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15 May 2025

s 9(2)(a)

Ref: H2025065298

Tēnā koe s 9(2)(a)

Response to your request for official information

Thank you for your request under the Official Information Act 1982 (the Act) to the Ministry of Health – Manatū Hauora (the Ministry) on 10 April 2025 for information regarding the Eating and Activity Guidelines for New Zealand Adults (the Guidelines). You requested:

Please supply a list of organisations and individuals (including other Ministers and officials/staff from other Governmental Ministries), who had any communication or contact with the Minister of Health or the Associate Minister of Health, or staff within their offices, between 1 January 2019 and 31 December 2020, regarding the development of the Eating and Activity Guidelines for New Zealand Adults: December 2020.

The Guidelines were updated in December 2020 to include advice for pregnant and breastfeeding women. The Eating and Activity Guidelines Statements for adults remained the same as in the 2015, when the Eating and Activity Guidelines for New Zealand Adults was first published. The other key change was an update to serving size advice by adopting the evidence based Australian serve size advice.

The Ministry has searched through its records and cannot find any correspondence to the Minister of Health or Associate Ministers of Health regarding the update of the Guidelines in 2020. As the government has changed since then, the Ministry cannot transfer the request to the Offices of the previous Minister and Associate Ministers of Health. Therefore, your request is refused under section 18(g)(i) of the Act, as the information requested is not held by the Ministry and there are no grounds for believing it is held by another agency subject to the Act.

If you wish to discuss any aspect of your request with us, including this decision, please feel free to contact the OIA Services Team on: oiagr@health.govt.nz.

Under section 28(3) of the Act, you have the right to ask the Ombudsman to review any decisions made under this request. The Ombudsman may be contacted by email at: info@ombudsman.parliament.nz or by calling 0800 802 602.

Please note that this response, with your personal details removed, may be published on the Ministry website at: www.health.govt.nz/about-ministry/information-releases/responses-official-information-act-requests.

Nāku noa, nā

A handwritten signature in blue ink, appearing to read 'Michelle Mako', is positioned above the printed name.

Michelle Mako
Director Hauora Māori Tūmatanui
Public Health Agency | Te Pou Hauora Tūmatanui