# **Bupa Care Services NZ Limited - Sunset Rest Home & Hospital**

#### Introduction

This report records the results of a Certification Audit of a provider of aged residential care services against the Ngā Paerewa Health and Disability Services Standard (NZS8134:2021).

The audit has been conducted by BSI Group New Zealand Ltd, an auditing agency designated under section 32 of the Health and Disability Services (Safety) Act 2001, for submission to the Ministry of Health.

The abbreviations used in this report are the same as those specified in section 0.4 of the Ngā Paerewa Health and Disability Services Standard (NZS8134:2021).

You can view a full copy of the standard on the Ministry of Health's website by clicking here.

The specifics of this audit included:

Legal entity:	Bupa Care Services NZ Limited				
Premises audited:	Sunset Rest Home & Hospital				
Services audited:	Residential disability services - Intellectual; Hospital services - Medical services; Hospital services - Geriatric services (excl. psychogeriatric); Rest home care (excluding dementia care); Residential disability services - Physical; Dementia care				
Dates of audit:	Start date: 26 July 2022 End date: 27 July 2022				
Proposed changes to current services (if any): None					
Total beds occupied a	Total beds occupied across all premises included in the audit on the first day of the audit: 112				

# **Executive summary of the audit**

#### Introduction

This section contains a summary of the auditors' findings for this audit. The information is grouped into the six sections contained within the Ngā Paerewa Health and Disability Services Standard:

- ō tatou motika | our rights
- hunga mahi me te hanganga | workforce and structure
- ngā huarahi ki te oranga | pathways to wellbeing
- te aro ki te tangata me te taiao haumaru | person-centred and safe environment
- te kaupare pokenga me te kaitiakitanga patu huakita | infection prevention and antimicrobial stewardship
- here taratahi | restraint and seclusion.

As well as auditors' written summary, indicators are included that highlight the provider's attainment against the subsection in each of the sections. The following table provides a key to how the indicators are arrived at.

#### Key to the indicators

Indicator	Description	Definition
	Includes commendable elements above the required levels of performance	All subsections applicable to this service fully attained with some subsections exceeded
	No short falls	Subsections applicable to this service fully attained
	Some minor shortfalls but no major deficiencies and required levels of performance seem achievable without extensive extra activity	Some subsections applicable to this service partially attained and of low risk

Indicator	Description	Definition
	A number of shortfalls that require specific action to address	Some subsections applicable to this service partially attained and of medium or high risk and/or unattained and of low risk
	Major shortfalls, significant action is needed to achieve the required levels of performance	Some subsections applicable to this service unattained and of moderate or high risk

#### General overview of the audit

Bupa Sunset provides hospital (geriatric and medical) rest home, dementia and residential disability-physical/intellectual level of care for up to 122 residents. There were 112 residents on the days of audit.

This certification audit was conducted against the Nga Paerewa Health and Disability Services Standards 2021 and the contracts with Te Whatu Ora- Health New Zealand. The audit process included the review of policies and procedures, the review of residents and staff files, observations, interviews with residents, family, management, staff, and a general practitioner.

The care home manager is appropriately qualified and experienced and is supported by a clinical manager (RN). There are quality systems and processes being implemented. Feedback from residents and families was very positive about the care and the services provided. An induction and in-service training programme are in place to provide staff with appropriate knowledge and skills to deliver care.

This certification audit identified the service meets the intent of the standards.

### Ō tatou motika | Our rights

Includes 10 subsections that support an outcome where people receive safe services of an appropriate standard that comply with consumer rights legislation. Services are provided in a manner that is respectful of people's rights, facilitates informed choice, minimises harm, and upholds cultural and individual values and beliefs.

Subsections applicable to this service fully attained.

Bupa Sunset provides an environment that supports resident rights and safe care. Staff demonstrated an understanding of residents' rights and obligations. There is a Māori health plan. The service works to provide high-quality and effective services and care for residents.

Residents receive services in a manner that considers their dignity, privacy, and independence. Bupa Sunset provides services and support to people in a way that is inclusive and respects their identity and their experiences. The service listens and respects the voices of the residents and effectively communicates with them about their choices. Care plans accommodate the choices of residents and/or their family/whānau. There is evidence that residents and family are kept informed. The rights of the resident and/or their family to make a complaint is understood, respected, and upheld by the service. Complaints processes are implemented, and complaints and concerns are actively managed and well-documented.

#### Hunga mahi me te hanganga | Workforce and structure

Includes 5 subsections that support an outcome where people receive quality services through effective governance and a supported workforce.

Subsections applicable to this service fully attained.

The business plan includes a mission statement and operational objectives. The service has effective quality and risk management systems in place that take a risk-based approach, and these systems meet the needs of residents and their staff. Quality improvement projects are implemented. Internal audits, meetings, and collation of data were all documented as taking place as scheduled, with corrective actions as indicated.

There is a staffing and rostering policy. There are human resources policies which cover recruitment, selection, orientation and staff training and development. The service had an induction programme in place that provides new staff with relevant information for safe work practice. There is an in-service education/training programme covering relevant aspects of care and support and external training is supported. The organisational staffing policy aligns with contractual requirements and includes skill mixes. Residents and families reported that staffing levels are adequate to meet the needs of the residents.

The service ensures the collection, storage, and use of personal and health information of residents is secure, accessible, and confidential.

#### Ngā huarahi ki te oranga | Pathways to wellbeing

Includes 8 subsections that support an outcome where people participate in the development	Subsections	
of their pathway to wellbeing, and receive timely assessment, followed by services that are	applicable to this	
planned, coordinated, and delivered in a manner that is tailored to their needs.	service fully attained.	

There is an admission package available prior to or on entry to the service. The registered nurses are responsible for each stage of service provision. Residents' records reviewed, provided evidence that the registered nurses utilise the interRAI assessment to assess, plan and evaluate care needs of the residents. Care plans demonstrate service integration. Resident files included medical notes by the contracted general practitioner as well as visiting allied health professionals.

Medication policies reflect legislative requirements and guidelines. All staff responsible for administration of medication complete education and medication competencies. The electronic medicine charts reviewed met prescribing requirements and were reviewed at least three-monthly by the general practitioner.

There is a combined activities calendar for the rest home and hospital residents, and a separate calendar for the dementia care unit. The programme includes community visitors and outings, entertainment and activities that promote and encourage individual recreational, physical, and cognitive abilities for the consumer group.

Residents' food preferences and dietary requirements are identified at admission and all meals are cooked on site. Food, fluid, and nutritional needs of residents are provided in line with recognised nutritional guidelines and additional requirements/modified needs were being met. The service has a current food control plan. The organisational dietitian reviews the Bupa menu plans. There are nutritious snacks available 24 hours per day.

#### Te aro ki te tangata me te taiao haumaru | Person-centred and safe environment

Includes 2 subsections that support an outcome where Health and disability services are provided in a safe environment appropriate to the age and needs of the people receiving services that facilitates independence and meets the needs of people with disabilities.

Subsections applicable to this service fully attained.

The building holds a current warrant of fitness. Residents can freely mobilise within the communal areas with safe access to the outdoors, seating, and shade. Bedrooms are all single with their own ensuites or shared ensuites. There are communal shower rooms with privacy locks. Rooms are personalised. Documented systems are in place for essential, emergency and security services. Staff have planned and implemented strategies for emergency management including Covid-19. There is always a staff member on duty with a current first aid certificate.

# Te kaupare pokenga me te kaitiakitanga patu huakita | Infection prevention and antimicrobial stewardship

Includes 5 subsections that support an outcome where Health and disability service providers infection prevention (IP) and antimicrobial stewardship (AMS) strategies define a clear vision and purpose, with quality of care, welfare, and safety at the centre. The IP and AMS programmes are up to date and informed by evidence and are an expression of a strategy that seeks to maximise quality of care and minimise infection risk and adverse effects from antibiotic use, such as antimicrobial resistance.		Subsections applicable to this service fully attained.	
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Infection prevention management systems are in place to minimise the risk of infection to consumers, service providers and visitors. The infection control programme is implemented and meets the needs of the organisation and provides information and resources to inform the service providers. Documentation evidenced that relevant infection control education is provided to all staff as part of their orientation and as part of the ongoing in-service education programme. Antimicrobial usage is monitored. The type of surveillance undertaken is appropriate to the size and complexity of the organisation.

Standardised definitions are used for the identification and classification of infection events. Results of surveillance are acted upon, evaluated, and reported to relevant personnel in a timely manner. The service has robust Covid-19 screening in place for residents, visitors, and staff. Covid-19 response plans are in place and the service has access to personal protective equipment supplies. There have been three outbreaks since the previous audit, and these have been well documented.

There are documented processes for the management of waste and hazardous substances in place, and incidents are reported in a timely manner. Chemicals are stored safely throughout the facility. Documented policies and procedures for the cleaning and laundry services are implemented with appropriate monitoring systems in place to evaluate the effectiveness of these services.

