New Zealand Tobacco Use Survey (NZTUS) 2006

New Zealand Health Monitor: Tobacco Ministry of Health: Public Health Intelligence

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Thank you for agreeing to do this important survey about smoking. For most people it takes only about 15 minutes to complete. I will read out each question, and all you need to do is give me your answer, being as truthful and accurate as you can.

I need to enter into the computer whether you are male or female?

Male... 1 Female 2

I also need to find out which version of the questionnaire to use. Can you please confirm which age group you are in.

IF THE ANSWER IS 2, SKIP TO QUESTION 90 IF THE ANSWER IS 3 OR 4, SKIP TO QUESTION 7 IF THE ANSWER IS 1 OR 5 OR 8 OR 9, SKIP TO QUESTION 5

Adult Questionnaire

Prevalence and Smoking History

Q.7 Have you ever smoked cigarettes or tobacco at all, even just a few puffs? Please include cigars and pipes.

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF THE ANSWER IS NOT 1, SKIP TO QUESTION 63

Q.8 Have you smoked a total of more than 100 cigarettes in your whole life?

Yes1 No5

Q.9 How often do you now smoke?

You don't smoke now	1
At least once a day	2
At least once a week	3
At least once a month	4
Less often than once a month	5
Don't know/unsure	9
Refused	8

IF THE ANSWER IS 2, SKIP TO QUESTION 11

Q.10 Did you ever smoke DAILY for a period of time?

Yes	1
No	.5
Don't know/unsure	9
Refused	8

IF THE ANSWER IS NOT 1, SKIP TO QUESTION 13

Q.11 At what age did you START smoking DAILY?

IF THE ANSWER TO QUESTION 9 IS 2, SKIP TO QUESTION 13

Q.12 At what age did you STOP smoking DAILY?

Q.13 This time last year, were you smoking daily... less than daily... or not at all?

Yes, daily	1
Yes, less than daily	2
Not at all	3
Dont know/unsure	9
Refused	8

IF ANSWERED 1 AT QUESTION 8 AND 1 AT QUESTION 9, SKIP TO QUESTION 39a IF ANSWERED 5 AT QUESTION 8 AND 1 AT QUESTION 9, SKIP TO QUESTION 62

Consumption

Which of these products do you smoke? Please answer with YES or NO for each of them.

Q.14 Tailor made cigarettes

Yes1
No5
Don't know/unsure9
Refused8

Q.15 Roll your owns using loose tobacco

Yes1
No5
Don't know/unsure9
Refused8

Q.16 Pipes

Yes1
No5
Don't know/unsure9
Refused8

Q.17 Cigars

Yes1
No5
Don't know/unsure9
Refused8

IF THE ANSWER TO QUESTION 14 IS 1, AND... IF THE ANSWER TO QUESTION 15 IS 5, AND... IF THE ANSWER TO QUESTION 16 IS 5, AND... IF THE ANSWER IS 5, SKIP TO QUESTION 19

IF THE ANSWER TO QUESTION 14 IS 5, AND ...

IF THE ANSWER TO QUESTION 15 IS 1, AND ...

IF THE ANSWER TO QUESTION 16 IS 5, AND ...

IF THE ANSWER IS 5, SKIP TO QUESTION 21

IF THE ANSWER TO QUESTION 14 IS 5, AND ...

IF THE ANSWER TO QUESTION 15 IS 5, AND ...

IF THE ANSWER TO QUESTION 16 IS 1, AND ...

IF THE ANSWER IS 1, SKIP TO QUESTION 18

IF THE ANSWER TO QUESTION 14 IS 5, AND... IF THE ANSWER TO QUESTION 15 IS 5, AND... IF THE ANSWER IS 1, SKIP TO QUESTION 23

IF THE ANSWER TO QUESTION 14 IS 5, AND ...

IF THE ANSWER TO QUESTION 15 IS 5, AND ...

IF THE ANSWER IS 1, SKIP TO QUESTION 23

Q.18 Which one of them do you smoke the most?

Tailor-made cigarettes	1
Roll your own cigarettes (loose tobacco)	2
Both tailor-mades and roll your owns	3
Pipes	4
Cigars	5
Don't know/unsure	
Refused	8

IF THE ANSWER IS 2, SKIP TO QUESTION 21 IF THE ANSWER IS 4-5, SKIP TO QUESTION 23 IF THE ANSWER IS 9 OR 8, SKIP TO QUESTION 23 IF THE ANSWER TO QUESTION 14 IS NOT 1, SKIP TO QUESTION 21

Q.19 What brand of cigarettes do you smoke most often?

Benson & Hedges	
Dunhill	
Holiday	. 3
Horizon	
John Brandon	. 5
Marlboro	. 6
Pall Mall	. 7
Peter Jackson	. 8
Peter Stuyvesant	. 9
Rothmans	. 10
Winfield	. 11
Other	. 12
Don't know/unsure	
Refused	

Q.20 What kind of [ANSWER TO Q.19] cigarettes do you usually smoke?

Regular1
Mild, extra mild, lights, superlights, low tar2
Menthol, mild menthol
Don't know/unsure9
Refused8

IF THE ANSWER TO QUESTION 15 IS NOT 1, SKIP TO QUESTION 23

Q.21 Thinking of roll-your-own cigarettes, what brand of tobacco do you smoke most often?

