

Budget 2019: Mental wellbeing package

BUDGET SENSITIVE –
DRAFT AS AT 15 MAY 2019

Vote Health mental wellbeing initiatives

Component	Description	Inquiry themes and recommendations*	19/20	20/21	21/22	22/23	Total
Expanding access and choice of primary mental health and addiction support			55.338	105.417	142.830	186.289	489.874
Service delivery	<ul style="list-style-type: none"> National roll-out over 5 years to provide availability to all New Zealanders Builds capacity to support 81,000 new people p.a. (approx. 5 regions p.a.). This equates to approximately 6.5% of all New Zealanders (325,000 people) once fully rolled out Service delivery in Year 1 s 9(2)(f)(iv) and current primary MHA responses 	Access and Choice, Action on AOD, Primary Care, Strengthen the NGO sector, People at the centre 1. Significantly increase access to MHA services for people with mild to moderate needs	25.000	70.781	101.250	141.875	338.906
Increasing service capacity to refer and respond	Primary addiction services (incl. AOD brief interventions and counselling) for an additional 5,000 people per year across 10 sites	5. Increase choice by broadening the types of MHA services available	2.000	3.000	4.000	5.000	14.000
	Expanded access to and choice of telehealth and digital support	6. Develop a proposal for Budget 2019 to make talk therapies, AOD services and cultural alighted therapies much more widely available	5.200	5.200	5.200	5.200	20.800
Workforce development	Upskilling and expanding capacity of existing workforces and building new workforces	7-8. Facilitate a national co-designed service transformation process and fund the co-design and change process	13.888	18.186	22.330	22.664	77.068
Enablers	<ul style="list-style-type: none"> Co-design and regional model re-design, service coordination, and governance IT infrastructure, implementation, evaluation 		9.250	8.250	10.050	11.550	39.100
Additional mental wellbeing initiatives			37.572	43.161	45.701	48.366	174.800
Preventing suicide and supporting people bereaved by suicide	<ul style="list-style-type: none"> Māori, Pacific and DHB prevention initiatives Improved family and whānau and media response services Suicide postvention services for over 4,400 people bereaved by suicide annually 	Suicide Prevention 30. Ensure the strategy is supported by significantly increased resources for suicide prevention and postvention	10.100	10.000	9.950	9.950	40.000
Improving support for people experiencing a mental health crisis	Improved responses for the approximately 15,000 people who present to EDs in crisis or at risk of suicide	Suicide Prevention, Access and Choice, People at the centre	2.000	2.000	2.000	2.000	8.000
Enhancing the quality and capacity of specialist alcohol and other drug services**	Increased funding for AOD services (eg, residential care, detox, aftercare), with a focus on the over 2,000 people receiving these services each year	Action on AOD, Access and Choice, Strengthen the NGO sector 28. Support a health approach to drug use with a range of treatment/detox services	10.500	10.500	10.500	10.500	42.000
Te Ara Oranga	Continued support for the Northland methamphetamine harm reduction programme which supports around 500 people and their whānau each year	Action on AOD, Access and Choice	1.000	1.000	1.000	1.000	4.000
Promoting wellbeing in primary, intermediate schools	Roll-out of wellbeing and resilience-building resources for primary and intermediate school students with ongoing enhancements	Wellbeing Promotion and Prevention	1.000	0.400	0.400	0.400	2.200
Expanding and enhancing School Based Health Services	<ul style="list-style-type: none"> Expansion to 5,600 students at decile 5 publicly-funded secondary schools Workforce development, electronic assessments and evaluation 	Wellbeing Promotion and Prevention, Access and Choice	5.232	4.771	4.871	4.726	19.600
Mental wellbeing support for parents and whānau	Pilot to co-design, test and evaluate a tailored approach to provide enhanced support for parents and whānau with mental health or addiction needs	Wellbeing Promotion and Prevention, People at the centre	0.550	3.100	3.100	3.250	10.000
Intensive parenting support	Roll-out of the intensive Pregnancy and Parenting Service to a further two sites, providing support for approximately 200 additional whānau per year	People at the Centre, Action on AOD, Access and Choice	1.000	2.000	2.000	2.000	7.000
Forensic mental health services for young people	<ul style="list-style-type: none"> Additional community health workers and senior medical officers Workforce development 	People at the Centre, Access and Choice	2.420	3.960	5.470	7.150	19.000
Forensic mental health services for adults	<ul style="list-style-type: none"> Additional community health workers and senior medical officers Improved in-reach services for adults in prison 	People at the Centre, Access and Choice	1.770	3.430	4.410	5.390	15.000
Mental Health and Wellbeing Commission	Personnel and operating costs	Mental Health and Wellbeing Commission 36. Establish an independent commission	2.000	2.000	2.000	2.000	8.000
Subtotal mental wellbeing initiatives			92.910	148.578	188.531	234.655	664.674
Uplift to DHB mental health ring fence			53.272	53.272	53.272	53.272	213.088
Total			146.182	201.850	241.803	287.927	877.762

Primary service delivery

Service delivery funding includes dedicated funding for Māori, Pacific and young people to enable delivery of services in a range of settings.

Proposed cross-agency initiatives

Other agencies' mental wellbeing initiatives (Note: reflected at the full scale requested, not reflective of the final package)	s 9(2)(f)(iv)
Justice: Hāpaitia te Oranga Tangata - Victim Services	
Corrections: Increasing Access to Mental Health and Addiction Support	
Corrections: Streamlining pathway to AOD residential care	
Housing: Ending Homelessness Housing First	
Housing: Expansion of transitional housing	
Social Development: Improving wellbeing outcomes for disabled people	
Oranga Tamariki: Transition services for young people leaving care	
Total	

Health will work with the Ministry of Education to implement the initiatives supporting the health and wellbeing of children and young people in schools.

Support for Christchurch

Component	18/19	19/20	Total
Additional support services for Canterbury DHB	3.000	-	3.000
Continuation of time-limited funding for 26 FTE primary care and community-based mental health workers	-	5.480	5.480
Total	3.000	5.480	8.480

* The Inquiry theme/s that initiatives primarily align with has been identified in this column, as well as the recommendation/s to which the initiative most directly contributes. Most initiatives will align with and contribute to a number of themes and recommendations. | **Note: this figure excludes \$0.5m p.a. of Vote Corrections funding to streamline the pathway to AOD care for people exiting prison.