# Victoria Care Limited

## Introduction

This report records the results of a Surveillance Audit of a provider of aged residential care services against the Ngā Paerewa Health and Disability Services Standard (NZS8134:2021).

The audit has been conducted by BSI Group New Zealand Ltd, an auditing agency designated under section 32 of the Health and Disability Services (Safety) Act 2001, for submission to the Ministry of Health.

The abbreviations used in this report are the same as those specified in section 0.4 of the Ngā Paerewa Health and Disability Services Standard (NZS8134:2021).

You can view a full copy of the standard on the Ministry of Health’s website by clicking [here](http://www.health.govt.nz/our-work/regulation-health-and-disability-system/certification-health-care-services/health-and-disability-services-standards).

The specifics of this audit included:

**Legal entity:** Victoria Care Limited

**Premises audited:** Victoria Care Limited

**Services audited:** Dementia care

**Dates of audit:** Start date: 6 July 2023 End date: 7 July 2023

**Proposed changes to current services (if any):**  One bedroom has been converted to an office space and the bed numbers decrease from 50 to 49.

**Total beds occupied across all premises included in the audit on the first day of the audit:** 44

# Executive summary of the audit

## Introduction

This section contains a summary of the auditors’ findings for this audit. The information is grouped into the six sections contained within the Ngā Paerewa Health and Disability Services Standard:

* ō tatou motika **│** our rights
* hunga mahi me te hanganga │ workforce and structure
* ngā huarahi ki te oranga │ pathways to wellbeing
* te aro ki te tangata me te taiao haumaru │ person-centred and safe environment
* te kaupare pokenga me te kaitiakitanga patu huakita │ infection prevention and antimicrobial stewardship
* here taratahi │ restraint and seclusion.

As well as auditors’ written summary, indicators are included that highlight the provider’s attainment against the subsection in each of the sections. The following table provides a key to how the indicators are arrived at.

**Key to the indicators**

| **Indicator** | **Description** | **Definition** |
| --- | --- | --- |
|  | Includes commendable elements above the required levels of performance | All subsections applicable to this service fully attained with some subsections exceeded |
|  | No short falls | Subsections applicable to this service fully attained |
|  | Some minor shortfalls but no major deficiencies and required levels of performance seem achievable without extensive extra activity | Some subsections applicable to this service partially attained and of low risk |
|  | A number of shortfalls that require specific action to address | Some subsections applicable to this service partially attained and of medium or high risk and/or unattained and of low risk |
|  | Major shortfalls, significant action is needed to achieve the required levels of performance | Some subsections applicable to this service unattained and of moderate or high risk |

## General overview of the audit

Victoria Care is a family-owned facility based in Christchurch and provides care for up to 49 residents requiring dementia level care across two units. On the day of audit there were 44 residents.

This surveillance audit was conducted against a sub section of the Ngā Paerewa Health and Disability Services Standard and the services contract with Te Whatu Ora Health New Zealand – Waitaha Canterbury. The audit process included a review of policies and procedures, the review of residents and staff files, observations, and interviews with family/whānau, staff, general practitioner, and management.

An experienced and appropriately qualified facility manager has been in the position for twelve months. They are supported by a clinical manager owner and external quality consultant. Family/whānau interviewed spoke positively about the service provided.

The were no findings in relation to the previous certification audit.

This surveillance audit identified the service meets the sub section of the Ngā Paerewa Health and Disability Services Standard.

## Ō tatou motika │ Our rights

|  |  |  |
| --- | --- | --- |
| Includes 10 subsections that support an outcome where people receive safe services of an appropriate standard that comply with consumer rights legislation. Services are provided in a manner that is respectful of people’s rights, facilitates informed choice, minimises harm,  and upholds cultural and individual values and beliefs. |  | Subsections applicable to this service fully attained. |

The service is committed to supporting the Māori health strategies by actively recruiting and retaining suitably qualified Māori staff. The owner and management have committed to working collaboratively to embrace, support, and encourage a Māori worldview of health and provide high-quality, equitable, and effective services for Māori.

Details relating to the Health and Disability Commissioner’s Code of Health and Disability Services Consumers Rights (the Code) is included in the information packs given to new or potential residents and family. A Pacific health plan is documented.

There is an established system for the management of complaints that meets guidelines established by the Health and Disability Commissioner.

## Hunga mahi me te hanganga │ Workforce and structure

|  |  |  |
| --- | --- | --- |
| Includes 5 subsections that support an outcome where people receive quality services through effective governance and a supported workforce. |  | Subsections applicable to this service fully attained. |

The business operations plan is supported by quality and risk management processes that take a risk-based approach. Internal audits are documented. Systems are in place for monitoring the services and regular reports are provided to the three directors. Services are planned, coordinated and are appropriate to the needs of the residents. The statement of performance describes annual goals and objectives that support outcomes to achieve equity for Māori and addressing barriers for Māori. Quality data is collated and benchmarked.

Residents receive appropriate services from suitably qualified staff. Cultural safety is embedded within the documented quality programme and staff training. Human resources are managed in accordance with good employment practice. An orientation programme is coordinated and planned new staff. An education and training plan is implemented. There are sufficient staff numbers to ensure safe roster cover.