#### Here taratahi | Restraint and seclusion

Includes 4 subsections that support outcomes where Services shall aim for a restraint and seclusion free environment, in which people's dignity and mana are maintained.	Subsections applicable to this service fully attained.
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The restraint coordinator is a registered nurse. Three residents were listed as using a restraint (one T-belt and two bed rails). Encouraging a restraint-free environment is included as part of the education and training plan. The service considers least restrictive practices, implementing de-escalation techniques and alternative interventions, and would only use an approved restraint as the last resort.

#### Summary of attainment

The following table summarises the number of subsections and criteria audited and the ratings they were awarded.

Attainment Rating	Continuous Improvement (CI)	Fully Attained (FA)	Partially Attained Negligible Risk (PA Negligible)	Partially Attained Low Risk (PA Low)	Partially Attained Moderate Risk (PA Moderate)	Partially Attained High Risk (PA High)	Partially Attained Critical Risk (PA Critical)
Subsection	0	29	0	0	0	0	0
Criteria	0	157	0	0	0	0	0

Attainment Rating	Unattained Negligible Risk (UA Negligible)	Unattained Low Risk (UA Low)	Unattained Moderate Risk (UA Moderate)	Unattained High Risk (UA High)	Unattained Critical Risk (UA Critical)
Subsection	0	0	0	0	0
Criteria	0	0	0	0	0

# Attainment against the Ngā Paerewa Health and Disability Services Standard

The following table contains the results of all the subsections assessed by the auditors at this audit. Depending on the services they provide, not all subsections are relevant to all providers and not all subsections are assessed at every audit.

There may be subsections in this audit report with an attainment rating of 'not applicable' which relate to new requirements in Ngā Paerewa that the provider is working towards. The provider will be expected to meet these requirements at their next audit.

For more information on the standard, please click here.

For more information on the different types of audits and what they cover please click here.

Subsection with desired outcome	Attainment Rating	Audit Evidence
Subsection 1.1: Pae ora healthy futures Te Tiriti: Māori flourish and thrive in an environment that enables good health and wellbeing. As service providers: We work collaboratively to embrace, support, and encourage a Māori worldview of health and provide high-quality, equitable, and effective services for Māori framed by Te Tiriti o Waitangi.	FA	<ul> <li>A Māori Health Plan is documented for the service. This policy acknowledges Te Tiriti o Waitangi as a founding document for New Zealand. The service currently has no residents who identify as Māori. Bupa is developing a Te Ao Māori strategy to introduce and implement the Te Ao Māori related standards with a Māori health consultant.</li> <li>The care home manager stated that she supports increasing Māori capacity by employing Māori staff members when they do apply for employment opportunities at Bupa Sunset. At the time of the audit there were no Māori staff members. Bupa Sunset has links to the local Waipareira Trust for community support.</li> <li>Interviews with fifteen care staff interviewed (eight caregivers, two unit-coordinators/RN, four staff RNs, one activities coordinator) described examples of providing culturally safe services in relation to their role. Residents and whānau are involved in providing input into the resident's care planning, their activities, and their dietary needs.</li> </ul>

		Clinical staff described their commitment to supporting Māori residents and their support whānau by identifying what is important to them, their individual values and beliefs and enabling self- determination and authority in decision-making that supports their health and wellbeing. Interviews with the management team (one care home manager, one clinical manager and the acting head of clinical service improvement) identified the service and organisation are focused on delivering person-centred care which includes operating in ways that are culturally safe. The service provided training on Te Tiriti o Waitangi that covers Māori health development and cultural safety that supports the principles of Te Tiriti o Waitangi. This included completion of a questionnaire which is marked and held on individual staff files as evidence of cultural competence. This was completed by the majority of staff in July 2022.
<ul> <li>Subsection 1.2: Ola manuia of Pacific peoples in Aotearoa</li> <li>The people: Pacific peoples in Aotearoa are entitled to live and enjoy good health and wellbeing.</li> <li>Te Tiriti: Pacific peoples acknowledge the mana whenua of Aotearoa as tuakana and commit to supporting them to achieve tino rangatiratanga.</li> <li>As service providers: We provide comprehensive and equitable health and disability services underpinned by Pacific worldviews and developed in collaboration with Pacific peoples for improved health outcomes.</li> </ul>	FA	On admission all residents state their ethnicity. There are residents at Bupa Sunset who identify as Pasifika: A resident who identified as Pasifika interviewed on the day of the audit was complimentary about the pacific meals applicable to their culture which are readily available both as a regular menu option and on request. The resident's whānau were encouraged to be present during the admission process including completion of the initial care plan. For all residents, individual cultural beliefs are documented in their care plan and activities plan. The Bupa organisation is working towards the development of a comprehensive Pacific health plan. The existing plan does not adequately address the Ngā Paerewa Health and Disability Standards 2021. Bupa plans to partner with a Pasifika organisation and/or individual to provide guidance. There were pamphlets and additional information on the service available in several Pasifika languages at the entrance to each wing. The service is actively recruiting new staff. The general manager described how they would encourage and support any staff that identified as Pasifika through the employment process. There are currently staff that identify as Pasifika.

		Interviews with twenty-five staff (fifteen care staff, one quality coordinator, one maintenance, one kitchen manager, laundry manager and two laundry workers, four household staff), six residents (four rest home, two hospital), five relatives (three hospital, two dementia), and documentation reviewed identified that the service puts people using the services, and family/whānau at the heart of their services.
Subsection 1.3: My rights during service delivery The People: My rights have meaningful effect through the actions and behaviours of others. Te Tiriti: Service providers recognise Māori mana motuhake (self- determination). As service providers: We provide services and support to people in a way that upholds their rights and complies with legal requirements.	FA	Bupa policies and procedures are being implemented that align with the requirements of the Health and Disability Commissioner's (HDC) Code of Health and Disability Services Consumers' Rights (the Code). Information related to the Code is made available to residents and their families. The Code of Health and Disability Services Consumers' Rights is displayed in multiple locations in English, te reo Māori, Samoan and Tongan. The care home manager, clinical manager, unit coordinator or registered nurse discusses aspects of the Code with residents and their relatives on admission. Information about the Nationwide Health and Disability Advocacy is available to residents on the noticeboard and in their information pack. Other formats are available such as information in te reo Māori. Resident and relative meetings provide a forum for residents to discuss any concerns. The staff interviewed confirmed their understanding of the Code and its application to their specific job role and responsibilities. Staff receive education in relation to the Health and Disability Commissioners (HDC) Code of Health and Disability Consumers' Rights (the Code) at orientation and through the annual education and training programme which includes (but not limited to) understanding the role of advocacy services. Advocacy services are linked to the complaints process. The residents and relatives interviewed stated they felt their rights were upheld and they were treated with dignity, respect, and kindness. The residents and relatives felt they were encouraged to recognise Māori mana motuhake. Interactions observed between staff and residents were respectful.

Subsection 1.4: I am treated with respect	FA	Caregivers and RNs interviewed described how they support residents to choose what they want to do and provided examples of
The People: I can be who I am when I am treated with dignity and respect.		the things that are important to residents, which then shape the care and support they receive. Residents interviewed reported they are supported to be independent and are encouraged to make a range of
Te Tiriti: Service providers commit to Māori mana motuhake.		choices around their daily life and stated they had choice over what activities they wished to participate in. Residents are supported to
As service providers: We provide services and support to people in a way that is inclusive and respects their identity and their experiences.		make decisions about whether they would like family/whānau members to be involved in their care or other forms of support. The service responds to tāngata whaikaha needs and enable their participation in te ao Māori. Residents have control and choice over activities they participate in.
		The Bupa annual training plan demonstrates training that is responsive to the diverse needs of people across the service. It was observed that residents are treated with dignity and respect. Satisfaction surveys completed in 2021 confirmed that residents and families are treated with respect. This was also confirmed during interviews with residents and families.
		A sexuality and intimacy policy is in place. Staff receive training on sexuality and intimacy part of the education schedule. Staff interviewed stated they respect each resident's right to have space for intimate relationships.
		The spirituality policy is in place and is understood by care staff. Staff described how values and beliefs information is gathered on admission with relative's involvement and is integrated into the residents' care plans. Staff interviewed could describe professional boundaries, and practice this in line with policy. Spiritual needs are identified, church services are held, and spiritual support is available.
		It was observed that residents are treated with dignity and respect. Staff were observed to use person-centred and respectful language with residents. Residents and relatives interviewed were positive about the service in relation to their values and beliefs being considered and met. Privacy is ensured and independence is encouraged. The storage and security of health information policy is

