

133 Molesworth Street
PO Box 5013
Wellington 6140
New Zealand
T+64 4 496 2000

24 October 2025

s 9(2)(a)

Ref: H2025073336

Tēnā koe s 9(2)(a)

Response to your request for official information

Thank you for your request under the Official Information Act 1982 (the Act) to the Ministry of Health | Manatū Hauora (the Ministry) on 29 September 2025 regarding the *Kia Kaha, Kia Māia, Kia Ora Aotearoa: COVID 19 Psychosocial and Mental Wellbeing Plan (Kia Kaha)*. You asked the following questions:

1. *Can you advise why the Kia Kaha, Kia Māia, Kia Ora Aotearoa: COVID 19 Psychosocial and Mental Wellbeing Plan was archived?*
2. *Has the plan been replaced? If yes, please name and provide a link? If not, Does MOH is intend to replace the plan?*
3. *Can advise whether there has been any review of the effectiveness of the Kia Kaha, Kia Māia, Kia Ora Aotearoa: COVID 19 Psychosocial and Mental Wellbeing Plan now that it has been archived?*
4. *If the answer to question 3 is yes, can you please provide us a copy of this review?*

Kia Kaha was a time-bound pandemic response. *Kia Kaha* represented the first stage in the longer-term pathway to implement the Government's response to *He Ara Oranga: Report of the Government Inquiry into Mental Health and Addiction*. It was archived in this context and superseded by the longer-term direction outlined below, consistent with our web publishing lifecycle (pages are archived when no longer relevant).

Rather than a like-for-like replacement, the Government moved to a 10-year, whole-of-government response, *Kia Manawanui Aotearoa: Long-term pathway to mental wellbeing (2021–2031)* which can be found here: [Kia Manawanui Aotearoa: Long-term pathway to mental wellbeing | Ministry of Health NZ](#).

There was no standalone effectiveness review of *Kia Kaha*. Instead, progress and lessons were taken forward under *Kia Manawanui Aotearoa*, which builds on the foundation of the earlier plan.

I trust this information fulfils your request. If you wish to discuss any aspect of your request please feel free to contact the OIA Services Team on: oiagr@health.govt.nz.

Under section 28(3) of the Act, you have the right to ask the Ombudsman to review any decisions made under this request. The Ombudsman may be contacted by email at: info@ombudsman.parliament.nz or by calling 0800 802 602.

Please note that this response, with your personal details removed, may be published on the Ministry website at: www.health.govt.nz/about-ministry/information-releases/responses-official-information-act-requests.

Nāku noa, nā



Michael Woodside

**Group Manager, Mental Health, Addiction and Suicide Prevention, Strategy and Policy
Public Health Agency | Te Pou Hauora Tūmatanui**