

Example article for your organisation's intranet

This promotional communication for your internal communications, such as your intranet, is designed to raise staff awareness of improvements in the workplace food environment.

Our workplace is developing a policy to support staff and visitors to make healthy food and drink choices. This means we will be offering a larger proportion of healthier foods in our cafeteria and vending machines and when catering for meetings. The policy will also consider how we can be more environmentally friendly.

Our workplace acknowledges that the food environment in which we live, learn, work and play contributes to our physical and mental health and our overall wellbeing. Many of us spend long hours sitting at work and are time poor. We want quick and convenient food options, while our environment is saturated with unhealthy food. Because work is a significant part of our life, we believe it's important to have a healthy food environment that helps to make healthy choices easy. The scope of our policy does not apply to food that people bring to work for personal consumption.

A group is working on this policy and we will keep you up to date with its progress.