		<ul> <li>implemented. Orientation and ongoing education for staff covers the concepts of personal privacy and dignity. The 2022 resident survey identified a high level of satisfaction around privacy, dignity, and respect.</li> <li>Residents' files and care plans identified residents preferred names.</li> <li>Te reo Māori is celebrated during Māori language week. Matariki and Māori language week are celebrated at Bupa Sunset. A whiteboard evidenced recent staff training in common te reo phrases.</li> </ul>
Subsection 1.5: I am protected from abuse The People: I feel safe and protected from abuse. Te Tiriti: Service providers provide culturally and clinically safe services for Māori, so they feel safe and are protected from abuse. As service providers: We ensure the people using our services are safe and protected from abuse.	FA	An abuse and neglect policy is being implemented. Bupa Sunset policies prevent any form of discrimination, coercion, harassment, or any other exploitation. Inclusiveness of ethnicities, and cultural days are completed to celebrate diversity. A staff code of conduct is discussed during the new employee's induction to the service with evidence of staff signing the code of conduct policy. This code of conduct policy addresses the elimination of discrimination, harassment, and bullying. All staff are held responsible for creating a positive, inclusive and a safe working environment. Staff complete education on orientation and annually as per the training plan on how to identify abuse and neglect. Staff are educated on how to value the older person showing them respect and dignity. All residents and families interviewed confirmed that the staff are very caring, supportive, and respectful. Police checks are completed as part of the employment process. The service implements a process to manage residents' comfort funds through an external agency. Professional boundaries are defined in job descriptions. Interviews with registered nurses and caregivers confirmed their understanding of professional boundaries, including the boundaries of their role and responsibilities. Professional boundaries are covered as part of orientation. Work is underway to promote to ensure that a strengths- based and holistic model is prioritised to ensure wellbeing outcomes for their Māori residents.
Subsection 1.6: Effective communication occurs	FA	Information is provided to residents/relatives on admission. Two- monthly resident meetings identify feedback from residents and

The people: I feel listened to and that what I say is valued, and I feel that all information exchanged contributes to enhancing my wellbeing. Te Tiriti: Services are easy to access and navigate and give clear and relevant health messages to Māori. As service providers: We listen and respect the voices of the people who use our services and effectively communicate with them about their choices.	Policies and pr and open discl family/next of k accident/incide been informed documented of front of the res identified relati interviews with An interpreter Interpreter sen there were res speak the sam support. On int gestures and v Non-subsidised the process to so. The resided of services and The service co the resident su geriatric nurse delivery of care residents/relati regarding serv implemented p discussion aro for further disc	policy and contact details of interpreters is available. vices are used where indicated. At the time of the audit, idents who did not speak English. There are staff that he language and can assist with interpretation and terview caregivers stated they also use hand and facial vord cards to assist with communication. d residents are advised in writing of their eligibility and become a subsidised resident should they wish to do ints and family are informed prior to entry of the scope d any items that are not covered by the agreement. mmunicates with other agencies that are involved with ich as the hospice and DHB specialist services (e.g. specialist, mental health, wound nurse specialist). The e includes a multidisciplinary team and ives provide consent and are communicated with ices involved. The registered nurses described an process around providing residents with time for und care, time to consider decisions, and opportunity ussion, if required.
Subsection 1.7: I am informed and able to make choices The people: I know I will be asked for my views. My choices will be respected when making decisions about my wellbeing. If my	reviewed; five dementia level	cies around informed consent. Eleven resident files at hospital level, three at rest home level and three at of care included signed general consent forms. relatives interviewed could describe what informed

<ul> <li>choices cannot be upheld, I will be provided with information that supports me to understand why.</li> <li>Te Tiriti: High-quality services are provided that are easy to access and navigate. Providers give clear and relevant messages so that individuals and whānau can effectively manage their own health, keep well, and live well.</li> <li>As service providers: We provide people using our services or their legal representatives with the information necessary to make informed decisions in accordance with their rights and their ability to exercise independence, choice, and control.</li> </ul>		consent was and knew they had the right to choose. There is an advance directive policy. In the files reviewed, there were appropriately signed resuscitation plans and advance directives in place. The service follows relevant best practice tikanga guidelines and welcoming the involvement of whānau in decision making where the person receiving services wants them to be involved. Discussions with relatives confirmed that they are involved in the decision-making process, and in the planning of resident's care. Admission agreements had been signed and sighted for all the files seen. Copies of enduring power of attorneys (EPOAs) were on resident files where available. The three dementia level files had activated EPOAs.
<ul> <li>Subsection 1.8: I have the right to complain</li> <li>The people: I feel it is easy to make a complaint. When I complain I am taken seriously and receive a timely response.</li> <li>Te Tiriti: Māori and whānau are at the centre of the health and disability system, as active partners in improving the system and their care and support.</li> <li>As service providers: We have a fair, transparent, and equitable system in place to easily receive and resolve or escalate complaints in a manner that leads to quality improvement.</li> </ul>	FA	The complaints procedure is provided to residents and relatives on entry to the service. The care home manager maintains a record of all complaints, both verbal and written, by using a complaint register. This register is in hard copy and electronically on RiskMan. Documentation including follow-up letters and resolution demonstrated that complaints are being managed in accordance with guidelines set by the Health and Disability Commissioner (HDC). The complaints logged were classified into themes (operational issues, quality of care, communication, customer rights) in the complaint register. There were eight complaints in 2021 and three in 2022 (year-to-date). The facility completed corrective actions related to a concern raised by the DHB in February 2020 following concerns about communication and care documentation. The corrective actions were approved and signed off by the DHB. Complaints logged include an investigation, follow-up, and replies to the complainant. Staff are informed of complaints (and any subsequent correlating corrective actions) in the quality and staff meetings (meeting minutes sighted). Interviews with residents and relatives confirmed they were provided with information on the complaints process. Complaint forms are

		easily accessible at the entrance to the facility.
		A suggestions box is adjacent to where the complaints forms are held. Residents have a variety of avenues they can choose from to make a complaint or express a concern. Resident meetings are held two- monthly, chaired by the care home manager. The contact details for a resident advocate from advocacy services is posted in large print on resident noticeboards. Residents/relatives making a complaint can involve an independent support person in the process if they choose.
Subsection 2.1: Governance The people: I trust the people governing the service to have the knowledge, integrity, and ability to empower the communities they serve. Te Tiriti: Honouring Te Tiriti, Māori participate in governance in partnership, experiencing meaningful inclusion on all governance bodies and having substantive input into organisational operational policies. As service providers: Our governance body is accountable for delivering a high quality service that is responsive, inclusive, and sensitive to the cultural diversity of communities we serve.	FA	Bupa Sunset is located in Mount Albert and is a purpose-built facility across three levels. The service is certified to provide care for rest home, hospital, dementia, and residential disability (physical and intellectual) level of care for up to 122 residents. There are 46 dedicated hospital beds, 49 dual purpose beds, 27 dementia beds. On the day of the audit there were 112 residents; 33 rest home including one resident on a long- term support- chronic health contract (LTS-CHC) and one resident on a younger person with a disability (YPD), 52 hospital; including one resident on LTS-CHC, and four YPD, and 27 dementia, the remaining residents were under the are related residential care contract (ARRC). Bupa has an overarching strategic plan in place with clear business goals to support their philosophy of 'Helping people live longer, healthier, happier lives and making a better world. We take pride in endeavouring to delivering quality care with a personal touch.' The business plan includes a mission statement and operational objectives with site specific goals. The Bupa executive team reports to Asia Bupa based in Melbourne. There is a New Zealand based managing director that reports to a New Zealand based board. The acting head of clinical service improvement (interviewed) reports to the managing director. The Bupa board and executive team are planning to attend cultural training to ensure they are able to demonstrate expertise in Te Tiriti, health equity and cultural safety. The governing body of Bupa consists of directors of clinical, operations, finance, legal, property, customer transformation, people,

risk, corporate affairs, and technology. This team are governed by Bupa strategy, purpose, and values. Each director has an orientation to their specific role and to the senior leadership team. Plans are in place for the board and senior managers to attend cultural training to ensure they are able to demonstrate expertise in Te Tiriti, health equity and cultural safety. Work is underway to collaborate with mana whenua in business planning and service development to ensure equity for Māori and tāngata whaikaha.
Bupa is developing a Te Ao Māori strategy to introduce and implement the te ao Māori related standards alongside a Māori health consultant. The goals will be embedded in the plan and outcomes from the plan will be managed. Work is underway to collaborate with mana whenua in business planning and service development that will improve outcomes and achieve equity for Māori. Barriers to health equity will also be addressed.
Bupa has a clinical governance committee (CGC) with terms of reference. There is a quarterly CGC meeting and a CGC pack produced and distributed to the committee members prior to meetings that includes review of quality and risk management systems. There is a risk governance committee (RGC) which aligns and interfaces with the CGC to manage quality and risk systems. External benchmarking of incident data with other NZ aged care providers is included.
A vision, mission statement and objectives are in place. Annual goals for the facility have been determined, which link to the overarching Bupa strategic plan. Goals are regularly reviewed in each monthly meeting.
The regional manager reported there are plans in place to ensure the strategic plan reflects collaboration with Māori, aligns with the Ministry of Health strategies and addresses barriers to equitable service delivery. The quality programme includes a quality programme policy, quality goals (including site specific business goals) that are reviewed monthly in meetings, quality meetings and quality action forms that are completed for any quality improvements/initiatives during the year. The care home manager (non-clinical) has been employed at Bupa

