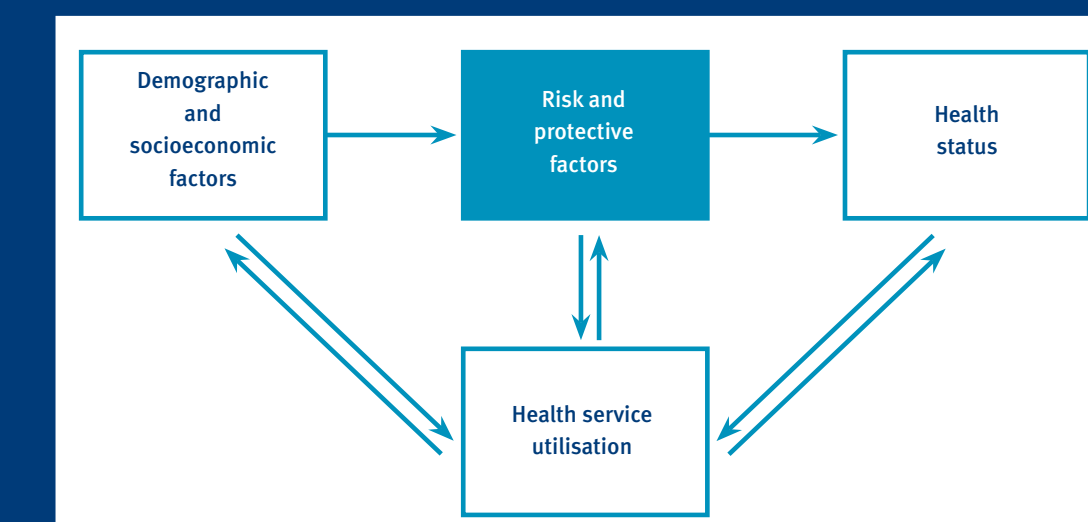


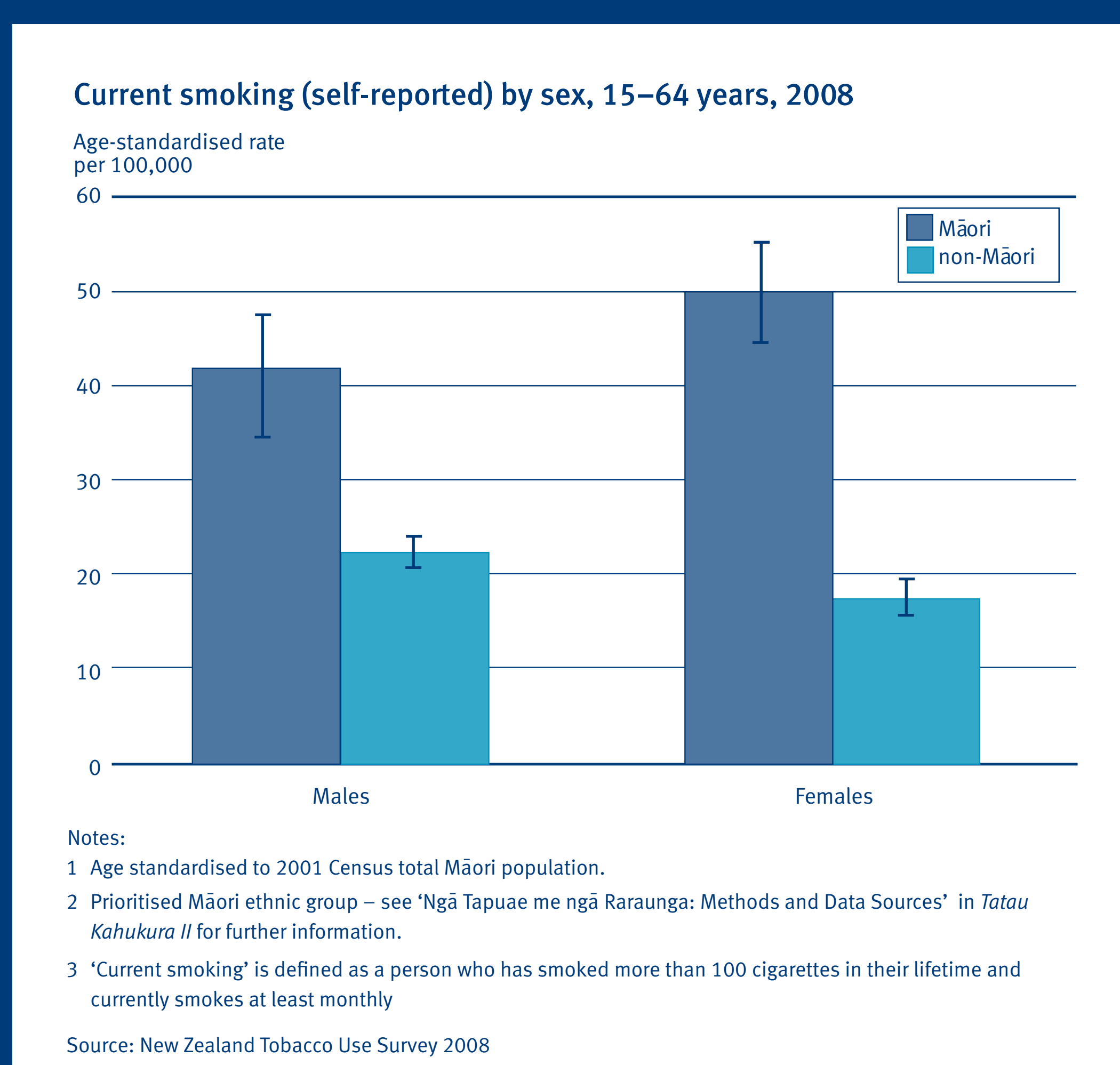
Ngā Tauwehe Tūpono me te Marumaru



He aha ngā tauwehe tūpono?

- Ko ngā tauwehe tūpono ngā take e piki ake ai tērā pea te takanga o te mate.
- He tauwehe tūpono tērā mō te mate ate wharowharo pukupuku.

He aha te nuinga o te momi inaianei?



- I waenganui i ngā pakeke 15-64 ngā tau takirua te nui ake o ngā Māori ka momi tupeka whakaritea ki ngā pakeke tauwiwi
- Ko ngā wāhine te taumata o te momi hikareti (50%)

He aha a tātou tikanga e pa ana ki te inu waipiro?

Indicator	Māori			non-Māori		
	Males	Females	Total	Males	Females	Total
Drinking alcohol daily in the past 12 months (past year drinkers 15-64 years), 2007/08, percent ^{1,2}	5.2 (3.3-7.1)	2.7 (1.7-3.8)	3.9 (2.9-4.9)	8.4 (6.8-10.0)	5.8 (4.8-6.9)	7.1 (6.2-8.0)
Drinking large amounts of alcohol at least weekly in the past 12 months, (past year drinkers 15-64 years), 2007/08, percent ^{1,2,3}	28.1 (22.6-33.6)	22.0 (18.1-25.9)	24.9 (21.6-28.2)	13.6 (11.7-15.5)	8.5 (6.9-10.0)	11.0 (9.8-12.3)

Notes:
 1 Age standardised to 2001 Census total Māori population.
 2 Prioritised Māori ethnic group – see 'Ngā Tapuae me ngā Raraunga: Methods and Data Sources' in *Tatau Kahukura II* for further information.
 3 'Drinking a large amount of alcohol' is defined as drinking more than six (for men) or four (for women) standard drinks on one drinking occasion.