## Ngā huarahi ki te oranga │ Pathways to wellbeing

|  |  |  |
| --- | --- | --- |
| Includes 8 subsections that support an outcome where people participate in the development of their pathway to wellbeing, and receive timely assessment, followed by services that are planned, coordinated, and delivered in a manner that is tailored to their needs. |  | Subsections applicable to this service fully attained. |

The registered nurses are responsible for each stage of service provision. The care plans reviewed evidenced assessment, planning and review of residents' needs, outcomes, and goals with the resident and/or family/whānau input. Care plans demonstrate service integration and are reviewed at least six-monthly. Resident files included medical notes by the contracted general practitioner and visiting allied health professionals.

All staff responsible for administration of medication complete education and medication competencies. The electronic medicine charts reviewed met prescribing requirements and were reviewed at least three-monthly by the general practitioner.

An activities programme is implemented that meets the needs of the residents. Opportunities are created to facilitate te ao Māori. Residents are supported to maintain links with the community.

Residents' food preferences, dietary and cultural requirements are identified at admission and all meals are cooked on site. Staff have a good understanding of cultural considerations in relation to food services.

Transfers and discharges occur in a coordinated manner to provide continuity of care.

## Te aro ki te tangata me te taiao haumaru │ Person-centred and safe environment

|  |  |  |
| --- | --- | --- |
| Includes 2 subsections that support an outcome where Health and disability services are provided in a safe environment appropriate to the age and needs of the people receiving services that facilitates independence and meets the needs of people with disabilities. |  | Subsections applicable to this service fully attained. |

The building holds a current warrant of fitness. There is a preventative maintenance plan. Electrical equipment has been regularly tested for compliance. Hot water temperatures have been tested at regular intervals. There is an approved evacuation scheme and regular fire drills.

The two dementia units are secure. Security measures are in place to ensure the safety of residents and staff.

## Te kaupare pokenga me te kaitiakitanga patu huakita │Infection prevention and antimicrobial stewardship

|  |  |  |
| --- | --- | --- |
| Includes 5 subsections that support an outcome where Health and disability service providers’ infection prevention (IP) and antimicrobial stewardship (AMS) strategies define a clear vision and purpose, with quality of care, welfare, and safety at the centre. The IP and AMS programmes are up to date and informed by evidence and are an expression of a strategy that seeks to maximise quality of care and minimise infection risk and adverse effects from antibiotic use, such as antimicrobial resistance. |  | Subsections applicable to this service fully attained. |

A pandemic plan and outbreak management plan is in place. There are sufficient infection prevention resources including personal protective equipment available and readily accessible to support this plan if it is activated.

Surveillance of health care associated infections is undertaken, and results shared with all staff. Follow-up action is taken as and when required. Three outbreaks have been documented and reported since the previous audit and all were well managed.

## Here taratahi │ Restraint and seclusion

|  |  |  |
| --- | --- | --- |
| Includes 4 subsections that support outcomes where Services shall aim for a restraint and seclusion free environment, in which people’s dignity and mana are maintained. |  | Subsections applicable to this service fully attained. |

The facility has been restraint free since 2020. There is a documented commitment at senior management level to maintain a restraint free environment. Restraint minimisation and safe practice policies and procedures are in place. The service implementing de-escalation techniques and alternative interventions.

## Summary of attainment

The following table summarises the number of subsections and criteria audited and the ratings they were awarded.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Attainment Rating** | **Continuous Improvement**  **(CI)** | **Fully Attained**  **(FA)** | **Partially Attained Negligible Risk**  **(PA Negligible)** | **Partially Attained Low Risk**  **(PA Low)** | **Partially Attained Moderate Risk**  **(PA Moderate)** | **Partially Attained High Risk**  **(PA High)** | **Partially Attained Critical Risk**  **(PA Critical)** |
| **Subsection** | 0 | 22 | 0 | 0 | 0 | 0 | 0 |
| **Criteria** | 0 | 58 | 0 | 0 | 0 | 0 | 0 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Attainment Rating** | **Unattained Negligible Risk**  **(UA Negligible)** | **Unattained Low Risk**  **(UA Low)** | **Unattained Moderate Risk**  **(UA Moderate)** | **Unattained High Risk**  **(UA High)** | **Unattained Critical Risk**  **(UA Critical)** |
| **Subsection** | 0 | 0 | 0 | 0 | 0 |
| **Criteria** | 0 | 0 | 0 | 0 | 0 |

# Attainment against the Ngā Paerewa Health and Disability Services Standard

The following table contains the results of all the subsections assessed by the auditors at this audit. Depending on the services they provide, not all subsections are relevant to all providers and not all subsections are assessed at every audit.

There may be subsections in this audit report with an attainment rating of ‘not applicable’ which relate to new requirements in Ngā Paerewa that the provider is working towards. The provider will be expected to meet these requirements at their next audit.

For more information on the standard, please click [here](http://www.health.govt.nz/our-work/regulation-health-and-disability-system/certification-health-care-services/health-and-disability-services-standards).

