

How is my privacy protected?

The information you provide to the interviewer is confidential and is protected by the Privacy Act 2020, and by the safeguards we have put in place.

We ensure security by:

- keeping data safe from unauthorised access and use
- not releasing information that could identify individuals

The answers you give in the survey are added to other people's answers to create grouped results. For example, we are interested in the percentage of children who have asthma in New Zealand.

Where can I find the survey results?

The results of the New Zealand Health Survey can be found on the Ministry of Health website:

www.health.govt.nz/nzhealthsurvey

Need more information?

For more information on the New Zealand Health Survey, visit the Ministry of Health website: www.health.govt.nz/nzhealthsurvey or phone Reach Aotearoa on 0800 478 783 (9am-9pm, 7 days) or visit www.nzhs.org.nz

If you have any questions about your rights as a participant in this survey, you can contact an independent health and disability advocate for free advice. Telephone: **0800 555 050**
Email: advocacy@hdc.org.nz

The New Zealand Health Survey has been approved by the Multi-region Ethics Committee.

Thank you for reading this pamphlet.



**Te Kāwanatanga
o Aotearoa**
New Zealand Government



HP 5197

New Zealand Health Survey Information for participants



New Zealand Health Survey

What is the New Zealand Health Survey?

The New Zealand Health Survey collects information about the health of New Zealanders and the health services they use. Every year, about 14,000 New Zealand households take part in the survey.

Who is carrying out the survey?

The Ministry of Health contracts a company called Reach Aotearoa to carry out the interviews for the New Zealand Health Survey. Reach Aotearoa is a New Zealand company experienced in carrying out surveys.

Who is asked to participate?

Addresses from across New Zealand are chosen at random. From each selected household, we will invite one adult and one child (if any) to take part in the survey. A parent or legal guardian will be invited to complete the survey on behalf of children aged under 15 years.

We greatly appreciate your participation, but you can refuse if you wish.

How long does the survey take?

The interview for adults takes about 45 minutes and the interview for children takes about 25 minutes. Interviews can be done at a time that suits you and your family.

What information is collected?

The New Zealand Health Survey collects information about:

- common health conditions and diseases
- health services used and barriers to accessing health services
- factors that influence health

These are some examples of questions:

- Has a doctor told you that your child has asthma?
- Was there a time you had a medical problem but did not visit a doctor because of cost?
- How many hours of sleep do you usually get in a 24 hour period, including naps and sleeps?

The interviewer may also ask to measure your height, weight, waist circumference and blood pressure. However, if you would rather not provide any of these measurements, you can simply tell the interviewer.



What is the information used for?

The information from the New Zealand Health Survey is used to:

- monitor the health of New Zealanders and their use of health services
- develop health services, policies and programmes to help more New Zealanders

In the future, health researchers may want to contact you about follow-up research on health or health services. We will only invite you to take part in follow-up research if you consent for this at the end of the interview. If you are invited to take part in any future studies you will be free to refuse if you do not want to take part.

At the end of the interview we will also ask for your consent to link your survey answers with other data routinely collected by government agencies. This step allows researchers to learn even more about the things that affect our nation's health. For more information on how your data will be kept safe, and for examples of how linked data can be used, see: www.stats.govt.nz/integrated-data

