# Summerset Care Limited - Summerset Falls

## Introduction

This report records the results of a Certification Audit of a provider of aged residential care services against the Ngā paerewa Health and disability services standard (NZS8134:2021).

The audit has been conducted by BSI Group New Zealand Ltd, an auditing agency designated under section 32 of the Health and Disability Services (Safety) Act 2001, for submission to Manatū Hauora (the Ministry of Health).

The abbreviations used in this report are the same as those specified in section 0.4 of the Ngā paerewa Health and disability services standard (NZS8134:2021).

You can view a full copy of the standard on the Manatū Hauora website by clicking [here](http://www.health.govt.nz/our-work/regulation-health-and-disability-system/certification-health-care-services/health-and-disability-services-standards).

The specifics of this audit included:

**Legal entity:** Summerset Care Limited

**Premises audited:** Summerset Falls

**Services audited:** Hospital services - Medical services; Hospital services - Geriatric services (excl. psychogeriatric); Rest home care (excluding dementia care)

**Dates of audit:** Start date: 7 December 2023 End date: 8 December 2023

**Proposed changes to current services (if any):** None

**Total beds occupied across all premises included in the audit on the first day of the audit:** 44

# Executive summary of the audit

## Introduction

This section contains a summary of the auditors’ findings for this audit. The information is grouped into the six sections contained within the Ngā paerewa Health and disability services standard:

* ō tātou motika **│** our rights
* hunga mahi me te hanganga │ workforce and structure
* ngā huarahi ki te oranga │ pathways to wellbeing
* te aro ki te tangata me te taiao haumaru │ person-centred and safe environment
* te kaupare pokenga me te kaitiakitanga patu huakita │ infection prevention and antimicrobial stewardship
* here taratahi │ restraint and seclusion.

As well as auditors’ written summary, indicators are included that highlight the provider’s attainment against the subsection in each of the sections. The following table provides a key to how the indicators are arrived at.

**Key to the indicators**

| **Indicator** | **Description** | **Definition** |
| --- | --- | --- |
|  | Includes commendable elements above the required levels of performance | All subsections applicable to this service are fully attained with some subsections exceeded |
|  | No short falls | Subsections applicable to this service are fully attained |
|  | Some minor shortfalls but no major deficiencies and required levels of performance seem achievable without extensive extra activity | Some subsections applicable to this are service partially attained and of low risk |
|  | A number of shortfalls that require specific action to address | Some subsections applicable to this service are partially attained and of medium or high risk and/or unattained and of low risk |
|  | Major shortfalls, significant action is needed to achieve the required levels of performance | Some subsections applicable to this service are unattained and of moderate or high risk |

## General overview of the audit

Summerset Falls provides rest home and hospital level care for up to 41 beds in the care centre and up to 44 rest home beds in the serviced apartments. On the day of the audit, there were 44 residents, including six rest home residents in serviced apartments.

This certification audit was conducted against the Ngā Paerewa Health and Disability Services Standard 2021 and the service’s contract with Te Whatu Ora Health New Zealand - Waitematā. The audit process included a review of policies and procedures, a review of residents and staff records, observations, and interviews with management, residents, family/whānau, staff, and the general practitioner.

The service is managed by a village manager who is appropriately qualified and is supported by a care centre manager, clinical nurse lead, and regional quality manager. The residents and relatives spoke positively about the care and support provided.

The certification audit meets the Ngā Paerewa Health and Disability Services Standard.

This audit awarded five continuous improvement rating around falls reduction, reduction of medication errors, activities, infection control and elimination of restraint.

## Ō tātou motika │ Our rights

|  |  |  |
| --- | --- | --- |
| Includes 10 subsections that support an outcome where people receive safe services of an appropriate standard that comply with consumer rights legislation. Services are provided in a manner that is respectful of people’s rights, facilitates informed choice, minimises harm,  and upholds cultural and individual values and beliefs. |  | Subsections applicable to this service are fully attained. |

Summerset Falls provides an environment that supports resident rights and safe care. Staff demonstrate an understanding of residents' rights and obligations. A Māori health plan is documented for the service. The service works collaboratively to embrace, support, and encourage a Māori worldview of health and provide high-quality and effective services for residents.

This service supports culturally safe care delivery to Pacific peoples. Residents receive services in a manner that considers their dignity, privacy, and independence. Staff provide services and support to people in a way that is inclusive and respects their identity and their experiences. The service listens and respects the opinions of the residents and effectively communicates with them about their choices and preferences.

There is evidence that residents and family/whānau are kept informed. The rights of the resident and/or their family/whānau to make a complaint is understood, respected, and upheld by the service. Complaints processes are implemented, and complaints and concerns are actively managed and documented.

## Hunga mahi me te hanganga │ Workforce and structure

|  |  |  |
| --- | --- | --- |
| Includes five subsections that support an outcome where people receive quality services through effective governance and a supported workforce. |  | Subsections applicable to this service are fully attained. |

Summerset Group has a well-established organisational structure. Services are planned, coordinated, and are appropriate to the needs of the residents. The village manager is supported by a care centre manager, that oversees the day-to-day operations of the service.

The business plan informs the site-specific operational objectives which are reviewed on a regular basis. Summerset Falls has an established quality and risk management system. Quality and risk performance is reported across various meetings and to the organisation's management team.

Summerset Falls collates clinical indicator data and benchmarking occurs. There are human resources policies including recruitment, selection, orientation and staff training and development.

The service has an orientation programme in place that provides new staff with relevant information for safe work practice. There is an in-service education/training programme covering relevant aspects of care and support and external training is supported. Competencies are maintained. Health and safety systems are in place for hazard reporting and management of staff wellbeing.

The staffing policy aligns with contractual requirements and included skill mixes. Residents and families/whānau reported that staffing levels are adequate to meet the needs of the residents.

The service ensures the collection, storage, and use of personal and health information of residents and staff is secure, accessible, and confidential.

## Ngā huarahi ki te oranga │ Pathways to wellbeing

|  |  |  |
| --- | --- | --- |
| Includes eight subsections that support an outcome where people participate in the development of their pathway to wellbeing, and receive timely assessment, followed by services that are planned, coordinated, and delivered in a manner that is tailored to their needs. |  | Subsections applicable to this service are fully attained. |

Residents are assessed before entry by the Needs Assessments and Service Coordination team to confirm their level of care. The registered nurses are responsible for the assessment, development, and evaluation of care plans. Care plans are individualised and based on the residents’ assessed needs. Interventions were developed and evaluated in the care plans reviewed.

There are planned activities developed to address the needs and interests of the residents as individuals and in group settings. Activity plans are completed in consultation with family/whānau, residents, and staff. Residents and family/whānau expressed satisfaction with the activities programme.

The organisation uses an electronic medicine management system for e-prescribing, dispensing, and administration of medications. The general practitioner is responsible for all medication reviews. Staff involved in medication administration are assessed as competent to do so.

The food service caters for residents’ specific dietary likes and dislikes. Residents’ nutritional requirements are met. Residents were complimentary of the food services.

Residents are referred or transferred to other health services as required.

## Te aro ki te tangata me te taiao haumaru │ Person-centred and safe environment

|  |  |  |
| --- | --- | --- |
| Includes two subsections that support an outcome where Health and disability services are provided in a safe environment appropriate to the age and needs of the people receiving services that facilitates independence and meets the needs of people with disabilities. |  | Subsections applicable to this service are fully attained. |

The facility meets the needs of residents and was clean and well maintained. There is a current building warrant of fitness. Clinical equipment has been tested as required. External areas are accessible, safe and provide shade and seating, and meet the needs of people with disabilities.

There are appropriate emergency equipment and supplies available. A fire drill is conducted six-monthly. Staff, residents and family/whānau understood emergency and security arrangements. Hazards are identified with appropriate interventions implemented. Residents reported a timely staff response to call bells. Security is maintained.

## Te kaupare pokenga me te kaitiakitanga patu huakita │Infection prevention and antimicrobial stewardship

|  |  |  |
| --- | --- | --- |
| Includes five subsections that support an outcome where Health and disability service providers’ infection prevention (IP) and antimicrobial stewardship (AMS) strategies define a clear vision and purpose, with quality of care, welfare, and safety at the centre. The IP and AMS programmes are up to date and informed by evidence and are an expression of a strategy that seeks to maximise quality of care and minimise infection risk and adverse effects from antibiotic use, such as antimicrobial resistance. |  | Subsections applicable to this service are fully attained. |

The implemented infection prevention and antimicrobial stewardship programme is appropriate to the size and complexity of the service. A trained infection prevention officer leads the programme. Specialist infection prevention advice is accessed when needed.

Staff demonstrated good understanding about the principles and practice around infection prevention and control. This is guided by relevant policies and supported through regular education. Surveillance of health care associated infections is undertaken, and results shared with all staff. Follow-up action is taken as and when required. There have been eight infection outbreaks reported. The outbreaks were managed effectively.

There are processes in place for the management of waste and hazardous substances. All staff have access to appropriate personal protective equipment. Cleaning and laundry processes are sufficient to cover the size and scope of the service.

## Here taratahi │ Restraint and seclusion

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| --- | --- | --- |
| Includes four subsections that support outcomes where Services shall aim for a restraint and seclusion free environment, in which people’s dignity and mana are maintained. |  | Subsections applicable to this service are fully attained. |

The aim of the service and governing body is to eliminate restraint. The restraint policy includes objectives for eliminating restraint.

Restraint minimisation and safe practice policies and procedures are in place. Restraint minimisation is overseen by the restraint coordinator. On the day of the on-site audit, there was no residents using a restraint. Restraint is only used as a last resort when all other options have been explored. Restraint documentation processes are robust to include assessments, consent, monitoring, and evaluation processes to minimise associated risks. Quality review of restraint use occurs monthly and is benchmarked.