Source: 2007/08 New Zealand Alcohol and Drug Use Survey

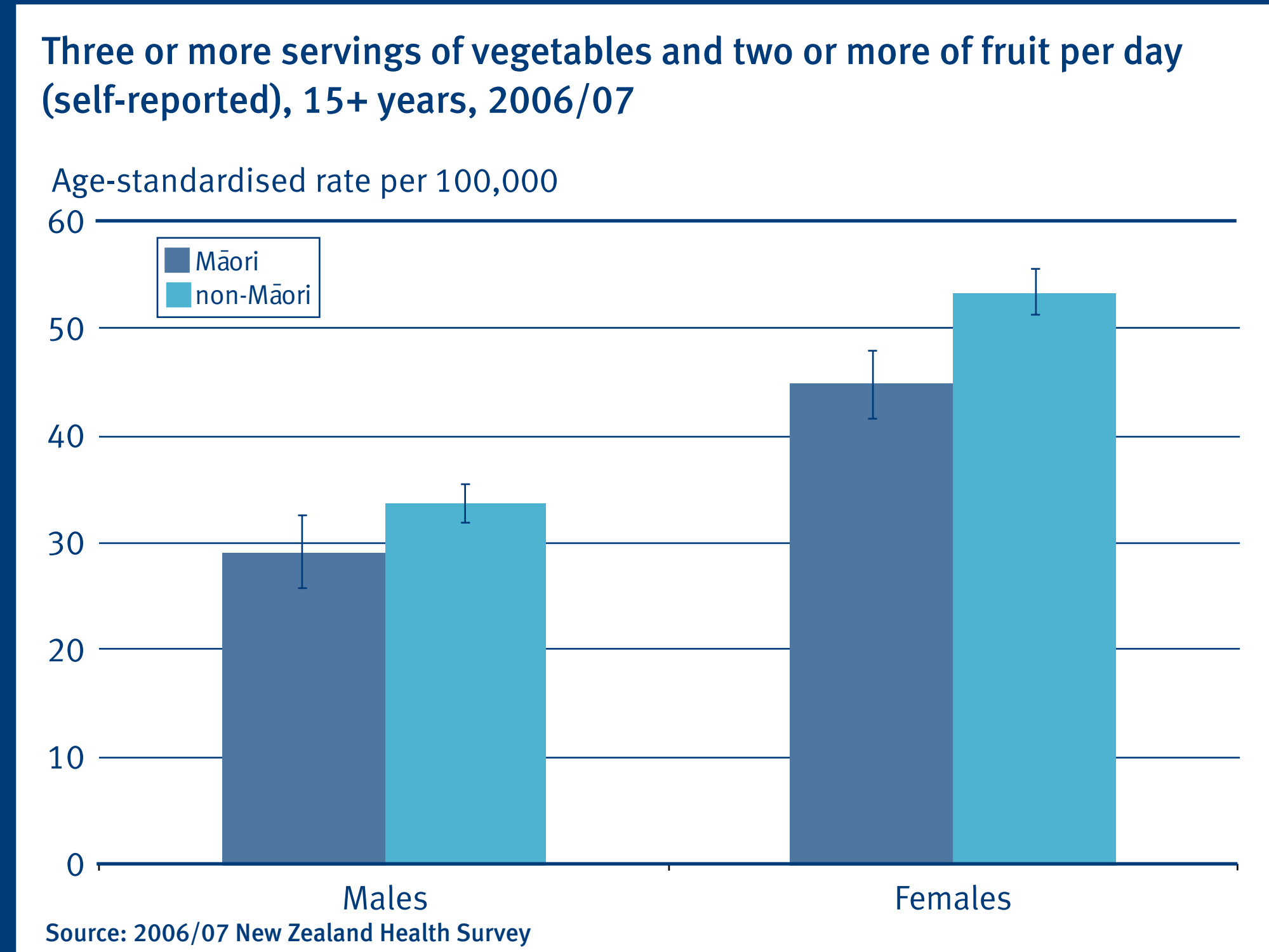
- Te āhua e pa ana ki ngā pakeke Māori ko rātou te nuinga ki te inu waipiro i te tau kua mahue ake nei whakaritea ki ngā pakeke tauwiwi.
- Mō ngā tāngata e inu ana i ngā tau kua mahue ake nei, ko te Māori te hunga takirua te wāhanga nui atu te inu waipiro whakaritea ki ngā tauwiwi.

He aha te take marumaru?