		Sunset for 14 and a half years. The care home manager is supported by a clinical manager who has
		worked at Bupa Sunset for 15 years, quality coordinator, unit coordinators, registered nurses and experienced care staff team and the regional quality partner.
		The care home manager and the clinical manager have both completed more than eight hours of training related to managing an aged care facility and includes Bupa regional managers forums, Māori health plan, pandemic and infectious disease planning and infection control teleconferences.
Subsection 2.2: Quality and risk The people: I trust there are systems in place that keep me safe, are responsive, and are focused on improving my experience and outcomes of care.	FA	Bupa Sunset is implementing a quality and risk management programme. The quality and risk management systems include performance monitoring through internal audits and through the collection of clinical indicator data.
Te Tiriti: Service providers allocate appropriate resources to specifically address continuous quality improvement with a focus on achieving Māori health equity.		Bi-monthly quality meetings and monthly staff meetings provide an avenue for discussions in relation to (but not limited to) quality data, health and safety, infection control/pandemic strategies, complaints received (if any), staffing, and education. Internal audits, meetings, and collation of data were documented as taking place with corrective
As service providers: We have effective and organisation-wide governance systems in place relating to continuous quality improvement that take a risk-based approach, and these systems meet the needs of people using the services and our health care and support workers.		actions documented where indicated to address service improvements with evidence of progress and sign off when achieved. Quality goals and progress towards attainment are discussed at meetings. Quality data and trends in data are posted on a quality noticeboard, located adjacent to the staffroom. Corrective actions are discussed at quality meetings to ensure any outstanding matters are addressed with sign off when completed.
		The 2022 resident satisfaction surveys indicate that residents have reported high levels of satisfaction with the service provided. Results have been communicated to residents in resident meetings (meeting minutes sighted). An action plan is in progress to improve on concerns regarding activities and the food service.
		There are procedures to guide staff in managing clinical and non-

clinical emergencies. Policies and procedures and associated implementation systems provide a good level of assurance that the facility is meeting accepted good practice and adhering to relevant standards. A document control system is in place. Policies are in the process of review with further updates required in order to meet the 2021 standards. New policies or changes to policy are communicated and staff sign as acknowledgement.
A health and safety system is in place with an annual identified health and safety goal that is directed from head office. A health and safety team meets monthly. There is one health and safety officer (the quality coordinator) who has completed level four health and safety training and there are three health and safety representatives who have or are working on their stage 1 health and safety training. Hazard identification forms and an up-to-date hazard register were reviewed (sighted). Health and safety policies are implemented and monitored by the health and safety committee. There are regular manual handling training sessions for staff. The noticeboards in the staffroom and nurses' stations keep staff informed on health and safety issues. In the event of a staff accident or incident, a debrief process is documented on the accident/incident form. There were no serious staff injuries in the last 12 months. Bupa Sunset is participating in a research project with Auckland University developing a deterioration early warning system for Residential Aged Care co- design and feasibility study.
Individual falls prevention strategies are in place for residents identified at risk of falls. A physiotherapist is contracted for sixteen hours per week and when required. Strategies implemented to reduce the frequency of falls including assigning lounge carers to supervise residents, high falls indicators on resident walkers, provision of non- slip socks for high-risk residents, intentional rounding and the regular toileting of residents who require assistance. Transfer plans are assessed and evaluated by the physiotherapist and placed in the resident's room. Hip protectors are available for at-risk residents who consent to wearing them. Residents are encouraged to attend daily exercises.
Electronic reports using RiskMan are completed for each

		<ul> <li>incident/accident, with immediate action noted and any follow-up action(s) required, evidenced in fifteen accident/incident forms reviewed (witnessed and unwitnessed falls, challenging behaviours, skin tears). Incident and accident data is collated monthly and analysed. Benchmarking occurs on a national level against other Bupa facilities. The RiskMan system generates a report that goes to each operational team/governance team and also generates alerts depending on the risk level. Results are discussed in the quality and staff meetings and at handover. Each event involving a resident reflected a clinical assessment and a timely follow-up by a registered nurse. Neurological observations were consistently recorded as per policy. Relatives are notified following incidents. Opportunities to minimise future risks are identified by the clinical manager and unit coordinator.</li> <li>Discussions with the care home manager and clinical manager evidenced awareness of their requirement to notify relevant authorities in relation to essential notifications. There have been section 31 notifications completed to notify HealthCERT around issues relating to four unstageable pressure injuries, and three stage three pressure injuries. There have been three outbreaks since the previous audit which were appropriately notified.</li> <li>Work is underway to assess staff cultural competencies to ensure the service can deliver high quality care for Māori, and to ensure that a critical analysis of practice is undertaken to improve health equity.</li> </ul>
Subsection 2.3: Service management The people: Skilled, caring health care and support workers listen to me, provide personalised care, and treat me as a whole person.	FA	There is a staffing policy that describes rostering requirements. The documented roster provides sufficient and appropriate coverage for the effective delivery of care and support. The registered nurses and a selection of caregivers hold current first aid certificates. There is a first aid trained staff member on duty 24/7
Te Tiriti: The delivery of high-quality health care that is culturally responsive to the needs and aspirations of Māori is achieved through the use of health equity and quality improvement tools.		aid certificates. There is a first aid trained staff member on duty 24/7. Interviews with staff confirmed that their workload is manageable, and that management is very supportive. Bupa cover pool and external
As service providers: We ensure our day-to-day operation is managed to deliver effective person-centred and whānau-centred		agency is being used to assist with RN and caregiver cover when required. Staff and residents are informed when there are changes to

services.	staffing levels, evidenced in staff interviews. Unit coordinators are currently working as registered nurses on the floor to cover for parental leave.
	The care home manager (non-clinical) and clinical manager are available Monday to Friday. On call cover is covered by the care home manager and clinical manager.
	Rostering is assigned by unit as follows:
	Kowhai: Total of 22 beds (with 21 hospital residents on the day of audit). The AM and PM RNs also provide cover for Kauri and the night RN provides cover for Kauri and Rata
	AM: RN plus four caregivers 7 am-3 pm
	PM: RN plus four caregivers (two caregivers 3 pm-11 pm, one caregiver 3 pm-9.30 pm and caregiver 3 pm-9 pm)
	NIGHT: RN plus two caregivers 11 pm-7 am
	Kauri: Total of 27 beds (with 25 residents - 7 hospital and 18 rest home residents at the time of the audit)
	AM: EN 7 am-3 pm and three caregivers (two caregivers 7 am-3 pm and one caregiver 7 am-1 pm)
	PM: Three caregivers (two caregivers 3 pm-11 pm, one caregiver 3 pm-9 pm)
	NIGHT: One caregiver 11 pm-7 am
	Rata: Total of 24 beds (with 19 hospital residents at the time of the audit)
	AM: RN plus four caregivers 7 am -3 pm
	PM: RN plus four caregivers (two caregivers 3 pm-11 pm, one

caregiver 3 pm-9.30 pm and one caregiver 3 pm-9 pm)
NIGHT: two caregivers 11 pm-7 am
Rimu Cottage: Total of 27 beds (with 27 dementia care residents at the time of the audit) NB: The AM, PM and night RNs also provide cover for Matai
AM: RN 7 am-3.30 pm, three caregivers – 7 am-3 pm
PM: RN 3 pm-11.30 pm plus three caregivers (two caregivers 3 pm-11 pm, one caregiver 3 pm-9 pm)
NIGHT: RN plus two caregivers 11 pm-7 am
Matai: Total of 22 beds (with 20 residents - 5 hospital and 15 rest home residents at the time of the audit)
AM: Two caregivers 7 am-3 pm
PM: Two caregivers (one caregivers 3 pm-11 pm, one caregiver 3 pm-10 pm)
NIGHT: One caregiver 11 pm-7 am
There is an annual education and training schedule being implemented. The education and training schedule lists compulsory training (learning essentials and clinical topics), which includes cultural awareness training. Staff last attended cultural awareness training in 2021 and 2022. Plans are in place to provide additional cultural training that is more specific to Māori and the Treaty of Waitangi. Work is underway to ensure that the service invests in the development of organisational and staff health equity expertise.
The service supports and encourages caregivers to obtain a New Zealand Qualification Authority (NZQA) qualification. Sixty-nine caregivers are employed. The Bupa orientation programme qualifies new caregivers at a level two New Zealand Qualification Authority

