SPECIFIC PHOBIA SECTION (SP) NZ SECTION 5

*SP1. INTERVIEWER CHECKPOINT: (SEE *SC27a-f) CIRCLE # IF GROUP WAS ENDORSED	
Group 1: ANIMALS	1
Group 2: STILL WATER OR WEATHER EVENTS	2
Group 3: BLOOD, INJURIES, OR MEDICAL EXPERIENCES	3
Group 4: CLOSED SPACES	4
Group 5: HIGH PLACES	5
Group 6: FLYING	6

*SP1a. INTERVIEWER CHECKPOINT: (SEE *SC27a-*SC27f)

EXACTLY ONE CATEGORY CODED '1' IN *SC27a-*SC27f1
MORE THAN ONE CATEGORY CODED '1' IN *SC27a-*SC27f2

*SP2. INTERVIEWER CHECKPOINT: (SEE *SP1)

GO TO FIRST CIRCLED GROUP ON GRID *SP1 AND FOLLOW SKIP

GROUP 1 1	GO TO *SP3
GROUP 2 2	GO TO *SP5
GROUP 3 3	GO TO *SP7
GROUP 4 4	GO TO *SP9
GROUP 5 5	GO TO *SP11
GROUP 6 6	GO TO *SP13

	GROUP 1	
	[KEY PHRASE = ANIMALS]
*SP3.	Earlier you mentioned being a lot more afraid than most people of insects, snakes or other animals. How old were you the <u>very first</u> time you had a fear of some type of animal?	YEARS OLD
	IF "ALL MY LIFE" OR "AS LONG AS I CAN REMEMBER," PROBE: Was it before you first started school? IF NOT YES, PROBE: Was it before you were a teenager?	BEFORE STARTED SCHOOL 4 BEFORE TEENAGER
*SP3.1.	INTERVIEWER CHECKPOINT: (SEE *SP1a, *SC27.2, *SC27.3)	
	*SP1a EQUALS '2' AND *SC27.2 EQUALS '1'1 *SP1a EQUALS '2' AND *SC27.3 EQUALS '1'2 GO TO *SP3b *SC27.3 EQUALS '1'	
*SP3a.	Was there ever a time when you almost always became very <u>upset</u> or <u>anxious</u> whenever you were faced withthe type of animal that scared you most)?	YES
*SP3a.1	INTERVIEWER CHECKPOINT: (SEE *SC27.3)	
	*SC27.3 EQUALS '1' 1 ALL OTHERS 2 GO TO *SP4	
*SP3b.	Did you ever <u>avoid</u> situations where you might have even a small chance of seeing this type of animal whenever you could because of your fear?	YES
*SP3c.	How old were you when you first avoided situations where you might see this type of animal?	YEARS OLD
	IF "ALL MY LIFE" OR "AS LONG AS I CAN REMEMBER," PROBE: Was it before you first started school?	BEFORE STARTED SCHOOL4 BEFORE TEENAGER12 NOT BEFORE
	IF NOT YES, PROBE: Was it before you were a teenager?	TEENAGER 13 DON'T KNOW 998 REFUSED 999

*SP4. INTERVIEWER CHECKPOINT: (SEE *SP1)

GO TO NEXT CIRCLED GROUP ON GRID *SP1

CD OLID 2	CO TO ACDE
GROUP 2 2	GO 10 *SP5
GROUP 3 3	GO TO *SP7
GROUP 4 4	GO TO *SP9
GROUP 5 5	GO TO *SP11
GROUP 6 6	GO TO *SP13
ALL OTHERS 7	GO TO *SP14