Holiday	1
Horizon	2
Marlboro	3
Park Drive	4
Pocket Edition	5
Port Royal	6
Winfield	
Drum	8
Other	9
Don't know / unsure	99
Refused	98

Q.22 What kind of [ANSWER TO Q. 21] tobacco do you usually smoke?

Regular1
Mild, extra mild, lights, superlights, low tar2
Menthol, mild menthol3
Don't know/unsure9
Refused8

Q.23 Thinking about the packet of cigarettes or tobacco that you are currently smoking, where did you get it from?

Supermarket	1
Hotel, pub or restaurant	2
Petrol station	3
Dairy or other shop	4
Mail order or internet	5
Duty free	6
Other	
Don't know/unsure	9
Refused	8

IF THE ANSWER TO QUESTION 23 IS NOT 7, SKIP QUESTION 24

Q.24 Specify Other

IF THE ANSWER TO QUESTION 14 OR 15 IS NOT 1, SKIP TO QUESTION 27 IF THE ANSWER TO QUESTION 9 IS 2, SKIP TO QUESTION 26

Q.25 On average, how many days a week do you smoke cigarettes?

Usually 5-6 days1 Usually 2-4 days2 Usually one day or less ..3 Don't know/unsure9 Refused8 Q.26 On average, how many cigarettes, do you smoke a day?

Less than 1 per day	1
1-5 per day	2
6-10 per day	3
11-15 per day	
16-20 per day	
21-25 per day	
26-30 per day	
31 or more per day	8
Don't know/unsure	99
Refused	98

Intensity

Q.27 How deeply do you inhale when you smoke?

Deeply down, into your lungs	1
Moderately	2
Lightly, into your mouth only3	
Don't know/unsure	9
Refused	8

IF THE ANSWER TO QUESTION 18 IS NOT 1 OR 2 OR 3, SKIP TO QUESTION 32

Q.28 How many puffs do you have, on average, of each cigarette you smoke?

1-5	.1
6-10	.2
11-15	.3
16-20	.4
21-25	.5
26-30	.6
More than 30	.7
Don't know/unsure .	.9
Refused	.8

Q.29 How close to the butt do you smoke, when finishing a cigarette?

Right to the butt	1
To within half a centimetre	2
Between one centimetre and half a centimetre	3
More than one centimetre	4
Don't know/unsure	9
Refused	8

Addiction and Dependence

Q.30 How soon after you wake up do you have your first smoke?

Within 5 minutes 1	
6-30 minutes 2	2
31-60 minutes 3	3
After 60 minutes 4	ŧ
Don't smoke in morning 5	5
Don't know/unsure9)
Refused 8	3

Q.31 When do you smoke your cigarettes?

Regularly throughout the day1	
Mainly at the beginning of the day2	
Mainly at the end of the day 3	
Mainly at the beginning AND end of the day 4	
Don't know/unsure	
Refused 8	

Q.32 How worried are you that you will put on weight if you stop smoking?

Very worried	1
A little bit worried	
Not worried	3
Don't know/unsure	9
Refused	8

Quitting behaviour

Q.33 Are you seriously considering quitting within the next 6 months?

No, you have no intention of quitting	1
Yes, you are thinking of quitting	2
Yes, you are thinking of quitting in the next 30 days	3
Don't know/unsure	9
Refused	

Q.34 Do you think that you are addicted to tobacco?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.34b In the last 5 years, have you tried to quit smoking?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.35 Have you ever deliberately quit for more than a week?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF THE ANSWER TO Q35 IS NOT 1 AND ANSWER TO Q34b IS NOT 1, SKIP TO Q62 IF THE ANSWER TO Q35 IS 5 AND Q34b IS 1, SKIP TO Q40

Q.36 In the last 12 months, did you quit for three months or longer?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.37 In that 12 months, how many times did you quit for more than a week?

None	0
Once	1
Twice	2
Three times	3
Four or five times	4
Six to 10 times	5
More than 10 times	6
Don't know/unsure	9
Refused	8

IF THE ANSWER TO Q37 IS 0 AND ANSWER TO Q34b IS 1, SKIP TO Q40

Q.38 [If quit once:] In that 12 months, how long did you quit for? [If quit more than once:] In that 12 months, how long did you quit for on average?

1 week	. 1
More than 1 week but less than a month	2
1-3 months	3
3-6 months	4
More than 6 months but less than a 1 year	5
The whole year	6
Don't know/unsure	9
Refused	8

IF THE ANSWER TO QUESTION 37 IS 2 OR 9 OR 8, SKIP TO QUESTION 40

Q.39 In that 12 months, in total, how long did you quit for - over all the times you quit?

1 week	1
More than 1 week but less than a month	2
1-3 months	3
3-6 months	4
More than 6 months but less than a 1 year	5
The whole year	6
Don't know/unsure	9
Refused	8

EVERYONE ANSWERING QUESTION 39 SKIPS TO QUESTION 40

Q.39a How long ago did you stop smoking?

Within the last month 1	
1 month to 6 months ago 2	
6 to 12 months ago 3	
1 to 2 years ago 4	
2 to 5 years ago 5	
Longer than 5 years ago 6	
Don't know/unsure	
Refused	

IF ANSWERED 1 – 5 AT QUESTION 39a CONTINUE, OTHERWISE SKIP TO QUESTION 62

Cessation programmes and Services

Q.39b That last time you stopped smoking, did you receive any help or advice on how to quit from a health worker or a stop-smoking programme?