## Summary of attainment

The following table summarises the number of subsections and criteria audited and the ratings they were awarded.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Attainment Rating** | **Continuous Improvement**  **(CI)** | **Fully Attained**  **(FA)** | **Partially Attained Negligible Risk**  **(PA Negligible)** | **Partially Attained Low Risk**  **(PA Low)** | **Partially Attained Moderate Risk**  **(PA Moderate)** | **Partially Attained High Risk**  **(PA High)** | **Partially Attained Critical Risk**  **(PA Critical)** |
| **Subsection** | 0 | 27 | 0 | 0 | 0 | 0 | 0 |
| **Criteria** | 5 | 163 | 0 | 0 | 0 | 0 | 0 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Attainment Rating** | **Unattained Negligible Risk**  **(UA Negligible)** | **Unattained Low Risk**  **(UA Low)** | **Unattained Moderate Risk**  **(UA Moderate)** | **Unattained High Risk**  **(UA High)** | **Unattained Critical Risk**  **(UA Critical)** |
| **Subsection** | 0 | 0 | 0 | 0 | 0 |
| **Criteria** | 0 | 0 | 0 | 0 | 0 |

# Attainment against the Ngā paerewa Health and disability services standard

The following table contains the results of all the subsections assessed by the auditors at this audit. Depending on the services they provide, not all subsections are relevant to all providers and not all subsections are assessed at every audit.

For more information on the standard, please click [here](http://www.health.govt.nz/our-work/regulation-health-and-disability-system/certification-health-care-services/health-and-disability-services-standards).

For more information on the different types of audits and what they cover please click [here](http://www.health.govt.nz/your-health/services-and-support/health-care-services/services-older-people/rest-home-certification-and-audits).