(NZQA). Sixty-three caregivers have achieved a level three NZQA qualification or higher. Thirty-three caregivers are rostered either permanently or on a part time basis in the dementia unit and all have attained dementia related qualifications. There are two Careerforce assessors employed at Bupa Sunset – the clinical manager and a unit coordinator.
A competency assessment policy is being implemented. All staff are required to complete competency assessments as part of their orientation. Level four caregivers complete many of the same competencies as the RN staff (e.g. restraint, medication administration, controlled drug administration, nebuliser, blood sugar levels and insulin administration, oxygen administration, wound management, nebuliser). Additional RN specific competencies include subcutaneous fluids, syringe driver, female catheterisation, and interRAI assessment competency. Eight registered nurses, the three- unit coordinators and the clinical manager are all interRAI trained. All RNs are encouraged to attend the Bupa qualified staff forum each year and to commence and complete professional development recognition programme (PDRP). All RNs attend relevant quality, staff, RN, restraint, health, and safety in infection control meetings when possible. External training opportunities for care staff include training through the local hospital, and hospice.
All caregivers are required to complete annual competencies for restraint and moving and handling. A record of completion is maintained on an electronic register.
A management of agency staff policy is documented for the organisation. If the agency nurse has never worked in the care home before, a 'bureau staff information booklet' is provided to them. Orientation including health and safety and emergency procedures are the responsibility of the delegated person on duty. Agency contracts indicate the requirements to be met by the agency in regard to meeting specific competencies.
Training, support, performance, and competence are provided to staff to ensure health and safety in the workplace including manual

		handling, hoist training, chemical safety, emergency management including (six-monthly) fire drills and personal protective equipment (PPE) training. Training is provided around provision of care for younger residents. Staff wellness is encouraged through participation in health and wellbeing activities of the 'take five' Bupa wellness programme. Staff welfare is promoted through provision of healthy lunches fortnightly and regular cultural days and shared lunches. Signage supporting the Employee Assistance Programme (EAP) were posted in visible staff locations.
Subsection 2.4: Health care and support workers The people: People providing my support have knowledge, skills, values, and attitudes that align with my needs. A diverse mix of people in adequate numbers meet my needs. Te Tiriti: Service providers actively recruit and retain a Māori health workforce and invest in building and maintaining their capacity and capability to deliver health care that meets the needs of Māori. As service providers: We have sufficient health care and support workers who are skilled and qualified to provide clinically and culturally safe, respectful, quality care and services.	FA	There are human resources policies in place, including recruitment, selection, orientation and staff training and development. The Bupa recruitment office advertise for and screen potential staff including collection of ethnicity data. Once they pass screening, suitable applicants are interviewed by the Bupa Sunset care home manager. Staff paper files are held in the administration office in a locked filing cabinet and on a secure online electronic programme. Ten staff files reviewed (four caregivers, two RNs, one clinical manager, activities coordinator, one kitchen manager, one cleaner) evidenced implementation of the recruitment process, employment contracts, police checking and completed orientation. Staff sign an agreement with the Bupa code. This document includes but is not limited to the Bupa values, responsibility to maintain safety, health and wellbeing, privacy, professional standards, celebration of diversity, ethical behaviour and declaring conflicts of interest. There are job descriptions in place for all positions that includes outcomes, accountability, responsibilities, authority, and functions to be achieved in each position. A register of practising certificates is maintained for all health professionals (e.g. RNs, GPs, pharmacy, physiotherapy, podiatry, and dietitian). There is an appraisal policy. All staff who had been employed for over one year have an annual appraisal completed.

		<ul> <li>at orientation. The service demonstrates that the orientation programmes support RNs and caregivers to provide a culturally safe environment to Māori.</li> <li>Volunteers have not been utilised over the past two years due to Covid. An orientation programme and policy for volunteers is in place. Information held about staff is kept secure and confidential. Ethnicity data is identified with plans in place to maintain an employee ethnicity database. Following any staff incident/accident, evidence of debriefing and follow-up action taken are documented. Wellbeing support is provided to staff.</li> </ul>
<ul> <li>Subsection 2.5: Information</li> <li>The people: Service providers manage my information sensitively and in accordance with my wishes.</li> <li>Te Tiriti: Service providers collect, store, and use quality ethnicity data in order to achieve Māori health equity.</li> <li>As service provider: We ensure the collection, storage, and use of personal and health information of people using our services is accurate, sufficient, secure, accessible, and confidential.</li> </ul>	FA	Resident files and the information associated with residents and staff are retained in hard copy. Electronic information is regularly backed- up using cloud-based technology and password protected. Plans are in place to implement the VCare electronic resident management system later in the year. There is a documented Bupa business continuity plan in case of information systems failure. The resident files are appropriate to the service type and demonstrated service integration. Records are uniquely identifiable, legible, and timely. Signatures that are documented include the name and designation of the service provider. Residents archived files are securely stored in a locked room and easily retrievable when required. Residents entering the service have all relevant initial information recorded within 24 hours of entry into the resident's individual record. An initial care plan is also developed in this time. Personal resident information is kept confidential and cannot be viewed by other residents or members of the public.
Subsection 3.1: Entry and declining entry The people: Service providers clearly communicate access, timeframes, and costs of accessing services, so that I can choose the most appropriate service provider to meet my needs. Te Tiriti: Service providers work proactively to eliminate inequities	FA	Residents who are admitted to the service have been assessed by the needs assessment service coordination (NASC) service to determine the required level of care. Prospective residents are screened by the care home manager and clinical manager. In cases where entry is declined, there is close liaison between the service and the referral team. The service refers the prospective

between Māori and non-Māori by ensuring fair access to quality care. As service providers: When people enter our service, we adopt a person-centred and whānau-centred approach to their care. We focus on their needs and goals and encourage input from whānau. Where we are unable to meet these needs, adequate information about the reasons for this decision is documented and communicated to the person and whānau.	resident back to the referrer and maintains data around the reason for declining. The manager described reasons for declining entry would only occur if the service could not provide the service the resident required, after considering staffing, equipment requirements, and the needs of the resident. The other reason would be if there were no beds available. There are policies and procedures to guide staff around admission and declining processes including required documentation. The care home manager keeps records of how many prospective residents and families have viewed the facility, admissions and declined referrals, which is shared with the regional operations manager and head office, however, these records do not currently capture ethnicity. At the time of audit, the service had twelve vacancies. The service receives referrals from the NASC service, the local hospital, and directly from residents or whānau. The service has an information pack relating to the services provided at Sunset (including dementia specific information) which is available for families/whānau and residents prior to admission or on entry to the service. Admission agreements reviewed were signed and aligned with contractual requirements. Exclusions from the service are included in the admission agreement supports to benefit Māori and whānau-centred approach to services provided. Interviews with residents all confirmed they received comprehensive and appropriate information and communication, both at entry and on an ongoing basis.
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Subsection 3.2: My pathway to wellbeing	FA	Eleven resident files were reviewed: three rest home, five hospital (including one YPD and one LTS-CHC) and three dementia level
The people: I work together with my service providers so they		care. The registered nurses are responsible for conducting all
know what matters to me, and we can decide what best supports		assessments and for the development of care plans. There is
my wellbeing.		evidence of resident and whanau involvement in the interRAI
		assessments and long-term care plans reviewed and this is
Te Tiriti: Service providers work in partnership with Māori and whānau, and support their aspirations, mana motuhake, and		documented in progress notes and family/whānau contact forms.
whānau rangatiratanga.		The service uses the Bupa assessment booklets and person-centred
		templates (My Day, My Way) for all residents. This and an initial
As service providers: We work in partnership with people and		support plan completed are within 24 hours of admission. The
whānau to support wellbeing.		assessment booklet includes falls, Braden pressure area, skin, mini
		nutritional, continence, pain (verbalising and non-verbalising),
		activities and cultural assessment. Nutritional requirements are
		completed on admission. Additional risk assessment tools include
		behaviour and wound assessments as applicable. The outcomes of
		risk assessments are reflected in the care plan.
		Long town core place had been completed within 04 days for long
		Long-term care plans had been completed within 21 days for long-
		term residents and first interRAI assessments had been completed
		within the required timescales for all residents apart from YPD and
		LTS-CHC who have the Bupa suite of assessments completed in
		order to develop their long-term care plan. Evaluations were
		completed six monthly or sooner for a change in health condition.
		InterRAI assessments sampled had been reviewed six-monthly.
		Written evaluations reviewed, identified if the resident goals had been
		met or unmet. The GP reviews the residents at least three monthly or
		earlier if required. Ongoing nursing evaluations occur as indicated and
		are documented within the progress notes. Short term care plans
		were well utilised for issues such as infections, weight loss, and
		wounds. The GP records their medical notes in the integrated resident
		file.
		All residents had been assessed by the general practitioner (GP)
		within five working days of admission. The service contracts with a
		local GP who visits twice weekly. The GP service also provides out or
		hours cover. The GP (interviewed) commented positively on the

standard of communication, and the quality of care provided by the facility. Specialist referrals are initiated as needed. Allied health interventions were documented and integrated into care plans. The service has contracted a physiotherapist for sixteen hours per week. A podiatrist visits regularly and a dietitian, speech language therapist, wound care and continence specialist nurse are available as required through the local DHB.
Care staff interviewed could describe a verbal and written handover at the beginning of each duty that maintains a continuity of service delivery, this was sighted on the day of audit and found to be comprehensive in nature. Progress notes are written daily and as necessary by caregivers and RNs. The RN further adds to the progress notes if there are any incidents or changes in health status.
Residents interviewed reported their needs and expectations were being met. When a resident's condition alters, the clinical manager, unit coordinator or an RN initiates a review with a GP. Family was notified of all changes to health including infections, accident/incidents, GP visit, medication changes and any changes to health status. A family/whānau contact sheet records family notifications and discussions.
Wound assessments, wound management plans with body map, photos and wound measurements were reviewed for twelve residents with wounds (skin tears, skin conditions, chronic ulcers, and post- surgical wounds). Wound dressings were being changed appropriately as per the detailed frequency of dressing change. There were no residents with pressure injuries on the day of audit (one had resolved the day prior). A wound register is maintained. There is access to the wound nurse specialist via the local hospital. Care staff
interviewed stated there are adequate clinical supplies and equipment provided including wound care supplies and pressure injury prevention resources. Continence products are available and resident files include a three-day urinary continence assessment, bowel management, and continence products identified for day use, night use, and other management. The service extends this monitoring period as required in order to get an accurate picture of resident need. Care plans reflect the required health monitoring interventions for

