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24 February 2022

s 9(2)(a)

By email: s 9(2)(a)  
Ref: H202200575

Tēnā koe s 9(2)(a)

### **Response to your request for official information**

Thank you for your request under the Official Information Act 1982 (the Act) on 26 January 2022 for data on mental health and addiction (MHA) services in the last five years. Please refer to Appendix 1 of this letter for further information regarding your request.

It is important to note that the information provided reflects 'DHB of provider/service' data, instead of 'DHB of domicile'.

I trust this information fulfils your request. Under section 28(3) of the Act, you have the right to ask the Ombudsman to review any decisions made under this request. The Ombudsman may be contacted by email at: [info@ombudsman.parliament.nz](mailto:info@ombudsman.parliament.nz) or by calling 0800 802 602.

Please note that this response, with your personal details removed, may be published on the Ministry of Health website at: [www.health.govt.nz/about-ministry/information-releases](http://www.health.govt.nz/about-ministry/information-releases).

Yours sincerely



Philip Grady  
**Acting Deputy Director-General**  
**Mental health and Addiction**

## Appendix 1

#	Requested information	Ministry response
1	<i>Total population served by each DHB's mental health and addiction services.</i>	Please refer to <b>Document 1</b> for this information.
2	<i>Referrals to each DHB's mental health and addiction services.</i>	Please refer to <b>Document 2</b> which provides an overview of referrals to DHB's MHA services from 2016/17 to 2020/21. This includes a breakdown by age group and MHA service type.
3	<i>Clients seen by each DHB's mental health and addiction services.</i>	Please refer to <b>Document 3</b> which provides an overview of referrals to DHB's MHA services from 2016/17 to 2020/21. This includes a breakdown by age group and MHA service type.
4	<i>Average waiting times for the first, second and third contacts in each DHB's mental health and addiction services.</i>	<p>Waiting times for new MHA clients are measured in the MH03<sup>1</sup> waiting times performance measure. These reflect the length of time between the day when a client is referred to an MHA service and the day when the client is first seen by the service.</p> <p>MH03 dashboards with data from 2011/12 onwards are available on the Nationwide Service Framework Library website:  <a href="https://nsfl.health.govt.nz/accountability/performance-and-monitoring/data-quarterly-reports-and-reporting/mental-health-alcohol">https://nsfl.health.govt.nz/accountability/performance-and-monitoring/data-quarterly-reports-and-reporting/mental-health-alcohol</a>.</p> <p>Please note average wait times for second and third contacts are not recorded or measured. Your request for this information is therefore refused under section 18(g) of the Act.</p>
5	<i>Crisis attendances by each DHB's mental health and addiction services.</i>	Please refer to <b>Document 4</b> which provides a breakdown of crisis attendances (number and duration) from 2016/17 to 2021/21 broken down by month, DHB of service, team type, target population, and age group.
6	<i>Total hours spent on crisis attendances by each DHB's mental health and addiction services.</i>	
7	<i>"Did not attends" in each DHB's mental health and addiction services.</i>	Please refer to <b>Document 5</b> which provides an overview of Did not attends recorded by DHB's mental health and addiction services from 2016/17 to 2020/21. This includes a breakdown by age group and MHA service type.