|  |  |  |
| --- | --- | --- |
| **Subsection with desired outcome** | **Attainment Rating** | **Audit Evidence** |
| Subsection 1.1: Pae ora healthy futures  Te Tiriti: Māori flourish and thrive in an environment that enables good health and wellbeing. As service providers: We work collaboratively to embrace, support, and encourage a Māori worldview of health and provide high-quality, equitable, and effective services for Māori framed by Te Tiriti o Waitangi. | FA | A Māori health plan is documented for the service. This policy acknowledges Te Tiriti o Waitangi as a founding document for New Zealand. The service currently has no residents who identify as Māori. Summerset Falls is committed to respecting the self-determination, cultural values, and beliefs of Māori residents and whānau and evidence is documented in the resident care plan. There are clear processes to include tikanga in everyday practice and training for staff.  The village manager stated that they support increasing Māori capacity within the workforce and will be employing more Māori applicants when they do apply for employment opportunities at Summerset. At the time of the audit there were no residents or staff who identified as Māori. Summerset Falls evidence commitment to a culturally diverse workforce as evidenced in the business plan and Māori health plan. The Summerset organisational business plan includes partnering with Māori, government, and other businesses to align their work with and for the benefit of Māori.  There is an established relationship with Hourua Pae Rau at governance level and established relationships with the local Māori community Ngāti Manuhiri Trust, Te Whatu Ora Health New Zealand - Waitematā Nga Kaitiaki Kaumatua and Te Puna Manawa Healthwest.  Residents and family/whānau are involved in providing input into the resident’s care planning, their activities, and their dietary needs. |
| Subsection 1.2: Ola manuia of Pacific peoples in Aotearoa  The people: Pacific peoples in Aotearoa are entitled to live and enjoy good health and wellbeing. Te Tiriti: Pacific peoples acknowledge the mana whenua of Aotearoa as tuakana and commit to supporting them to achieve tino rangatiratanga. As service providers: We provide comprehensive and equitable health and disability services underpinned by Pacific worldviews and developed in collaboration with Pacific peoples for improved health outcomes. | FA | The Pacific Health and Wellbeing Plan 2020-2025 is the basis of the Summerset Pacific Peoples’ Health policy and procedure. The aim is to uphold the principles of Pacific people by acknowledge respectful relationships, valuing families and provide high quality healthcare.  On admission all residents state their ethnicity. There are no residents that identify as Pasifika. Pacific Peoples’ Health policy and procedure objective states Summerset’s commitment to supporting Pacific residents and their families/whānau.  Registered nurses interviewed explain family/whānau will be encouraged to be involved in all aspects of care, particularly in nursing and medical decisions, satisfaction of the service and recognition of cultural needs. The care centre manager (CCM) stated Pacific peoples’ cultural beliefs and values, knowledge, arts, morals, and identity are respected.  Summerset Falls partners with Pacific organisations and collaborates with their Pacific employees to ensure connectivity within the region. Code of Rights are accessible in Tongan and Samoan when required.  The service continues to actively recruit new staff. There are currently staff that identify as Pasifika. The village manager described how Summerset Falls increases the capacity and capability of the Pacific workforce through promoting their diverse workforce.  Interviews with fourteen staff (four caregivers, five registered nurses [RN], one recreational therapist, one property manager, one roaming chef manager, one housekeeper and one laundry worker), five managers (village manager [VM], regional quality manager [RQM], care centre manager [CCM], one care centre specialist, one clinical nurse lead), eight residents (four hospital and four rest home), three family/whānau (one hospital and two rest home), and documentation reviewed identified that the service provides person centred care. |
| Subsection 1.3: My rights during service delivery  The People: My rights have meaningful effect through the actions and behaviours of others. Te Tiriti:Service providers recognise Māori mana motuhake (self-determination). As service providers: We provide services and support to people in a way that upholds their rights and complies with legal requirements. | FA | Details relating to the Code are included in the information that is provided to new residents and their family/whānau. The clinical nurse lead supported by the care centre manager discusses aspects of the Code with residents and their family/whānau on admission.  The Code of Health and Disability Services Consumers’ Rights is displayed in multiple locations in English and te reo Māori.  Discussions relating to the Code are held during the quarterly resident and family/whānau meetings. Residents and family/whānau interviewed reported that the service is upholding the residents’ rights. Interactions observed between staff and residents during the audit were respectful.  Information about the Nationwide Health and Disability Advocacy Service and the resident advocacy is available at the entrance to the facility and in the entry pack of information provided to residents and their family/whanau. There are links to spiritual support documented in the policy. The service recognises Māori mana motuhake and this is reflected in the Māori health care plan that is in place. Communion services and church services are held weekly.  Staff receive education in relation to the Health and Disability Commissioners (HDC) Code of Health and Disability Consumers’ Rights (the Code) at orientation and through the annual education and training programme which includes (but not limited to) understanding the role of advocacy services. Advocacy services are linked to the complaints process. |
| Subsection 1.4: I am treated with respect  The People: I can be who I am when I am treated with dignity and respect. Te Tiriti: Service providers commit to Māori mana motuhake. As service providers: We provide services and support to people in a way that is inclusive and respects their identity and their experiences. | FA | Caregivers interviewed described how they support residents to choose what they want to do. Residents interviewed stated they had choice. Residents are supported to make decisions about whether they would like family/whānau members to be involved in their care or other forms of support. Residents have control over and choice over activities they participate in. Summerset Falls annual training plan demonstrates training that is responsive to the diverse needs of people across the service. The service promotes care that is holistic and collective in nature through educating staff about te ao Māori and listening to tāngata whaikaha when planning or changing services.  It was observed that residents are treated with dignity and respect. Annual satisfaction survey results and interviews with family/whānau confirmed that residents and family/whānau are treated with respect.  A sexuality and intimacy policy is in place with training as part of the education schedule. Staff interviewed stated they respect each resident’s right to have space for intimate relationships. The care plans had documented interventions for staff to follow to support and respect their time together. There were no married couples at the time of the audit and no shared rooms. Staff were observed to use person-centred and respectful language with residents. Residents and family/whānau interviewed were positive about the service in relation to their values and beliefs being considered and met. Privacy is ensured and independence is encouraged. Residents' files and care plans identified resident’s preferred names. Values and beliefs information is gathered on admission with family/whānau involvement and is integrated into the residents' care plans. Spiritual needs are identified, church services are held, and spiritual support is available. A spirituality and counselling policy is in place.  Te reo Māori is celebrated and opportunities are created for residents and staff to participate in te ao Māori. The village manager and care centre manager have completed training in te reo Māori as part of their orientation and ongoing as part of the roles. They were observed actively promoting te reo Māori in the workplace. Cultural awareness training has been provided and covers Te Tiriti o Waitangi, tikanga Māori, te reo Māori, and cultural competency. At the time of audit, there were no residents identifying as Māori. The management team confirmed that the service would actively support Māori by identifying their needs and aspirations which would also include the physical, spiritual, family/whānau, and psychological health of the resident. |
| Subsection 1.5: I am protected from abuse  The People: I feel safe and protected from abuse. Te Tiriti: Service providers provide culturally and clinically safe services for Māori, so they feel safe and are protected from abuse. As service providers: We ensure the people using our services are safe and protected from abuse. | FA | An abuse, neglect and prevention policy is being implemented. Summerset Falls policies prevent any form of discrimination and acknowledge impact of institutional racism on Māori wellbeing. Cultural days are held to celebrate diversity. The management of misconduct policy addresses the elimination of discrimination, harassment, and bullying. All staff are held responsible for creating a positive, inclusive and a safe working environment. Cultural diversity is acknowledged, and staff are educated on systemic racism, healthcare bias and the understanding of injustices through policy, cultural training, available resources, and the code of conduct.  Staff complete education on orientation and annually as per the training plan on code of conduct, code of ethics, workplace bullying, harassment and discrimination, whistle blowing policy and professional boundaries. All residents and family/whānau interviewed confirmed that the staff are very caring, supportive, and respectful. Police checks are completed as part of the employment process. The service implements a process to manage residents’ finances. Professional boundaries are defined in job descriptions. Interviews with registered nurses and caregivers confirmed their understanding of professional boundaries, including the boundaries of their role and responsibilities. Meeting minutes and staff survey results evidence a supportive working environment that promotes teamwork. Summerset promotes a holistic Te Whare Tapa Whā model of health, which encompasses an individualised, strength-based approach to ensure the best outcomes for all residents. |
| Subsection 1.6: Effective communication occurs  The people: I feel listened to and that what I say is valued, and I feel that all information exchanged contributes to enhancing my wellbeing. Te Tiriti: Services are easy to access and navigate and give clear and relevant health messages to Māori. As service providers: We listen and respect the voices of the people who use our services and effectively communicate with them about their choices. | FA | Information is provided to residents and family/whānau on admission. Monthly resident meetings and quarterly family/whānau meetings with a resident advocate identify feedback from residents and consequent follow up by the service.  Policies and procedures relating to accident/incidents, complaints, and open disclosure policy alert staff to their responsibility to notify family/next of kin of any accident/incident that occurs. Electronic accident/incident forms have a section to indicate if next of kin have been informed (or not); communication is also documented in the progress notes. Resident files reviewed identified family/whānau are kept informed of any changes, this was confirmed through the interviews with family/whānau.  An interpreter policy and contact details of interpreters is available. Interpreter services are used where indicated. At the time of the audit, there was no residents who did not speak English. Non-subsidised residents are advised in writing of their eligibility and the process to become a subsidised resident should they wish to do so. The residents and family/whānau are informed prior to entry of the scope of services and any items that are not covered by the agreement.  The service communicates with other agencies that are involved with the resident, such as the hospice and Te Whatu Ora Health New Zealand -Waitematā specialist services. The delivery of care includes a multidisciplinary team approach. Residents and family/whānau provide consent to services. The care centre manager described an implemented process around providing residents with time for discussion around care, time to consider decisions, and opportunity for further discussion, if required.  Residents and family/whānau interviewed confirm they know what is happening within the facility and felt informed regarding the recent flooding events and changes related to Covid-19 through emails, regular newsletters, and resident meetings.  Staff have completed annual education related to communication with residents with speech impediments and cognitive disabilities. |
| Subsection 1.7: I am informed and able to make choices  The people: I know I will be asked for my views. My choices will be respected when making decisions about my wellbeing. If my choices cannot be upheld, I will be provided with information that supports me to understand why. Te Tiriti: High-quality services are provided that are easy to access and navigate. Providers give clear and relevant messages so that individuals and whānau can effectively manage their own health, keep well, and live well. As service providers: We provide people using our services or their legal representatives with the information necessary to make informed decisions in accordance with their rights and their ability to exercise independence, choice, and control. | FA | There are policies implemented in relation to informed consent. Informed consent processes were discussed with residents and families/whānau on admission. Seven electronic resident files were reviewed which evidenced written general consents sighted for photographs, release of medical information and medical cares were included in the admission agreement. The written general consents were signed appropriately as part of the admission process by the resident or activated enduring power of attorney (EPOA). Specific consent forms were in place for procedures such as influenza and Covid-19 vaccines. Discussions with care staff confirmed that they are familiar with the requirements to obtain informed consent for entering rooms and personal care.  The admission agreement is appropriately signed by the resident or the EPOA. The service welcomes the involvement of family/whānau in decision making where the person receiving services wants them to be involved. Enduring power of attorney documentation is filed in the residents’ electronic charts and activated as applicable for residents assessed as incompetent to make an informed decision.  A shared goals of care and resuscitation policy and related forms is in place. Advance directives for health care, including resuscitation status, had been completed by residents deemed to be competent. Where residents were deemed incompetent to make a resuscitation decision, the GP had made a medically indicated resuscitation decision. There was documented evidence of discussion with the EPOA. Discussion with family/whānau identified that the service actively involves them in decisions that affect the resident’s lives. Evidence was sighted of supported decision making, being fully informed, the opportunity to choose, and provision of cultural support when a resident had a choice of treatment options available to them. Staff have received training on cultural safety and tikanga best practice. Training has been provided to staff around Code of Rights, informed consent, and enduring power of attorney as part of the mandatory training in 2023. |