For more information on the different types of audits and what they cover please click [here](http://www.health.govt.nz/your-health/services-and-support/health-care-services/services-older-people/rest-home-certification-and-audits).

|  |  |  |
| --- | --- | --- |
| **Subsection with desired outcome** | **Attainment Rating** | **Audit Evidence** |
| Subsection 1.1: Pae ora healthy futures  Te Tiriti: Māori flourish and thrive in an environment that enables good health and wellbeing. As service providers: We work collaboratively to embrace, support, and encourage a Māori worldview of health and provide high-quality, equitable, and effective services for Māori framed by Te Tiriti o Waitangi. | FA | On interview, the owner and facility manager interviewed stated the organisation supports increasing Māori capacity by employing suitably qualified Māori applicants when they do apply for employment opportunities at Victoria Care  At the time of the audit, there were staff members who identify as Māori at Victoria Care. There is a cultural advisor for the organisation. There is a Māori health plan and Diversity, Equity and Inclusiveness’ policy that documents a commitment to a diverse workforce. Ethnicity data is gathered when staff are employed, and this data is analysed at management level. |
| Subsection 1.2: Ola manuia of Pacific peoples in Aotearoa  The people: Pacific peoples in Aotearoa are entitled to live and enjoy good health and wellbeing. Te Tiriti: Pacific peoples acknowledge the mana whenua of Aotearoa as tuakana and commit to supporting them to achieve tino rangatiratanga. As service providers: We provide comprehensive and equitable health and disability services underpinned by Pacific worldviews and developed in collaboration with Pacific peoples for improved health outcomes. | FA | The Pacific Health and Wellbeing Plan 2020-2025 is the basis of the Pacific health plan which is part of the Pacific Peoples cultural and general awareness policy. The aim is to uphold the principles of Pacific people by acknowledging respectful relationships, valuing families, and providing high quality care. The service and organisation have established links with Pacific organisations through their Pasifika staff to assist in the implementation of their Pacific health plan. |
| Subsection 1.3: My rights during service delivery  The People: My rights have meaningful effect through the actions and behaviours of others. Te Tiriti:Service providers recognise Māori mana motuhake (self-determination). As service providers: We provide services and support to people in a way that upholds their rights and complies with legal requirements. | FA | Enduring power of attorney (EPOA), family/whānau are consulted in the assessment process to determine residents’ wishes and support needs when required. Staff have completed cultural training which includes Māori rights and health equity. Māori mana motuhake is recognised for all residents residing in the facility as far as possible by involving residents with the support of whānau in care planning and supporting residents to make choices around all aspects of their daily routines as evidenced in care plans and supported by the Māori health plan.  Interviews with nine staff (four healthcare assistants [HCAs], two registered nurses [RNs], one diversional therapist [DT], one activities coordinator, one kitchen manager) and two managers (facility manager [FM] and clinical manager [CM]) stated that the service’s care philosophy is resident and family/whānau centred as reviewed in the care plans. |
| Subsection 1.4: I am treated with respect  The People: I can be who I am when I am treated with dignity and respect. Te Tiriti: Service providers commit to Māori mana motuhake. As service providers: We provide services and support to people in a way that is inclusive and respects their identity and their experiences. | FA | The Victoria Care annual training plan schedules training that meets the diverse needs of people across the service. Training on Te Tiriti o Waitangi was provided in 2022 to support the provision of culturally inclusive care. The organisation’s orientation booklet has a section where the staff member is required to read and understand the principles of Te Tiriti o Waitangi. Māori cultural days are celebrated (including Matariki and Waitangi Day).  The service has acknowledged tikanga practices in the policies and procedures reviewed and in the Māori care planning process. Policies and procedures are updated to ensure that te reo Māori and tikanga practices are incorporated in all activities undertaken.  The service responds to residents’ needs. Five family/whānau interviewed confirmed their rights of their relatives are respected. |
| Subsection 1.5: I am protected from abuse  The People: I feel safe and protected from abuse. Te Tiriti: Service providers provide culturally and clinically safe services for Māori, so they feel safe and are protected from abuse. As service providers: We ensure the people using our services are safe and protected from abuse. | FA | Cultural diversity is acknowledged, and staff are educated to look for opportunities to support Māori. The Māori Health Strategy aligns with the vision of Mana Hauora (Ministry of Health) for Pae ora (Healthy futures for Māori) which is underpinned by the principles of Te Tiriti o Waitangi to ensure wellbeing outcomes for Māori are prioritised.  Specific cultural values and beliefs are documented in the resident`s care plans and this is the foundation of delivery of care by using a strengths-based and holistic model of care, as evidenced in the resident centred care plans. The holistic framework of Te Whare Tapa Whā is used in the Māori care plan and is central to Māori model of wellbeing.  The Diversity, Equity and Inclusiveness policy and Quality and Risk management plan (2023-2024) documents a goal to understand the impact of institutional, interpersonal, and internalised racism on a patient/resident wellbeing and to improve Māori health outcomes through clinical assessments and education sessions. Interview with staff evidenced a good workplace culture and teamwork are prioritised. |
| Subsection 1.7: I am informed and able to make choices  The people: I know I will be asked for my views. My choices will be respected when making decisions about my wellbeing. If my choices cannot be upheld, I will be provided with information that supports me to understand why. Te Tiriti: High-quality services are provided that are easy to access and navigate. Providers give clear and relevant messages so that individuals and whānau can effectively manage their own health, keep well, and live well. As service providers: We provide people using our services or their legal representatives with the information necessary to make informed decisions in accordance with their rights and their ability to exercise independence, choice, and control. | FA | The service follows relevant best practice tikanga guidelines in relation to consent. The informed consent policy links to tikanga guidelines. The Māori Plan is available to guide on cultural responsiveness to Māori perspective of health. The clinical manager and registered nurse interviewed demonstrated a good understanding of informed consent processes. Cultural awareness training includes best tikanga guidelines. |