- Ko te take marumaru ngā āhuatanga hei whaka ahuru i te tangata i te wa e mate ana ia
- Ko te korikori tinana te take marumaru mō te mate e pā ana ki tō manawa

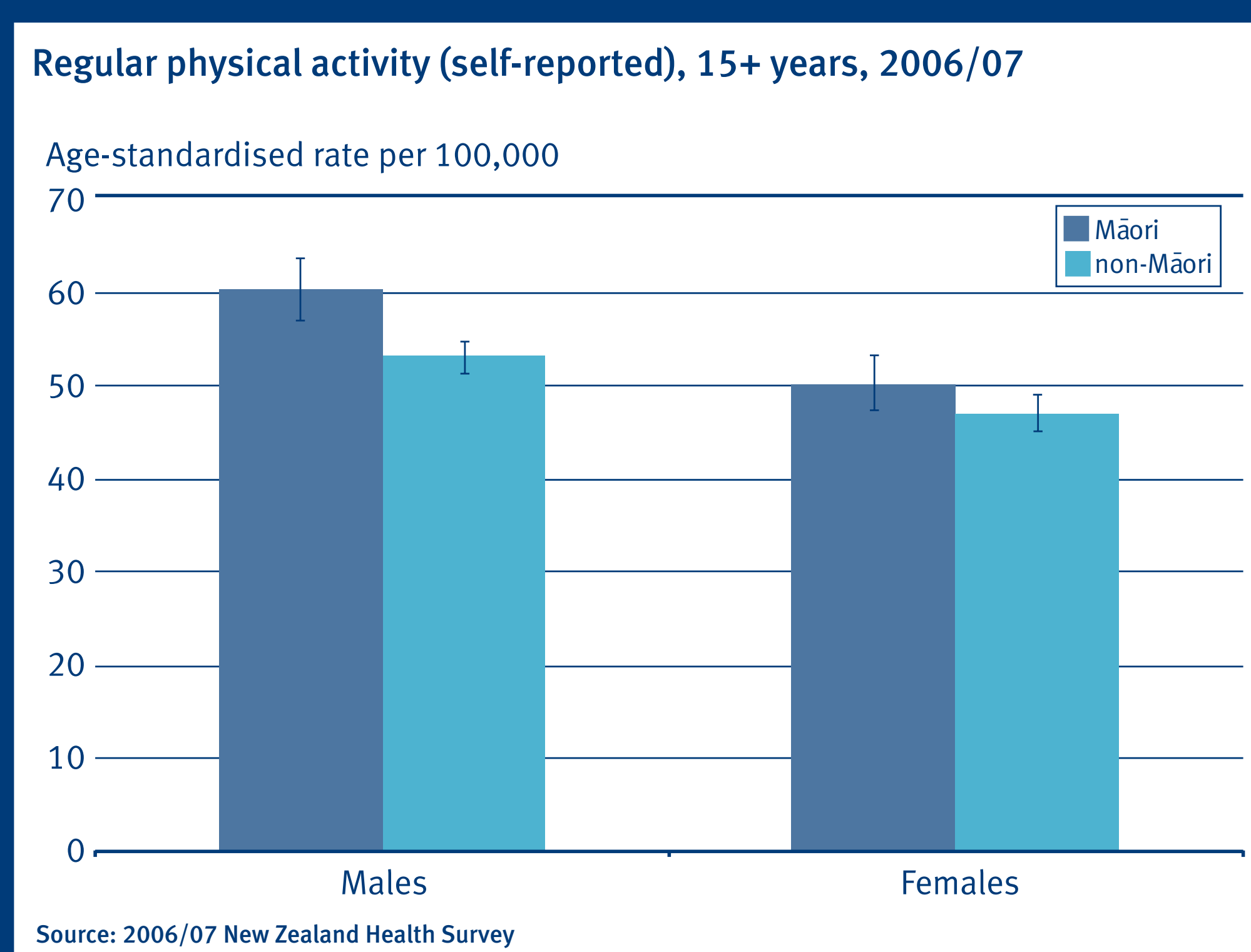
He aha ngā kai e kai nui tātou?

- Ko te tumanako ngā tāngata o Aotearoa me kai e toru wahanga o ngā huawhenua me rua wahanga hua rakau ia ra.