| Subsection 1.8: I have the right to complain  The people: I feel it is easy to make a complaint. When I complain I am taken seriously and receive a timely response. Te Tiriti: Māori and whānau are at the centre of the health and disability system, as active partners in improving the system and their care and support. As service providers: We have a fair, transparent, and equitable system in place to easily receive and resolve or escalate complaints in a manner that leads to quality improvement. | FA | There is a documented concerns and complaints procedure policy. The complaints procedure is provided to residents and family/whānau on entry to the service. The care centre manager maintains a record of all complaints, both verbal and written, by using a complaint register. This register is held electronically.  Documentation including follow-up letters and resolution demonstrates that complaints are being managed in accordance with guidelines set by the Health and Disability Commissioner (HDC). The complaints logged were classified into themes with a risk severity rating and available in the complaint register.  There were three complaints logged in the register for 2022 and three complaints have been received in 2023 year to date. All complaints reviewed included acknowledgement, investigation, follow up and replies to the complainant. There were no trends identified and all complaints are closed as resolved to the satisfaction of the complainant. Staff are informed of complaints (and any subsequent corrective actions) in the quality and staff meetings (meeting minutes sighted).  There was one complaint logged for 2021 through the Health and Disability Commissioner. Summerset Falls completed an internal investigation and provided all required information in the requested timeframes. Summerset implemented corrective action plans in relation to the concerns raised. The complaint remains open. Manatū Hauora Ministry of Health have requested follow up around subsections 1.6 Effective communication occurs, 2.4 Health care and support workers and their availability, 3.2 My pathway to wellbeing, 3.4 My medication, and 4.1 Person-centred and safe environment. There were no issues identified in this audit in relation to the complaint.  Discussions with residents and family/whānau confirmed they were provided with information on complaints and complaints forms are available at the entrance to the facility. Residents have a variety of avenues they can choose from to make a complaint or express a concern. Resident meetings are held monthly where concerns can be raised. Family/whānau confirm during interview the clinical manager and village managers are available to listen to concerns and acts promptly on issues raised. Residents or family/whānau making a complaint can involve an independent support person in the process if they choose. Information about the support resources for Māori is available to staff to assist Māori in the complaints process. Interpreters contact details are available. The care centre manager acknowledged their understanding that for Māori there is a preference for face-to-face communication and to include whānau participation. |
| Subsection 2.1: Governance  The people: I trust the people governing the service to have the knowledge, integrity, and ability to empower the communities they serve. Te Tiriti: Honouring Te Tiriti, Māori participate in governance in partnership, experiencing meaningful inclusion on all governance bodies and having substantive input into organisational operational policies. As service providers: Our governance body is accountable for delivering a highquality service that is responsive, inclusive, and sensitive to the cultural diversity of communities we serve. | FA | Summerset Falls is located in Warkworth. The care centre is situated on level one of a two story building. The service has 41 beds across the care centre and 44 rest home beds in the serviced apartments. All care centre beds are certified for dual purpose. There are no double or shared rooms.  At the time of the audit there were a total of 44 residents. There were 28 residents at hospital level of care, including one respite and 10 residents at rest home level of care, including one on Accident Compensation Corporation funding (ACC) and six residents in the serviced apartments. All other residents were under the aged related residential care contract (ARRC).  The village manager has been in the role for one and a half years but with over 20years experience in healthcare management. They are supported by a care centre manager, a registered nurse, who has been in the role for six months, with years of experience in senior clinical positions. They are both supported by a clinical nurse leader (registered nurse) and a stable team of registered nurses, caregivers, housekeeping, maintenance, and administration staff. The management team reports a low turnover of staff over the last 12months.  The Governance body for Summerset is the National Clinical review committee who meet monthly and chaired by Summerset’s Head of Clinical Services. All members on the committee hold senior roles in Summerset and there are terms of reference. The Head of Clinical Services (chair of the group) reports to the General Manager of Operations. The Head of Clinical Services works with the General Manager of Operations and Summerset’s CEO to ensure the necessary resources, systems and processes are in place that support effective governance. These include operations, care/service standards and outcomes, mitigation of risks and a focus on continuous quality improvement.  There is an overarching strategic business plan in place for the company, with national goals. The strategic plan reflects a leadership commitment to collaborate with Māori, aligns with the Ministry of Health strategies and addresses barriers to equitable service delivery. Tāngata whaikaha provide feedback around all aspects of the service through annual satisfaction surveys and regular resident meetings. Feedback is collated, reviewed, and used by the Summerset management team to identify barriers to care to improve outcomes for all residents. The strategic plan has a focus on improving equitable outcomes for Māori and addressing barriers for Māori. There has been a comprehensive feedback system and complaints process that is focused on continual service improvement within the service. Summerset Falls has a site-specific business plan that includes goals which relate to clinical effectiveness, risk management and financial compliance. The village manager completes three-monthly progress reports toward these goals (sighted).  The national clinical review committee (governance body) is responsible for setting strategy, risk, monitoring and reporting, culture and capability, and engagement. The governance body is involved in the quality and risk management system, through reports to the Board around clinical risk and other areas of risk across the Group. They also support each site around emergency planning and service continuity planning. The organisation benchmarks quality data with other New Zealand aged care providers. There are regional quality managers who support the on-site clinical team with education, trend review, clinical risk support and management.  Māori consultation ensures policies and procedure represents Te Tiriti partnership and equality and to improve outcomes and achieve equity for tāngata whaikaha. Management reports on any barriers to head office to ensure these can be addressed. Registered nurses work in consultation with resident and whānau, on input into reviewing care plans and assessment content to meet resident cultural values and needs.  The village manager and the care centre manager have attended training (including orientation modules) in excess of eight hours over the past year appropriate to their role. They have an extensive background in healthcare, nursing, aged care, and quality and risk management. The village manager is supported by the wider Summerset management team that includes a group operations manager and regional quality manager. |
| Subsection 2.2: Quality and risk  The people: I trust there are systems in place that keep me safe, are responsive, and are focused on improving my experience and outcomes of care. Te Tiriti: Service providers allocate appropriate resources to specifically address continuous quality improvement with a focus on achieving Māori health equity. As service providers: We have effective and organisation-wide governance systems in place relating to continuous quality improvement that take a risk-based approach, and these systems meet the needs of people using the services and our health care and support workers. | FA | Summerset Falls is implementing a quality and risk management programme. The quality and risk management systems include performance monitoring through internal audits and through the collection of clinical indicator data. Monthly quality meetings, registered nurse and staff meetings provide an avenue for discussions in relation to (but not limited to): quality goals (key priorities); quality data; health and safety; infection control/pandemic strategies; complaints received (if any); cultural compliance; staffing; and education. Internal audits, meetings, and collation of data were documented as taking place, with corrective actions documented where indicated to address service improvements, with evidence of progress and sign off when achieved. Quality improvement projects are documented for minimising restraint and achieving and maintaining a restraint-free environment (link 6.1.1), reduction of urinary tract infections (link 5.4.4), falls reduction, activities (link 3.3.1) and reduced medication administration errors.  Quality data and trends in data are posted on a quality noticeboard in staff areas. Corrective actions are discussed at quality meetings to ensure any outstanding matters are addressed with sign-off when completed.  There are procedures to guide staff in managing clinical and non-clinical emergencies. Policies and procedures and associated implementation systems provide a good level of assurance that the facility is meeting accepted good practice and adhering to relevant standards. A document control system is in place. Staff are informed of policy changes through meetings and notices. The Summerset Group has a comprehensive suite of policies and procedures, which guide staff in the provision of care and services. Policies are regularly reviewed and have been updated to align with the Ngā Paerewa 2021 Standard.  The resident and resident/family satisfaction surveys has been completed for 2023 and evidence overall satisfaction on all areas of service delivery. The service benchmarks against other Summerset facilities and results are closely aligned with benchmark averages. Opportunities for improvement have been identified and implemented.  A health and safety system is in place. There is a health and safety committee with representatives from each department that meets monthly. Hazard identification forms are completed electronically, and an up-to-date hazard register was reviewed (sighted). Health and safety policies are implemented and monitored by the health and safety committee. There are monthly meetings with the national health and safety manager. There is a monthly theme ‘Golden Rule’ that ensures a monthly focus on health and safety. Staff are provided with learning opportunities and reading material related to the theme. Staff incident, hazards and risk information is collated at facility level, reported to national level and a consolidated report and analysis of all facilities are then provided to the governance body. The noticeboards in the staffrooms keep staff informed on health and safety issues. In the event of a staff accident or incident, a debrief process is documented on the accident/incident form. There were no serious staff injuries in the last 12 months. Following the 2023 adverse weather event (floods), additional disaster management support information was posted on the noticeboard. A comprehensive site specific debrief process was implemented involving management and staff. Summerset also commissioned a review of the event to identify what went well and where improvements could be made.  Electronic reports are completed for each incident/accident, a severity risk rating is given, and immediate action is documented with any follow-up action(s) required, evidenced in the accident/incident forms reviewed. Results are discussed in the quality and staff meetings and at handover. A notification and escalation matrix are available to staff. The system escalates all alerts to the village manager and care centre manager and further alerts senior team members depending on the risk level. Incident and accident data is collated monthly and analysed. A data summary is provided against each clinical indicator. Benchmarking occurs on a national level against other Summerset facilities and other aged care provider groups.  Discussions with the village manager and care centre manager evidenced awareness of their requirement to notify relevant authorities in relation to essential notifications. There have been four Section 31 notifications completed to notify HealthCERT in the last 12 months, including one regarding appointment of new care centre manager; two related to a wandering resident; and one related to power outage.  There has been Covid-19 related outbreaks reported in 2022 and 2023; June 2022 (17 residents), November 2022 (two residents), April 2023 (11 residents), July 2023 (two residents), August 2023 (one resident), September 2023 (one resident), October 2023 (seven residents), November 2023 (two residents in the serviced apartments). All the outbreaks were well managed and reported appropriately. The flood event in Feb 2023 was reported to Te Whatu Ora -Waitematā.  Regular policy review, and internal and external benchmarking of quality data occur to provide a critical analysis to practice and improve health equity. Staff completed cultural competency and training to ensure a high-quality service and culturally safe service is provided for Māori. |