| Subsection 1.8: I have the right to complain  The people: I feel it is easy to make a complaint. When I complain I am taken seriously and receive a timely response. Te Tiriti: Māori and whānau are at the centre of the health and disability system, as active partners in improving the system and their care and support. As service providers: We have a fair, transparent, and equitable system in place to easily receive and resolve or escalate complaints in a manner that leads to quality improvement. | FA | The complaints procedure is provided to residents and families during the resident’s entry to the service. A complaints management policy includes information on access to advocacy and complaint support systems. The Code of Health and Disability Services Consumers’ Rights is visible, and available in te reo Māori, and English. Discussions families/whānau confirmed that they were provided with information on the complaints process and remarked that any concerns or issues they had been addressed promptly. The facility manager is responsible for the management of complaints and provides Māori residents with support to ensure an equitable complaints process. An external clinical quality consultant assists with higher risk complaints.  A complaints register is being maintained. There were four complaints since the last audit. No trends have been identified. All but one complaint is documented as resolved to the satisfaction of the complainants. One complaint in December 2022 remains unresolved pending Health and Disability Commissioner (HDC) investigation. Other complaints have been resolved within the guidelines provided by HDC. |
| Subsection 2.1: Governance  The people: I trust the people governing the service to have the knowledge, integrity, and ability to empower the communities they serve. Te Tiriti: Honouring Te Tiriti, Māori participate in governance in partnership, experiencing meaningful inclusion on all governance bodies and having substantive input into organisational operational policies. As service providers: Our governance body is accountable for delivering a highquality service that is responsive, inclusive, and sensitive to the cultural diversity of communities we serve. | FA | Victoria Care provides secure dementia care across two units for up to 49 residents. There were 44 residents at the time of the audit: 21 residents in Elisabeth wing and 23 residents in Charlotte wing. All other residents were on the aged residential care contract (ARRC).  The facility manager oversees the day-to-day operations of the facility and is supported by an experienced clinical manager hat oversee clinical oversight. The team is supported by a very involved owner (non-clinical) and external clinical quality consultant.  Policies are provided and reviewed by an external quality provider.  There is a Victoria Care limited business operations plan for 2020-2023 with vision, mission, philosophy, and measurable goals. The facility manager reports at regular intervals to the owner; reporting includes health and safety, staffing, infection, ethnicity data, quality trend and analysis, restraint minimisation. The statement of performance describes annual goals and objectives and provides a leadership commitment to support outcomes to achieve equity for Māori and addressing barriers for Māori and tāngata whaikaha. There is collaboration with mana whenua in business planning and service development that support outcomes to achieve equity for Māori and tāngata whaikaha. The statement of performance aligns with the Ministry of Health strategies. Māori cultural advisor assists the owner and facility to offer expert support in te reo and tikanga Māori. The owner and management have completed Mauri Ora training to ensure cultural competency.  The FM (non-clinical) has been in the role for the last 12 months and have been working for Victoria Care Limited for more than three years. The CM has been in the role for the last two years.  The FM and CM completed at least eight hours of professional development activities related to managing an aged care facility. Other training completed includes New Zealand Aged Care Association (NZACA) leadership forums, Mauri Ora training and workshops related to Covid-19 preparedness. |
| Subsection 2.2: Quality and risk  The people: I trust there are systems in place that keep me safe, are responsive, and are focused on improving my experience and outcomes of care. Te Tiriti: Service providers allocate appropriate resources to specifically address continuous quality improvement with a focus on achieving Māori health equity. As service providers: We have effective and organisation-wide governance systems in place relating to continuous quality improvement that take a risk-based approach, and these systems meet the needs of people using the services and our health care and support workers. | FA | Victoria Care has a documented quality and risk management plan and programme. The quality and risk management systems include performance monitoring through internal audits, through the collection of clinical indicator data and benchmarking. Monthly meetings are scheduled and include staff, quality (combined with health and safety and infection control meetings). In addition, there is regular clinical review (RN) meetings where quality data are discussed and opportunities to minimise risk are identified.  When meetings occur, there is a comprehensive review and discussion around all areas including (but not limited to): infection control/pandemic strategies; complaints received (if any); cultural compliance (Māori health); staffing, education; quality data; health and safety; hazards; service improvement plans; emergency processes; incidents and accidents; internal audits; and infections. Meetings occurred as scheduled for 2022 and the schedule for 2023 is being implemented.  The internal audit schedule was implemented in 2022 and is being implemented for 2023. Corrective actions are documented where indicated, to address service improvements with evidence of progress and closure when achieved. Quality data and trends in data are posted on a quality noticeboard. A quality improvement register is maintained that keeps record of quality initiatives. The August 2022 family/whānau satisfaction survey has been completed and indicates that family/whānau have reported high levels of satisfaction with the service provided. Results of the survey have been collated and analysed, and a comprehensive report completed. Survey results were communicated to staff and residents and whānau (meeting minutes sighted).  Tāngata whaikaha are supported by whānau to have meaningful representation through bimonthly resident meetings and completion of an annual satisfaction survey. The service benchmarks all their quality data and presents and discuss the data at meetings. The management team review the results of quality data, benchmarking, and feedback from family/whānau to identify barriers to care to improve outcomes for all residents and to provide critical analysis of organisational processes. The management team have an open and transparent decision management process that includes regular staff and family/whānau meetings.  Cultural safety is embedded within the documented quality programme and staff training. Annual cultural training is provided to staff. Training includes a focus on supporting Māori and improved health outcomes. Staff interviewed explained how they are supported to learn te reo. The Māori health plan includes objectives around establishing an environment that supports cultural safe care through learning and support.  A risk management plan is in place. Health and safety meetings occurred as scheduled. Actual and potential risks are documented on a hazard register, which identifies risk ratings, and documents actions to eliminate or minimise each risk. The hazard register is current. Staff including agency staff and contractors are orientated to the facility’s health and safety programme.  Report forms are completed on the electronic resident management system for each incident/accident, has a severity risk rating and immediate action is documented with any follow-up action(s) required, evidenced in ten accident/incident forms reviewed. Data is collated, trends are identified, and residents of concern are discussed at handover, clinical review meetings and quality meetings.  Discussions with the managers evidenced awareness of their requirement to notify relevant authorities in relation to essential notifications. Five section 31 notification have been completed to notify HealthCERT in 2022 of wandering/absconding residents. Three of the five reports related to one resident during his settling in period.  There have been outbreaks reported to Public Health since the last audit; two confirmed norovirus (May 2022 and July 2023) and one Covid- outbreak (March 2022). |
