## ALERT LEVEL 2: Personal protective equipment (PPE) in Maternity settings

If you **do not know someone's COVID-19 status** - prior to contact with them (by phone), or upon entry to maternity unit, while maintaining physical distancing of at least 1 m, please ask them the risk assessment questions outlined in Alert Level 2: Risk assessment questions if COVID-19 status is unknown.¹

The **risk assessment** will help you determine appropriate PPE for initial contact.

No matter what a person's COVID-19 status is, follow Standard Precautions² for all care, use appropriate clinical judgement for PPE and refer to your organisational IPC guidance.

---

### Table 1: Women who are probable or confirmed COVID-19 cases, or meet the Clinical and Higher Index of Suspicion (HIS) criteria³

<table>
<thead>
<tr>
<th>Providing care</th>
<th>Hand Hygiene⁴</th>
<th>Medical Mask</th>
<th>N95/ P2 Mask⁵</th>
<th>Eye Protection⁶</th>
<th>Gloves</th>
<th>Fluid Resistant Gown or Plastic apron</th>
</tr>
</thead>
<tbody>
<tr>
<td>Providing care</td>
<td>✓</td>
<td>✓</td>
<td>✗</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
</tbody>
</table>

### Table 2: Women who have no new or worsening respiratory symptoms,³ however in the last 14 days they have travelled overseas⁸ or had close contact with someone who is a probable or confirmed COVID-19 case⁹

<table>
<thead>
<tr>
<th>Providing care not involving exposure to body fluids</th>
<th>Hand Hygiene⁴</th>
<th>Medical Mask</th>
<th>N95/ P2 Mask⁵</th>
<th>Eye Protection⁶</th>
<th>Gloves</th>
<th>Fluid Resistant Gown or Plastic apron</th>
</tr>
</thead>
<tbody>
<tr>
<td>Providing care not involving exposure to body fluids</td>
<td>✓</td>
<td>✓</td>
<td>✗</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
</tbody>
</table>

### Table 3: Women who are not probable or confirmed COVID-19 cases, and do not meet the Clinical and Higher Index of Suspicion (HIS) criteria³ (and do not meet Table 2 criteria)

<table>
<thead>
<tr>
<th>Providing care not involving exposure to body fluids</th>
<th>Hand Hygiene⁴</th>
<th>Medical Mask</th>
<th>N95/ P2 Mask⁵</th>
<th>Eye Protection⁶</th>
<th>Gloves</th>
<th>Fluid Resistant Gown or Plastic apron</th>
</tr>
</thead>
<tbody>
<tr>
<td>Providing care not involving exposure to body fluids</td>
<td>✓</td>
<td>✗</td>
<td>✗</td>
<td>✓</td>
<td>✓</td>
<td>✗</td>
</tr>
</tbody>
</table>

---

Please refer to guidance on how to safely put on, take off and dispose of PPE: [www.health.govt.nz/ppe-health](http://www.health.govt.nz/ppe-health)

---

6. Face shield or goggles. Prescription glasses are not classed as eye protection
7. N95/P2 mask should only be used if aerosol generating procedures are performed
8. This does not apply to those women who have worked on an international aircraft or shipping vessel (for example, air or maritime crew), unless they have been asked to self-isolate. Follow Table 3 above. Other control measures are sufficient if they are asymptomatic, only Standard Precautions are required
9. In this situation, they have a very small chance of being a pre-symptomatic or asymptomatic COVID-19 case if they have been exposed to COVID-19

---

HP7353_02—22 September 2020