		individual residents.
		Caregivers and RNs complete monitoring charts including bowel chart, blood pressure, weight, food and fluid chart, blood sugar levels, behaviour, and toileting regime. Neurological observations are completed for unwitnessed falls, or where there is a head injury according to the timeframes detailed in policy.
Subsection 3.3: Individualised activities	FA	There is one activities coordinator and one caregiver in the activities team. Both work 37.5 hours per week (Monday to Friday). Caregivers
The people: I participate in what matters to me in a way that I like.		in each community cover the weekend activities. The activities coordinator has commenced the enrolment process to attain
Te Tiriti: Service providers support Māori community initiatives		diversional therapy qualifications and has a current first aid certificate. The overall programme has integrated activities that is appropriate for
and activities that promote whanaungatanga.		all residents. The activities are displayed in large print on all
As service providers: We support the people using our services to maintain and develop their interests and participate in meaningful		noticeboards. Planned activities include but are not limited to word search, scrabble, sing-along, art therapy, knitting, exercise, tai chi,
community and social activities, planned and unplanned, which		beauty therapy, puzzles, skittles, music therapy, housie, board
are suitable for their age and stage and are satisfying to them.		games, newspaper reading, te reo Māori programme, Indian and Island style cooking sessions, quoits, van outings and bingo. The
		programme allows for flexibility and resident choice of activity. Seasonal celebrations include but are not limited to Anzac Day, Easter, mid-winter, Matariki and Waitangi Day.
		The needs of younger residents are accommodated. The activities
		team provides one-on-one sessions daily, shopping trips and ensures that all residents can live their best lives. The activities programme in
		the Rimu (dementia) community is reflective of activities suited to the
		needs of dementia care residents such as one-on-one sessions and school visits however these have been disrupted due to Covid.
		Residents are encouraged to maintain links to the community such as participating at the local bowling club. The activities staff also take
		residents shopping and out for coffees. The service ensures married
		couples are provided with opportunities to connect.
		At present there are no residents who identify as Māori; however, the activities team ensures they can provide activities to meet their needs.
		Kaumātua from Waipareira trust visit and bless rooms as required.

		Bupa Sunset has Pasifika and Indian residents, and the activities programme provides specific activities designed to meet their needs such as Indian and Island style cooking sessions and movies in their respective languages. On interview an Indian and a Pasifika resident confirmed they were happy with the activities programme. There is a communal lounge in each wing where group or quieter activities can occur. There is a hairdressing salon. The residents enjoy attending the activities and enjoy contributing to the programme. A resident social profile, map of life and activity assessment informs the activities plan. The activities plan reviewed was individualised and met the residents' identified needs. Activities plans are evaluated sixmonthly. The service receives feedback and suggestions for the programme through resident meetings and resident surveys. The residents and relatives interviewed were happy with the variety of activities provided.
Subsection 3.4: My medication The people: I receive my medication and blood products in a safe and timely manner. Te Tiriti: Service providers shall support and advocate for Māori to access appropriate medication and blood products. As service providers: We ensure people receive their medication and blood products in a safe and timely manner that complies with current legislative requirements and safe practice guidelines.	FA	There are policies available for safe medicine management that meet legislative requirements. All clinical staff (RNs, enrolled nurses, and medication competent caregivers) who administer medications have been assessed for competency on an annual basis. Education around safe medication administration has been provided. Registered nurses have completed syringe driver training. Staff were observed to be safely administering medications. Registered nurses and caregivers interviewed could describe their role regarding medication administration. The service currently uses robotics for regular medication and 'as required' medications. All medications are checked on delivery against the medication chart and any discrepancies are fed back to the supplying pharmacy. Medications were appropriately stored in the facility medication room
		Medications were appropriately stored in the facility medication room and five medication trolleys. The medication fridge and medication room temperatures are monitored daily, and the temperatures were within acceptable ranges. All medications including the bulk supply order is checked weekly and signed on the checklist form. All eyedrops have been dated on opening. All over the counter vitamins or alternative therapies residents choose to use, must be reviewed,

		<ul> <li>and prescribed by the GP. There were no residents self-medicating on the day of audit; however, the service has self-medication assessments available as well as safe and secure storage for any residents who may self-medicate in the future.</li> <li>Twenty-five electronic medication charts were reviewed. The medication charts reviewed identified that the GP had reviewed all resident medication charts three monthly and each drug chart has a photo identification and allergy status identified. There are no standing orders in use and no vaccines are kept on site.</li> <li>There was documented evidence in the clinical files that residents and relatives are updated around medication changes, including the reason for changing medications and side effects. The registered nurses and management described working in partnership with recent Māori residents and whānau ensuring appropriate support was in place, advice was timely, easily accessed, and treatment was prioritised to achieve better health outcomes. They described this process as being 'business as usual' and will come in to play for any Māori residents accessing the service in future.</li> </ul>
<ul> <li>Subsection 3.5: Nutrition to support wellbeing</li> <li>The people: Service providers meet my nutritional needs and consider my food preferences.</li> <li>Te Tiriti: Menu development respects and supports cultural beliefs, values, and protocols around food and access to traditional foods.</li> <li>As service providers: We ensure people's nutrition and hydration needs are met to promote and maintain their health and wellbeing.</li> </ul>	FA	The food services are overseen by a kitchen manager. All meals and baking are prepared and cooked on site by qualified chefs/cooks who are supported by morning and afternoon kitchenhands. All food services staff have completed online food safety training. The four- week winter/summer menu is completed by a registered dietitian employed by Bupa and the last review was documented as May 2022. The kitchen receives resident dietary forms and is notified of any dietary changes for residents. Dislikes and special dietary requirements are accommodated including food allergies. The menu provides pureed/soft meals. The service caters for residents who require texture modified diets and other foods. The kitchen sends meals to the satellite kitchens in each wing by bain-marie and the food is served from these directly to residents in the dining rooms. Residents may choose to have their meals in their rooms. Food going to rooms on trays is covered to keep the food warm. The kitchen staff and care staff interviewed understood basic Māori

		<ul> <li>practices in line with tapu and noa. The kitchen manager is involved in the activities theme months particularly during cultural theme months and celebrations, and the menu is substituted to accommodate cultural meals in line with the theme. The service supports residents to have culturally appropriate food when requested. The service is able to incorporate Māori residents' cultural values and beliefs into menu development and food service provision if required.</li> <li>The food control plan was issued in September 2022 for 12 months. Daily temperature checks are recorded for freezer, fridge, chiller, inward goods, bain-marie serving temperatures, dishwasher rinse and wash temperatures. All perishable foods and dry goods were date labelled. Cleaning schedules are maintained. Staff were observed to be wearing appropriate personal protective clothing. Chemicals were stored safely. Chemical use and dishwasher efficiency is monitored daily.</li> <li>Residents provide verbal feedback on the meals through the monthly resident meetings. The kitchen manager attends resident meetings when requested. Resident preferences are considered with menu reviews. On interview a Pasifika resident confirmed the kitchen provided cultural preferences when requested.</li> <li>Resident surveys are completed annually. Residents interviewed expressed their satisfaction with the meal service. Residents are weighed monthly unless this has been requested more frequently due to weight loss. Residents with weight loss are referred to the dietitian. The dietitian informs the care staff and kitchen of any extra requirements.</li> </ul>
Subsection 3.6: Transition, transfer, and discharge The people: I work together with my service provider so they know what matters to me, and we can decide what best supports my wellbeing when I leave the service. Te Tiriti: Service providers advocate for Māori to ensure they and whānau receive the necessary support during their transition,	FA	Planned exits, discharges or transfers were coordinated in collaboration with the resident and family to ensure continuity of care. There were documented policies and procedures to ensure exit, discharge or transfer of residents is undertaken in a timely and safe manner. The residents and their families were involved for all exits or discharges to and from the service, including being given options to access other health and disability services and social support or