| Subsection 2.3: Service management  The people: Skilled, caring health care and support workers listen to me, provide personalised care, and treat me as a whole person. Te Tiriti: The delivery of high-quality health care that is culturally responsive to the needs and aspirations of Māori is achieved through the use of health equity and quality improvement tools. As service providers: We ensure our day-to-day operation is managed to deliver effective person-centred and whānau-centred services. | FA | During the absence of the FM (non- clinical), the CM is in charge of operations.  Sufficient staff are rostered to manage the care requirements of the residents. The FM and CM are on-site Monday – Friday and the CM is available on-call when not on-site. The GP also provide afterhours support. In addition to the CM there is a RN on shift every morning shift Monday- Sunday. There is a staff member with a current first aid certificate on each shift. Interviews with staff family/whanau identified that staffing is adequate to meet the needs of residents. Staff and family/whanau are informed when there are changes to staffing levels, as evidenced in staff and family/whanau interviews. Interviews with family/whānau confirmed staffing overall was satisfactory and confirmed their relatives` care requirements are attended to in a timely manner. Activities coordinators provide activities seven days a week.  There is an annual education and training schedule was completed as scheduled in 2022 and is being implemented for 2023. The education and training schedule lists compulsory training which includes cultural awareness training. Cultural awareness training occurred in February 2023. External training opportunities for care staff include training through Te Whatu Ora -Waitaha Canterbury.  Staff are encouraged to participate in learning opportunities that provide them with up-to-date information on Māori health outcomes and disparities, and health equity. On interview, staff confirmed a knowledge of the Treaty of Waitangi and cultural practices relating to Māori. The service creates opportunities for that workforce to learn about and address inequities. Staff interviewed describe how they are supported to learn te reo.  The service supports and encourages healthcare assistants to obtain a New Zealand Qualification Authority (NZQA) qualification. Twenty-two healthcare assistants are employed. Eighteen healthcare assistants have achieved a level three NZQA qualification and have achieved the dementia unit standards required as part of the contractual requirements. Three HCAs are enrolled to complete the required dementia training and one new staff member has only commenced employment withing the last four weeks.  All staff are required to complete competency assessments as part of their orientation. Competency assessments include (but are not limited to) restraint; moving and handling; hand hygiene; and donning and doffing of personal protective clothing, neurological assessment, and observation. A selection of healthcare assistants completed medication administration competencies. A record of completion is maintained on their file. Additional RN specific competencies are listed and scheduled annually to include interRAI assessment competency. Three of three RNs are interRAI trained.  All RNs are encouraged to attend in-service training and completed observation and reporting of the deteriorating resident, wound management; pain management; communication, diabetes management, complaints management, medication management; and training related to specific conditions medications including medical conditions specific to the demographics of their residents. |
| Subsection 2.4: Health care and support workers  The people: People providing my support have knowledge, skills, values, and attitudes that align with my needs. A diverse mix of people in adequate numbers meet my needs. Te Tiriti: Service providers actively recruit and retain a Māori health workforce and invest in building and maintaining their capacity and capability to deliver health care that meets the needs of Māori. As service providers: We have sufficient health care and support workers who are skilled and qualified to provide clinically and culturally safe, respectful, quality care and services. | FA | There are job descriptions in place for all positions that includes outcomes, accountability, responsibilities, authority, and functions to be achieved in each position. Five staff files reviewed (one clinical manager, one registered nurse, three HCAs) included a signed employment contract, job description, police check, induction documentation relevant to the role the staff member is in, application form and reference checks. There was evidence of completed orientation documentation on file.  A register of RN practising certificates is maintained within the facility. Practising certificates for other health practitioners are also retained to provide evidence of their registration. There is a schedule of when performance appraisals are due, the schedule was current (sighted).  An orientation/induction programme provides new staff with relevant information for safe work practice. Competencies are completed at orientation. The service has a role-specific orientation programme in place that provides new staff with relevant information for safe work practice. The service demonstrates that the orientation programmes support RNs and healthcare assistants to provide a clinically and culturally safe environment to Māori. Healthcare assistants interviewed reported that the orientation process is adequate to prepare new staff for their role. Non-clinical staff have a modified orientation, which covers all key requirements of their role.  Information held about staff is kept secure, and confidential in an electronic database and file system. Ethnicity and nationality data is identified during the employment application stage. |
| Subsection 3.1: Entry and declining entry  The people: Service providers clearly communicate access, timeframes, and costs of accessing services, so that I can choose the most appropriate service provider to meet my needs. Te Tiriti: Service providers work proactively to eliminate inequities between Māori and non-Māori by ensuring fair access to quality care. As service providers: When people enter our service, we adopt a person-centred and whānau-centred approach to their care. We focus on their needs and goals and encourage input from whānau. Where we are unable to meet these needs, adequate information about the reasons for this decision is documented and communicated to the person and whānau. | FA | The clinical manager keeps records of how many prospective family/whānau have viewed the facility, admissions and declined referrals. The new resident enquiry form is completed for all enquiries and the facility collects ethnicity data at the time of admission and is working on collating ethnicity decline data.  The service identifies and implements supports to benefit Māori and family/whānau. The service has information available for Māori, in English and in te reo Māori. The service currently engages with their own Māori staff and Māori cultural advisor to further develop meaningful partnerships with Māori communities and organisations, to benefit Māori individuals and family/whānau. |
