

19 FEB 2020

Ref: H202000307

Dear 

### Response to your request for official information

Thank you for your request under the Official Information Act 1982 (the Act) on 24 January 2020 for data on eating disorders. A copy of your request including information in response to your questions is outlined in Appendix 1 of this letter.

It is important to take note of the following when interpreting the data provided:

- This provides data on eating disorders between January 2016 to December 2018 only. Please note that finalising this information involves a variety of data quality processes before being published. Generally, provisional data becomes available around 2 years after the end of the year. For this reason, 2019 data can be expected to be made available by mid-2020.
- This data was extracted from two merged datasets:
  - National Minimum Data Set (NMDS); and
  - Programme for the Integration of Mental Health Data (PRIMHD)
- For this reason, the data may differ from any individually published information.
- Some service users appear in both NMDS and PRIMHD for the same event end year; these are only counted once in each year.
- Individuals diagnosed with an eating disorder in different years will be counted more than once.
- Individuals diagnosed with more than one eating disorder event in a calendar year will be counted only once in each year.
- The service users' age is calculated at the date of discharge. Individuals recorded in more than one age group in a calendar year will be counted in each relevant age group.

I trust that this information fulfils your request. Under section 28(3) of the Act you have the right to ask the Ombudsman to review any decisions made under this request.

Please note that this response, with your personal details removed, may be published on the Ministry of Health website.

Yours sincerely

  
Gaynor Bradfield  
**Manager, Office of the Deputy Director-General  
Data and Digital**

**Appendix 1**

#	Requested information	Response
1	<i>The number of people diagnosed with an eating disorder in the years 2016, 2017, 2018 and 2019</i>	Refer to Table 1 below.
2	<i>This figure broken down by age and gender</i>	Refer to Table 2 (overleaf)

Table 1. Number of people with an eating disorder<sup>1</sup> as their principal diagnosis from January 2016 to December 2018, broken down by gender

YEAR	GENDER			Total
	Female	Male	Unknown	
2016	858	78	0	936
2017	805	79	0	884
2018	916	86	1	1003

<sup>1</sup> Defined as ICD-10-AM version 8 code of 'F50' (<https://icd.who.int/browse10/2016/en#F50.8>) or DSM-IV code of '3071' or '3075' (<https://health.govt.nz/nz-health-statistics/data-references/code-tables/dsm-iv-code-table>)

Table 2. Number of people with an eating disorder as their principal diagnosis from January 2016 to December 2018, broken down by gender and age

AGE	YEAR							
	2016		2017		2018		Unknown	
	Female	Male	Female	Male	Female	Male		
00 to 04	5	6	3	3	5	1	0	
05 to 09	4	6	3	2	9	5	0	
10 to 14	85	23	82	18	92	20	0	
15 to 19	344	14	323	23	341	26	1	
20 to 24	175	6	161	9	212	9	0	
25 to 29	91	3	71	3	88	7	0	
30 to 34	42	4	57	3	56	2	0	
35 to 39	30	2	28	3	38	6	0	
40 to 44	27	4	25	1	28	2	0	
45 to 49	30	8	23	5	25	2	0	
50 to 54	15	1	16	4	12	4	0	
55 to 59	10	0	8	2	14	0	0	
60 to 64	3	0	7	2	3	2	0	
65 to 69	1	1	1	0	3	0	0	
70 to 74	5	0	2	0	3	0	0	
75 to 79	1	0	0	0	1	0	0	
80 to 84	0	0	1	0	1	0	0	
85+	0	0	1	1	0	0	0	