priority actions for implementation 2019–22



LIVING WELL WITH LONG-TERM CONDITIONS

E noho ora ana i roto i ngā māuiuitanga o te tinana

GOALS

- Improved methods of early detection and prevention result in fewer older people being affected by long-term conditions or frailty.
- Older people with long-term conditions retaining the highest level of mental and physical function possible, they lead enjoyable lives and their communities respect them.
- Older people with long-term conditions are 'health smart', actively self-managing their conditions to a practical and comfortable level, and supported to do so closer to home.
- The workforces that support older people with long-term conditions, including the health workforce, Home and Community Support Services and family and whānau carers, have appropriate resources, structures and training.
- Home and Community Support Services are equitable and appropriate to older people's needs and preferences and maximise wellbeing.
- Health outcomes for vulnerable older populations with long-term conditions are equitable, with good outcomes for the population as a whole.
- A System Level Measure decrease in acute hospital bed-days for those aged 65+, 75+ and 85+ years by ethnicity.
- Patient experience surveys in place.

8. Implement models of care that are needs-based, person-centred and equitable.

8a Implement the National Framework for Home and Community Support (District Health Board led)

8ai Improve resource allocation in home and community support using casemix methodology (District Health Board led)

8aii Agree a national service specification for Home and Community Support Services (District Health Board led)

As part of this work:

- involve service users and their family and whānau
- review the role of needs assessment and service coordination
- ensure needs assessment and care planning are culturally appropriate and meet the needs of Māori and other priority population groups.

Implementing these actions during 2019-2022 includes:

- actioning the National Framework for Home and Community Support Services
- all District Health Boards (DHBs) implementing the National Service Specification for Home and Community Support Services within their DHB models of care
- greater focus on restorative Home and Community Support Services (HCSS) care models
- delivering culturally appropriate assessment processes for Māori and Pacific clients
- services promoting wellbeing activities for healthy lifestyle and prevention with a focus on oral health, mental wellbeing, dementia and living well with diabetes
- commissioning services in ways that enhance flexibility for the service user and promote sustainability for the service provider
- using data reported from consumer surveys and progress updates on the implementation plan to inform commissioning approaches (aligned with Action 26c)
- developing and implementing a consistent national casemix funding model

LEADS: DHBs

KEY PARTNERS: Ministry of Health, aged care providers, PHOs, DHB Shared Services

13b Use digital technology to improve self-management and alleviate social isolation.

Stakeholders thought this action should continue and be clustered with Action 3a.

Alignment with the *Better Later Life* He Oranga Kaumātua 2019-2034 strategy.

LEAD: DHBs

KEY PARTNER: Primary Health Organisations (PHOs)

9. Support the capacity and capability of the workforce to provide care and support for older people with a more complex and diverse range of health and support needs.

9c Improve the capacity and capability of kaiāwhina through implementing the *Kaiāwhina Workforce Action Plan*.

Implementing this action during 2019 – 2022 includes:

- developing training packages for caregivers – specifically for Māori and Pacific clients – and linking them with the New Zealand Qualifications Authority framework
- ensuring support workers and health professionals caring for people with long-term conditions at home have training in documenting and reporting ongoing care information and progress with treatment goals, that this information is updated regularly and is available when needed for decisions on treatment options (including admission decisions).

LEAD: Careerforce, Health Workforce New Zealand

KEY PARTNER: Ministry of Health

9d Recruit and retain more Māori and Pacific people in the aged care workforce.

Implementing this action in the second implementation plan involves Health Workforce New Zealand progressing work on strategic priorities, including:

- growing the Māori health and disability workforce
- growing the Pacific health and disability workforce
- enhancing the wellbeing of the health and disability workforce
- strengthening shared skills and values across professions and working better as teams across the system
- consistently sharing data and intelligence to inform workforce planning
- developing leadership pathways in the health and disability sector
- ensuring a sustainable rural health workforce.

LEAD: Ministry of Health

KEY PARTNERS: DHBs, aged care providers

9e Promote use of the allied health workforce in primary care and aged care to improve restoration outcomes.

LEAD: DHBs

KEY PARTNERS: Ministry of Health, PHOs, aged care providers, Directors of Allied Health, Kaiāwhina Action Workforce Group

11. Strengthen implementation of the New Zealand Dementia Care Framework and cognitive impairment pathways.

11a Implement improved dementia care in line with the NZ Framework for Dementia Care and sector priorities.

Implementing this action in the second implementation plan includes:

- regional dementia groups and DHBs within those regions, undertaking a regional stocktake of dementia services and related activity and providing their findings to the Ministry of Health by the end of quarter two, 2019/20 (via the S12 measure)
- dementia sector interests identifying priorities for dementia care development
- using the stocktake and sector priority identification to develop an approach to progress regional priority areas for implementing the New Zealand Dementia Care Framework by the end of quarter four, 2019/20
- aligning improvements in support for carers with the *New Zealand Carers' Strategy* Action Plan for 2019-2023, in particular various types of respite care; guidance and information; and training.

LEAD: Ministry of Health and DHBs