| Subsection 2.3: Service management  The people: Skilled, caring health care and support workers listen to me, provide personalised care, and treat me as a whole person. Te Tiriti: The delivery of high-quality health care that is culturally responsive to the needs and aspirations of Māori is achieved through the use of health equity and quality improvement tools. As service providers: We ensure our day-to-day operation is managed to deliver effective person-centred and whānau-centred services. | FA | There is staffing policy and procedure that describes rostering and staffing rationale in an event of acuity change and outbreak management. The village manager interviewed confirmed staff needs and shortages are reported to the national senior team. The roster provides sufficient and appropriate coverage for the effective delivery of care and support.  All registered nurses and over 95% of caregivers hold current first aid certificates. There is a first aid trained staff member on duty 24/7. Agency staff have been utilised during the Covid-19 period but none in the last year. Any absences and sick leave are covered through extending working hours through mutual agreement with employees. The care centre manager and clinical nurse lead will work a RN shift when RNs cannot replace the shift or through extension of working hours. There were no staff shortages reported at the time of the audit and there were no vacancies reported. Staff and residents are informed when there are changes to staffing levels, evidenced in staff interviews. Residents confirm their care requirements are attended to in a timely manner.  The roster reviewed evidenced registered nurse cover 24/7. The number of caregivers on each shift is sufficient for the acuity, layout of the facility, support with the workload and to provide safe and timely care on all shifts. Serviced apartment call bells ring throughout the main building and the allocated first aiders will respond to bells if required.  The managers all work full time Monday to Friday. The on-call roster is shared between the care centre manager and clinical nurse lead. There is a kaitiaki on morning and afternoon for a total of 10 hours a day to assist with meals, fluids, one on one activities, and exercises. There are separate staff dedicated to recreation, cleaning, and laundry for seven days a week. Grounds and maintenance staff are rostered over five days.  There is an annual education and training schedule being implemented. The education and training schedule lists compulsory training, which includes cultural awareness training. Staff complete electronic cultural awareness training at orientation and annually. External training opportunities for care staff include training through Te Whatu Ora Health New Zealand - Waitematā and hospice.  Learning content provides staff with up-to-date information on Māori health outcomes and disparities, and health equity. Staff confirmed that they were provided with resources during their cultural training. The learning platform creates opportunities for the workforce to learn about and address inequities.  The service supports and encourages caregivers to obtain a New Zealand Qualification Authority (NZQA) qualification. Summerset Falls supports all employees to transition through the New Zealand Qualification Authority (NZQA) Careerforce Certificate for Health and Wellbeing. Of the 24 caregivers employed, 17 have achieved a level three NZQA qualification or higher. Five caregivers have attained a level two qualification, and two new staff are enrolled. There is a national learning and development team that support staff with online training resources.  A professional development policy is being implemented. All staff are required to complete competency assessments as part of their orientation. Registered nurses’ complete specific competencies (eg, restraint, medication administration, and wound care). Additional RN specific competencies include subcutaneous fluids, syringe driver and interRAI assessment competency. Nine of ten RNs are interRAI trained. All RNs are encouraged to attend in-service training and complete additional training, including critical thinking; infection prevention and control, including Covid-19 preparedness; identifying and assessing the unwell resident; and dementia, delirium, and depression. All RNs are encouraged to complete their professional development and recognition portfolio.  All caregivers are required to complete annual competencies including (but not limited to) restraint, moving and handling, culture, and handwashing. A selection of caregivers completed medication administration competencies and second checker competencies. A record of completion is maintained on an electronic human resources system.  Staff wellness is encouraged through participation in health and wellbeing activities. Signage supporting the Employee Assistance Programme (EAP) were posted and visible in staff locations. EAP staff were readily available following the flood events. The natural disaster support for staff was extensive and included (but was not limited to) food, transport, shelter and more based on individual staff needs. On interview, staff confirmed both management and organisational representatives were very supportive during this time. The workplace union delegates, staff and management collaborate to ensure a positive workplace culture. |
| Subsection 2.4: Health care and support workers  The people: People providing my support have knowledge, skills, values, and attitudes that align with my needs. A diverse mix of people in adequate numbers meet my needs. Te Tiriti: Service providers actively recruit and retain a Māori health workforce and invest in building and maintaining their capacity and capability to deliver health care that meets the needs of Māori. As service providers: We have sufficient health care and support workers who are skilled and qualified to provide clinically and culturally safe, respectful, quality care and services. | FA | There are human resources policies in place, including recruitment, selection, orientation and staff training and development. Eight staff files reviewed evidenced implementation of the recruitment process, employment contracts, police checking and completed orientation. There are job descriptions in place for all positions that includes outcomes, accountability, responsibilities, authority, and functions to be achieved in each position.  A register of practising certificates is maintained for all health professionals. The appraisal policy is implemented, and all staff who have been employed for over one year have an annual appraisal completed.  The service has a role-specific orientation programme in place that provides new staff with relevant information for safe work practice and includes buddying when first employed. Competencies are completed at orientation. The service demonstrates that the orientation programme supports RNs and caregivers to provide a culturally safe environment for Māori.  The service has no volunteers currently; however, an orientation programme and policy for volunteers is in place. A management of agency staff policy is documented for the organisation.  Information held about staff is kept secure, and confidential. Ethnicity data is identified, and the service maintains an employee ethnicity database.  There is a staff debrief and psychological first aid policy, which includes follow up of any staff incident/accident, evidence of debriefing, support for employee rehabilitation, and safe return to work documented. Summerset organisational support was evidenced following the recent flooding events and included (but was not limited to) assistance with accommodation; access to power, food, transport; and counselling services. |
| Subsection 2.5: Information  The people: Service providers manage my information sensitively and in accordance with my wishes. Te Tiriti: Service providers collect, store, and use quality ethnicity data in order to achieve Māori health equity. As service provider: We ensure the collection, storage, and use of personal and health information of people using our services is accurate, sufficient, secure, accessible, and confidential. | FA | There is a resident records policy. Resident files and the information associated with residents and staff are retained and archived. Electronic information is regularly backed-up using cloud-based technology and password protected. There is a documented Summerset business continuity plan in case of information systems failure.  The resident files are appropriate to the service type and demonstrated service integration. Records are uniquely identifiable, legible, and timely. Signatures that are documented include the name and designation of the service provider. Resident’s past paper-based documents are securely stored and uploaded to the system.  Personal resident information is kept confidential and cannot be viewed by other residents or members of the public. The service is not responsible for National Health Index registration. |
| Subsection 3.1: Entry and declining entry  The people: Service providers clearly communicate access, timeframes, and costs of accessing services, so that I can choose the most appropriate service provider to meet my needs. Te Tiriti: Service providers work proactively to eliminate inequities between Māori and non-Māori by ensuring fair access to quality care. As service providers: When people enter our service, we adopt a person-centred and whānau-centred approach to their care. We focus on their needs and goals and encourage input from whānau. Where we are unable to meet these needs, adequate information about the reasons for this decision is documented and communicated to the person and whānau. | FA | The admission policy for the management of inquiries and entry to service is in place. The admission pack contains all the information about entry to the service. Assessments and entry screening processes are documented and communicated to the EPOA/whānau/family of choice, where appropriate, local communities, and referral agencies. Completed Needs Assessment and Service Coordination (NASC) service authorisation forms for residents assessed as requiring respite, rest home, and hospital levels of care were in place.  Records reviewed confirmed that admission requirements are conducted within the required timeframes and are signed on entry. Family/whānau were updated where there was a delay to entry to service. This was observed on the days of the audit and in inquiry records sampled. Residents and family/whānau interviewed confirmed that they were consulted and received ongoing sufficient information regarding the services provided.  The care centre manager (CCM), and clinical nurse lead (CNL) reported that all potential residents who are declined entry are recorded. When an entry is declined, relatives are informed of the reason for this and made aware of other options or alternative services available. The consumer/family is referred to the referral agency to ensure the person will be admitted to the appropriate service provider. There were no residents who identified as Māori at the time of the audit; however, routine analysis to show entry and decline rates, including specific data for entry and decline rates for Māori, is being implemented.  The service has existing engagements with local Māori communities, health practitioners, traditional Māori healers, and organisations to support Māori individuals and whānau. The management team confirmed that Māori health practitioners and traditional Māori healers for residents and family/whānau who may benefit from these interventions, are consulted when required. |
| Subsection 3.2: My pathway to wellbeing  The people: I work together with my service providers so they know what matters to me, and we can decide what best supports my wellbeing. Te Tiriti: Service providers work in partnership with Māori and whānau, and support their aspirations, mana motuhake, and whānau rangatiratanga. As service providers: We work in partnership with people and whānau to support wellbeing. | FA | A total of seven files sampled identified that initial assessments and initial care plans were resident centred, and these were completed in a timely manner. The files reviewed included four hospital level of care (including one respite), and three rest home (including one resident funded by ACC and one in the serviced apartments).  The service uses assessment tools that include consideration of residents’ lived experiences, cultural needs, values, and beliefs. Nursing care is undertaken by appropriately trained and skilled staff including the nursing team and care staff. InterRAI assessments were completed within 21 days of admission. Cultural assessments were completed by the nursing team in consultation with the residents, and family/whānau. Long-term care plans were also developed, and six-monthly evaluation processes ensures that assessments reflected the resident's daily care needs. Resident, family/whānau, and GP involvement is encouraged in the plan of care.  Long-term care plans were reviewed following interRAI reassessments. Where progress was different from expected, the service, in collaboration with the resident or EPOA and family/whānau responded by initiating changes to the care plan. Where there was a significant change in the resident’s condition before the review date, an interRAI re-assessment was completed. Interventions in the long-term care plans were comprehensive and resident focussed and provide detail to guide staff in the management of each resident`s care. A range of equipment and resources were available, suited to the level of care provided and in accordance with the residents’ needs. The EPOA and family/whānau and residents interviewed confirmed their involvement in the evaluation of progress and any resulting changes.  Short-term care plans were developed for short-term issues or in the event of any significant change, with appropriate interventions formulated to guide staff. The short-term care plans were reviewed weekly or earlier if clinically indicated by the degree of risk noted during the assessment process. These were added to the long-term care plan if the condition did not resolve in three weeks. Any change in condition is reported to the CCM and CNL and this was evidenced in the records sampled. Interviews verified residents and family/whānau are included and informed of all changes.  The general practitioner (GP) completes the residents’ medical admission within the required timeframes and conducts medical reviews promptly. Completed medical records were sighted in all files sampled. Residents’ files sampled identified service integration with other members of the health team. Multidisciplinary team (MDT) meetings were completed annually. There is a contracted podiatrist who visits the service regularly, and a contracted physiotherapist who completes assessments of residents and manual handling training for staff. Notations were clearly written, informative and relevant. In interview, the GP confirmed they were contacted in a timely manner when required, that they received information in a logical and organised way, and that care was implemented promptly.  The CNL and CCM reported that sufficient and appropriate information is shared between the staff at each handover, which was observed during the audit. Interviewed staff stated that they were updated daily regarding each resident’s condition. Interventions are resident focussed and provide detail to guide staff in the management of each resident`s care.  There were 18 residents with active wounds at the time of the audit and one stage 1 pressure injury. Wound assessments and wound evaluations were completed by the nursing team with input from wound care specialist nurses as required. This included pressure injury management, application of barrier creams, repositioning, and use of pressure relieving equipment. All interventions were documented in each resident’s electronic record management care plans.  There is a suite of monitoring charts available for staff to utilise, including (but not limited to): fluid balance charts; turn charts; neurological observations forms; blood glucose; and restraint monitoring charts. All monitoring charts were maintained according to policy. Any incident involving a resident reflected a clinical assessment and a timely follow up by the registered nurses. Family/whānau are notified following incidents. Opportunities to minimise future risks are identified by the CNL in consultation with the RNs, and caregivers. Each resident’s care was being evaluated on each shift and reported in the progress notes by the care staff.  The Māori health and wellbeing assessments support kaupapa Māori perspectives to permeate the assessment process. The Māori health care plan in place reflects the partnership and support of residents, whānau, and the extended whānau as applicable, to identify their own pae ora outcomes in their care and support wellbeing. Tikanga principles were included within the Māori health care plan. Any barriers that prevent tāngata whaikaha and whānau from independently accessing information or services were identified and strategies to manage these documented. The staff confirmed they understood the process to support residents and whānau. There were no residents who identified as Māori at the time of the audit; however, the cultural safety assessment process validates Māori healing methodologies, such as Karakia, rongoā and spiritual assistance when required. |