IF THE ANSWER IS NOT 1, SKIP TO QUESTION 52, ALL OTHERS SKIP TO QUESTION 41

Q.40 That last time you attempted to quit, did you receive any help or advice on how to quit from a health worker or a stop-smoking programme?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF THE ANSWER IS NOT 1, SKIP TO QUESTION 52

Who advised or helped you to quit? Please answer YES or NO to each of the following options.

Q.41 The Quitline?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.42 Another stop-smoking programme?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.43 A doctor or GP?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.44 A dentist?	
	Yes
Q.45 A nurse?	
	Yes
Q.46 A midwife?	
	Yes
Q.47 A pharmacist?	
	Yes
Q.48 A Maori community	health worker?
	Yes
Q.49 A friend or family me	ember?
	Yes
Q.50 Some other advisor	or helper I haven't mentioned?
	Yes

IF THE ANSWER IS NOT 1, SKIP TO QUESTION 52

Q.51 Could you please say who the other advisor or helper was?

Q.52 Did you use any quitting products?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF THE ANSWER IS NOT 1, SKIP TO QUESTION 62

What kind of quitting product did you use? Please answer YES or NO to each of the following options.

Q.53 Nicotine patches?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.54 Microtab?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.55 Lozenges?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.56 Nicotine gum?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.57 Nicotine spray?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.58 Nicotine inhalers?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.59 Zyban?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.60 Did you use some other kind of quitting product I haven't mentioned yet?

1
5
9
8

IF THE ANSWER IS NOT 1, SKIP TO QUESTION 62

Q.61 And what is the name of that quitting product?

Q.62 If you had your life over again, would you smoke?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Second Hand Smoke

Q.63 Do other people smoke inside your house?

Yes	1
No	2
Sometimes	3
Don't know/unsure	9
Refused	8

Q.64 Does anyone who is a teenager or older that lives with you smoke?

Yes	1
No	2
Sometimes	3
You don't live with a teenager or older	4
Don't know/unsure	9
Refused	8

IF THE ANSWER IS NOT 1 OR 3, SKIP TO QUESTION 66

Q.65 Who are the people you live with that smoke?

Partner/girlfriend/boyfriend/wife/husband	1
Flatmate	2
Parent(s)	3
Son/daughter/stepson/stepdaughter	
Other relative	5
Friend	6
Boarder	7
Other	8
Don't know/insure	
Refused	

IF ANSWER IS NOT 8, SKIP TO QUESTION 66

Q.65a Specify Other

Q.66 Thinking about the car you usually travel in, do other people smoke in the car?

Yes	1
No	2
Sometimes	3
Not applicable	6
Don't know/unsure	9
Refused	8

Q.67 Do you work away from home, including voluntary work?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF THE ANSWER IS NOT 1, SKIP TO QUESTION 70

Q.68 At work, do other people smoke around you INDOORS?

Yes	1
No	2
No, but smoke comes in from outside	3
Don't work indoors (not applicable)	4
Don't know/unsure	
Refused	8

IF THE ANSWER IS NOT 1, SKIP TO QUESTION 70

Q.69 At work do other people smoke around you indoors, during tea or lunch breaks?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.70 In the last month, have you been in a public venue such as a pub, club or restaurant, where other people were smoking inside?

Yes 1	
No5	,
Don't know/unsure9	í.
Refused 8	,

IF THE ANSWER IS NOT 1, SKIP TO QUESTION 72

Q.71 At which venues (multiple response)?

Pub	1
Club	2
Nightclub	3
Restaurant	4
Other	5
Don't know/unsure	9
Refused	8

Q.71b What is the name of the other venue or venues?

Q.72 Generally, if someone has been smoking cigarettes within a couple of metres of you <u>inside</u>, how are you about the smoke?

Does not bother you	1
Bothers you slightly 2	
Bothers you a lot	3
Don't know/unsure 9	9
Refused 8	3

Q.73 Do you think the smoke from other people's cigarettes is harmful to you?

Definitely not	1
Probably not	2
Probably yes	
Definitely yes	
Don't know/unsure	9
Refused	8

IF THE ANSWER TO QUESTION 3 IS NOT 2, SKIP TO QUESTION 85 IF THE ANSWER TO QUESTION 4 IS 4, SKIP TO QUESTION 85

Pregnancy and Smoking

Q.74 I'm now going to ask a few questions about family. I have to ask this of everybody, although it may not apply to you. Are you pregnant at the moment?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF THE ANSWER IS NOT 1, SKIP TO QUESTION 76

Q.75 How many months pregnant are you?

Less than one month (up to 4 weeks)	
1 month (5 weeks)	2
2 months (6-9 weeks)	3
3 months (10-12 weeks)	4
4 months	5
5 months	6
6 months (approx 24 - 27 weeks)	7
7 months	8
8 months	9
9 months (up to 40 weeks or overdue)	10
Don't know/unsure	99
Refused	98

Q.76 Have you had a baby in the last 12 months?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF ANSWER TO Q74 IS NOT 1 AND IF Q76 IS NOT 1, SKIP TO Q85 IF ANSWER TO Q8 IS 5, SKIP TO Q84

Q.77 Were you smoking when you got pregnant?

Yes 1	
No5)
Don't know/unsure 9	
Refused 8	5

IF ANSWER TO Q76 IS 1 AND Q77 IS NOT 1, SKIP TO Q84 IF ANSWER TO Q74 IS 1 AND Q77 IS NOT 1, SKIP TO Q85

Q.78 Did you cut down while pregnant?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.79 Did you attempt to stop while pregnant?