	GROUP 2				
	[KEY PHRASE = STORMS OR STILL WATER]				
*SP5.	(Earlier you/ You also) mentioned being a lot more afraid than most people of either being in storms or in still water. How old were you the very first time you had this fear?	YEARS OLD BEFORE STARTED SCHOOL4			
	IF "ALL MY LIFE" OR "AS LONG AS I CAN REMEMBER," PROBE: Was it before you first started school? IF NOT YES, PROBE: Was it before you were a teenager?	BEFORE TEENAGER			
		REFUSED999			
*SP5.1.	INTERVIEWER CHECKPOINT: (SEE *SP1a, *SC27.2, *SC27.3) *SP1a EQUALS '2' AND *SC27.2 EQUALS '1' 1 *SP1a EQUALS '2' AND *SC27.3 EQUALS '1' 2 GO TO *SP5b *SC27.3 EQUALS '1' 3 GO TO *SP5c ALL OTHERS 4 GO TO *SP6				
*SP5a.	Was there ever a time when you almost always became very <u>upset</u> or <u>anxious</u> whenever you were faced with the situation like this that scared you most?	YES			
*SP5a.1	*SC27.3 EQUALS '1'				
*SP5b.	Did you ever <u>avoid</u> situations where you could be in a storm or still water whenever you could because of your fear?	YES			
*SP5c.	How old were you when you first started avoiding these situations? IF "ALL MY LIFE" OR "AS LONG AS I CAN REMEMBER," PROBE: Was it before you first started school? IF NOT YES, PROBE: Was it before you were a teenager?	YEARS OLD BEFORE STARTED SCHOOL			

GROUP 3					
	[KEY PHRASE = BLOOD, INJURIES, OR MEDICAL EXPERIENCES]				
*SP7.	(Earlier you/ You also) mentioned being a lot more afraid than most people of going to a doctor or a dentist or a hospital, or having an injection, or seeing blood or injury. How old were you the very first time you had this fear? IF "ALL MY LIFE" OR "AS LONG AS I CAN REMEMBER," PROBE: Was it before you first started school? IF NOT YES, PROBE: Was it before you were a teenager?	YEARS OLD BEFORE STARTED SCHOOL			
*SP7.1.	INTERVIEWER CHECKPOINT: (SEE *SP1a, *SC27.2, *SC27.3)				
	*SP1a EQUALS '2' AND *SC27.2 EQUALS '1' 1 *SP1a EQUALS '2' AND *SC27.3 EQUALS '1' 2 GO TO *SP7b *SC27.3 EQUALS '1' 3 GO TO *SP7c ALL OTHERS 4 GO TO *SP7f				
*SP7a.	Was there ever a time when you almost always became very <u>upset</u> or <u>anxious</u> whenever you were faced with the thing in this group that scared you most?	YES			
*SP7a.1	INTERVIEWER CHECKPOINT: (SEE *SC27.3)				
	*SC27.3 EQUALS '1' 1 ALL OTHERS 2 GO TO *SP7f				
*SP7b.	Did you ever <u>avoid</u> any of these things whenever you could because of your fear?	YES			
*SP7c.	How old were you when you first avoided any of these situations?	YEARS OLD			
	IF "ALL MY LIFE" OR "AS LONG AS I CAN REMEMBER," PROBE: Was it before you first started school? IF NOT YES, PROBE: Was it before you were a teenager?	BEFORE STARTED SCHOOL4 BEFORE TEENAGER12			
	in not tes, trobe. was it before you were a techager?	NOT BEFORE TEENAGER			

*SP7f.	How often did you faint when you saw blood – all of the time, most of the time, sometimes, only rarely, or never?
	ALL OF THE TIME1 MOST OF THE TIME2
	SOMETIMES3
	ONLY RARELY4 NEVER5
	DON'T KNOW8 REFUSED9

*SP8. INTERVIEWER CHECKPOINT: (SEE *SP1)