| Subsection 3.3: Individualised activities  The people: I participate in what matters to me in a way that I like. Te Tiriti: Service providers support Māori community initiatives and activities that promote whanaungatanga. As service providers: We support the people using our services to maintain and develop their interests and participate in meaningful community and social activities, planned and unplanned, which are suitable for their age and stage and are satisfying to them. | FA | Activities are conducted by the diversional therapist (DT), activities coordinator (AC), and assisted by two katiaki (assistants). The activities are based on assessment and reflected the residents’ social, cultural, spiritual, physical, cognitive needs/abilities, past hobbies, interests, and enjoyments. These were completed within two weeks of admission in consultation with the family/whānau and residents. A monthly planner is developed, and each resident is given a copy of the planner. Daily activities were noted on noticeboards to remind residents and staff. A newsletter is published every two months.  The activity programme is formulated by the activities team in consultation with the management team, national recreational and diversional therapist, registered nurses, EPOAs, residents, and care staff. The activities are varied and appropriate for people assessed as requiring rest-home, and hospital levels of care. Activity progress notes and activity attendance checklists were written daily. The residents were observed participating in a variety of activities on the audit days that were appropriate to their group settings. The planned activities and community connections were suitable for the residents. The service promotes access to EPOA and family/whānau and friends. There are regular outings and drives, for all residents (as appropriate). Resident meetings (monthly) provide a forum for feedback relating to activities.  There were no residents who identified as Māori; however, the activities staff reported that opportunities for Māori and family/whānau to participate in te ao Māori can be facilitated through community engagements with community traditional leaders, and by celebrating religious, and cultural festivals and Māori language week. The diversional and recreational therapy policy sighted was comprehensive and included Kaupapa Māori recreational programmes. The DT showed how a variety of activities are aimed at helping to stimulate or strengthen the wairua, hinengaro, tinana, and whānau concepts of wellbeing.  Activities for the residents in the serviced apartments were either in groups or one on one.  Family and residents interviewed reported high levels of satisfaction with the level and variety of activities provided. These comments were in line with survey results which showed that Summerset Falls was above the Summerset average score for activity programme enjoyment, community programmes, and perceived level of support to participate in activities of choice. The overall satisfaction score was 87% compared to group average of 82%. This has been achieved through the purchase of new specialised equipment (virtual reality googles, sensory animals, and musical equipment), community involvement, resident-initiated activities, and organisational support through the implementation of the kaitiaki role. The service has attained a continuous improvement rating for these initiatives. |
| Subsection 3.4: My medication  The people: I receive my medication and blood products in a safe and timely manner. Te Tiriti: Service providers shall support and advocate for Māori to access appropriate medication and blood products. As service providers: We ensure people receive their medication and blood products in a safe and timely manner that complies with current legislative requirements and safe practice guidelines. | FA | The medication management policy is current and in line with the Medicines Care Guide for Residential Aged Care. The policy described medication prescribing, dispensing, administration, review, and reconciliation. Administration records were maintained. Medications were supplied to the facility from a contracted pharmacy. The GP completed three-monthly medication reviews.  A total of 14 medicine charts were reviewed. Indications for use were documented for pro re nata (PRN) medications, including over the counter medications and supplements. Allergies were indicated, and all photos uploaded on the electronic medication management system were current. Eye drops were dated on opening. Effectiveness of PRN medications was being consistently documented.  Routine medication reconciliation is conducted by an RN. Medications are rechecked when a resident is transferred back to the service from the hospital or any external appointments. Medication reconciliation is recorded in the electronic medication management system. Medication competencies were current, and these were completed in the last 12 months for all staff administering medicines. Medications are administered by an RN or medication competent caregiver in the serviced apartments.  There were no expired or unwanted medicines. Expired medicines were being returned to the pharmacy promptly. Monitoring of medicine fridge and medication room temperatures were being conducted regularly and deviations from normal were reported and attended to promptly. Records were sighted. The registered nurse was observed administering medications safely and correctly. Medications were stored safely and securely in the trolley, locked treatment room and cupboards. There were no residents self-administering medications. There is a self-medication policy in place when required. There were no standing orders in use.  The medication policy clearly outlines that residents, including Māori residents and their whānau, are supported to understand their medications. The GP confirmed that appropriate support for Māori treatment and advice would be provided as required. This was reiterated in interviews with the CNL, and registered nurses. |
| Subsection 3.5: Nutrition to support wellbeing  The people: Service providers meet my nutritional needs and consider my food preferences. Te Tiriti: Menu development respects and supports cultural beliefs, values, and protocols around food and access to traditional foods. As service providers: We ensure people’s nutrition and hydration needs are met to promote and maintain their health and wellbeing. | FA | The kitchen service complies with current food safety legislation and guidelines. All food and baking are prepared and cooked on site. The kitchen is managed by the chef manager who reports to the roaming chef manager. Food is prepared in line with recognised nutritional guidelines for older people. The verified food control plan expires May 2024. The menu was reviewed by a registered dietitian, and all kitchen staff have current food handling certificates.  Diets are modified as required and the kitchen staff confirmed awareness of the dietary needs of the residents. Residents have a nutrition profile developed on admission which identifies dietary requirements, likes, and dislikes. All alternatives are catered for as required. The residents’ weights are monitored regularly, and supplements are provided to residents with identified weight loss issues. Snacks and drinks are available for residents throughout the day and night when required.  The kitchen and pantry were observed to be clean, tidy, and well stocked. Regular cleaning is undertaken, and all services comply with current legislation and guidelines. Labels and dates were on all containers. Thermometer calibrations were completed every three months. Records of temperature monitoring of food, fridges, freezers, and dishwasher are maintained, and these are recorded on the electronic record management system. All decanted food had records of use by dates recorded on the containers and no expired items were sighted. Family/whānau and residents interviewed indicated satisfaction with the food service.  The roaming chef manager interviewed reported that the service prepares food that is culturally specific to different cultures. This includes menu options which are culturally specific to te ao Māori also, ‘boil ups’, hāngi, and pork were included on the menu, and these are available for any Māori residents when required. |
| Subsection 3.6: Transition, transfer, and discharge  The people: I work together with my service provider so they know what matters to me, and we can decide what best supports my wellbeing when I leave the service. Te Tiriti: Service providers advocate for Māori to ensure they and whānau receive the necessary support during their transition, transfer, and discharge. As service providers: We ensure the people using our service experience consistency and continuity when leaving our services. We work alongside each person and whānau to provide and coordinate a supported transition of care or support. | FA | There is a documented process in the management of the early discharge/unexpected exit plan and transfer from services. Discharges are overseen by the clinical team who manage the process until exit. All this is conducted in consultation with the resident, family/whānau, and other external agencies. Risks are identified and managed as required.  A discharge or transition plan is developed in conjunction with the residents and family/whānau (where appropriate) and documented on the residents’ file. Referrals to other allied health providers were completed with the safety of the resident identified. Upon discharge, current and old notes are collated and scanned onto the resident’s electronic management system. If a resident’s information is required by a subsequent GP, a written request is required for the file to be transferred.  Evidence of residents who had been referred to other specialist services, such as podiatrists, gerontology nurse specialists, and physiotherapists, were sighted in the files reviewed. Residents and family/whānau are involved in all exits or discharges to and from the service and there was sufficient evidence in the residents’ records to confirm this. |
| Subsection 4.1: The facility  The people: I feel the environment is designed in a way that is safe and is sensitive to my needs. I am able to enter, exit, and move around the environment freely and safely. Te Tiriti: The environment and setting are designed to be Māori-centred and culturally safe for Māori and whānau. As service providers: Our physical environment is safe, well maintained, tidy, and comfortable and accessible, and the people we deliver services to can move independently and freely throughout. The physical environment optimises people’s sense of belonging, independence, interaction, and function. | FA | There was a current building warrant of fitness that expires on 1 February 2024. The physical environment supports the independence of the residents. Corridors have safety rails and promote safe mobility with the use of mobility aids. Residents were observed moving freely around the areas with mobility aids. There are well appointed lounges for communal gatherings and activities at the facility. Quiet spaces for residents and their whānau to utilise are available.  There is a full-time property manager who, with the property team, carries out the 52-week planned maintenance programme. The village manager and property manager are also on call after hours for urgent matters. The planned maintenance schedule includes electrical testing and tagging, resident’s equipment checks, and calibrations of the weighing scales and clinical equipment. The scales are checked annually. Hot water temperatures were monitored monthly, and the reviewed records were within the recommended ranges. Reactive maintenance is carried out by certified tradespeople where required. The environmental temperature is monitored and there were implemented processes to manage significant temperature changes.  The care centre is situated on level one of a two story building. The service has 41 beds across the care centre. There are also 44 serviced apartments certified for rest home level care.  The Care Centre:  There is a lift between the ground and the first floor. This is large enough to accommodate beds/stretchers if required.  Most bedrooms have an ensuite, except for two standard rooms with a hand basin each, that share one bathroom. Communal toilet and shower facilities have a system that indicates if it is engaged or vacant. All the washing areas have free flowing soap and paper towels in the toilet areas. In the care centre, there are large and small lounges. Activities occur in the larger areas and the smaller areas are spaces where residents who prefer quieter activities or visitors may sit. The dining room is spacious. There is a hairdressing salon on site.  Serviced Apartments:  The 44 serviced apartments certified for rest home level of care are one bedroom with an adjoining ensuite, with sufficient space to accommodate shower chairs and mobility aids as required. Each serviced apartment has an open plan kitchenette, dining, and lounge room. Communal areas in the serviced apartments include a spacious lounge, seating areas, dining room, and a library. In the serviced apartment building, there is a large cafe and lounge area. Rest home residents in the apartments utilise these areas, and if they wish, they can have their meals delivered directly to their own units.  All areas are easily accessible for the residents. The furnishings and seating are appropriate for the consumer group. Residents interviewed reported they were able to move around the facility and staff assisted them when required.  Residents’ rooms are personalised according to the resident’s preference. Toilets are of a suitable size to accommodate equipment. All rooms have external windows to provide natural light and have appropriate ventilation and heating.  The grounds and external areas were well maintained. External areas are independently accessible to residents. All outdoor areas have seating and shade. There is safe access to all communal areas. There is a designated smoking area for residents who smoke.  The management team confirmed that when there is a planned development for new buildings, there shall be consultation and co-design of the environment, to ensure that they reflect the aspirations and identity of Māori. |
| Subsection 4.2: Security of people and workforce  The people: I trust that if there is an emergency, my service provider will ensure I am safe. Te Tiriti: Service providers provide quality information on emergency and security arrangements to Māori and whānau. As service providers: We deliver care and support in a planned and safe way, including during an emergency or unexpected event. | FA | Policies and guidelines for emergency planning, preparation, and response are displayed and known to staff. Civil defence planning guides direct the staff in their preparation for disasters and describe the procedures to be followed in the event of a fire or other emergency. A fire evacuation plan is in place that has been approved by the New Zealand Fire Service. A trial evacuation drill was performed in August 2023. The drills are conducted every six-months, and these are added to the training programme. The staff orientation programme includes fire and security training.  There are adequate fire exit doors, and the car park is the designated assembly point. All required fire equipment is checked within the required timeframes by an external contractor. A civil defence plan is in place. There are adequate supplies in the event of a civil defence emergency, including food, water, candles, torches, continence products, and a gas BBQ, which meet the requirements for all residents, including rostered staff. There is a large generator on site. Emergency lighting is available and is regularly tested. All staff had current first aid certificates. Staff confirmed their awareness of the emergency procedures.  The service has a call bell system in place that is used by the residents, family/whānau, and staff members to summon assistance. All residents have access to a call bell, and these are checked monthly by the maintenance personnel. Residents and family/whānau confirmed that staff responds to calls promptly.  Appropriate security arrangements are in place. Doors are locked at predetermined times. Family/whānau and residents know the process of alerting staff when in need of access to the facility after hours. There is a visitors' policy and guidelines available to ensure resident safety and wellbeing are not compromised by visitors to the service. Visitors and contractors are required to sign in and out of an electronic visitors’ register. |
