



# Cabinet Social Outcomes Committee

## Minute of Decision

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### Health Policy Paper

**Portfolio**                      **Health**

On 12 November 2025, the Cabinet Social Outcomes Committee:

- 1        **noted** that in September 2025, the Cabinet Social Outcomes Committee (SOU) agreed to regulate to prohibit puberty blocker prescribing to treat gender incongruence or dysphoria in new patients [SOU-25-MIN-0104];
- 2        **noted** that at that time SOU also agreed to maintain existing youth gender services and to improve access to those services;
- 3        **noted** that the Medicines (Restriction on Prescribing Gonadotropin Releasing Hormone Analogues) Amendment Regulations 2025 (Regulations), attached to the submission under SOU-25-SUB-0160, give effect to the decision in paragraph 1 above;
- 4        **authorised** the submission to the Executive Council of the Medicines (Restriction on Prescribing Gonadotropin-releasing Hormone Analogues) Amendment Regulations 2025 [PCO 28400/4.0];
- 5        **noted** that the Ministry of Health has engaged with Health New Zealand to develop options to increase the accessibility of youth gender services, as set out in the paper under SOU-25-SUB-0160;
- 6        **agreed** to implement Option 1: Maintain existing youth gender services and improve access to those services through an online hub (a comprehensive online hub to connect young people and their families seeking support to gender services information, advice, and services);
- 7        **authorised** any further policy decisions on this matter to be delegated to the Minister of Health.

Sam Moffett  
Committee Secretary

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(see over for attendance)

**Present:**

Hon David Seymour  
Rt Hon Winston Peters  
Hon Louise Upston (Chair)  
Hon Nicola Willis  
Hon Chris Bishop  
Hon Simeon Brown  
Hon Dr Shane Reti  
Hon Tama Potaka  
Hon Matt Doocey  
Hon Nicole McKee  
Hon Casey Costello  
Hon Karen Chhour  
Hon Penny Simmonds  
Hon Scott Simpson

**Officials present from:**

Prime Minister's Office  
Office of the Minister of Health  
Office of the Minister of Transport  
Ministry of Health  
Officials Committee for SOU

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