1
5
9
8

IF ANSWER TO Q76 IS 1 AND Q79 IS NOT 1, SKIP TO Q83 IF ANSWER TO Q74 IS 1 AND Q79 IS NOT 1, SKIP TO Q85

Q.80 Did you succeed in quitting while pregnant?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF THE ANSWER TO Q76 IS 5, SKIP TO Q85 IF THE ANSWER IS NOT 1, SKIP TO QUESTION 83

Q.81 Did you start smoking again after your baby was born?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF THE ANSWER IS NOT 1, SKIP TO QUESTION 84

Q.82 How long after the birth did you start smoking?

Within a week	1
Within 2 weeks	2
Within a month	3
Within 3 months	4
Within 6 months	5
Within a year	6
More than a year	7
Don't know/unsure	99
Refused	98

Q.83 Do you smoke in the same room as the baby?

Yes	1
No	2
Only with the window open (or other ventilation)3	3
Refused	3
Don't know/unsure)

Q.84 Do you let other people smoke in the same room as the baby?

Yes1
No2
Only with the window open (or other ventilation)3
Refused
Don't know/unsure9

IF ANSWERED 1 AT QUESTION 76, AND ANSWERED 1 AT QUESTION 85, SKIP TO QUESTION 86

Attitudes

Q.85 Do you have any children under the age of 18 years?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF THE ANSWER IS NOT 1, SKIP TO QUESTION 88

Q.86 How do you feel about your children taking up smoking?

Negative / would prefer they didn't1
Neutral2
Positive
Don't know/unsure9
Refused8

Q.87 Have you told your children about your feelings?

Yes	. 1
No	. 2
Children too young (not applicable)	. 3
Don't know/unsure	. 9
Refused	. 8

Q.88 Smokers who fail to quit, do not really want to quit

Strongly agree	1
Agree	2
Neither agree nor disagree	
Disagree	4
Strongly disagree	

Q.89 People should be able to quit without the help of programmes or products

Strongly agree	
Neither agree nor disagree Disagree	3
Strongly disagree	

SKIP TO QUESTION 178

Youth Questionnaire

Prevalence and Smoking History

Q.91 Have you ever smoked cigarettes or tobacco at all, even just a few puffs?

IF THE ANSWER IS NOT 1, SKIP TO QUESTION 158

Q.92 Have you smoked a total of more than 10 cigarettes in your whole life?

Yes1 No5

IF THE ANSWER IS 5, SKIP TO QUESTION 158

Q.92a Have you smoked a total of more than 100 cigarettes in your whole life?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.92b In the last 12 months, was there ever a time when you were smoking at least weekly?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF THE ANSWER IS 5, SKIP TO QUESTION 95

Q.93 In the last 12 months, was there a time when you were smoking daily?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.95 Do you smoke at all now?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF ANSWER IS 1 AT QUESTION 93, SKIP TO QUESTION 97

Q.96 Did you ever smoke DAILY for a period of time?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF THE ANSWER IS NOT 1, SKIP TO QUESTION 97a

Q.97 At what age did you START smoking DAILY?

Q.97a In the last 12 months, have you quit for three months or longer?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF THE ANSWER TO QUESTION 97a IS NOT 1, SKIP TO QUESTION 99

Q.97b Did you start smoking again after that?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF THE ANSWER TO QUESTION 97b IS 1, SKIP TO QUESTION 99

Q.98 At what age did you STOP smoking?

IF THE ANSWER TO QUESTION 95 IS NOT 1, SKIP TO QUESTION 138

Q.99 Do your parents know that you smoke?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.100 How often do you now smoke?

At least once a day 1	
At least once a week 2	2
At least once a month 3	5
Less often than once a month 4	ŀ
Don't know/unsure9)
Refused8	5

Consumption

Which of these products do you smoke? Please answer with YES or NO for each of them.

Q.101 Tailor-made cigarettes?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.102 Roll-your-owns using loose tobacco?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF THE ANSWER TO QUESTION 101 IS 1, AND IF THE ANSWER TO QUESTION 102 IS NOT 1, SKIP TO QUESTION 104

IF THE ANSWER TO QUESTION 101 IS NOT 1, AND... IF THE ANSWER TO QUESTION 102 IS 1, THEN SKIP TO QUESTION 104

IF THE ANSWER TO QUESTION 101 IS NOT 1, AND... IF THE ANSWER TO QUESTION 102 IS NOT 1, THEN SKIP TO QUESTION 104 Q.103 Which one of them do you smoke the most?

Tailor-made cigarettes	1
Roll your own cigarettes (loose tobacco)	
Both tailor-mades and roll your owns	3
Don't know/unsure	
Refused	8

Q.104 Do you have a brand that you smoke most often?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF THE ANSWER IS NOT 1, SKIP TO QUESTION 107

Q.105 What brand do you smoke most often?

Benson & Hedges	1
Dunhill	2
Holiday	
Horizon	
John Brandon	
Marlboro	6
Pall Mall	7
Park Drive	8
Pocket Edition	9
Port Royal	10
Peter Jackson	11
Peter Stuyvesant	12
Rothmans	13
Winfield	14
Drum	15
Other	16
Don't know/unsure	
Refused	98

Q.106 What kind of [ANSWER TO Q.105] cigarettes do you usually smoke?

Regular	.1
Mild, extra mild, lights, superlights, low tar	
Menthol, mild menthol	.3
Don't know/unsure	.9
Refused	.8

Where do you get your cigarettes? Please answer YES or NO to each of the following options.