| Subsection 5.1: Governance  The people: I trust the service provider shows competent leadership to manage my risk of infection and use antimicrobials appropriately. Te Tiriti: Monitoring of equity for Māori is an important component of IP and AMS programme governance. As service providers: Our governance is accountable for ensuring the IP and AMS needs of our service are being met, and we participate in national and regional IP and AMS programmes and respond to relevant issues of national and regional concern. | FA | The infection prevention control and antimicrobial stewardship (AMS) programmes are led by the infection prevention and control coordinator (registered nurse). Infection prevention and control and antimicrobial stewardship policies and procedures have been reviewed and are appropriate for the service. The infection control programme and policies and procedures link to the quality improvement system and are reviewed and reported regularly. Any significant events are managed using a collaborative approach and involve the infection prevention and control coordinator and the senior operations team. Expertise and advice are sought from the general practitioner, Te Whatu Ora -Waitematā infection control team and experts from the local public health unit as and when required. The infection prevention and control coordinator attends the management and quality team meetings where infection control issues are discussed. Infection prevention and control and antimicrobial stewardship are an integral part of the Summerset Falls business plan to ensure an environment that minimises the risk of infection to residents, staff, and visitors by implementing an infection control programme.  Summerset has an infection control and antimicrobial stewardship programme that aligns with Summerset strategic plan to improve quality and ensure the safety of residents, visitors, staff, and contractors. There is a documented pathway for reporting infection control and AMS issues to the governing committee. Infection rates are discussed bimonthly at the National Clinical Review Meeting. The National Clinical review group provides clinical governance over the care and clinical systems for Summerset Operations including infection prevention control and antimicrobial stewardship (AMS) programmes. The Summerset executive group knows and understand their responsibilities for delivering the infection control and antimicrobial programmes and seek additional support where needed to fulfil these responsibilities. |
| Subsection 5.2: The infection prevention programme and implementation  The people: I trust my provider is committed to implementing policies, systems, and processes to manage my risk of infection. Te Tiriti: The infection prevention programme is culturally safe. Communication about the programme is easy to access and navigate and messages are clear and relevant. As service providers: We develop and implement an infection prevention programme that is appropriate to the needs, size, and scope of our services. | FA | The infection prevention and control (IPC) coordinator, a registered nurse, leads, oversees and coordinates the implementation of the infection control programme. Infection control coordinator’s role, responsibilities and reporting requirements are defined in the infection control coordinator’s job description. The IPC coordinator has completed external education on infection prevention and control for clinical staff and has access to shared clinical records and diagnostic results of residents. There is a defined and documented infection control programme implemented that was developed with input from external infection control services. The programme was approved by the national clinical review group and is linked to the quality improvement programme and is current. Infection control policies were developed by suitably qualified personnel and comply with relevant legislation and accepted best practice. Policies reflect the requirements of the infection prevention and control standards and include appropriate referencing.  The pandemic and infectious disease outbreak management plan in place is reviewed at regular intervals. Sufficient resources, including personal protective equipment (PPE), were sighted on the days of the audit. Resources were readily accessible to support the pandemic response plan if required. The IPC coordinator has input into other related clinical policies that impact on health care associated infection (HAI) risk. Staff have received infection control education at orientation and through ongoing annual online education sessions. Additional staff education has been provided in response to the Covid-19 outbreaks. Education with residents was on an individual basis and as a group in residents’ meetings and included reminders about handwashing and advice about remaining in their room if they are unwell, as confirmed in interviews with residents.  The IPC coordinator liaises with the care centre manager and regional quality team on PPE requirements and procurement of the required equipment, devices, and consumables through approved suppliers and the local Te Whatu Ora- Waitematā. The care centre manager stated that the IPC coordinator will be involved in the consultation process for any proposed design of any new building or when significant changes are proposed to the existing facility.  Medical reusable devices and shared equipment are appropriately decontaminated or disinfected based on recommendation from the manufacturer and best practice guidelines. Single-use medical devices are not reused. There is a decontamination and disinfection policy to guide staff. Infection control audits were completed, and where required, corrective actions were implemented. Care delivery, cleaning, laundry, and kitchen staff were observed following appropriate infection control practices, such as appropriate use of hand-sanitisers, good hand-washing technique and use of disposable aprons and gloves. Hand washing and sanitiser dispensers were readily available around the facility. The kitchen linen is washed separately, and different/coloured face clothes are used for different parts of the body and same applies for white and coloured pillowcases. There were culturally safe practices observed, and thus acknowledge the spirit of Te Tiriti. The care centre manager reported that residents who identify as Māori will be consulted on infection control requirements as needed. In interviews, staff understood these requirements. The service has printed off educational resources in te reo Māori. |
| Subsection 5.3: Antimicrobial stewardship (AMS) programme and implementation  The people: I trust that my service provider is committed to responsible antimicrobial use. Te Tiriti: The antimicrobial stewardship programme is culturally safe and easy to access, and messages are clear and relevant. As service providers: We promote responsible antimicrobials prescribing and implement an AMS programme that is appropriate to the needs, size, and scope of our services. | FA | The AMS programme guides the use of antimicrobials and is appropriate for the size, scope, and complexity of the service. It was developed using evidence-based antimicrobial prescribing guidance and expertise. The AMS programme was approved by the national quality team. The policy in place aims to promote optimal management of antimicrobials to maximise the effectiveness of treatment and minimise potential for harm. Responsible use of antimicrobials is promoted. The GP has overall responsibility for antimicrobial prescribing. Monthly records of infections and prescribed treatment were maintained.  Antimicrobial stewardship is monitored and discussed at the National Infection prevention and Control Group (which includes IPC coordinator from each care centre), with a particular focus on infections that do and don’t meet the infections surveillance criteria and appropriate taking of specimens and antibiotic usage. The annual infection control and AMS review and the infection control and hand washing audit includes: the antibiotic usage; monitoring the quantity of antimicrobial prescribed; effectiveness; pathogens isolated; and any occurrence of adverse effects. |
| Subsection 5.4: Surveillance of health care-associated infection (HAI)  The people: My health and progress are monitored as part of the surveillance programme. Te Tiriti: Surveillance is culturally safe and monitored by ethnicity. As service providers: We carry out surveillance of HAIs and multi-drug-resistant organisms in accordance with national and regional surveillance programmes, agreed objectives, priorities, and methods specified in the infection prevention programme, and with an equity focus. | FA | The infection surveillance programme is appropriate for the size and complexity of the service. Infection data is collected, monitored, and reviewed monthly. The data is collated, and action plans are implemented. The HAIs being monitored include infections of the urinary tract, skin, eyes, respiratory and wounds. Surveillance tools are used to collect infection data and standardised surveillance definitions are used. The service is including ethnicity data in the surveillance of healthcare-associated infections.  Infection prevention audits were completed, including cleaning, laundry, and hand hygiene. Relevant corrective actions were implemented where required. Records of monthly data sighted confirmed minimal numbers of infections; comparison with the previous month; reason for increase or decrease; and action advised. Summerset Falls has demonstrated continuous improvement related to urinary tract infection reduction. Any new infections are discussed at shift handovers for early interventions to be implemented. Benchmarking is completed with other sister similar facilities.  Residents and family/whānau (where required) were advised of any infections identified, in a culturally safe manner. This was confirmed in progress notes sampled and verified in interviews with residents and family/whānau. There have been eight covid-19 related outbreaks reported since the previous audit (June, November 2022 and April, July, August, September, October, and November 2023). All the outbreaks were well documented with debrief meetings identifying what went well and areas of improvement in place for each outbreak. They were well managed and reported to Public Health. |
| Subsection 5.5: Environment  The people: I trust health care and support workers to maintain a hygienic environment. My feedback is sought on cleanliness within the environment. Te Tiriti: Māori are assured that culturally safe and appropriate decisions are made in relation to infection prevention and environment. Communication about the environment is culturally safe and easily accessible. As service providers: We deliver services in a clean, hygienic environment that facilitates the prevention of infection and transmission of antimicrobialresistant organisms. | FA | There are documented processes for the management of waste and hazardous substances. Domestic waste is removed as per local authority requirements. All chemicals were observed to be stored securely and safely. Material data safety sheets were displayed in the laundry. Cleaning products were in labelled bottles. Cleaners ensure that trolleys are safely stored when not in use. A sufficient amount of PPE was available, which includes masks, gloves, goggles, and aprons. Staff demonstrated knowledge on donning and doffing of PPE. There are sluice rooms in each area with sanitisers. All have separate handwashing facilities and adequate supplies of PPE.  There are designated cleaners (housekeepers). Cleaning guidelines are provided. Cleaning equipment and supplies were stored safely in locked storerooms. Cleaning schedules are maintained for daily and periodic cleaning. Personal laundry and bed linen is washed on site or by family members or residents if requested. The laundry is delivered to the laundry via a shute system. The laundry is clearly separated into clean and dirty areas. Clean laundry is delivered back to the residents daily. Washing temperatures are monitored and maintained to meet safe hygiene requirements. All laundry personnel and care staff have received training and documented guidelines are available. The effectiveness of laundry processes is monitored by the internal audit programme. The laundry personnel, care staff and cleaning staff demonstrated awareness of the infection prevention and control protocols. Resident and family/whānau interviews confirmed satisfaction with cleaning and laundry processes. |
| Subsection 6.1: A process of restraint  The people: I trust the service provider is committed to improving policies, systems, and processes to ensure I am free from restrictions. Te Tiriti: Service providers work in partnership with Māori to ensure services are mana enhancing and use least restrictive practices. As service providers: We demonstrate the rationale for the use of restraint in the context of aiming for elimination. | FA | Restraint policy confirms that restraint consideration and application must be done in partnership with families/whānau, and the choice of the device must be the least restrictive possible. At all times when restraint is considered, the facility would work in partnership with Māori, to promote and ensure services are mana enhancing. The restraint coordinator is the registered nurse, who provides support and oversight for restraint management in the facility. The restraint coordinator is conversant with restraint policies and procedures. The facility had no restraint in place.  An interview with the restraint coordinator, and management team described the organisation’s commitment to restraint minimisation and implementation across the organisation, as reviewed in the business plan. The reporting process to the governance body includes data gathered and analysed monthly that supports the ongoing safety of residents and staff. The restraint coordinator reported that any resident requiring restraint, included an assessment, consent, restraint care plan monitoring, and evaluation. Restraint review meetings occur monthly as part of the quality improvement meeting.  The restraint committee is responsible for the approval of the use of restraints and the restraint processes. Restraint is used as a last resort, only when all other alternatives have been explored. This was evident from interviews with staff who are actively involved in the ongoing process of eliminating restraint use. Training for all staff occurs at orientation and annually. Training includes cultural considerations and de-escalation techniques to manage challenging behaviour. Staff completes a restraint competency annually.  The use of restraint has been reduced from three to zero since August 2017. |