| Subsection 3.2: My pathway to wellbeing  The people: I work together with my service providers so they know what matters to me, and we can decide what best supports my wellbeing. Te Tiriti: Service providers work in partnership with Māori and whānau, and support their aspirations, mana motuhake, and whānau rangatiratanga. As service providers: We work in partnership with people and whānau to support wellbeing. | FA | Five resident files were reviewed. The registered nurses (RN) are responsible for conducting all assessments and for the development of care plans. InterRAI assessments have been completed for all residents. There is evidence of resident and family/whānau involvement in the interRAI assessments and long-term care plans reviewed and this is documented in progress notes and family/whānau contact forms. The GP interviewed was complimentary of the communication and timely actions taken by RNs when required.  Cultural assessments are completed and the care plan detailed Māori specific cultural requirements such as relevant tikanga and directed staff in care protocols when required (there were Māori residents at the time of the audit). The service completes a nursing assessment and an initial support plan within 24 hours of admission. The outcomes of risk assessments are reflected in the care plan. Initial interRAI assessments, reassessments and care plan evaluations were all completed within expected timeframes. Behaviour assessments and monitoring charts are completed when new behaviours present.  The service supports Māori and family/whānau to identify pae ora outcomes in care plans. Barriers that prevent Māori from independently accessing information are identified and strategies to manage these documented. Interventions are resident focussed and meet their identified medical and physical risks needs. Behaviour plans are specific, and strategies are documented to provide assistance over a 24-hour period to ensure close as normal routine for the individual is followed to reduce anxiety and to provide the required de-escalation strategies. Evaluations were completed six-monthly or sooner for a change in health condition, written progress towards care goals was documented.  An activity plan developed for each resident was detailed, individualised, and took account of the resident’s age, normal routine, behaviours, culture, and abilities. Short-term care plans were well utilised for infections, weight loss, and wounds.  All residents had been assessed by a general practitioner (GP) within five working days of admission. The GP service also provides advice out of hours. The GP records their medical notes in the integrated resident file. Specialist referrals are initiated as needed. Allied health interventions were documented and integrated into care plans. The service has a physiotherapist as required and a podiatrist visits six weekly. Other specialist services are available by referral and include mental health services for older people including a psychogeriatrician. A dietitian is available as required. A wound care specialist nurse is available through Nurse Maude services.  A comprehensive verbal and written handover was observed that maintains a continuity of service delivery. Progress notes are written on every shift and as necessary by healthcare assistants. The RNs further add to the progress notes if there are any incidents or changes in health status.  Family/whānau interviewed reported the needs and expectations regarding their whānau were being met. When a resident’s condition alters, the RN’s review the resident, or there is a review initiated with the GP. Family/whānau was notified of all changes to health including infections, accident/incidents, GP visits, medication changes and any changes to health status.  Wound assessments, wound management plans with body map, photos and wound measurements were reviewed for the three residents with minor wounds. Wound dressings were being changed appropriately and a wound register is maintained. Healthcare assistants interviewed stated there are adequate clinical supplies and equipment provided including wound care supplies and pressure injury prevention resources.  Continence products are available and resident files include a urinary continence assessment, bowel management, and continence products identified for day use, night use, and other management. Care plans reflect the required health monitoring interventions for individual residents.  RNs and healthcare assistants complete monitoring charts including bowel chart, blood pressure, pain, weight, food and fluid chart, blood sugar levels, behaviour, and toileting regime. Neurological observations were completed for unwitnessed falls, or where there was a head injury as per the policy requirements. |
| Subsection 3.3: Individualised activities  The people: I participate in what matters to me in a way that I like. Te Tiriti: Service providers support Māori community initiatives and activities that promote whanaungatanga. As service providers: We support the people using our services to maintain and develop their interests and participate in meaningful community and social activities, planned and unplanned, which are suitable for their age and stage and are satisfying to them. | FA | The range of activities available are suitable for residents with dementia. Community visitors include entertainers and church services. There are weekly van outings and scenic drives. Important days such as Matariki, Waitangi, and ANZAC day are celebrated with appropriate resources available. Family/whānau interviewed spoke positively of the activity programme with feedback and suggestions for activities made via family/whānau meetings and multidisciplinary six- monthly reviews. The service works with the Māori cultural advisor and Māori staff to assist in providing opportunities for Māori to participate in te ao Māori. |
| Subsection 3.4: My medication  The people: I receive my medication and blood products in a safe and timely manner. Te Tiriti: Service providers shall support and advocate for Māori to access appropriate medication and blood products. As service providers: We ensure people receive their medication and blood products in a safe and timely manner that complies with current legislative requirements and safe practice guidelines. | FA | The RNs and medication competent healthcare assistants who administer medications have been assessed for competency on an annual basis. Education around safe medication administration has been provided.  Staff were observed to be safely administering medications. The RNs and healthcare assistants interviewed could describe their role regarding medication administration. The service currently uses robotic packs for regular medication and ‘as required’ medications. All medications are checked on delivery against the medication chart and any discrepancies are fed back to the supplying pharmacy.  Medications were appropriately and safely stored. The medication fridge temperatures are monitored daily, and the temperatures were within acceptable ranges. The medication room temperatures have been monitored consistently. All eyedrops in use have been dated on opening. All over the counter vitamins or alternative therapies are prescribed and reviewed by the GP. There are no standing orders.  Ten electronic medication charts were reviewed. The medication charts reviewed identified that the GP had reviewed all resident medication charts three-monthly, and each drug chart has a photo identification and allergy status identified. There is a pharmacy contract in place supporting Māori and whānau to access medication. Due to the nature of the service, there were no residents who self-administer medication.  There was documented evidence in the clinical files that family/whānau are updated around medication changes, including the reason for changing medications and side effects. The RN described working in partnership with all family/whānau to ensure the appropriate support is in place, advice is timely, easily accessed, and treatment is prioritised to achieve better health outcomes.  The registered nurse and management described how they work in partnership with all residents supported by their family/whānau to ensure the appropriate support and advice is in place. Family/whānau are involved in their three-monthly medical reviews and six-monthly multi-disciplinary reviews. |
| Subsection 3.5: Nutrition to support wellbeing  The people: Service providers meet my nutritional needs and consider my food preferences. Te Tiriti: Menu development respects and supports cultural beliefs, values, and protocols around food and access to traditional foods. As service providers: We ensure people’s nutrition and hydration needs are met to promote and maintain their health and wellbeing. | FA | The menu is allowing a choice of meals. The meals are cooked on site. The kitchen manager consults with residents supported by their family/whānau to gain feedback of the food services and adjusts the menu if any special requests are required. The kitchen manager advised that as part of cultural celebrations such as Matariki there is choice of Māori foods. The residents have a nutritional profile developed on admission, which identifies dietary requirements, likes, dislikes and any cultural considerations. Food safety training completed by kitchen assistants includes cultural concepts such tapu and noa. The kitchen manager described they provide menu options culturally specific to te ao Māori for residents when requested by family/whānau. The kitchen manager and HCAs interviewed understood basic Māori practices in line with tapu and noa. |