Q.107 You buy them yourself

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.108 From a family member

Yes	1
No	5
Don't know/unsure 9	9
Refused 8	8

Q.109 From a friend

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.110 From somewhere else

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF THE ANSWER TO QUESTION 100 IS 3, SKIP TO QUESTION 113 IF THE ANSWER TO QUESTION 100 IS 4, 9 OR 8, SKIP TO QUESTION 114

Q.111 On average, how many cigarettes (including both tailor-mades or roll-your-owns), do you smoke a day?

Less than 1 per day	1
1-5 per day	2
6-10 per day	3
11-15 per day	4
16-20 per day	5
21-25 per day	6
26-30 per day	7
31 or more per day	8
Don't know/unsure	99
Refused	98

IF THE ANSWER TO QUESTION 100 IS 1, SKIP TO QUESTION 113

Q.112 On average, how many days a week do you smoke cigarettes?

Q.113 At what age did you first start smoking once a month or more often?

Q.114 Who did you have your first cigarette with?

Friend	1
Brother or sister	2
Cousins	3
Parents	4
Other family	5
On my own	6
Others	7
Boyfriend / girlfriend / partner	8
Don't know/unsure	99
Refused	98

Intensity

Q.115 How deeply do you inhale when you smoke?

Deeply down, into your lungs	1
Moderately	2
Lightly, into your mouth only	
Don't know/unsure	.9
Refused	.8

Q.116 How many puffs do you have, on average, of each cigarette you smoke?

Q.117 How close to the butt do you smoke, when finishing a cigarette?

Right to the butt	1
To within half a centimetre	2
Between one centimetre and half a centimetre	3
More than one centimetre	4
Don't know/unsure	9
Refused	8

Addiction and Dependence

Please answer YES or NO to the following questions.

Q.118 Have you ever tried to quit, but couldn't?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.119 Do you smoke now because it is really hard to quit?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.120 Have you ever felt like you were addicted to tobacco?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.121 Do you ever have strong cravings to smoke?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.122 Have you ever felt like you really needed a cigarette?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.123 Is it hard to keep from smoking in places where you're not supposed to?

Yes	1
No	5
Not applicable	6
Don't know/unsure	9
Refused	8

When you tried to stop smoking, or if you hadn't smoked in a while:

Q.124 Did you find it hard to concentrate because you couldn't smoke?

Yes	1
No	5
Not applicable	6
Don't know/unsure	9
Refused	8

IF THE ANSWER IS 6, SKIP TO QUESTION 128

Q.125 Did you feel more irritable because you couldn't smoke?

1
5
9
3

Q.126 Did you feel a strong need or urge to smoke?

1
5
9
В

Q.127 Did you feel nervous, restless or anxious because you couldn't smoke?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.128 How worried are you that you will put on weight if you stop smoking?

Very worried	. 1
A little bit worried	. 2
Not worried	3
Don't know/unsure	. 9
Refused	. 8

Quitting behaviour

Q.129 Are you seriously considering quitting within the next 6 months?

No, you have no intention of quitting	1
Yes, you are thinking of quitting	2
Yes, you are thinking of quitting in the next 30 days	3
Don't know/unsure	9
Refused	8

Q.130 Have you ever quit for more than a week?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF THE ANSWER IS NOT 1, SKIP TO QUESTION 134

Q.131 How many times?

None
Twice
Three times 3
Four or five times 4
Six to 10 times 5
More than 10 times 6
Don't know/unsure9
Refused 8

Q.131a In the last <u>12 months</u>, how many times did you quit for more than a week?

None	0
Once	1
Twice	2
Three times	3
Four or five times	4
Six to 10 times	5
More than 10 times	6
Don't know/unsure	9
Refused	8

Q.132 [If quit once:] In the last 12 months, how long did you quit for? [If quit more than once:] In the last 12 months, how long did you quit for on average?

1 week	. 1
More than 1 week but less than a month	. 2
1-3 months	. 3
3-6 months	. 4
More than 6 months but less than a 1 year	. 5
The whole year	. 6
Don't know/unsure	. 9
Refused	. 8

IF THE ANSWER TO QUESTION 131a IS 1, 8 OR 9, SKIP TO QUESTION 134

Q.133 In that 12 months, in total, how long did you quit for - over all the times you quit?

1 week	1
More than 1 week but less than a month	2
1-3 months	3
3-6 months	4
More than 6 months but less than a 1 year	5
The whole year	6
Don't know/unsure	9
Refused	8

Q.134 How soon after you wake up do you have your first smoke?

Within 5 minutes	1
6-30 minutes	2
31-60 minutes	3
After 60 minutes	4
Don't smoke in morning	5
Don't know/unsure	9
Refused	8

Q.135 When do you smoke your cigarettes?

Regularly throughout the day	1
Mainly at the beginning of the day	2
Mainly at the end of the day	3
Mainly at the beginning AND end of the day	
Don't know/unsure	9
Refused	8

Q.136 In the last 12 months, have you tried to stop smoking altogether?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF THE ANSWER IS NOT 1, SKIP TO QUESTION 157

Q.137 Did you quit for 3 months or longer?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Cessation programmes and Services

Q.138 The last time you quit or tried to quit, did you receive any help or advice on how to quit from a health worker or a stop-smoking programme?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF THE ANSWER IS NOT 1, SKIP TO QUESTION 151

Who advised or helped you to quit? Please answer YES or NO to each of the following options.