transfer, and discharge.	kaupapa Māori agencies were indicated or requested.
As service providers: We ensure the people using our service experience consistency and continuity when leaving our services. We work alongside each person and whānau to provide and coordinate a supported transition of care or support.	
Subsection 4.1: The facility The people: I feel the environment is designed in a way that is safe and is sensitive to my needs. I am able to enter, exit, and move around the environment freely and safely. Te Tiriti: The environment and setting are designed to be Māori- centred and culturally safe for Māori and whānau. As service providers: Our physical environment is safe, well maintained, tidy, and comfortable and accessible, and the people we deliver services to can move independently and freely throughout. The physical environment optimises people's sense of belonging, independence, interaction, and function.	The building holds a current warrant of fitness which expires 23 April 2023. The maintenance person works 40 hours a week (Monday to Friday). There is a maintenance request book for repair and maintenance requests located in each nurses' station. This is checked daily and signed off when repairs have been completed. There is a monthly, three monthly, six monthly and annual maintenance plan that includes electrical testing and tagging (facility and residents), resident equipment checks, call bell checks, calibration of medical equipment and monthly testing of hot water temperatures. This plan comes from Bupa head office. Essential contractors such as plumbers and electricians are available 24 hours as required. Testing and tagging of electrical equipment checking and calibration of medical equipment, hoists and scales are completed annually (last June 2022). There is a contracted gardener who works twice a week for 16 hours. Caregivers interviewed stated they have adequate equipment to safely deliver care for rest home, dementia, and hospital level of care residents The facility is built over three floors. There are two lifts large enough to accommodate beds/stretchers. On the day of audit, one lift was out of order. A replacement lift is in the planning stage. All residents have access to the lift that is working. The corridors are wide and promote safe mobility with the use of mobility aids. Residents were observed moving freely around the facility. Each dining room. There are two whānau rooms in the facility. Each dining room has a satellite kitchen and food is served from a bain-marie in these kitchens. There is safe use of mobility equipment including hoists. There is safe access

		to all external communal areas which provide seating and shade.
		The secured dementia wing (Rimu wing) has access to a large lounge, smaller lounges, and well-maintained outdoor areas. There is outdoor furniture raised gardens and shade in the internal courtyard. The indoor area is safe and allows for residents to move freely. All corridors have safety rails that promote safe mobility. The resident rooms are spacious and personalised.
		Communal bathrooms/showers within the facility are identified and include privacy locks and privacy curtains. Fixtures, fittings, and flooring are appropriate. Toilet/shower facilities are easy to clean. There is sufficient space in toilet and shower areas to accommodate shower chairs and commodes. Care staff interviewed reported that they have adequate space to provide care to residents.
		All bedrooms and communal areas have ample natural light and ventilation. There is wall mounted electric heaters in each room and residents are able to adjust the temperature if they wish. On interview, residents confirmed they are encouraged to personalise their bedrooms. The service is working towards the consideration of how designs and environments reflect the aspirations and identity of Māori, for any new additions or new building construction
Subsection 4.2: Security of people and workforce The people: I trust that if there is an emergency, my service provider will ensure I am safe. Te Tiriti: Service providers provide quality information on emergency and security arrangements to Māori and whānau.	FA	Emergency management policies, including the pandemic plan, outlines the specific emergency response and evacuation requirements as well as the duties/responsibilities of staff in the event of an emergency. Emergency management procedures guide staff to complete a safe and timely evacuation of the facility in the case of an emergency.
As service providers: We deliver care and support in a planned and safe way, including during an emergency or unexpected event.		A fire evacuation plan is in place that has been approved by the New Zealand Fire Service. A fire evacuation drill is repeated six-monthly and was last done in May 2022. The facility uses a contracted evacuation specialist to conduct these fire drills. There are emergency management plans in place to ensure health, civil defence and other emergencies are included. Civil defence supplies are stored in blue bins on each level. These are checked for expiry dates three monthly.

		In the event of a power outage there is a dependable power generator available and gas cooking. There are adequate supplies in the event of a civil defence emergency including water stores to provide residents and staff with three litres per day for a minimum of three days. Emergency management is included in staff orientation and external contractor orientation. It is also ongoing as part of the education plan. A minimum of one person trained in first aid is available at all times. There are call bells in the residents' rooms and ensuites, communal toilets and lounge/dining room areas. Indicator lights are displayed above resident doors and on attenuating panels in hallways to alert care staff to who requires assistance. Residents were observed to have their call bells in close proximity. Residents and families interviewed confirmed that call bells are answered in a timely manner. The building is secure after hours, staff complete security checks at night. There are security cameras installed outside and a security firm patrols at least once a night.
Subsection 5.1: Governance The people: I trust the service provider shows competent leadership to manage my risk of infection and use antimicrobials appropriately. Te Tiriti: Monitoring of equity for Māori is an important component of IP and AMS programme governance. As service providers: Our governance is accountable for ensuring the IP and AMS needs of our service are being met, and we participate in national and regional IP and AMS programmes and respond to relevant issues of national and regional concern.	FA	The clinical manager oversees infection control and prevention across the service. The job description outlines the responsibility of the role. The infection control programme, its content and detail, is appropriate for the size, complexity and degree of risk associated with the service. Infection control is linked into the electronic quality risk and incident reporting system. The infection control programme is reviewed annually by Bupa head office and infection control audits are conducted. The regional quality partner is part of the quality team where infection matters are raised. Infection rates are presented and discussed at quality and infection control meetings. Infection control data is also sent to head office where it is reviewed by the clinical services and improvement team and benchmarked with other Bupa facilities. Infection control is part of the strategic and quality plans. The service has access to an infection prevention clinical nurse specialist from Bupa head office.
		The service has access to an infection prevention clinical nu

		for visitors and contractors. There are hand sanitisers strategically placed around the facility. Residents and staff are offered influenza vaccinations and all residents are fully vaccinated against Covid-19. Strict visitor controls are in place and all staff perform rapid antigen tests (RAT) daily. There were no residents with Covid-19 infections on the days of audit.
Subsection 5.2: The infection prevention programme and implementation The people: I trust my provider is committed to implementing policies, systems, and processes to manage my risk of infection. Te Tiriti: The infection prevention programme is culturally safe. Communication about the programme is easy to access and navigate and messages are clear and relevant. As service providers: We develop and implement an infection prevention programme that is appropriate to the needs, size, and scope of our services.	FA	There are a suite of infection control policies and procedures available to staff including (but not limited to), outbreak management, hand hygiene and standard precautions, aseptic technique, communicable diseases, and transmission-based precautions. Policies and the infection control plan have been approved by the leadership team, who receive monthly reports around infection control matters. The infection prevention coordinator (clinical manager) provides an infection control report to the joint infection control and health and safety team meeting, monthly registered nurse meetings, quality, and staff meetings. The organisation is a member of Bug Control, and the infection control coordinator interviewed described support from expertise within the clinical team at head office, public health, local laboratory, GPs, and infection control specialist from Bupa. There is also support from other clinical managers within Bupa. The organisation has had advice from Ministry of Health and the New Zealand Aged Care Association, who provide guidance for aged care facilities on a range of matters including infection control and Covid- 19. The infection coordinator described utilising the Ministry of Health (MOH) website for information as needed, and utilising health learn online training and Ministry of Health sites. External education related to Covid management has been provided via zoom meetings and webinars. The infection control policy states that the facility is committed to the ongoing education of staff and residents. Infection prevention and control is part of staff orientation and included in the annual training plan. There has been additional training and education around Covid- 19 and staff were informed of any changes by noticeboards, handovers, and emails. Staff have completed annual handwashing and personal protective equipment competencies. Resident education

	<ul> <li>occurs as part of the daily cares. Residents and families were kept informed and updated on Covid-19 policies and procedures through resident meetings, newsletters, and emails.</li> <li>Staff follow the organisation pandemic policy which is available for all staff. All staff and most residents have been double vaccinated and received boosters. Visitors are asked to be fully vaccinated. All new residents are requested to be vaccinated. Personal protective equipment (PPE) is ordered through the MOH, and stock balance is maintained to support any outbreak. Adequate PPE stocks were sighted, and outbreak kits are readily available. Bupa head office supplies extra PPE equipment as required.</li> <li>During Covid-19 lockdown there were regular zoom meetings with Bupa head office which provided a forum for discussion and support. The service has a Covid-19 response plan which was developed by the leadership groups and includes preparation and planning for the management of lockdown, screening, transfers into the facility and positive tests. There was a declaration/sign in process including the use of a rapid antigen test before commencing work. Sufficient staff were available to ensure all people coming to the site are screened.</li> <li>Clinical expertise from the leadership team has input into procurement processes for equipment, devices, and consumables used in the delivery of health care. The infection control coordinator and the management team monitor resident and staff Covid infections. Hospital acquired infections, sterilisation, and single use items. Items required to be sterilised are pre-purchased, stored in a clean dry environment, and used within the use by date. This includes urinary catheters and catheter packs, wound dressing packs. All equipment used for wound care are single use only. Reusable equipment such as blood pressure equipment, and hoists are cleaned between use. The acting head of clinical service on interview confirmed there is a process for clinical and infection c</li></ul>
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		Infection control is included in the internal audit schedule and a recent audit demonstrated full compliance. The service is working towards incorporating te reo information around infection control for Māori residents and encouraging culturally safe practices acknowledging the spirit of Te Tiriti. The organisation is working towards involving cultural kaitiaki representation on how te reo Māori can be incorporated into infection control information for Māori residents. Staff interviewed were knowledgeable around providing culturally safe practices to acknowledge the spirit of Te Tiriti o Waitangi.
Subsection 5.3: Antimicrobial stewardship (AMS) programme and implementation The people: I trust that my service provider is committed to responsible antimicrobial use. Te Tiriti: The antimicrobial stewardship programme is culturally safe and easy to access, and messages are clear and relevant. As service providers: We promote responsible antimicrobials prescribing and implement an AMS programme that is appropriate to the needs, size, and scope of our services.	FA	The service has anti-microbial use policy and procedures and monitors compliance on antibiotic and antimicrobial use through evaluation and monitoring of medication prescribing charts, prescriptions, and medical notes. The anti-microbial policy is appropriate for the size, scope, and complexity of the resident cohort. Infection rates are monitored monthly and reported to the quality and infection control meetings as well as Bupa head office. Prophylactic use of antibiotics is not considered to be appropriate and is discouraged.
<ul> <li>Subsection 5.4: Surveillance of health care-associated infection (HAI)</li> <li>The people: My health and progress are monitored as part of the surveillance programme.</li> <li>Te Tiriti: Surveillance is culturally safe and monitored by ethnicity.</li> <li>As service providers: We carry out surveillance of HAIs and multi-drug-resistant organisms in accordance with national and regional surveillance programmes, agreed objectives, priorities, and methods specified in the infection prevention programme, and</li> </ul>	FA	Infection surveillance is an integral part of the infection control programme and is described in the Bupa infection control manual. Monthly infection data is collected for all infections based on signs, symptoms, and definition of infection. Infections are entered into the infection register on the electronic data base. Surveillance of all infections (including organisms) is reported on a monthly infection summary. This data is monitored and analysed for trends, monthly and annually. The service is working towards incorporating ethnicity data into surveillance methods and data captured around infections. The infection prevention and control programme links with the quality programme. Infection control surveillance is discussed at clinical meetings, management meetings, quality meetings and staff meetings. Staff are informed through the variety of meetings held at

