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7 May 2025

s 9(2)(a)

Ref: H2025065454

Tēnā koe s 9(2)(a)

### **Response to your request for official information**

Thank you for your request under the Official Information Act 1982 (the Act) received by the Ministry of Health – Manatū Hauora (the Ministry) as a transfer from Health New Zealand – Te Whatu Ora on 22 April 2025. You requested:

- *Percentage of teens who are obese*
- *Trend of obesity over the past five years (from the most recent date)*
- *Annual expenditure related to obesity (direct and indirect) - this may be related to total costs, including adults*
- *Strategies and initiatives to address the obesity problem of teens in New Zealand*

Your request is refused under section 18(g)(i) of the Act as the information requested is not held by the Ministry and there are no grounds for believing it is held by another agency subject to the Act. You may be interested in the following online resources relating to obesity:

- [www.health.govt.nz/strategies-initiatives/programmes-and-initiatives/obesity](http://www.health.govt.nz/strategies-initiatives/programmes-and-initiatives/obesity),
- [www.tewhatauora.govt.nz/health-services-and-programmes/nutrition/eating-and-activity-guidelines](http://www.tewhatauora.govt.nz/health-services-and-programmes/nutrition/eating-and-activity-guidelines)
- <https://info.health.nz/services-support/support-services/green-prescriptions/active-families>

The New Zealand Health Survey reports the estimated prevalence of obesity among children aged 0 to 14 years) and adults. The results of the most recent survey can be found online at the following location:

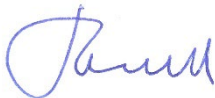
- [www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey](http://www.health.govt.nz/publications/annual-update-of-key-results-202324-new-zealand-health-survey)
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If you wish to discuss any aspect of your request with us, including this decision, please feel free to contact the OIA Services Team on: [oiagr@health.govt.nz](mailto:oiagr@health.govt.nz).

Under section 28(3) of the Act, you have the right to ask the Ombudsman to review any decisions made under this request. The Ombudsman may be contacted by email at: [info@ombudsman.parliament.nz](mailto:info@ombudsman.parliament.nz) or by calling 0800 802 602.

Please note that this response, with your personal details removed, may be published on the Ministry website at: [www.health.govt.nz/about-ministry/information-releases/responses-official-information-act-requests](http://www.health.govt.nz/about-ministry/information-releases/responses-official-information-act-requests).

Nāku noa, nā



Dr Jin Russell

**Clinical Chief Advisor: Child and Youth**

**Clinical, Community and Mental Health | Te Pou Whakakaha**