Q.139 The Quitline?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.140 Another stop-smoking programme?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.141 A doctor or GP?

		Yes
Q.142	A dentist?	
		Yes
Q.143	A nurse?	
		Yes
Q.144	A midwife?	
		Yes
Q.145	A pharmacist?	
		Yes
Q.146	A Maori community	health worker?
		Yes
Q.147	A friend or family m	ember?
		Yes

Q.148 A school counsellor?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.149 Some other advisor or helper I haven't mentioned?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF THE ANSWER TO QUESTION 149 IS NOT 1, SKIP TO QUESTION 151

Q.150 Could you say who that <u>other</u> advisor or helper was?

Q.151 Did you use any quitting products?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF THE ANSWER IS NOT 1, SKIP TO QUESTION 157

What kind of quitting product did you use? Please answer YES or NO to each of the following options.

Q.152 Nicotine patches?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.153 Nicotine gum?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.154 Nicotine inhaler?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.155 Did you use some other product I haven't mentioned yet?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF THE ANSWER IS NOT 1, SKIP TO QUESTION 157

Q.156 And what is the name of that quitting product?

Q.157 If you had your life over again, would you smoke?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.158 When you are in your twenties, do you think you will be a smoker?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Environmental Smoking Influences

Which of these people smoke? Please answer Yes or No, where applicable to the following questions.

Q.159 Your mother?

Yes	1
No	5
Not applicable	6
Don't know/unsure	9
Refused	8

Q.160 Your father?

Yes	1
No	5
Not applicable	3
Don't know/unsure	9
Refused	3

Q.161 Your brothers and sisters?

Q.162 Your boyfriend or girlfriend?

 1
 5
 6
 9
 8

IF THE ANSWER TO QUESTION 159 IS NOT 1, AND... IF THE ANSWER TO QUESTION 160 IS NOT 1, THEN SKIP TO QUESTION 169

Q.163 What brands do your parents smoke?

Benson & Hedges (tailor-made)	1
Dunhill (tailor-made)	2
John Brandon (tailor-made)	3
Pall Mall (tailor-made)	4
Peter Jackson (tailor-made)	5
Peter Stuyvesant (tailor-made)	6
Rothmans (tailor made)	7
Holiday (tailor-made)	8
Holiday (tobacco)	9
Horizon (tailor-made)	10
Horizon (tobacco)	11
Malboro (tailor-made)	
Malboro (tobacco)	13
Winfield (tailor-made)	14
Winfield (tobacco)	15
Park Drive (tobacco)	16
Pocket Edition (tobacco)	17
Park Royal (tobacco)	
Drum (tobacco)	19
Other (tailor-made)	

Other (tobacco)	21
Don't know/unsure	99
Refused	98

Second Hand Smoke

Q.169 Do other people smoke inside your house?

Yes	1
No	2
Sometimes	3
Don't know/unsure	9
Refused	8

Q.170 Does anyone who is a teenager or older that lives with you smoke?

Yes	1
No	2
Sometimes	3
You don't live with a teenager or older.	4
Don't know/unsure	9
Refused	8

Q.171 Thinking about the car you usually travel in, do other people smoke in the car?

Yes No	
Sometimes	-
Not applicable	
Don't know/unsure	9
Refused	8

Q.172 In the last month, have you been in a public venue such as a pub, club or restaurant, where other people were smoking inside?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF THE ANSWER IS NOT 1, SKIP TO QUESTION 174

Q.173 At which venues (multiple response)?

Pub	1
Club	2
Nightclub	3
Restaurant	4
Other	5
Don't know/unsure	9
Refused	8

IF ANSWER IS NOT 5, SKIP TO QUESTION 174

Q.173b What is the name of the other venue or venues?

Q.174 Generally, if someone has been smoking cigarettes within a couple of metres of you <u>inside</u>, how are you about the smoke?

Does not bother you	1
Bothers you slightly	
Bothers you a lot	3
Don't know/unsure	9
Refused	8

Q.175 Do you think the smoke from other people's cigarettes is harmful to you?

Definitely not	1
Probably not	
Probably yes	
Definitely yes	4
Don't know/unsure	9
Refused	8

IF THE ANSWER TO QUESTION 3 IS NOT 2, SKIP TO QUESTION 175

Pregnancy and Smoking

Q.175a I'm now going to ask a few questions about family. I have to ask this of everybody, although it may not apply to you. Are you pregnant at the moment?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF THE ANSWER IS NOT 1, SKIP TO QUESTION 175c

Q.175b How many months pregnant are you?

Less than one month (up to 4 weeks)	1
1 month (5 weeks)	2
2 months (6-9 weeks)	3
3 months (10-12 weeks)	4
4 months	5
5 months	6
6 months (approx 24 - 27 weeks)	7
7 months	8
8 months	9
9 months (up to 40 weeks or overdue)	10
Don't know/unsure	99
Refused	98

Q.175c Have you had a baby in the last 12 months?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF ANSWER TO Q175a IS NOT 1 AND Q175c IS NOT 1, SKIP TO Q175 IF ANSWER TO Q92 IS 5, SKIP TO Q175k

Q.175d Were you smoking when you got pregnant?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF ANSWER TO Q175c IS 1 AND Q175d IS NOT 1, SKIP TO Q175j IF ANSWER TO Q175a IS 1 AND Q175d IS NOT 1, SKIP TO Q175k Q.175e Did you cut down while pregnant?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.175f Did you attempt to stop while pregnant?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF ANSWER TO Q175c IS 1 AND Q175f IS NOT 1, SKIP TO Q175j IF ANSWER TO Q175a IS 1 AND Q175f IS NOT 1, SKIP TO Q175l

Q.175g Did you succeed in quitting while pregnant?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF THE ANSWER TO Q175c IS 5, SKIP TO Q175I IF THE ANSWER IS NOT 1, SKIP TO QUESTION 175j IF ANSWER Q95 IS 1, SET 175h TO YES AND SKIP TO 175i

Q.175h Did you start smoking again after your baby was born?