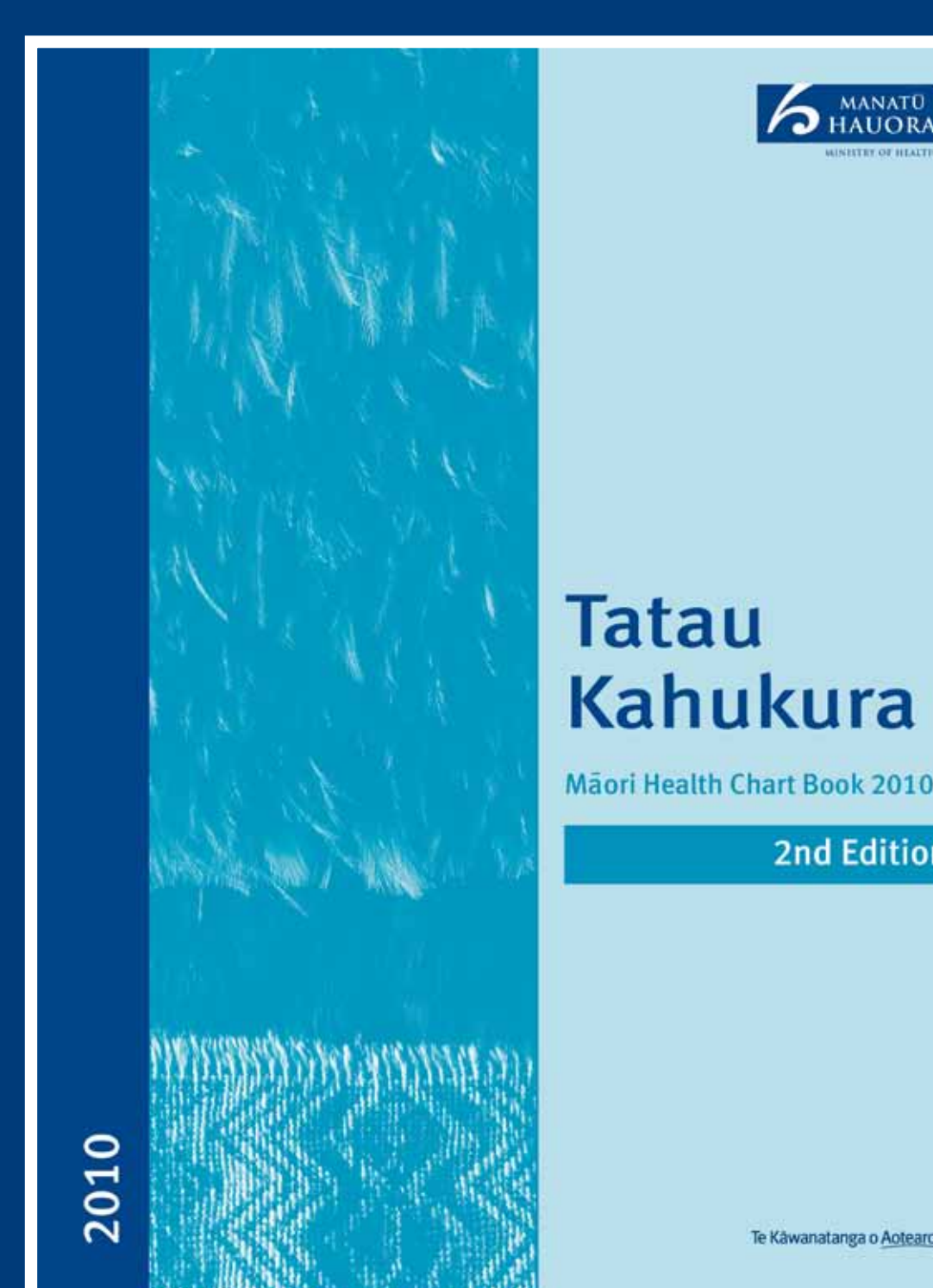


E aha te wa e mahi ai tātou i te mahi korikori?

- Ko te tumanako ano mō ngā tāngata o Aotearoa me mahi toru tekau meneti te mahi korikori ia rima ra nui atu ranei i te wiki.



Kei hea ētahi atu kōrero?



Mehemea e hiahia kape ana koe o ēnei pukapuka, emera, waea, ara titiro ki te ipurangi

Emera: moh@wickliffe.co.nz

Waea: (04) 496 2277
(whakahuatia te nama HP 5097)

Ipurangi:
www.maorihealth.govt.nz