with an equity focus.		the facility and also electronically. The infection control coordinator uses the information obtained through surveillance to determine infection prevention and control activities, resources, and education needs within the facility. There is close liaison with the GP/NPs that advise and provide feedback/information to the service. Systems in place are appropriate to the size and complexity of the service. Action plans are required for any infection rates of concern. Internal infection control audits are completed with corrective actions for areas of improvement. Infection control surveillance is discussed at quality, infection control and staff meetings and sent to Bupa head office. Meeting minutes and graphs are displayed for staff. The service receives email notifications and alerts from Bupa head office and the local DHB for any community concerns. There has been one resident affected by a CPE infection. Bupa Sunset worked in collaboration with Health NZ to manage the situation by implementing a strict infection prevention and control procedure. All residents were tested, and no other cases were detected. There have been three covid outbreaks since the previous audit (February, May, and July 2022). The facility followed their pandemic plan. All areas were kept separate, and staff were kept to one wing if possible. Staff wore PPE. Residents and staff were RAT tested daily. Families were kept informed by phone or email. Visiting was restricted.
Subsection 5.5: Environment The people: I trust health care and support workers to maintain a hygienic environment. My feedback is sought on cleanliness within the environment. Te Tiriti: Māori are assured that culturally safe and appropriate decisions are made in relation to infection prevention and environment. Communication about the environment is culturally safe and easily accessible.	FA	There are policies regarding chemical safety and waste disposal. All chemicals were clearly labelled with manufacturer's labels and stored in locked areas. Cleaning chemicals are kept in a locked cupboard on the cleaning trolleys and the trolleys are kept in a locked cupboard when not in use. Safety data sheets and product sheets are available. Sharp's containers are available and meet the hazardous substances regulations for containers. Gloves, aprons, and masks are available for staff, and they were observed to be wearing these as they carried out their duties on the days of audit. There is a sluice room on each level and each sluice room has a sanitiser and a sink. Goggles are available. Staff have completed chemical safety training. A chemical

As service providers: We deliver services in a clean, hygienic environment that facilitates the prevention of infection and		provider monitors the effectiveness of chemicals.
transmission of antimicrobial resistant organisms.		All laundry is processed on site by a large Bupa facility which manages all laundry for five Bupa facilities including Bupa Sunset. The washing machines and dryers are checked and serviced regularly. The laundry has two entrances for both dirty and clean laundry. There is one entry and exit on the Bupa Sunset side and a second entry and exit for the four others. External laundry is transported in colour coded bags by a dedicated laundry delivery service. A sound alert system notifies the laundry of the presence of the delivery van. The laundry manager works 40 hours a week and is supported by a further five laundry assistants. All laundry staff have completed recent chemical safety and infection control training. The laundry manager meets with the operational manager and the managers from each of the five facilities weekly and is updated on matters related to infection.
Subsection 6.1: A process of restraint The people: I trust the service provider is committed to improving policies, systems, and processes to ensure I am free from restrictions. Te Tiriti: Service providers work in partnership with Māori to ensure services are mana enhancing and use least restrictive	FA	The facility is committed to providing services to residents without use of restraint. Restraint policy confirms that restraint consideration and application must be done in partnership with families, and the choice of device must be the least restrictive possible. At all times when restraint is considered, the facility will work in partnership with Māori, to promote and ensure services are mana enhancing. The designated restraint coordinator is a registered nurse. There are
As service providers: We demonstrate the rationale for the use of restraint in the context of aiming for elimination.		three residents listed on the restraint register as using a restraint (hospital level). One had the use of a T-belt listed as a restraint, with the other two residents using bed rails. The use of restraint is reviewed three-monthly and, reported in the monthly clinical, staff and
		quality meetings and to the regional operations manager via the care home manager. The restraint coordinator interviewed described the

		focus on minimising restraint wherever possible and working towards a restraint-free environment. Restraint minimisation is included as part of the mandatory training plan and orientation programme.
Subsection 6.2: Safe restraint The people: I have options that enable my freedom and ensure my care and support adapts when my needs change, and I trust that the least restrictive options are used first. Te Tiriti: Service providers work in partnership with Māori to ensure that any form of restraint is always the last resort. As service providers: We consider least restrictive practices, implement de-escalation techniques and alternative interventions, and only use approved restraint as the last resort.	FA	<ul> <li>A restraint register is maintained by the restraint coordinator. The files of the three residents listed as using restraint were reviewed. The restraint assessment addresses alternatives to restraint use before restraint is initiated (e.g. falls prevention strategies, managing behaviours). All three residents were using restraint as a last resort and/or at their insistence (two bed rails were previously classed as enablers under the 2008 standards). Written consent was obtained from each resident and/or their EPOA. One emergency restraint was required in May 2022 (dementia unit), for which the procedures documented in policy were correctly followed and a staff/whānau debriefing session held with opportunities for future learning discussed.</li> <li>Monitoring forms are completed for each resident using restraint. Restraints are monitored at least two-hourly or more frequently should the risk assessment indicate this is required. No accidents or incidents have occurred as a result of restraint use.</li> <li>Monitoring of restraint includes residents' cultural, physical, psychological, and psychosocial needs, and addresses Wairuatanga. Restraints are regularly reviewed and discussed in the staff meetings and twice weekly clinical updates.</li> </ul>
Subsection 6.3: Quality review of restraint The people: I feel safe to share my experiences of restraint so I can influence least restrictive practice. Te Tiriti: Monitoring and quality review focus on a commitment to reducing inequities in the rate of restrictive practices experienced by Māori and implementing solutions. As service providers: We maintain or are working towards a restraint-free environment by collecting, monitoring, and reviewing	FA	The service is working towards a restraint-free environment by collecting, monitoring, and reviewing data and implementing improvement activities. The service includes the use of restraint in their annual internal audit programme. The outcome of the internal audit goes through to the clinical, quality and staff meetings. The twice weekly clinical update meetings include ongoing reviews of restraint use, restraint incidents (should they occur), and education needs. Restraint data including any incidents are reported as part of the restraint coordinator's report to the clinical manager and care home manager. Data is then submitted to Bupa head office via the care home and regional operations manager for benchmarking against

data and implementing improvement activities.	other Bupa sites.	
	The restraint coordinator described how learnings and changes to care plans culminated from the analysis of the restraint data.	

# Specific results for criterion where corrective actions are required

Where a subsection is rated partially attained (PA) or unattained (UA) specific corrective actions are recorded under the relevant criteria for the subsection. The following table contains the criterion where corrective actions have been recorded.

Criterion can be linked to the relevant subsection by looking at the code. For example, Criterion 1.1.1 My service provider shall embed and enact Te Tiriti o Waitangi within all its work, recognising Māori, and supporting Māori in their aspirations, whatever they are (that is, recognising mana motuhake) relates to subsection 1.1: Pae ora healthy futures in Section 1 Our rights.

If there is a message "no data to display" instead of a table, then no corrective actions were required as a result of this audit.

No data to display

# Specific results for criterion where a continuous improvement has been recorded

As well as whole subsections, individual criterion within a subsection can also be rated as having a continuous improvement. A continuous improvement means that the provider can demonstrate achievement beyond the level required for full attainment. The following table contains the criterion where the provider has been rated as having made corrective actions have been recorded.

As above, criterion can be linked to the relevant subsection by looking at the code. For example, Criterion 1.1.1 relates to subsection 1.1: Pae ora healthy futures in Section 1: Our rights.

If, instead of a table, these is a message "no data to display" then no continuous improvements were recorded as part of this of this audit.

No data to display

End of the report.