IF THE ANSWER IS NOT 1, SKIP TO QUESTION 175k

Q.175i How long after the birth did you start smoking?

Within a week	1
Within 2 weeks	2
Within a month	3
Within 3 months	4
Within 6 months	5
Within a year	6
More than a year	7
Don't know/unsure	99
Refused	98

Q.175j Do you smoke in the same room as the baby?

Yes1
No2
Only with the window open (or other ventilation)3
Refused
Don't know/unsure9

Q.175k Do you let other people smoke in the same room as the baby?

Yes	1
No	2
Only with the window open (or other ventilation)	
Refused	
Don't know/unsure	9

IF ANSWERED 1 AT QUESTION 175c, AND ANSWERED 1 AT QUESTION 175l, SKIP TO QUESTION 175m

<u>Attitudes</u>

Q.175I Do you have any children?

Yes	1
No	5
Don't know/unsure	9
Refused	8

IF THE ANSWER IS NOT 1, SKIP TO QUESTION 176a

Q.175m How do you feel about your children taking up smoking one day?

Negative / would prefer they didn't	.1
Neutral	.2
Positive	.3
Don't know/unsure	.9
Refused	.8

Now, we would like to ask you about your attitudes towards smoking. Please answer each of the following statements with one choice.

Q.176a It is OK for young people under the age of 18 to smoke

Strongly agree	
Neither agree nor disagree	
Disagree	4
Strongly disagree	
Don't know/unsure	9
Refused	

Q.176b Smokers who fail to quit, do not really want to quit

Strongly agree	1
Agree	2
Neither agree nor disagree	3
Disagree	4
Strongly disagree	
Don't know/unsure	9
Refused	8

Q.176c People should be able to quit without the help of programmes or products

Strongly agree	
Neither agree nor disagree	
Disagree	
Strongly disagree	
Don't know/unsure	
Refused	8

Q.176d My parents think it's OK for people under the age of 18 to smoke

Strongly agree	
Neither agree nor disagree	
Disagree	4
Strongly disagree	
Don't know/unsure	9
Refused	8

Q.176e Smoking is common among my friends

Strongly agree	1
Agree	
Neither agree nor disagree	
Disagree	
Strongly disagree	5
Don't know/unsure	
Refused	8

Exposure to Media

Now I am just going to ask a couple of questions about movies. I will read out the question followed by a list of response options.

Q.177a How often do you watch movies at the cinema?

Once a week or more often	1
2 to 3 times a month	2
About once a month	3
Less often than once a month	4
Never	5
Don't know/unsure	9
Refused	8

Q.177b How often do you watch movies on a hired video or DVD?

Once a week or more often	
About once a month	
Less often than once a month	
Never	5
Don't know/unsure	9
Refused	8

Q.177c How often do you watch movies on television?

Once a week or more often 1	
2 to 3 times a month2	
About once a month	
Less often than once a month 4	
Never	
Don't know/unsure9	
Refused8	,

Q.177d How often do you watch movies that are R-rated?

1
2
4
5
9
8

Socio-demographics

The purpose of this section is to collect some general information about you and your household.

Q.178 Could you please tell me your date of birth?

	/	/	
		•	

Refused.....9

The next few questions are about your household

Q.179 Can you tell me how many people, <u>including yourself</u>, babies and boarders, normally live in this house?

IF ANSWER TO QUESTION 179 IS 1, SKIP TO QUESTION 181

Q.180a Could you please indicate the relationships all the people living with you in this house, we would like to know their age group, gender. We will go through them individually.

Your legal husband or wife	1
Your civil union partner	2
Your partner or de facto, boyfriend or girlfriend	3
Your mother and/or father	4
Your son(s) and/or daughter(s)	5
Your sister(s) and/or brother(s)	6
Your flatmate(s)	7
Other, e.g grandmother, mother-in-law, partner's father, boarder etc	8
Don't know/unsure	. 99
Refused	. 98

Q.180b Could you please tell me the age of that person

Q.180c Could you please tell me the gender of that person

Male	1
Female	2
Don't know / unsure	9
Refused	8

IF ANSWER TO QUESTION 179 IS 2, SKIP TO QUESTION 181

Q.181 Do you or anyone else who lives here, own or partly own this dwelling?

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.182 How many bedrooms are there in this house? Please include rooms or sleep outs that are furnished as bedrooms and any caravan that this household uses as a bedroom.

Q.183 Which ethnic group or groups do you belong to? (multiple response)

New Zealand European1Mäori2Samoan3Cook Island Mäori4Tongan5Niuean6Chinese7Indian8Other (e.g. Dutch, Japanese, Tokelauan)9	2345578
	}) 9

IF ANSWER IS NOT 9, SKIP TO QUESTION 184

Q.183b What other ethnicity or ethnicities do you belong to?