GO TO NEXT CIRCLED GROUP ON GRID *SP1, PAGE 69 AND FOLLOW SKIP

GROUP 4 4	GO TO *SP9
GROUP 5 5	GO TO *SP11
GROUP 6 6	GO TO *SP13
ALL OTHERS 7	GO TO *SP14

GROUP 4				
	[KEY PHRASE = CLOSED SPACI	ES]		
*SP9.	(Earlier you/ You also) mentioned being a lot more afraid than most people of closed spaces, like caves, tunnels, wardrobes, or lifts. How old were you the very first time you had this fear? IF "ALL MY LIFE" OR "AS LONG AS I CAN REMEMBER," PROBE: Was it before you first started school? IF NOT YES, PROBE: Was it before you were a teenager?	YEARS OLD BEFORE STARTED SCHOOL4 BEFORE TEENAGER12 NOT BEFORE TEENAGER13 DON'T KNOW998 REFUSED999		
*SP9.1.	INTERVIEWER CHECKPOINT: (SEE *SP1a, *SC27.2, *SC27.3)			
	*SP1a EQUALS '2' AND *SC27.2 EQUALS '1' 1 *SP1a EQUALS '2' AND *SC27.3 EQUALS '1' 2 GO TO *SP9b *SC27.3 EQUALS '1' 3 GO TO *SP9c ALL OTHERS 4 GO TO *SP9d			
*SP9a.	Was there ever a time when you almost always became very <u>upset</u> or <u>anxious</u> whenever you were faced with closed spaces? (IF VOL: "IT DEPENDS WHICH CLOSED SPACE," PROBE: What if you were faced with the closed space that you feared <u>most</u> – in <u>that</u> case, would you almost always become very <u>upset</u> or <u>anxious</u> ?)	YES		
*SP9a.1	*SC27.3 EQUALS '1'			
	2 GO TO *SP9d			
*SP9b.	Did you ever <u>avoid</u> any of these closed spaces whenever you could because of your fear?	YES		
*SP9c.	How old were you when you first avoided closed spaces?			
	IF "ALL MY LIFE" OR "AS LONG AS I CAN REMEMBER," PROBE: Was it before you first started school? IF NOT YES, PROBE: Was it before you were a teenager?	YEARS OLD BEFORE STARTED SCHOOL		
*SP9d.	INTERVIEWER CHECKPOINT: (SEE *SP9.1, *SP9a, *SP9b)			
	*SP9.1 EQUALS '2' OR *SP9.1 EQUALS '3' 1 *SP9a EQUALS '1' OR *SP9b EQUALS '1' 2 ALL OTHERS			

	f the following things did you strongly fear about closed spaces: : Were you afraid)	YES (1)	NO (5)	DK (8)	RF (9)
*SP9f.	That you might be trapped and unable to escape?	1	5	8	9
*SP9g.	That you might have a panic attack and be unable to get help?	1	5	8	9
*SP9h.	That you might become physically ill and be unable to get help?	1	5	8	9
*SP9i.	That you might not be able to breathe?	1	5	8	9
*SP9j.	[INTERVIEWER CHECKPOINT: (SEE *SP9f-*SP9i SERIES)] AT LEAST ONE RESPONSE CODED '1'1 GO TO *SP10 ALL OTHERS				
*SP9k.	What was it, then, that you feared most about closed spaces? DON'T KNOW				_

SP10. INTERVIEWER CHECKPOINT: (SEE *SP1)

GO TO NEXT CIRCLED GROUP ON GRID *SP1, PAGE 69 AND FOLLOW SKIP

GROUP 5 5	GO TO *SP11
GROUP 6 6	GO TO *SP13
ALL OTHERS 7	GO TO *SP14

GROUP 5	
[KEY PHRASE = HIGH PLAC	ES]
*SP11. (Earlier you/ You also) mentioned being a lot more afraid than most people of high places. How old were you the very first time you had this fear?	YEARS OLD
IF "ALL MY LIFE" OR "AS LONG AS I CAN REMEMBER," PROBE: Was it before you first started school?	BEFORE STARTED SCHOOL4 BEFORE TEENAGER 12 NOT BEFORE
IF NOT YES, PROBE: Was it before you were a teenager?	TEENAGER
*SP11.1. INTERVIEWER CHECKPOINT: (SEE *SP1a, *SC27.2, *SC27.3)	
*SP1a EQUALS '2' AND *SC27.2 EQUALS '1' 1 *SP1a EQUALS '2' AND *SC27.3 EQUALS '1' 2 GO TO *SP11b *SC27.3 EQUALS '1' 3 GO TO *SP11c ALL OTHERS 4 GO TO *SP11d	
*SP11a. Was there ever a time when you almost always became very <u>upset</u> or <u>anxious</u> whenever you were faced with being in a high place?	YES
(IF VOL: "IT DEPENDS WHICH HIGH PLACE," PROBE: What if you were faced with the high place that you feared <u>most</u> – in <u>that</u> case, did you almost always become very <u>upset</u> or <u>anxious</u> ?)	DON'T KNOW 8 REFUSED9
*SP11a.1 INTERVIEWER CHECKPOINT: (SEE *SC27.3)	
*SC27.3 EQUALS '1'	
*SP11b. Did you ever avoid high places whenever you could because of your fear?	YES
*SP11c. How old were you when you first avoided high places?	YEARS OLD
IF "ALL MY LIFE" OR "AS LONG AS I CAN REMEMBER," PROBE: Was it before you first started school?	BEFORE STARTED SCHOOL4
IF NOT YES, PROBE: Was.it before you were a teenager?	BEFORE TEENAGER 12 NOT BEFORE TEENAGER
*SP11d. INTERVIEWER CHECKPOINT: (SEE *SP11.1, *SP11a, *SP11b)	
*SP11.1 EQUALS '2' OR *SP11.1 EQUALS '3' 1 *SP11a EQUALS '1' OR *SP11b EQUALS '1' 2 ALL OTHERS	