| Subsection 3.6: Transition, transfer, and discharge  The people: I work together with my service provider so they know what matters to me, and we can decide what best supports my wellbeing when I leave the service. Te Tiriti: Service providers advocate for Māori to ensure they and whānau receive the necessary support during their transition, transfer, and discharge. As service providers: We ensure the people using our service experience consistency and continuity when leaving our services. We work alongside each person and whānau to provide and coordinate a supported transition of care or support. | FA | There were documented policies and procedures to ensure exiting, discharging or transferring residents have a documented transition, transfer, or discharge plan, which includes current needs and risk mitigation. Planned exits, discharges or transfers were coordinated in collaboration with the family/whānau and other service providers to ensure continuity of care. There is open communication evidenced in the progress notes of family/whānau being kept up to date with the referral process, and reason for transition, as confirmed by documentation and interviews. |
| Subsection 4.1: The facility  The people: I feel the environment is designed in a way that is safe and is sensitive to my needs. I am able to enter, exit, and move around the environment freely and safely. Te Tiriti: The environment and setting are designed to be Māori-centred and culturally safe for Māori and whānau. As service providers: Our physical environment is safe, well maintained, tidy, and comfortable and accessible, and the people we deliver services to can move independently and freely throughout. The physical environment optimises people’s sense of belonging, independence, interaction, and function. | FA | The buildings, plant, and equipment are fit for use and comply with legislation relevant to the health and disability services being provided. The current building warrant of fitness expires 1 July 2024. All equipment has been checked for electrical compliance and calibrated annually as scheduled. Hot water temperatures are tested regularly and recorded and within acceptable range. Essential services are on call 24 hours a day. The environment, art and decor is inclusive of peoples’ cultures and supports cultural practices.  There were no recent building renovations completed. The FM and owner interviewed stated awareness to include Māori to ensure that the building reflect the aspirations and identity of Māori when new building or extension are planned. |
| Subsection 4.2: Security of people and workforce  The people: I trust that if there is an emergency, my service provider will ensure I am safe. Te Tiriti: Service providers provide quality information on emergency and security arrangements to Māori and whānau. As service providers: We deliver care and support in a planned and safe way, including during an emergency or unexpected event. | FA | A fire evacuation plan is in place that has been approved by the New Zealand Fire Service (10 December 2020). A fire evacuation drill is repeated six-monthly in accordance with the facility’s building warrant of fitness (last 5 April 2023).  The building is secure after hours and staff complete security checks at night. There is a up to date evacuation list that documents each resident`s mobility needs. The two dementia units are secure. There are closed circuit television cameras to monitor movement in hallways and exits. Exit doors are alarmed after hours. Visitors are required to sign in at entry to the facility. |
| Subsection 5.2: The infection prevention programme and implementation  The people: I trust my provider is committed to implementing policies, systems, and processes to manage my risk of infection. Te Tiriti: The infection prevention programme is culturally safe. Communication about the programme is easy to access and navigate and messages are clear and relevant. As service providers: We develop and implement an infection prevention programme that is appropriate to the needs, size, and scope of our services. | FA | There is an organisational pandemic and outbreak plan in place, and this is reviewed at regular intervals. Sufficient infection prevention (IP) resources including personal protective equipment (PPE) were sighted. The IP resources were readily accessible to support the pandemic plan if required. Staff were observed to be complying with the infection control policies and procedures. Staff demonstrated knowledge on the requirements of standard precautions and were able to locate policies and procedures.  The service has infection prevention information and resources throughout the facility in te reo Māori. The infection prevention personnel and committee work in partnership with Māori for the protection of culturally safe practices in infection prevention and acknowledging the spirit of Te Tiriti. In interviews, staff understood these requirements. |
| Subsection 5.4: Surveillance of health care-associated infection (HAI)  The people: My health and progress are monitored as part of the surveillance programme. Te Tiriti: Surveillance is culturally safe and monitored by ethnicity. As service providers: We carry out surveillance of HAIs and multi-drug-resistant organisms in accordance with national and regional surveillance programmes, agreed objectives, priorities, and methods specified in the infection prevention programme, and with an equity focus. | FA | Infection surveillance is an integral part of the infection control programme and is described in the infection control manual. Monthly infection data is collected for all infections based on signs, symptoms, and definition of infection. Surveillance of all infections (including organisms) is entered onto a monthly infection summary. This data includes ethnicity and is monitored and analysed for trends, monthly, quarterly, and annually and is included in benchmarking. Infection control surveillance is discussed at staff /quality meetings and minutes and graphs are displayed for staff.  There have been outbreaks reported to Public Health since the last audit; two confirmed norovirus (May 2022 and July 2023) and one Covid- outbreak (March 2022). These were managed effectively with support and advice from Te Whatu Ora -Waitaha Canterbury and Public Health. The implementation of the outbreak plan was confirmed to be successful. Family/whānau were kept well informed during the outbreaks. |
| Subsection 6.1: A process of restraint  The people: I trust the service provider is committed to improving policies, systems, and processes to ensure I am free from restrictions. Te Tiriti: Service providers work in partnership with Māori to ensure services are mana enhancing and use least restrictive practices. As service providers: We demonstrate the rationale for the use of restraint in the context of aiming for elimination. | FA | The facility is committed to providing services to residents without use of restraint as documented in the philosophy of the restraint policy. The restraint policy confirms that restraint consideration and application must be done in partnership with family/whānau, and the choice of device must be the least restrictive possible.  The designated restraint coordinator is the clinical manager. The facility has been restraint free since 2020. The use of restraint is reported in the monthly quality/staff meetings and reported to the owner. If restraint were to be required, this would be reported to the owner along with quality data reports. |