Q.184 Are you descended from Mäori? (Mäori birth parent, grandparent or great grandparent or any other Mäori ancestor)

Yes	1
No	5
Don't know/unsure	9
Refused	8

Q.185 Which country were you born in?

IF ANSWER TO QUESTION 185 IS 1, SKIP TO QUESTION 187 IF ANSWER TO QUESTION 185 IS 2 – 8, SKIP TO QUESTION 186

Q.185a Enter the name of the other country you were born in

Q.186 In what year did you arrive in New Zealand?

Q.187 In which languages could you have a conversation about a lot of everyday things? (multiple response)

English Mäori Samoan NZ sign language Other language, eg, Gujarati, Cantonese, Greek Don't know/unsure	. 2 . 3 . 4 . 5 . 9
Refused	. 8

IF ANSWER IS NOT 5, SKIP TO QUESTION 188

Q.187b What is the other language or languages you could have a conversation about a lot of everyday things?

Q.188 Now some questions about your education. What is your highest secondary school qualification?
None1
NZ School Certificate in one or more subjects or National Certificate Level 1 <i>or</i> NCEA Level 12
NZ Sixth Form Certificate in one or more subjects or National Certificate Level 2 or NZ UE before 1986 in one or more subjects <i>or</i> NCEA Level 2
NZ Higher School Certificate <i>or</i> Higher Leaving Certificate <i>or</i> NZ University Bursary/Scholarship <i>or</i> National Certificate Level 3 or NCEA Level 3 or NZ Scholarship Level 44
Other secondary school qualification gained in NZ5
Other secondary school qualification gained overseas
Don't know/unsure9
Refused8

IF ANSWER IS NOT 5, SKIP TO QUESTION 189

Q.188b What is the other secondary school qualification gained in New Zealand?

No qualification beyond secondary school Bachelors degree, for example, BA, BSc	
Bachelors degree with honours	
Masters degree, for example, MA, MSc	4
PhD	5
Diploma (not post-graduate)	6
Post-graduate diploma	
Trade or technical certificate which took more than 3 months full-time study	8
Professional qualification, for example, ACA, teachers, nurses	9
Other	. 10
Don't know/unsure	99
Refused	98

IF ANSWER IS NOT 10, SKIP TO QUESTION 190

Q.189 Apart from secondary school qualifications, do you have another completed qualification? Please do not count incomplete qualifications or qualifications that take less than 3 months of full-time study to get. Please tell us your highest qualification.

Q.189b What is the other highest qualification?

The following questions ask about your source of income.

Q.190 In the last 12 months, have you received any of these types of income support? (multiple response)

NZ Superannuation	1
Family Assistance (e.g. Family Support, In Work Payment, Family Tax Credit)	
Unemployment benefit	3
Domestic purposes benefit	4
Sickness benefit	
Invalids benefit	6
Student allowance	7
ACC (as income support, not reimbursement for health services)	8
Other government benefits (Accommodation Supplement,	
Disability Allowance, War Pension, etc)	9
No receipt of income support (ie. None of the above) 1	10
Don't know /unsure	
Refused9	98

Q.191 In the last 7 days, which of these options best fitted you?

Worked in full or part time employment	1
Not in paid work, and looking for a job	
Not in paid work, and NOT looking for a job (for any reason)	
Don't know /unsure	9
Refused	8

Q.192 What is your current main (or previous) occupation? Please tell me the field you usually work in, your role there and your main tasks.

Q.193 In the last 4 weeks, which of these have you done, <u>without pay</u>? (multiple response)

Household work, cooking, repairs, gardening, etc, for my own household1
Looked after a child who is a member of my household2
Looked after a member of my household who is ill or has a disability
Looked after a child (who does NOT live in my household)4
Helped someone who is ill or has a disability (who does NOT live in my household)5
Other voluntary work for or through any organisation, group or marae
Studied for 20 hours or more per week at school or any other place
Studied for less than 20 hours per week at school or any other place
None of these
Don't know/unsure
Refused

Q.194 What is the total income that <u>you yourself</u> got from <u>all sources</u>, before tax or anything was taken out of it, in the last 12 months?

IF THE ANSWER IS NOT 99 OR 98, SKIP TO QUESTION 195

Q.194a Would you be able to confirm if your <u>personal annual income</u> is roughly in one of these groups.

Less than \$20,000	1
\$20,000 - \$40,000	2
\$40,000 - \$60,000	3
Over \$60,000	4
Don't know	9
Refused	8

Q.195 What is the total income that <u>your household</u> got from <u>all sources</u>, before tax or anything was taken out of it, in the last 12 months?

Loss	1
Zero	2
\$1 - \$5,000	3
\$5,001 - \$10,000	4
\$10,001 - \$15,000	5
\$15,001 - \$20,000	6
\$20,001 - \$25,000	7
\$25,001 - \$30,000	8
\$30,001 - \$40,000	9
\$40,001 - \$50,000	10
\$50,001 - \$60,000	
\$60,001 - \$70,000	12
\$70,001 - \$100,000	13
\$100,001 or more	14
Don't know	
Refused	98

IF ANSWER TO Q.195 IS NOT 99 OR 98, SKIP NEXT QUESTION

Q.195a Would you be able to confirm if your <u>total household annual income</u> is roughly in one of these groups.

Less than \$20,000	1
\$20,000 - \$40,000	2
\$40,000 - \$60,000	3
Over \$60,000	4
Don't know	9
Refused	8

We've now reached the end of the survey. Thank you very much for your assistance