Which of the following things did you strongly fear about high places:	YES (1)	NO (5)	DK (8)	RF (9)
(IF NEC: Were you afraid)				
*SP11f. That you might get dizzy and fall?	1	5	8	9
*SP11g. That you might jump?	1	5	8	9
*SP11h. That you might have a panic attack and be unable to get help?	1	5	8	9
*SP11i. That you might become physically ill and be unable to get help?	1	5	8	9
*SP11j. INTERVIEWER CHECKPOINT: (SEE*SP11f -*SP11i SERIES) AT LEAST ONE RESPONSE CODED '1'1 GO TO *SP12 ALL OTHERS				

SP12.	INTERVIEWER	CHECKPOINT: ((SEE *SP1)

GO TO NEXT CIRCLED GROUP ON GRID *SP1, PAGE 69 AND FOLLOW SKIP

GROUP 6 6 GO TO *SP13 ALL OTHERS 7 GO TO *SP14

	GROUP 6	
	[KEY PHRASE = FLYING]	
*SP13. (Earlier you/ You also) mentioned be people of flying or aeroplanes. How had this fear?		YEARS OLD BEFORE STARTED
IF "ALL MY LIFE" OR "AS LONG PROBE: Was it before you first star		SCHOOL4 BEFORE TEENAGER 12 NOT BEFORE
IF NOT YES, PROBE Was it before	re you were a teenager?	TEENAGER
*SP13.1. INTERVIEWER CHECKPOINT: (S	SEE *SP1a, *SC27.2, *SC27.3)	
*SP1a EQUALS '2' AND *SC27.2 *SP1a EQUALS '2' AND *SC27.3 *SC27.3 EQUALS '1'	EQUALS '1'2 GO TO *SP13b 3 GO TO *SP13c	
*SP13a. Was there ever a time when you almost anxious whenever you were faced with		YES
*SP13a.1 INTERVIEWER CHECKPOINT:	(SEE * SC27.3)	
*SC27.3 EQUALS '1'ALL OTHERS	2 GO TO *SP13d	
*SP13b. Did you ever avoid flying whenever	you could because of your fear?	YES
*SP13c. How old were you when you first avo	oided flying?	YEARS OLD
IF "ALL MY LIFE" OR "AS LONG PROBE: Was it before you first star		BEFORE STARTED SCHOOL4
IF NOT YES, PROBE: Was		BEFORE TEENAGER 12
it before you were a teenager?		NOT BEFORE TEENAGER13 DON'T KNOW998 REFUSED999
*SP13d. INTERVIEWER CHECKPOINT: (SEE *SP13.1, *SP13a, *SP13b)	
*SP13.1 EQUALS '2' OR *SP13.1 E *SP13a EQUALS '1' OR *SP13b EQ ALL OTHERS	QUALS '1'2	

