



# Cabinet

## Minute of Decision

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### Health Policy Paper

Portfolio                      Health

On 1 December 2025, Cabinet:

- 1        **agreed** to amend the Medicines (Restriction on Prescribing Gonadotropin-releasing Hormone Analogues) Amendment Regulations 2025 (the Regulations) to specify that the prohibition on prescribing applies only to medicines for puberty suppression in new patients with gender dysphoria or incongruence;
- 2        s 9(2)(h)
- 3        **noted** that the Parliamentary Counsel Office has drafted Amendment Regulations, which give effect to the decision in paragraph 1 above;
- 4        **agreed** to a waiver of the 28-day rule to ensure the Amendment Regulations referred to in paragraph 3 above come into force at the same time as the Regulations, on 19 December 2025;
- 5        **authorised** the submission to the Executive Council of the Medicines (Restriction on Prescribing Gonadotropin-releasing Hormone Analogues) Amendment Regulations (No 2) 2025 [PCO 28571/3.0].

Rachel Hayward  
Secretary of the Cabinet