

ALERT LEVEL 1: PERSONAL PROTECTIVE EQUIPMENT (PPE) REQUIRED WHEN CARING FOR A COVID-19 CASE IN HEALTH AND DISABILITY CARE SETTINGS INCLUDING CARE PROVIDED IN PLACE OF RESIDENCE









IMPORTANT REMINDER

For all patient care and interactions, staff should follow Standard Precautions and adhere to the '5 moments for hand hygiene'

This is intended as a high level reference document when caring for a probable or confirmed COVID-19 case, or someone who is under investigation for COVID-19. Please refer to the Ministry of Health website for PPE Frequently Asked Questions and specific advice for some settings⁴. Refer to local Infection Prevention and Control (IPC) guidance also.

If you do not know someone's COVID-19 status, please conduct a risk assessment before using any PPE. The risk assessment is outlined in *Alert Level 1: Health and Disability Sector Risk Assessment for Interactions with People of Unknown COVID-19 Status to Determine Appropriate Initial Infection Prevention and Control (IPC) Approach*⁴.

Note: The risk of community transmission is very low in Alert Level 1. Guidance will be updated if this context changes.

	HEALTH AND DISABILITY WORKERS			PATIENTS	VISITORS	FAMILY CARERS	CLEANING ¹
	Caring for or contact with patients who meet the case definition for COVID-19 ²	Caring for or contact with patients who meet the case definition for COVID-19 ²	Caring for or contact with patients who meet the case definition for COVID-19 ²				
	Care in community based healthcare settings, including a person's place of residence	Care in hospital (including emergency departments and wards) ³	Aerosol generating procedures ⁴	Meeting the COVID-19 case definition ²	Visiting clients/ patients who meet the case definition for COVID-19 ²	Caring for clients/ patients who meet the case definition for COVID-19 ²	Current COVID-19 positive case in room or after exit from rooms
 HAND HYGIENE	✓	✓	✓	✓	✓	✓	✓
 SURGICAL MASKS	✓	✓	✗	✓ Whilst waiting assessment and on transfer, not required once admitted to a single room.	✓	✓	✓ If patient in the room
 N95/P2 Particulate respirators	✗	✗	✓	✗	✗	✗	✗
 GOWNS/ APRONS	✓ Plastic apron or fluid-resistant long sleeve gown		✓ Fluid-resistant long sleeve gown	✗	✗	✗	✓ NON-PATIENT CONTACT: plastic apron
 GLOVES	✓ Single use	✓ Single use	✓ Single use	✗	✗	✗	✓ Single use or reusable heavy-duty gloves
 EYE PROTECTION Disposable or reusable whenever available	✓	✓	✓	✗	✗	✗	✓ If patient is in the room
OTHER MEASURES					Visitor should observe hand hygiene, respiratory and cough etiquette and 1m physical distancing from the patient/client. ⁵	As a close contact of a COVID-19 case, additional precautions will be advised that should be adhered to.	

Always apply Standard Precautions according to care required. ⁴ Minimise number of people in room at one time and maintain physical distancing of 1m where able.

Notes:

- Cleaner should liaise with nurse or team leader before entering room.
- Case definition: www.health.govt.nz/covid19-case-definition
- Minimise number of people in the room at one time, or in a transfer team.
- www.health.govt.nz/ppe-health
- If contact closer than 1m is required (for example, patient receiving end-of-life care), visitor is to wear additional PPE including gloves and gown.