Which	of the following things did you strongly fear about flying:	YES	NO	DK	RF
(IF NEO	C: Were you afraid of)	(1)	(5)	(8)	(9)
*SP13f.	Being high in the air?	1	5	8	9
*SP13g	. Being in a closed space?	1	5	8	9
*SP13h	. That you might have a panic attack and be unable to get help?	1	5	8	9
*SP13i.	That you might become physically ill and be unable to get help?	1	5	8	9
*SP13j.	That the plane might crash?	1	5	8	9
*SP13k	. INTERVIEWER QUERY: DID R ANSWER "YES" TO AT LEAST <u>(</u> *SP13j SERIES?	<u>ONE</u> QUE	ESTION	IN THE	*SP13f-
	YES				
*SP131.	What was it, then, that you feared most about flying?				
					_
					_
					_
	DON'T KNOW8				_
	REFUSED9				
*SP14.	INTERVIEWER CHECKPOINT: (SEE *SP1a, *SP3a, *SP3b, *SP5a *SP9b, *SP11a, *SP11b, *SP13a, *SP13b)	, *SP5b,	*SP7a, *	SP7b, *\$	SP9a,
	* SP1a EQUALS '1' OR * SP3a EQUALS '1' OR * SP3b EQUALS '1	OR *SP	5a EQU <i>A</i>	ALS '1' ()R
	*SP5b EQUALS '1' OR *SP7a EQUALS '1' OR *SP7b EQUALS '1'	OR *SP9	a EQUA	LS '1' C)R
	*SP9b EQUALS '1' OR *SP11a EQUALS '1' OR *SP11b EQUALS '	1' OR			
	*SP13a EQUALS '1' *SP13b EQUALS '1'			1	
	ALL OTHERS			2 G	O TO *S

*SP16.	You had fears of (KEY PHRASES LISTED IN *SP1 GRID OF ALL CIRCLED GROUPS IN *SP1). How much did your fear or avoidance of these things <u>ever</u> interfere with either your work, your social life, or your personal relationships – not at all, a little, some, a lot, or extremely?						
	NOT AT ALL 1 A LITTLE 2 SOME 3 A LOT 4 EXTREMELY 5 DON'T KNOW 8 REFUSED 9						
*SP17.	Was there ever a time in your life when you felt very emotionally upset, worried, or disappointed with yourself because of your fear or avoidance of these things? YES						

*SP18. (Showcard 4) Think of the time in your life when the fear was most severe. When you were faced with these things or thought you would have to be, did you ever have two or more of the problems on showcard4?

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YES	1
NO	
DON'T KNOW	
REFUSED	

GO TO *SP19

GO TO *SP19 A	FTER <u>TWO</u> "YES" RESPONSES	YES (1)	NO (5)	DK (8)	RF (9)
*SP18a.	Did your heart ever pound or race?	1	5	8	9
*SP18b.	Did you sweat?	1	5	8	9
*SP18c.	Did you tremble?	1	5	8	9
*SP18d.	Did you feel sick to your stomach?	1	5	8	9
*SP18e.	Did you have a dry mouth?	1	5	8	9
*SP18f.	Did you have chills or hot flushes?	1	5	8	9
*SP18g.	Did you feel numbness or have tingling sensations?	1	5	8	9
*SP18h.	Did you have trouble breathing normally?	1	5	8	9
*SP18i.	Did you feel as if you were choking?	1	5	8	9
*SP18j.	Did you have pain or discomfort in your chest?	1	5	8	9
*SP18k.	Did you feel dizzy or faint?	1	5	8	9
*SP181.	Were you afraid that you might die?	1	5	8	9
*SP18m.	Did you ever fear that you might lose control, go crazy, or pass out?	1	5	8	9
*SP18n.	Did you feel as if you were "not really there", like you were watching a movie of yourself?	1	5	8	9
		GO TO *SP19			
*SP18o.	Did you feel that things around you were unreal or like a dream?	1	5	8	9

	Was it: during the past month? more than a month to six months ago? more than six months to twelve months ago? or more than twelve months ago
	PAST MONTH
*SP20.	How old were you the <u>last</u> time (you either strongly feared or avoided any of these things)? YEARS OLD DON'T KNOW
*SP21.	What if you were faced with one of these things today: How strong would your fear be – not at all, mild, moderate, severe, or very severe? (IF VOL "IT DEPENDS ON WHICH THING," PROBE: What if you were faced with the thing that scares you most: How strong would your fear be - no fear at all, mild, moderate, severe, or very severe?) NOT AT ALL 1 GO TO *SP27 MILD 2 GO TO *SP27 MODERATE 3 SEVERE 4 VERY SEVERE 5 DON'T KNOW 8 REFUSED 9
*SP22.	During the past 12 months, how often did you avoid these things that you feared all the time, most of the time, sometimes, only rarely, or never? (IF VOL "IT DEPENDS ON WHICH THING," PROBE: How about for the thing that you avoided mostDid you avoid it all the time, most of the time, sometimes, only rarely, or never?) ALL THE TIME