<sup>1</sup> Shorter waits for non-urgent mental health and addiction services

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8	<i>Inpatient admissions in each DHB's mental health and addiction services.</i>	Please refer to <b>Document 6</b> which provides a breakdown of MHA acute inpatient admissions from 2016/17 to 2020/21 broken down by month, DHB of service, team type, target population, and age group.																																										
9	Inpatient beds available in each DHB's mental health and addiction services.	<p>Please refer to the following table for this information:</p> <table><tr><th>DHB</th><th>Number of Available Bed Days 2020/21</th></tr><tr><td>Auckland</td><td>38,325</td></tr><tr><td>Bay of Plenty</td><td>12,070</td></tr><tr><td>Canterbury</td><td>42,705</td></tr><tr><td>Capital &amp; Coast</td><td>28,855</td></tr><tr><td>Counties Manukau</td><td>28,653</td></tr><tr><td>Hawke's Bay</td><td>8,395</td></tr><tr><td>Hutt Valley</td><td>8,261</td></tr><tr><td>Lakes</td><td>4,015</td></tr><tr><td>MidCentral</td><td>8,372</td></tr><tr><td>Nelson Marlborough</td><td>10,585</td></tr><tr><td>Northland</td><td>16,425</td></tr><tr><td>South Canterbury</td><td>2,340</td></tr><tr><td>Southern</td><td>28,470</td></tr><tr><td>Tairāwhiti</td><td>3,005</td></tr><tr><td>Taranaki</td><td>6,954</td></tr><tr><td>Waikato</td><td>15,618</td></tr><tr><td>Waitematā</td><td>24,455</td></tr><tr><td>West Coast</td><td>3,650</td></tr><tr><td>Whanganui</td><td>4,376</td></tr><tr><td><b>Total</b></td><td><b>295,530</b></td></tr></table> <p><i>Source: DHB Price Volume Schedule 2020/21</i></p> <p>Please note:</p> <ol style="list-style-type: none"><li>1. Purchase unit codes MHA01 (adult inpatient), MHA02 (intensive care), MHA07 (sub-acute)</li><li>2. Excludes forensic, child &amp; youth, and older people beds</li></ol>	DHB	Number of Available Bed Days 2020/21	Auckland	38,325	Bay of Plenty	12,070	Canterbury	42,705	Capital & Coast	28,855	Counties Manukau	28,653	Hawke's Bay	8,395	Hutt Valley	8,261	Lakes	4,015	MidCentral	8,372	Nelson Marlborough	10,585	Northland	16,425	South Canterbury	2,340	Southern	28,470	Tairāwhiti	3,005	Taranaki	6,954	Waikato	15,618	Waitematā	24,455	West Coast	3,650	Whanganui	4,376	<b>Total</b>	<b>295,530</b>
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10	<i>Inpatient bed occupancy rates in each DHB's mental health and addiction services.</i>	<p>Please refer to the following table for this information:</p> <table><tr><th>DHB</th><th>Number of Available Bed Days 2020/21</th><th>Number of Actual Bed Days 2020/21</th><th>Bed Occupancy Rate 2020/21</th></tr><tr><td>Auckland</td><td>38,325</td><td>37,595</td><td>98%</td></tr><tr><td>Bay of Plenty</td><td>12,070</td><td>12,042</td><td>100%</td></tr><tr><td>Canterbury</td><td>42,705</td><td>33,259</td><td>78%</td></tr><tr><td>Capital &amp; Coast</td><td>28,855</td><td>29,133</td><td>101%</td></tr><tr><td>Counties Manukau</td><td>28,653</td><td>23,012</td><td>80%</td></tr><tr><td>Hawke's Bay</td><td>8,395</td><td>8,500</td><td>101%</td></tr><tr><td>Hutt</td><td>8,261</td><td>8,056</td><td>98%</td></tr><tr><td>Lakes</td><td>4,015</td><td>4,284</td><td>107%</td></tr><tr><td>MidCentral</td><td>8,372</td><td>10,500</td><td>125%</td></tr><tr><td>Nelson Marlborough</td><td>10,585</td><td>8,826</td><td>83%</td></tr><tr><td>Northland</td><td>16,425</td><td>14,835</td><td>90%</td></tr><tr><td>South Canterbury</td><td>2,340</td><td>2,183</td><td>93%</td></tr><tr><td>Southern</td><td>28,470</td><td>20,811</td><td>73%</td></tr><tr><td>Tairāwhiti</td><td>3,005</td><td>2,299</td><td>77%</td></tr><tr><td>Taranaki</td><td>6,954</td><td>7,027</td><td>101%</td></tr><tr><td>Waikato</td><td>15,618</td><td>21,770</td><td>139%</td></tr><tr><td>Waitematā</td><td>24,455</td><td>23,252</td><td>95%</td></tr><tr><td>West Coast</td><td>3,650</td><td>2,216</td><td>61%</td></tr><tr><td>Whanganui</td><td>4,376</td><td>4,513</td><td>103%</td></tr><tr><td><b>Total</b></td><td><b>295,530</b></td><td><b>274,113</b></td><td><b>93%</b></td></tr></table> <p>Source: DHB Price Volume Schedule 2020/21</p>	DHB	Number of Available Bed Days 2020/21	Number of Actual Bed Days 2020/21	Bed Occupancy Rate 2020/21	Auckland	38,325	37,595	98%	Bay of Plenty	12,070	12,042	100%	Canterbury	42,705	33,259	78%	Capital & Coast	28,855	29,133	101%	Counties Manukau	28,653	23,012	80%	Hawke's Bay	8,395	8,500	101%	Hutt	8,261	8,056	98%	Lakes	4,015	4,284	107%	MidCentral	8,372	10,500	125%	Nelson Marlborough	10,585	8,826	83%	Northland	16,425	14,835	90%	South Canterbury	2,340	2,183	93%	Southern	28,470	20,811	73%	Tairāwhiti	3,005	2,299	77%	Taranaki	6,954	7,027	101%	Waikato	15,618	21,770	139%	Waitematā	24,455	23,252	95%	West Coast	3,650	2,216	61%	Whanganui	4,376	4,513	103%	<b>Total</b>	<b>295,530</b>	<b>274,113</b>	<b>93%</b>
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11	Average HONOS scores at first contact and discharge in each DHB's mental health and addiction services.	Please refer to <b>Document 7</b> for this information. The HoNOS is one of the HoNOS suite of measures. It is a 12-item scale designed to be used with adults aged 18 to 64. Each item is given a score from 0 (no problem within the period rated) to 4 (severe to very severe), thus the total score can range from 0 to 48.
12	Average HONOSCA scores at first contact and discharge in each DHB's mental health and addiction services.	<p>The HoNOSCA is one of the HoNOS suite of measures. It is a 15-item scale designed to be used with children up to the age of 17. Each item is given a score from 0 (no problem within the period rated) to 4 (severe to very severe), thus the total score can range from 0 to 60.</p> <p>When considering this dataset, it is important to make note of the following:</p> <ul style="list-style-type: none"> <li>• For HoNOSCA, a lot of DHBs do not have inpatient units, therefore these have been excluded.</li> <li>• Tairāwhiti DHB has small numbers of HoNOSCA information, therefore their data has been excluded.</li> <li>• There are some data quality issues due to missing data: <ul style="list-style-type: none"> <li>○ Auckland DHB is missing HoNOSCA inpatient data from July 2017 to August 2018.</li> <li>○ Hawke's Bay DHB has low HoNOS numbers from July 2017 to December 2019.</li> </ul> </li> <li>• Te Pou is a national workforce development centre for mental health, addiction, and disability in New Zealand, and takes a lead in MHA outcomes reporting. The Te Pou HoNOS compliance report highlights the fact that community collection compliance is low and especially so when considered from a matched pair point of view (admission and discharge). <ul style="list-style-type: none"> <li>○ The Te Pou compliance report checks for completion of at least one collection per service user and is available here: <a href="http://www.tepou.co.nz/resources/honos-family-completion-report-apr-jun-2021">www.tepou.co.nz/resources/honos-family-completion-report-apr-jun-2021</a>.</li> </ul> </li> </ul>