# Specific results for criterion where corrective actions are required

Where a subsection is rated partially attained (PA) or unattained (UA) specific corrective actions are recorded under the relevant criteria for the subsection. The following table contains the criterion where corrective actions have been recorded.

Criterion can be linked to the relevant subsection by looking at the code. For example, Criterion 1.1.1 My service provider shall embed and enact Te Tiriti o Waitangi within all its work, recognising Māori, and supporting Māori in their aspirations, whatever they are (that is, recognising mana motuhake) relates to subsection 1.1: Pae ora healthy futures in Section 1 Our rights.

If there is a message “no data to display” instead of a table, then no corrective actions were required as a result of this audit.

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| No data to display |

# Specific results for criterion where a continuous improvement has been recorded

As well as whole subsections, individual criterion within a subsection can also be rated as having a continuous improvement. A continuous improvement means that the provider can demonstrate achievement beyond the level required for full attainment. The following table contains the criterion where the provider has been rated as having made corrective actions have been recorded.

As above, criterion can be linked to the relevant subsection by looking at the code. For example, Criterion 1.1.1 relates to subsection 1.1: Pae ora healthy futures in Section 1: Our rights.

If, instead of a table, these is a message “no data to display” then no continuous improvements were recorded as part of this audit.

|  |  |  |  |
| --- | --- | --- | --- |
| **Criterion with desired outcome** | **Attainment Rating** | **Audit Evidence** | **Audit Finding** |
| Criterion 2.2.2  Service providers shall develop and implement a quality management framework using a risk-based approach to improve service delivery and care. | CI | Staff at Summerset Falls recognised that they had high number of medication administration errors and further analysis identified that some of the medication errors were related to distraction during medication rounds. Staff implemented strategies as upgrade of medication trolleys to include easier navigation through the drawers; more visual cards displayed in the medication rooms on the five rights; medication administration aprons changed from blue to red; distraction such as registered nurse phones and walkie talkies were removed during medication rounds and left with other staff members; regular review of resident medications done by GP and pharmacist on site, as well as a nationally established medicines optimisation group which includes a geriatrician, clinical pharmacist and head of clinical services. | The benchmarking graphs (sighted) confirm that Summerset Falls have only had two medication administration related events in the last 24 months (May 2022 and April 2022, one each). Medication administration error event rate sits below the medication administration error rate for all Summerset villages for the past 24month period. 100% reduction in the medication administrations errors event rate between the periods November 2022-October 2023 compared to November 2021 – October 2022. Complex medical needs of residents with multiple comorbidities / chronic medical conditions are safely managed as a results of the above safe medication administration practices implemented. The interventions implemented ensured all residents received medications as prescribed by the medical practitioner with a positive impact on resident’s wellbeing and quality of life. |
| Criterion 2.2.5  Service providers shall follow the National Adverse Event Reporting Policy for internal and external reporting (where required) to reduce preventable harm by supporting systems learnings. | CI | Summerset falls identified a significant increase in the number of falls with increased trends in falls rate from November 2021 to October 2022. A comprehensive review of falls initiated by the nursing team and the falls prevention coordinator looks at strategies including (but not limited to) medication reviews; increased staff engagement by discussing falls in the registered nurse and caregiver meetings as well as staff training; food service improvement programme; increasing staffing hours and utilisation of the kaitiaki role since May 2022; caregivers completing notes close to the high falls risk residents; room relocation of residents to be closer to nurses’ station; intentional rounding of high risk residents; use of sensor mats and portable alarms; decluttering rooms. | The fall incident rate sits below the fall rates for all Summerset villages combined for the majority of the 24-month period of November 2021 to October 2023 as sighted on the benchmarking graphs. An example of a resident who was frequently falling almost daily between October and November 2023 had above strategies implemented and moved closer to nurses’ station and has since had no further falls with closer monitoring and strategies. There has been a 6.1% decrease in the fall rate between the periods of November 2022 to October 2023 compared to November 2021 to October 2022. A 38.9% reduction in fall related fracture event rate between the periods of November 2022 to October 2023 compared to November 2021 to October 2022. The introduction of Vitamin D and high calcium intake improved bone health for the residents thereby improved mobility, reduction in fall and lowered fracture risk. Increased staffing hours, purchase of more sensor mats, portable fall alarms reduced fall rate and maintained resident independence. Above strategies have helped improve overall health outcomes and quality of life for residents by reducing falls and injury from falls. |
| Criterion 3.3.1  Meaningful activities shall be planned and facilitated to develop and enhance people’s strengths, skills, resources, and interests, and shall be responsive to their identity. | CI | All residents are assessed at admission and in an ongoing manner to establish interests and skills and a plan is developed for the residents around activities. The activity programme was reviewed and adapted to continue the provision of engaging residents in meaningful activities following feedback received during a complaint investigation. This resulted in continued resident engagement, physical activity, social interaction, and resident satisfaction. | Following a review of the activity offering, the DT, clinical team, and national DT purchased sensory stimulation equipment to aid resident activities. These included a 3D pin art board, sensory robotic animals, VR Goggles (for virtual travels to different countries of the resident’s choice), weighted blankets, and portable roll up pianos. Community involvement was increased through community group visits, and village resident led activities for the care centre residents. Care centre residents initiated their own projects including raised garden beds on the outdoor decks, and a Christmas corner for visiting children, with resident made decorations and crafts.  The seven day a week diversional therapy cover, and kaitiaki role serves to support these initiatives in addition to facilitating one to one attention, and additional small group activities.  Implementation of these interventions has had a positive impact upon the daily lives of residents as evidenced through survey results, increased resident engagement, and resident and family interviews. In March 2023, overall resident satisfaction was 84% with a net promoter score (NPS) of 21. This increased in October 2023 to having an overall satisfaction of 87% with an NPS of 40. |
| Criterion 5.4.4  Results of surveillance and recommendations to improve performance where necessary shall be identified, documented, and reported back to the governance body and shared with relevant people in a timely manner. | CI | A project for reducing the rate of urinary tract infections (UTI) for residents was commenced in November 2021. The purpose was to aim to promote quality of life for the residents and minimise the incidence of UTIs for those residents prone to the infection or with recurrent UTIs. All staff were involved in the process and strategies included but not limited to training of registered nurses in correct identification of UTIs using the best practice Health Quality and Safety Commission (HQSC) UTI decision support tool (released 2022); use of cranberry juice and probiotic yoghurt; fluid rounds and promotion of good hydration; infection control coordinator attending monthly National IPC meetings and continuously upskilling staff and implementing recommendations in reducing UTIs. | The infection control coordinator as the project champion would complete robust training for all staff, analyse and collate all the incidence of UTIs and share the graphs and outcome with staff ongoing. Summerset Falls UTI event rate for November 2021 to October 2023 sits below the UTI event rate for all Summerset villages. There was a 52.8% reduction in the UTI event rate between the periods of November 2022 to October 2023 compared to November 2021 to October 2022.  There was noticeable improvement in the quality of life of residents as symptoms related to UTIs such as challenging behaviour and falls started to come down as well. For residents who had a history of recurring UTIs the rates were significantly reduced. The use of non-pharmacological interventions to prevent the UTIs helped to reduce the usage of antibiotics which is one of Summerset’s IPC goals. |
| Criterion 6.1.1  Governance bodies shall demonstrate commitment toward eliminating restraint. | CI | The service has remained committed to the elimination of all restraints within the facility. Despite there being no restraint in use there have been regular restraint meetings, which include, review, analysis and reporting on residents who would require restraint if the facility did not provide their comprehensive suite of alternative measures. These include the implementation of intentional rounding for at risk residents, toileting regimes, kaitiaki supervision and facilitation of activities, and strategies taught by the Summerset dementia care specialist team. The restraint usage dropped from three in August 2017 to zero restraint so far year to date 2023.  Positive outcomes have been measured in staff, residents, and relative satisfaction surveys conducted and statistics reviewed. This was also confirmed in interviews conducted with the staff, residents, GP, and family/whānau, respectively. | The service initiated a quality improvement project to reduce restraint usage at the service in comparison or benchmarked against other sister Summerset sites. Continued assessments of each resident included why restraint was implemented where initiated. The restraint coordinator worked with the management, family/whānau, staff, and residents to foster and identify safe strategies to reduce and ultimately eliminate restraint usage. Restraint use has remained at zero since August 2017, despite there being an increase in behaviours of concern/falls that may have been managed by restraint use in the past. The implementation of extra training provided by the Summerset specialist dementia team resulted in increased staff knowledge and confidence in managing behavioural issues of concern or residents at high risk of falls. The success of their ongoing commitment was measured by extracting statistics on restraint usage from the Power BI benchmarking electronic record management system. The Power BI benchmarking reviewed showed that Summerset Falls compared with other sister facilities was among the top facilities that had managed to eliminate restraint use. |

End of the report.