	No Interference					Moderat	e	Severe			Very Severe Interference	
	0	1	2	3	4	5	6	7	8	9	10	
		to 10 se, what uring th	cale on you number d at time?	our shov lescribes	vcard40, v how muc	where 0 m h your fea	eans <u>no</u> i ar (or avo	nterferen	ce and 10	means	e) was most severe. very <u>severe</u> ch of the following	
	[IF NEC: Y								Y) during	that tin	ne?]	
								-	NUMBEI	R (0-10))	
	*SP23a.				es, like clea use/flat/ap			DO	DES NOT DN'T KN EFUSED.	OW	98	
	*SP23b.	Your ab	ility to wo	ork or stu	udy?				-			
								DO	DES NOT DN'T KN EFUSED.	OW	98	
	*SP23c. re		ility to for			<u>lose</u>		DO	DES NOT DN'T KN EFUSED.	OW	98	
	*SP23d.	Your so	cial life					-				
								DO	DES NOT DN'T KN EFUSED.	OW	98	
*SP24.	INTERVIEWER C	HECKI	POINT: (S	SEE *SP	23a - *SI	P23d)						
	ALL RESPONSES ALL OTHERS	EQUA	L '0' OR	'97'	2	GO TO :	*SP27					
*SP25.	During the past 12 normal activities be					of those 3	365 were	you <u>total</u>	ly unable	to wor	k or carry out your	
	(IF NEC: You can u	ise any	number b	etween	0 and 365	to answe	er)					
	NUM	BER O	F DAYS									
	DON'T KNOW REFUSED											

*SP27.	. Did you <u>ever</u> in your life talk to a medical doctor or other professional about your fear (or avoidance)? (By other professional we mean psychologists, counsellors, spiritual advisors, herbalists, naturopaths, homeopaths, acupuncturists, and other healing professionals.)							
	NO Don't k							
	*SP27a.	How old were you the first time (you talked to a professional about your fear)?						
		YEARS OLD						
		DON'T KNOW						
*SP38.	Did you	ever get treatment for your fear that you considered <u>helpful</u> or <u>effective</u> ?						
	YES							
	NO	5 GO TO *SP38c						
	DON'T I	KNOW8 GO TO *SP38c						
	REFUSE	D						
	*SP38a. How old were you the <u>first time</u> (you got <u>helpful</u> treatment for your fear)?							
		YEARS OLD						
		DON'T KNOW998						
		REFUSED						
	*SP38b.	How many professionals did you <u>ever</u> talk to about your fear, up to and including the first time you got helpful treatment?						
		NUMBER OF PROFESSIONALS GO TO *SP40						
		DON'T KNOW						
	*SP38c.	How many professionals did you ever talk to about your fear?						
		NUMBER OF PROFESSIONALS						
		DON'T KNOW98 REFUSED99						

*SP40. Did you receive professional treatment for your fear at any time in the past 12 months?									
	YES1								
	NO								
	DON'T KNOW 8 REFUSED9								
	TEI 0025								
*SP41.	Were you ever hospitalised overnight for your fear?								
	YES1								
	NO	· · · 							
	DON'T KNOW	· - -							
	*SP41a. How old were you the first time (you were hospitalised overnight because of your fear)?								
	YEARS OLD								
	DON'T KNOW998								
	REFUSED999								
*									
*SP42.	INTERVIEWER CHECKPOINT (SEE *SC26, *SC26a, *SCFIRST ENDORSED ITEM.	C26b, *SC29.4, *SC30.4): FOLLOW SKIP FOR							
	*SC29.4 EQUALS'1'	GO TO *SO1, NEXT SECTION							
	*SC30.4 EQUALS'1'	GO TO *AG1							
	*SC26 EQUALS'1'	GO TO *G1 INTRO 1							
	*SC26a EQUALS'1'	GO TO *G1 INTRO 2							
	*SC26b EQUALS'1'	GO TO *G1 INTRO 3							
	ALL OTHERS6	GO TO *SD1							