#	Requested information	Ministry response
13	<i>Self-harm incidents and/or suicide attempts recorded in each DHB's mental health and addiction services.</i>	<p>There is no national incident reporting system holding the level of detail you have requested relating to self-harm, and only a subset of incidents is required to be reported to the Office of the Director of Mental Health and Addiction Services within the Ministry. The majority of these are s132 deaths (from all causes) and significant incidents involving special patients (eg, AWOL, assaults, breach of leave conditions).</p> <p>Due to strict privacy constraints and protocols relating to publishing confirmed suicide cases, including small numbers creating the risk of identifiability, data is not reported at DHB level on deaths from suicide and has a time lag in reporting; however national level data is available here: <a href="http://www.health.govt.nz/publication/suicide-web-tool">www.health.govt.nz/publication/suicide-web-tool</a>. You may also wish to refer to the following link for information on suicide data related to mental health service users 2017 and 2018: <a href="http://www.health.govt.nz/publication/suicide-data-related-mental-health-service-users-2017-and-2018-2-publications">www.health.govt.nz/publication/suicide-data-related-mental-health-service-users-2017-and-2018-2-publications</a></p>
14	<i>Mental health admissions recorded by hospital emergency departments, including, if available, admissions for suicide attempts and/or self-harm. Again, I would like this going back at least five years and broken down by month if possible.</i>	<p>This part of your request is refused under section 18(g) as the Ministry does not hold data from emergency departments that includes standard coding for mental health, suicide or self-harm.</p> <p>However, ACC holds data for harm related claims submitted by emergency departments which may be useful to you. Details on how to request official information from ACC is available here: <a href="http://www.acc.co.nz/contact/official-information-act-requests/">www.acc.co.nz/contact/official-information-act-requests/</a>.</p>