# Specific results for criterion where corrective actions are required

Where a subsection is rated partially attained (PA) or unattained (UA) specific corrective actions are recorded under the relevant criteria for the subsection. The following table contains the criterion where corrective actions have been recorded.

Criterion can be linked to the relevant subsection by looking at the code. For example, Criterion 1.1.1 My service provider shall embed and enact Te Tiriti o Waitangi within all its work, recognising Māori, and supporting Māori in their aspirations, whatever they are (that is, recognising mana motuhake) relates to subsection 1.1: Pae ora healthy futures in Section 1 Our rights.

If there is a message “no data to display” instead of a table, then no corrective actions were required as a result of this audit.

|  |
| --- |
| No data to display |

# Specific results for criterion where a continuous improvement has been recorded

As well as whole subsections, individual criterion within a subsection can also be rated as having a continuous improvement. A continuous improvement means that the provider can demonstrate achievement beyond the level required for full attainment. The following table contains the criterion where the provider has been rated as having made corrective actions have been recorded.

As above, criterion can be linked to the relevant subsection by looking at the code. For example, Criterion 1.1.1 relates to subsection 1.1: Pae ora healthy futures in Section 1: Our rights.

If, instead of a table, these is a message “no data to display” then no continuous improvements were recorded as part of this of this audit.

|  |
| --- |
| No data to display |

End of the report.